

Central Oregon Flyfisher

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PRESIDENT'S MESSAGE



It was great to see so many members of COF get together at Shevlin pond for the annual BBQ. Once again, Herb Blank organized an outstanding group of volunteers who helped with setting up the tables, selling raffle tickets, greeting attendees, organizing food and cleaning up afterward. A special thanks goes to the grill masters for an excellent job cooking the tri-tip and burgers! I tried just about every side dish, plus extra helpings of the desserts. Everything was delicious. Several young anglers and their families attended, thanks to Karen Kreft. The kids had attended the Next Cast Fly-Fishing Camp earlier this summer. Some of the kids landed a few fish before dinner.

Kokanee Karnival Fall Streamside will be held the last week of September. Frank Turek organizes this event, and he needs volunteers. Fall Streamside is one of the major Kokanee Karnival events of the year. If you have not helped previously, you can be a number two. (Number ones lead a station, and number twos help.) Every member of COF is qualified to help at Kokanee Karnival -- no special skills or knowledge needed. Kokanee Karnival provides material that is easy to follow. The teachers prepare the students. The kids are well behaved, super excited to be there, and eager to absorb information. It is always tons of fun. In addition to fostering stewardship by teaching kids about our local watershed, Kokanee Karnival engages kids in an outdoor setting. I encourage you to contact Frank and join the fun.

Tight lines as the busy summer draws to a close.

Lose a fly rod? A fly rod and case were found upstream of the confluence of Whychus Creek and the Deschutes. Call Jim Klink to claim (503-708-1709).

— Dave Dunahay (president@coflyfishers.org)



GENERAL MEETING

Sep 17 | 7:00 p.m. general meeting | Bend Senior Center, 1600 SE Reed Market Road, Bend

Steelhead, the fish of a thousand casts

Steelheading | Peter Bowers

Peter Bowers is the owner of the Patient Angler fly shop (822 SE 3rd St, Bend OR). He has been a supporter and contributor to COF activities for many years.

This month he will present his approach to steelhead, the "fish of a thousand casts". Peter regularly pursues steelhead on many local rivers. Steelheading regulars should learn a few new twists, and folks who haven't pursued this game fish will find this program a good introduction to the challenge. It need not be a fish of a thousand casts!

OUTINGS

Fly Fishing Festival hosted by The Hook Fly Shop

September 20 and 21 | The Village at Sunriver

The Hook Fly Shop will hold its second annual fly fishing festival September 20& 21. Saturday 10:00am - 6:00pm and Sunday 10:00am - 2:00pm at the Sunriver Mall. We are looking for volunteers to staff a COF table to chat with the public about our club and hopefully to recruit some new members. It is two fun filled days of making contact with like minded fisher folks. If you would like to volunteer, please email Lee Ann Ross at rossleeann@yahoo.com. If you would like to tie flies while you are volunteering, bring your vise and teach a kid how to tie your favorite fly.



OUTINGS 2014

Month	Day	Destination	Leader
Sep/Oct	28-01	Lower Deschutes River	Robert Gentry

Deschutes River steelhead trip

September 28 to Oct 1 | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be Sunday, September 28 through Wednesday, October 1. Plan to camp at the large camping area at Beavertail campground. To ensure space at the campground and have shuttle support for your boat, you must sign up in advance.

There is a \$25 per night camping fee for the group campground, and the cost will be shared among campers. Everyone is responsible for their own meals, although a group potluck on Monday or Tuesday night would be in the cards for those interested. If you will be floating the stretch down to Mack's Canyon, please plan to help car pool shuttle (14 miles round trip) each night. This is a great opportunity for folks with a boat or pontoon. If you want to fish off the road, there is great access!

For more information or to sign up, please contact Trip Leader Robert Gentry (driftboater1@gmail.com or 541-233-6111).

Note: Guide service may become available for this trip. Please contact trip leader if interested.

