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President's Message

The summer heat is starting to cool, leaves are beginning to change, and the fish in our local waters will start putting on the feedbag as cooler waters spark their pre-winter feeding. Fall is definitely one of my favorite times of the year here for fishing, so make an effort to get out and see what you can catch!

Herb Blank and his group of volunteers put on another outstanding barbecue for COF last month. Many thanx to Herb and company for setting everything up (and taking it down!), to Frank Turek for donating the food, for Corol Ann Carey and Tim Schindele for running the Silent Auction (we netted almost \$1,000!) and everyone who participated in our annual BBQ.

Last month I included a letter jointly sent by COF and Sunriver Anglers to the USFS regarding the boat dock situation at East Lake. I received a response from the USFS, and have included it in this month's newsletter. It is a very honest and well-presented response to our concerns, and bodes well for working together in the future.

Earlier this year I joined the local chapter of Project Healing Waters Fly Fishing, a group of veterans who have a mutual interest in fly fishing in Central Oregon. Military service personnel who meet certain criteria (such as wounded personnel), as well as veterans with a disability rating from the VA are welcome and invited to join; you can find the info on their website: <https://projecthealingwaters.org>. There are also some non-vet volunteers who help newer fly fishermen learn the ropes. Our group has had several outings, most recently on the Crooked River. BTW, I was amazed at how clear the water was, considering how cloudy it was earlier in the summer! By the time you read this the Crooked may be down to a trickle, hopefully the powers-that-be find a way to avoid this. If you think you might want to get involved with this group, check out their webpage or give me a call.

Video of the Month. Fall is coming soon, so get ready for Fall lake fly fishing with Phil Rowley. Phil is in SW Manitoba, and has success using patterns and methods that trout prefer as winter is approaching. He's got several of these lake fishing videos on the channel, so check them out while you're there. <https://www.youtube.com/watch?v=rxBfRycuBE>

Thanx for being a part of this great Club, and feel free to let me (or any Board member) know if you have ideas for improvement. Also, please start thinking about how you can add value to this club - by volunteering for leadership positions or helping with our various programs.

Get out and fish!

- *Tim Quinton*

Tim Quinton, President COF



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GENERAL MEETING | SEPTEMBER 21ST

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historic spawning grounds in the Crooked River Basin, the middle Deschutes and Whychus Creek, and the Metolius Basin. For over a decade, PGE and CTWS have been working on and implementing plans to reintroduce native anadromous fish into the upper Deschutes Basin. The efforts have been extensive with significant engineering work, including fish passage added to the PRB project and at Opal Springs Dam, large scale habitat restoration projects, and ongoing scientific analysis. All of this has occurred in a time of record setting high temperatures, historic drought, and widespread fish population declines over the entire Columbia River Basin. Not surprisingly, results have been below original expectations, but biologists continue to work on new strategies to preserve these iconic fish.

This month, Megan Hill, natural resources manager at PGE, will give us an update on the status of the reintroduction efforts, the challenges it has faced, and forward-looking plans.

If you would like to get some background on this topic you can read a post from my blog on the latest results, <https://coinformedangler.org/2022/08/26/28th-annual-deschutes-fisheries-workshop/>, and search for "fisheries workshop" for comments on prior years.

- YANCY LIND
PROGRAMS@COFLYFISHERS.ORG

Upper Basin Anadromous Fish Reintroduction Update

Portland General Electric and The Confederated Tribes of Warm Springs are the joint owners of the Pelton Round Butte Hydro Electric Project near Madras. Since the mid-1960s, PRB has blocked anadromous fish from traveling from the lower Deschutes River to their



2022 COF

Outings Calendar

SEPTEMBER 14

EAST LAKE

Launch at 2:00 at the Hot Springs and fish the East shore.

OCTOBER 8

CRANE PRAIRIE - NORTH END

Meet at the Crane Prairie Resort launch at 9:00am.

Notes: Review the COF "How to" Crane Prairie - North End



WILD WOMEN OF THE WATER

Wild Women had a beautiful evening on the Metolius together on Aug. 23rd. Laughter and connections were made over some excellent food! On the fishing front, Liz Jones caught a huge bull trout and Mary Ann Dozer caught a salmon. That's right, a salmon, at least 2 feet long and had 2 green tags. That was something. Hopefully he found another. Imagine the river full of them. It must have been something to see. Our women are on the move, fishing across the area catching bull trout, salmon, red bands and more. Ladies, be sure to save this date: we will have our end of summer get together on Sunday evening, September 25 th . Watch for an email invite. All Wild Women, be sure to send Sue Coyle pictures of your adventures and we will compile a visual presentation for the evening.

