





www.coflyfishers.org

**An Active Member Club** 

Volume 29 Number 10 October 2006

## GENERAL MEETING

"Fishing the N.W. Corner of Oregon" Rob Russel October 18 6:30 - 8:30

Bend Senior Center 1600 SE Reed Market Rd

#### **OUTINGS**

East Lake October 21

See p. 2 for details

### **REMINDER!**

The New Zealand Mudsnail

See p.3 for details

# Fly of the Month

**Burlap** Steelhead Fly

See p.4 for details

#### **Random Cast**

First of all let me say that I (Dave Semich - newsletter editor and VP) and Dave Dunahay - the interim President will be writing the Random Cast articles for the next couple of months. As Carl Sanders told everyone in the last newsletter, he now lives outside the Bend area. If we get up to the Enterprise area to try out the water that we heard about at the last club meeting we need to stop in and see him.

Let's back up a little. Most of you know that Carl moved to Enterprise recently. The COF board of directors decided that we needed to have an interim president for the remainder of the year. It was decided that we would ask Dave Dunahay if he would lead us through the remainder of the year. Dave was the COF president in 2005. He willingly took on the job and is 'in control' until the elections at the November meeting.

Some of the COF members may not know that Linda Cheney was our treasurer. It is sort of a quiet thankless job. That doesn't mean it is an easy job, just one that most people in the club don't see every month. Well, Linda just moved out of the Bend area also! The board has asked Bob Cooper to fill in for Linda for the remainder of the year. Bob took on the task of putting our finances in order and keeping them that way for the rest of the year.

Dave Dunahay and I have been busy putting together a list of potential candidates for the coming year's COF board of directors. We have a pretty good list of possible board members to post in the November newsletter. If you have anyone that you know of that would be willing and eager to serve as a club board member for the 2007 year, please let Dave Semich or Dave Dunahay know of their intentions as soon as possible.

We are still looking for nominees for the position of treasurer for 2007 and are also still looking for someone to step up and take on the job of newsletter editor.

p.s. I just spent two very interesting days with some 4th graders at Brown's Creek. The Kokanee Karnival is truly a thrill. Those kids were interested, excited, smart, full of energy and just fun to be around. If you didn't volunteer this year - you missed out. Give it a try next year; you'll have a great time with the kids!

-- Dave Semich

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### October Program

Rob Russell is a professional guide on the rivers of Oregon and California. Rob also has guided for several seasons on rivers of the Kanichatka Peninsula, Republic of Russia. He has written over 100 articles for such publications as Flyfishing and Tying and Salmon/Steelhead Magazines. Additionally Rob worked six years for the California Department of Fisheries.

Rob will present a program on fly fishing the rivers of north western Oregon. He will also speak on methods for nymphing for steelhead.

Don Schnack

# October Volunteer of the Month Bob Cooper

This month's volunteer of the month is Bob Cooper. With our current treasurer moving out of the Bend area, there was an immediate need for a knowledgeable person to temporarily take over that position. Bob's name came to mind, he was contacted, and he graciously said that he would fill in for the rest of this year.

This was a monumental task because the last month or so has been handled by a mixture of people. Bob needed to sift through those records and put everything into place. He has done a great job and is 'on top of' the records of the club at this time.

We are looking for someone to step up and volunteer to be the club treasurer for the next year.

# **COF Volunteer Opportunities**

Interested? Contact Dave Semich flyfshndave@webformixair.com

#### **Newsletter Editor**

COF is looking for a newsletter editor. Experience with organizing content on a computer is helpful. COF has a newsletter template but an experienced person would be free to be creative. COF can provide training to anyone interested. This volunteer position requires organizing submitted articles into a newsletter template each month, printing copies, delivering copies to local fly fishing business and mailing a few copies to individual members. This work could be shared between two or more individuals. Estimated time investment is about 8 hrs a month total.

## **October Outing**

## East Lake Outing - Sat. the 21st

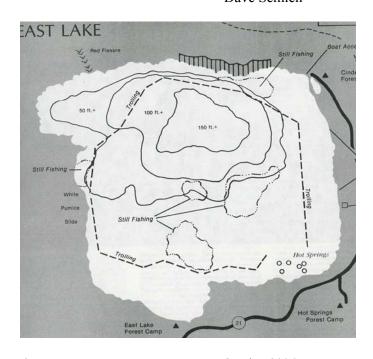
Originally we had planned to go to the Metolius on this day - but - by popular request we have changed this outing to East Lake. The water temperature should be down and the fish should be putting on the feed bag for the coming winter, which brings to mind the time of the year and the elevation at East Lake. It could be (read that as probably will be) cold up there - at least in the morning. One should dress accordingly.