Sixth Annual North Umpqua Fly Tying Festival

North Umpqua 6th Annual Fly Tying Festival



Sponsored by Umpqua Valley Fly Fishers

www.uvff.org

Saturday September 13, 2014
9:00 am – 4:00 pm
North Umpqua Highway – Glide Community Center

Fly Tyers from Oregon, Washington and California
Raffles, Displays, Vendors, Presentations
Fishing Still Waters- Phil Hager & Knots/Leaders- Dan Hodler
Antique and Vintage Equipment Appraisals- Dan & Kelly Brock
Casting Pond and Casting Course

Guest Speaker Philip Greenlee
President/Board Chair IFFF

Admission Free – Non Perishable Food Collected will be
Donated to Glide Food Bank

Additional Information 541-496-0770 or tres01@intergate.com



Umpqua Valley Fly Fishers host the 6th annual Fall Festival at the Glide Community Center, North Umpqua Highway on Saturday, September 13 from 9:00am – 4:00pm. Tyers from California, Oregon and Washington will demonstrate the art of fly tying. There will be a casting pond and course, sessions for fishing still waters and a hands-on class for knots/leaders. Vendors and local artisans have contributed to the silent auctions and raffles. Philip Greenlee President of International Federation

continued on next page

of Fly Fishers is the Guest Speaker. No experience necessary, admission is free, donations of non-perishable food will be given to the Glide Food Bank. For additional information call 541-496-0770. See our web-site www.uvff.org

SAVE THE DATE

February 21&22, 2015

Winter Seminar

Two day seminar with Craig Mathews. of the Blue Ribbon Fly Shop in West Yellowstone. More details starting in October newsletter.



MEMBERSHIP

The number of active members is now 303. Pick up free COF logo decals at the meeting. To join COF, go to www.cofflyfishers.org and click Join. To view the current roster, go to <https://coflyfishers.wildapricot.org> and sign in.

Welcome New Members:

Dianne Kessler
Megan Medley
Susan Coyle
Ron Giaier
Gerry Treffry
Robert Wolin

– Tim Schindele (membership@coflyfishers.org)

Sherry Steele IFFF Federator of the Year

The International Federation of Fly Fishers (IFFF) recognized Sherry Steele, COF member, for her outstanding contributions to the IFFF. Congratulations to Sherry Steele for receiving the 2014 IFFF Federator of the Year Award. Annually, the IFFF awards to that individual or director who has demonstrated unusual devotion to the IFFF and through outstanding contributions has benefited the Federation as a National organization or international organization. Sherry has been a member of the Federation since 2004. She has been President of the Oregon Council IFFF for 4 years. Some of her major contributions were to bring the IFFF Museum to life in the main office of the IFFF in Livingston, Montana and complete the entire upgrade of the IFFF home office computer hardware and software infrastructure. Sherry has also contributed substantially to the success of the Northwest Fly Tying & Fly Fishing Expo in Albany Oregon, organized by the Oregon Council.

Again, congratulations to Sherry for many jobs well done.



Picture of Sherry Steele receiving Federator of the Year Award from Phil Greenlee, President & CEO International Federations of Flyfishers.

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CONSERVATION

I continue to monitor the efforts around anadromous fish reintroduction above Lake Billy Chinook. On July 16 James Bartlett, Portland General Electric's Fisheries Biologist and Facility Team Lead, sent out a report detailing how many fish had been captured in the fish transfer facility at Lake Billy Chinook for transfer downstream into the lower Deschutes. As of the end of June a total of 2,124 steelhead (fry and smolts) were captured. The end

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of June is the end of out-migration season, so that's it for this year. Approximately 650,000 steelhead fry and smolts have been released into the upper Deschutes basin every year for the past few years in support of the reintroduction. 2,124 fish passed this year calculates to a downstream migration success rate of 0.33%.

It's understandable why one local biologist characterized this as "dismal". There are many potential reasons for this. A low water year, predation, continued surface current issues, disease, etc. We just don't know. What we can say for certain, however, is that the approaches attempted so far are not satisfactorily working. Reintroduction of anadromous fish is not progressing as anticipated.