- SUE COYLE
WILDWOMEN@COFLYFISHERS.ORG

NEXT CAST FLYFISHERS

A Next Cast member (Vinny) and I fished the Upper Deschutes. Vinny out fished me on both trips. It is great to see the next generation of fly fishers become outstanding. He has become skilled at Euro nymphing.

Stein Swenson donated 3 fly rods and two reels to Next Cast. The rods are 4wt, 5wt and 6wt. These rods and reels will be used during the 3-Day Fly Fishing camp next June. Thank you Stein..

- FRED A. CHOLICK
(785) 410-1866, FCHOLICK@GMAIL.COM

OTHER NEWS

Three Creeks Lake Recap + East Lake Outing

The August Three Creeks Lake outing started with a beautiful morning on the water, lots of rising fish and several COF members ready to test their skills. After struggling to get our first fish, Phil Martin started off the day with a nice rainbow in the 18-inch range. We had hopes that he found the right fly, location and technique to catch a lot more. We started seeing a few more callibaetis along with fish rising in the deeper areas. Unfortunately, only a few more fish were caught that day.

The next outing is East Lake. I've fished East a lot this year and had some great days. Early season recipe for success was the North bank drifting balanced leaches under an indicator. A little later, ants were the ticket and mid-August I fished a purple haze dry that ended up in 30+ fish day. This week, I fished with Fred Cholick and the callibaetis hatch was intense. We found the best

opportunity in the North East corner of the lake. With the level of the lake low, there are a lot of visible weed covered rocks. The morning was calm and the lake was glass and the fish were rising. We hooked a few (17 – 21”) on drys and nymphs. The West shore, white slide, also produced several nice fish in the afternoon.

I'd like to change the outing time to the 14th of September in the morning. There was such a great hatch and the fish were very concentrated in the shallows that this would be a great opportunity to hook into some nice fish. There is easy bank access, but a float tube launched from the beach will get you to better spots.

- ERIC WHITE
OUTINGS@COFLYFISHERS.ORG



Vinny Detweiler

I met Vinny Detweiler at the summer Club picnic. Vinny and I were both bidding on a nice Sage rod. I have only one rod and I wanted this one. Each time I placed a bid this Vinny character would follow with a bid that was a bit higher. I finally said “who is Vinny”. I was surprised when this 12 year old with a big, brace covered smile stepped forward and said, “Hi, I’m Vinny.” I asked him how bad he wanted the rod, “BAD” I asked

how he had money to buy the Rod, if his parents were there, stuff adults asked interesting kids like Vinny.

He told me he mowed lawns and did chores around the neighborhood. He had the money and really wanted this rod. Well, that was the end of bidding for me. How can you bid against an awesome kid like Vinny!

I was so impressed with Vinny’s spirit and I was curious about how a 12 year old developed such a passion for fly fishing that I asked for an interview. I’ve learned some fun things about this dedicated fisherman with the big smile and big spirit since that evening.

Vinny became interested in fly fishing when his uncle Dustin took him to the Crooked a few years back. Uncle Dustin let him cast a few and Vinny “fell in love with fly fishing.” His parents, Kyle & Amanda, don’t fish very often but seeing his interest, signed him up for a casting class. He met Fred who is now a treasured fishing buddy. Fred takes “him out”, they like to fish the Upper Deschutes- ANYWHERE.

His neighbors Ryan and Dan taught him how to tie flies. He has his own set up and knows a lot of patterns. He ties Caddis flies, Woolly Buggers, Eggs and Stone Flies, most everything. His favorite place to fish is East Lake where he uses his own “Balanced Leech.” It’s described as blood red with a black body and orange bead head.

Ryan brought Vinny and another neighborhood kid to the BBQ. Vinny thanks Ryan for teaching him how to Euro-Nymph because that has really improved his catching! See photos for proof.

Vinny is going into grade 7 at Cascade Middle School. His mom is a teacher and his dad does concrete. He has two brothers, the youngest, Hanky, he described as “a cute little thing with a bunch of curls.” His middle brother, Mathew, in true younger brother form, was harassing him while I had him on the phone for the interview.

While talking with Vinny and as he listed all those involved with his love for fishing, I was reminded of what it means to be part of an awesome community like fly fishing folks, and how his parents had helped him create that.

I asked Vinny if there was one thing he wanted people to know about him what it would be. After a pause he said, “I love the river, how beautiful it is being outside, it’s really awesome to me.”

Thanks for the inspiration Vinny!

- PEGGY CAREY
PCAREY@JBARJ.ORG

MEMBERSHIP

No new members this month.

As of August 30, 2022, Central Oregon Flyfishers has 310 members.