Let's shoot for a start of around 9 a.m. at the Hot Springs boat ramp on the SE side of the lake this time. Put your radios on channel 5 code 0. Last time a few people had some problems with the codes - this way anyone with an older radio will be able to communicate with everybody else.

Please let me know if you would be interested in stopping your fishing to come to shore for a hamburger / chips / soda pop lunch. If enough people email me (flyfshndave@webformixair.com) by October 15th then I will get the fixing's and we will plan a BBQ lunch. You will be notified if lunch is a go or not by return email.

Hopefully some of the larger fish will be coming into the shallower water at this time of the year. It could be a great time to hook into a whopper by throwing out a streamer. Don't forget all your regular lake flies - it just would be nice to hook into a big old brown on a streamer.

Dave Semich



## The New Zealand Mud Snails Come to Oregon By Redge Heth

(taken from Southern Oregon Fly Tiers 9/05)

#### The Potamopyrgus Antipodarum Threat

They are about as large as a single letter in their name. They have achieved a density of 28,000 per square foot. They threaten the abundance and diversity of our native stream marocinvertebrates by grazing upon indigenous food sources. They came from the southern hemisphere, and have been found in Montana, California, Washington, and Oregon. And they are now in the lower Rogue River. They are the New Zealand Mud Snail, and the only known defense is prevention of their spread.

On August 16, ODFW biologist Jay Doino led a team which sampled 15 sites on the Rogue, 5 on the Applegate, and 4 on the Illinois. Agency team members were Ian Reid, and Chris Vogel. SOFF participants were Bill Archuleta, Redge Heth, and Mike and Marilyn Canet. Look at samples of these snails and information at the September meeting. (ed. Check recent magazines for pictures to familiarize yourself as to the small size of these snails). Then, while enjoying the river, turn over an occasional rock. If you see large numbers of suspicious looking snails, contact Jay Doino at ODFW (541-826-8774)

#### **New Zealand Mud Snail Control**

Taken from South Bay Fly Fishers newsletter
FFF Affiliate Club
By Ralph Cutter (cutter@flyline.com)

The study regarding how to control New Zealand mud snails on wading gear has finally concluded. The effort was exhaustive, expensive, and more time consuming than any of us could have imagined at the start. The result is the only scientifically tested and validated protocol for decontamination of wading gear.

Was it worth it? I think this puts things in perspective: During the field trial phase 50 anglers waded through Putah Creek then had their gear examined. 100% of the anglers were infected with New Zealand mud snails and the average angler played host to 33 snails. The majority of the snails were less than 1mm and nearly invisible, yet fully capable of cloning itself in a remote site and infecting an entire watershed.

During the study, many myths were dispelled and three very viable options were proven. All options are doable in the "real world" fishing environment, will kill 100% of the mud snails in 5 minutes, and will not cause undo wear on wading equipment. Lab personnel and biologists might prefer the options that include using benzethonium chloride or copper sulfate; but for the average angler, the following is the most simple and cost effective technique:

Mix equal parts FORMULA 409
DISINFECTANT and WATER then soak gear for 5
minutes

Dunk gear in a bucket or put into a river runner's "dry" bag, shake, then let steep for 5 minutes. If these options are not available, soak equipment with a squirt bottle and keep wet for 5 minutes. Pay particular attention to the inside of wading boots, under laces, and inside tongue gussets.

Testing was performed by the California Department of Fish and Game and the US Fish and Wildlife Service in conjunction with the Federation of Fly Fishers, California Trout, and private anglers. Funding was provided by Cal Fed. Wading equipment was generously donated by Orvis, Patagonia, and Simms.

The full report can be downloaded form http://flyline.com/ images/nzms final report.pdf

It is a very thorough and interesting review of the mud snail issue and describes step by step the testing that went into the research. I would highly recommend that every angler download a copy.

Please disseminate this information and feel free to contact me if you have any questions. If you can provide me with further media outlets, that would be greatly appreciated!

IDENTIFYING THE NEW ZEALAND MUDSNAIL

Size: A mature snail is usually less than 5 mm (.2 in) long. (Photo by Jane and Michael Liu.)

Shape: Shell is elorgated and dextral (its whorls or spirals lean toward the right). Snail typically has between 5 to 6 whorls on its shell. (Photo by D. L. Gustafson, http://www.esg.montana.edu/aim/mollusca/nzms.)