The good news, if there is any, is that local groups finally seem to be in agreement that adequate fish passage at Opal Springs dam is required. As I have mentioned in prior articles, Opal Springs dam blocks upstream access at the base of the Crooked River and the Crooked is where returning fish want to go. If these fish are provided passage and can successfully reproduce, downstream passage numbers should improve as well.

This new found agreement on the importance of upstream fish passage at Opal Springs does not come with additional money, however, and the project remains only partially funded. Various groups are working on this. I recently briefed Senator Jeff Merkley's DC-based staff person in charge of natural resource issues on the topic, which he was not aware of, and he committed to look for federal funding. Hopefully something will come of that.

On a related topic, in August COF's board of directors voted to support a proposed agreement between ODFW and ODOT that, if approved, will provide funding for high priority fish passage projects throughout the state. Currently regulations require ODOT to upgrade culverts to current passage standards when performing some culvert repairs. Some culverts may or may not be valued for fish passage, however. The agreement would allow ODOT to perform repairs in some culverts with low fish passage value without upgrading the culvert to current standards. In exchange, ODOT will pay ODFW \$1.8M to be used on high value fish passage projects in other areas.

ODFW ranks passage at Opal Springs as the #2 fish passage project in the state. #1 is passage at Hells Canyon, where there is

LIND | WHITE GROUP
 Yancy Lind & Eric White
 Financial Planning & Investment Management



PROUD SUPPORTERS OF COF
 541-312-6821 | yancy_lind@ml.com

no active project to provide passage. So, it stands to reason that there may be some funds for Opal Springs if this agreement is finalized.

— Yancy Lind, *Conservation Chair*

LIBRARY

A NEW COF LIBRARIAN IS NEEDED BEGINNING JANUARY 2015!

The library will not be available for the general meetings unless someone volunteers to continue moving the library cabinet from its storage closet at the Senior Center, prepares the materials for viewing and returns the cabinet to the storage area at the end of the meeting. I have enjoyed this task for the past 4 years but will be unable to continue in 2015. If interested please give me a call or see me at this month's meeting. Also, you may contact Dave Dunahay at president@cof.org.

This month's new and featured library addition is *Mike Valla's Tying Catskill-Style Dry Flies*. This 2009 Stackpole book has the following front cover introduction: "The Catskills region of the eastern United States, just two hours northeast of New York City, is blessed with some of the best trout-fishing rivers in the country and was the birthplace for a uniquely American style of fly that continues to grace the bins of fly shops around the world, their



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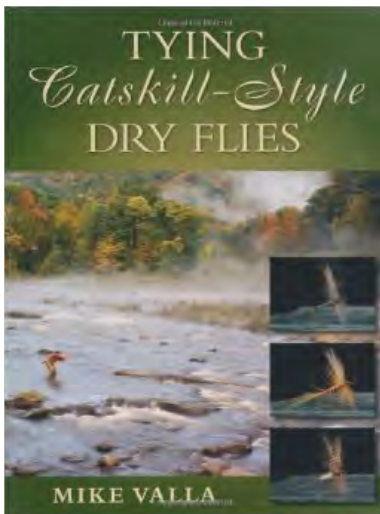
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elegant utility still appealing to the trout as much as anglers.

Author Mike Valla explores the essence of Catskill flies, delving into the history of the region's rivers, fly fishers, and fly tiers and blending their colorful histories with precise step-by-step methods on how to tie eleven fundamental patterns, including quill-body wood-duck-wing patterns such as the Quill Gordon and Red Quill; dubbed patterns such as the

March Brown and Light Cahill; palmered patterns such as the Queen of Waters and Bivisible; and even slip-wing classics such as the Pink Lady. Through meticulous research and color photos of flies from the archives of the Catskill Fly fishing Center and Museum and private collections, Valla compares the tying styles of legends Walt and Winnie Dette, Harry and Elsie Darbee, Art Flick, and lesser known tiers such as Ray Smith and Mahlon Davidson. In the most comprehensive book on Catskill dry flies to date, he also looks at the tying styles and influences of the first two generations of Catskill tiers such as Theodore Gordon, Roy Steenrod, Herman Christian and Rube Cross.