- ROBERT SHIMANE
MEMBERSHIP@COFLYFISHERS.ORG

LIBRARY

New Books Now in the Library

About 30 new books are now in the Library cabinet at the Elks, along with a new section for Entomology and Trout vision (called Eyes, due to labeling constraints). Some of the new titles are Hatches I and 2, by Caucci and Nastasi, In the Ring of the Rise by Marinaro, and Selective Trout by Swisher and Richards. Work in progress on re-vamping the check in/out system a little. Come check it out!

- JOHN HOWARD, (NEW) LIBRARIAN
LIBRARY@COFLYFISHERS.ORG

COF CLASSIFIEDS

No classifieds advertisements were received for September 2022.

COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold please resubmit your ad for the next month's newsletter. Submit ads to classifieds@coflyfishers.org by the end of the third week of each month. JPEG photos are useful.

- CLASSIFIEDS@COFLYFISHERS.ORG





Annual August BBQ

1. Herb Blank and Lee Ann Ross **2.** "Left to right: Mike & Meredith Shadrach, Sarah & Scott Robertson, Lee Ann Ross, Rynie Miyashiro & Mike Quan **3.** Tim Quinton **4.** Sarah and Scott Robertson **5.** Dan Pebbles and Charlotte Oakes **6.** Frank Turek and William Johnson

PHOTOS BY R. TODD CARY



TLF DEER HAIR EMERGER

Ok!! So we had a wet and cold spring, and then the heat came and it looks like it will be with us for a while. Just remember to take care with your catches. The warmer water causes more stress on the fish. So your time fighting fish must be shorter, with releases quick. Keep the fish in the water this time of the year. Pictures in your net are just as good as holding one up for all to see.

The fly this month is, a fly from the past the “TLF Deer Hair Emerger”. It was developed for the Callibaetis hatches on East Lake back in “2007”; it works great before, during and after the hatch. It works well in the rivers and streams as well. It can also be tied in different colors to match hatches of other mayflies. Set up is 4 wt. to 6 wt. rod with a good dry line. Use a long leader; a tapered 10 to 12 feet section down to 4X, tippet ring and then a 4 to 6 foot section of 4x or 5x tippet. Keep the fly dressed, the hackle and wing only. This will keep the body of the fly hanging in the surface film. Takes can be hard and fast, do not strike with and up motion, instead just slide the rod to one side of the other that will help in your hook up rate.

Materials:

Hook: Hook #16 to #12 Klinkhamer or any light wire scud hook.

Thread: Veevus light dun 16/0, or match the hatch.

Schuck: Cream or clear antron yarn.

Body: Molted turkey flat.

Rib: Copper wire small to ex small.

Wing: Deer hair natural light color or dyed light dun.

Hackle: Light dun or grizzly dry fly hackle.

Head: Tying thread.

1. Lock in your thread behind the eye, as you wrap back tye in the schuck and then the ribbing material. Keep the wraps smooth as you wind back down the back of the hook. Leave at least 1/2 in of the schuck hanging down, (cutting short when the fly is complete to 1/8 in).
2. Tye in the turkey about 8 fibers, keeping them flat and together and bring the thread forward towards the eye, stopping 2 eyes width from the eye.
3. Now bring the turkey body material forward keeping wraps flat and together, stopping at the thread and tye it off.
4. Bring the copper rib forward with counter wraps to help protect the body material, tye off where the body is tyed off.
5. Now bring the tread forward to just short of the center between the end of the body and the hook eye. Tye the deer hair wing in here; the length of the wing same as the shank of the hook. Make that tye in flat and a little wide to provide a spot for the hackle. Lift the wing and pull back, take a few wraps in front to stand the wing up. Trim off the butt ends of the deer with a little left standing.
6. Tye hackle in the gap and add a little head cement to secure the hackle and protect the tye in point, with a wing length almost the hook gap. Take 2 wraps of hackle in the gap and then 2 warps in front of the wing and tye off, this will help support the wing and keep it upright.
7. Finish with a few wraps just behind the eye.

“Good Luck and Good Hunting”

- JERRY CRISS

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SEPTEMBER 2022 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT
September 14	East Lake Outing	Eric's Mail, whitehaus692@gmail.com
September 21	Monthly Member's Meeting, 7:00pm @ the Elks Lodge	
September 22	COF Board Meeting, 6:00pm, location TBD	
September 25	WWW get together at Sue Coyle's house	Sue Coyle, wildwomen@coflyfishers.org

In the Future

DATE	ACTIVITY	CONTACT
October 8	Crane Prairie - North End Outing	Eric's Mail, whitehaus692@gmail.com



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