Like the rivers that course through the region, fly patterns are constantly changing, and Valla explores modern alternatives to traditional materials and methods and profiles contemporary Catskill tiers and the patterns they have designed for increasingly selective trout. This book is essential not only for those interested in learning to tie the Catskill-style flies, but also those interested in the history of American fly fishing".

Stop by the library table and take a look at this new book!

— John Tackmier, COF Librarian (541-549-6252)

WILD WOMEN OF THE WATER

Do you remember your first fishing trip as a child? Did you use a simple bamboo pole with a line and a worm on the end of it? And did you catch fish? Sometimes I wonder how we got away from that simple time with all our expensive rods, reels, flies and a multitude of lines! Have you tried tenkara? Bill Seitz gave the Wild Women of the Water a wonderful lesson in the use of



The Central Oregon Flyfisher

tenkara on the Crooked River earlier in the summer. I have been using my tenkara rod on our local streams regularly ever since. What simplicity and beauty! And I catch fish! I have noticed that our local fly shops are now carrying the tenkara rods. Check them out and see what you think. You might enjoy a new kind of "zen of fly fishing". For more info, you might want to watch the attached YouTube..... Tenkara Rod Fishing With Craig Mathews (he is visiting this upcoming winter) <https://www.youtube.com/watch?v=rp1nnzg9GIE>

— Kari Schoessler (wildwomen@coflyfishers.org)

NEXT CAST FLYFISHERS

Annual BBQ/Next Cast Flyfishers fishing outing



Photo: Todd Cary

We had a great turn out of young fly fishers at the annual COF BBQ. The kids, several that had attended our 3-day fish camp held earlier this summer, and their parents joined us for the BBQ and to fish in the pond. (Or maybe they joined us to fish and also have a bit to eat!)

It was obvious that the kids had practiced what they had learned at the fish camp and it showed in their casting, fly selection, hooking fish and fish handling. It was fun to see them practice some of the things they had learned.

And just like the adults, we had a raffle for some fly fishing equipment. The winners ended up with lanyards, a fly tying vice, and a 4 piece Redington rod/reel outfit.

Thanks to the families of our young fishers for supporting the kids and their fly fishing activities! Also, thanks to our COF volunteers for helping stalk those fish in the pond!



Photo: Todd Cary

US Forest Service/Deschutes National Forest



Last month, the Deschutes National Forest --Discover Your Forest hosted a Young Women's Career Camp for local high school aged young ladies. The camp was coordinated by COF member and US Forest Service employee Karen Gentry.

In addition to the formal curriculum and study of biology and environmental studies, they had recreation time which included fly fishing. Their expectation was to have women mentor the girls and provide instruction.

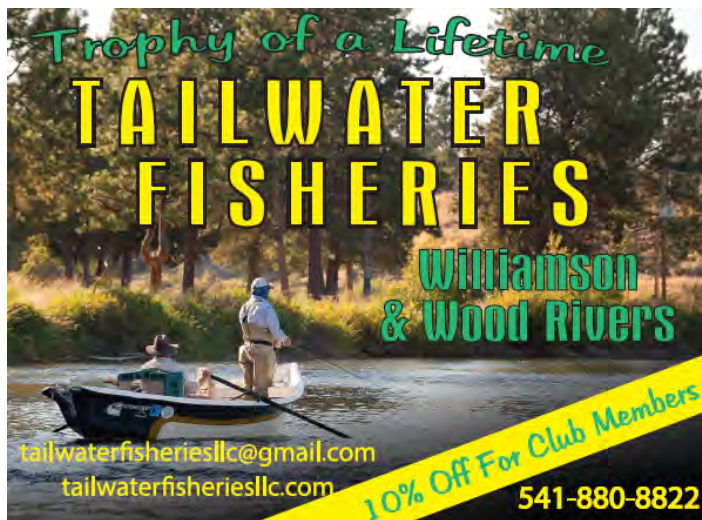
The Wild Women of the Water partnered with the Next Cast Flyfishers to support the fly fishing activities. LeeAnn Ross, Delores Marsh, and Karen Kreft met the girls on the Upper Deschutes and spent some time wading, casting, and even hooking some fish in the beautiful river.

Once again, the Redington rods were perfect for the girls to learn with and just what they needed for that size river.

This first annual event for the Forest Service was a success. If it is held in future years, it is great opportunity for our Wild Women of the Water to engage with young fly fishers.

Will Griffiths wins big!

Will Griffiths joined our COF Next Cast Flyfishers 3 years ago as a sophomore at Summit High School. He knew fly fishing was going to be a big part of his recreational life and he took some proactive steps to make that happen.



Will started a fly fishing club at his high school to encourage and teach his fellow students about fly fishing, this was just a start to his "guiding" experience. He also took family members and neighbors to local streams (which his Mom says Will had to be very patient with her, as she wasn't very good!).

He was late to more than one of our monthly COF meetings because he "just came from the Deschutes in town".

You may recognize Will at the counter in Confluence Fly Shop, where he landed his dream job! Oh, to be surrounded by fly fishing and fly fishing guides every day!

Through all of his activities, Will was always looking for opportunities to fly fish. This brought him to enter a photography contest. He won the contest. The grand prize being a saltwater trip to the Florida Keys and the time of his life. <https://vimeo.com/100045538>.

I think Will says it best—[here is an excerpt from his blog](#) which includes a video from his trip. Here are the photos that were the contest winners!

This is why we do this! Love seeing this passion for fly fishing! BTW—he is headed to MSU in Bozeman for college!

Enjoy!

— Karen Kreft



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Kokanee Karnival Fall Streamside Program

First Call for Volunteers

September 22, 23, 25, 26, 2014



KOKANEE KARNIVAL FALL STREAMSIDE PROGRAM

SECOND CALL FOR VOLUNTEERS

Kokanee Karnival will hold our Fall Streamside program on September 22, 23, 25 & 26 2014. We do not hold the program on Wed. September 24. We are working on preparing the schedule of volunteers to help at both Spring Creek and Browns Creek. Several COF members have contacted me about volunteering but we do not have enough volunteers to adequately staff the program. In fact we are really short of volunteers and do not have enough to staff even one day. We need COF members with experience to lead a station and several to assist the leaders. Fall Streamside is rapidly approaching

We published descriptions of the stations and programs at both Spring Creek and Sheep Bridge/Browns Creek in the August COF newsletter. New volunteers are welcome and will be teamed with a volunteer with experience at Sheep Bridge/Browns Creek and Spring Creek. The programs we teach the students are not complicated and easy to learn. We can provide an outline of the program used at each Sheep Bridge/Browns Creek station and at Spring Creek. To volunteer contact Frank Turek at waldo1ft@msn.com or 541318-7507 or sign up at the COF general meeting. You can also contact Jen Luke at Jennifer.a.luke@state.or.us or 541 388-6366

Fly of the Month – Good & Plenty

No, this fly is not made using candy or one that you can get at a candy store or the movie theater (seniors will know what I mean). Early this year, I purchased a DVD by Steve Parrott entitled “Tying European Nymphs – Patterns for Success”. One of the fly groups he addressed was entitled “Micro Nymphs” – flies to use for shallow water where not much weight is needed to sink the fly. The Good & Plenty was in the group. One look at the fly and I knew it was going to be a winner. Boy, was I right! This pattern is easy to tie, durable, and allows the tier to experiment with different color combinations, rib material, and hook sizes.

I started using this fly during the blue-winged olive (BWO) hatches this spring on the Crooked River. Consistently, it produced a lot of redbands and mountain whitefish during the hatches. This summer, the pattern “saved my bacon” on three Colorado rivers, especially on brown trout. This August, the pattern has accounted for many bows and whitefish during the pale morning dun (PMD) hatches on the Crooked. In the morning before the PMD hatch starts and when the nymphs are active, I use a size 18 or 20 G&P as my bottom fly and a size 18 midge larva or pupa pattern as my top fly. When the duns start hatching I switch the patterns so the G&P is higher in the water column. I also think this pattern is a size 12 to 16 will be a good Callibaetis pattern.

The original pattern calls for a tail of medium pardo Coq de Leon fibers and size 0.010 flattened lead for weight. However, the natural fibers do not last very long so I substitute flouro-fibers or krystal flash for the tail. I do not weight my flies. Color combinations that have been the best for me include: (1) tail – brown flouro-fiber or black krystal flash, rib – amber wire (small), abdomen – rusty brown or tobacco brown thread (Sportsman's Warehouse carries the two colors) (good for BWO and PMD, size 16 – 20); (2) tail – brown or tan flouro-fibers or black krystal flash, rib – amber wire (small), abdomen – fluorescent pink thread (good for PMD, size 16 and 18); (3) tail – tan flouro-fibers or bonefish tan krystal flash, rib – hot orange wire (small), abdomen – rusty brown thread, thorax – yellow thread (good for PMD during hatch of duns, size 16 to 18); and (4) tail – brown flouro-fibers or black krystal flash, rib – gold wire (small), abdomen – tan thread, thorax – dark brown thread (good for BWO, PMD, and Callibaetis, size 12 to 20). Or any thread and rib combinations you choose!

I also use krystal flash (root beer, pearl, olive, and opal) and Sulky thread (JoAnn's Fabric carries) (gold, copper, and pearl) for rib. However, it is tricky to wrap around a thread body without slipping towards the tail. A trick I use is to wrap the thread to make the abdomen then with the bobbin hanging from the fly spiral the thread clockwise to make a cord then wrap in a spiral towards to eye. Then wrap the krystal flash forward in front to the spiraled thread.

–Bill Seitz (wseitz@bendbroadband.com)



Recipe:

Hook: Size 12 to 20 Dai-Riki 060

Thread for abdomen: your choice

Tail: your choice

Rib: your choice

Thread for thorax: your choice

Tying directions:

1. Debarb hook, start abdomen thread.
2. Attach tail, then rib.
3. Wrap abdomen the shape of half of a football (see photo). Whip finish and attach thread for thorax.
4. Wrap thread rearwards back to the where the abdomen thread stopped. Wrap the rib forward and secure with the thread.
5. Finish the thorax to it completes the football shape (see photo). Whip finish.
6. Coat the entire fly with 1 or 2 coats of Sally Hansen's Hard as Nails or CCG Hydro (or other UV coating).

Bonus: Add an extra small silver bead to make a “Mercury G&P”. I use a size 20 Mercury G&P when fish balk at larger sizes.

Central Oregon Flyfishers Upstream Events 2014

Date	Time	Activity	Location	Contact
SEPTEMBER				
Sep 4	6:30 pm	monthly board mtg.	Environmental Center	Dave Dunahay (president@coflyfishers.org)
Sep 17	7:00 pm	monthly mtg.	Bend Senior Center	
Sep 20,21		Fly Fishing Festival - Hook & Fly Shop	See page 2 for details	
Sep 22,23,25 &26		Kokanee Karnival Streamside	See page 7 for details	
In the future				
Winter Seminar - Craig Mathews; February 21 & 22, 2015 Location TBD, (Eric Steele steelefly2@msn.com)				
COF Banquet, April 11, 2015				
IFFF 50th Anniversary, August 10-15, 2015, RiverHouse Convention Center, Bend, OR				

2014 COF Board Members: Dave Dunahay PRESIDENT Vacant VICE PRESIDENT Joe Wierzb TREASURER Cliff Price SECRETARY Mike Tripp Programs Debbie Norton Banquet
 John Tackmier Library Eric Steele Outings Karen Kreft Next Cast Flyfishers Kari Schoessler Wild Women of the Water Lee Ann Ross Director at Large Tim Schindele Membership
 Vacant Raffle Steve Stevens Education Frank Turek Kokanee Karnival Yancy Lind Conservation

Membership application available from: <http://www.coflyfishers.org>
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Central Oregon Flyfishers

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