### Fly of the Month

Well the weather has finally started to act like fall. Like the bumper sticker being sold here in La Pine says, "If you are afraid of Global Warming, spend a winter in La Pine". I have been fishing East Lake with good success fishing drys close to shore near the campground with #16 Blue Winged Olives and #16 Light Cahill Catskill flies. I have a little lake for those who will accept the challenge "Devils Lake" located just South of Sparks Lake on the Lakes Highway. This little lake is as clear as any piece of water you will ever fish and there is no structure except for the shoreline. No motors are allowed and the access best for my canoe was at the main trailhead parking lot. My only hints use attractor type dry flies with long leaders and have patience the rewards will surprise you.

This month's fly is a steelhead pattern that is making a come back of sorts from what my secret sources are willing to give out. Arnold Arana of Dunsmuir, Calif., for the Klamath River, designed the "Burlap" in 1945. This pattern can be weighted to allow it to be fished deeper and a good variation is to substitute a tail of bright orange hackle fibers. The secret versions are where the burlap and grizzly hackle are dyed either purple or claret and the orange tail is used.



Pattern: "Burlap"

**Hook:** Gamakatsu T10-6H #8 - #6 or any other good heavy wire upturned steelhead hook.

**Thread:** 8/0 Use black or a color matching the fly colors.

Weighting: Optional.

**Tail:** Light tan to gray natural deer hair tied a little heavy, or the orange hackle fibers

**Body:** Burlap, from a burlap sack.

Hackle: Natural grizzly or a colored grizzly, use the

softer hackles to get the better movement.

**Head:** A nice whipped finish.

#### Tying the fly:

Attach the thread in the normal manor, winding it back to about the hook point. Tie in the deer hair the tail, (stacking the hair is an option) 2/3 length of the hook, use the excess deer as an underbody by just tying it down along the hook shank. Take the thread to the back of the fly. Tie in the burlap body material and take the tying thread forward and then wind the body forward leaving room just behind the hook eye for the hackle and head. I find 2 strands of burlap help in making the body. Pick-out the body a little for a buggy look. Tie in the hackle just ahead of the finished body by the tip of feather (the longest hackle should reach just behind the hook point). Wind the hackle forward a wrap in front of a wrap, do not wrap over a wrap this will only weaken the fly.

Finish by tying a nice neat head.

If you have any questions or suggestions, please Email at--- tlfly@my180.net.
Good hunting, Jerry Criss



If you haven't noticed - Jerry donates an assortment of his hand-tied flies for the raffle at each of the monthly meetings. Yancey Lind has won them the last few months. Please buy some tickets at the next meeting and give Yancey a run for his money.

# Are Our Fish In Hot Water?

# Come out for an incredible evening of passionate speakers, exciting demonstrations and free salmon!

Join the Association of NW Steelheaders, Jim Martin and National Wildlife Federation for an evening workshop: Are Our Fish in Hot Water?

Learn about the current state of salmon and steelhead in the Columbia and Snake river systems and how you can help assure their survival for future generations.

Peter Bowers of The Patient Angler Fly Shop will work his magic on a

vise as he demonstrates tying steelhead flies! (www.patientangler.com)

Wednesday, October 11, 2006 6 p.m. - 9 p.m.

Salmon, snacks and drinks served from 6:00- 6:30 Central Oregon Community College Rm. Boyle 155 THIS EVENT IS FREE

for the drawing! Jim Martin, Pure Fishing Conservation Director, will be the keynote speaker. Mr. Martin recently retired after 30 years with the Oregon Department of Fish and Wildlife (ODFW) and is a committed advocate for salmon and steelhead.

Mr. Martin will discuss the many threats that our salmon and steelhead are facing and will elaborate about the increasing understanding of the impacts of global warming on these prized cultural and economic resources.

Pure Fishing is one of the largest fishing tackle companies in the world (including Berkley and Spiderwire), and is an industry leader in conservation advocacy. During his career with ODFW, Mr. Martin spent six years as Chief of Fisheries and three years as Salmon Advisor to Governor John Kitzhaber. He led the team that developed the Oregon Plan for Salmon and Watershed, a state conservation plan to address endangered species and clean water issues in Oregon. Mr. Martin is an avid fisherman and hunter who lives in Mulino, Oregon. He is currently on the board of National Wildlife Federation and is an honorary director of the Association of NW Steelheaders.



Drawing for a

steelhead fishing trip with Steelheaders

John Day Chapter

President, David

Peterson, at the end

of the evening. Everyone present will

receive a free ticket









Please RSVP to Joelle Robinson

robinsonj@nwf.org

Phone: 206.285.8707 ext. 105

#### **STEP Conference**

The Central Oregon Flyfishers are invited to the 2006 STEP (Salmon-Trout Enhancement Program) Conference in Reedsport.

The Oregon Department of Fish and Wildlife's Salmon and Trout Enhancement Program and Gardiner-Reedsport-Winchester Bay STEP invite the public to the 2006 STEP Conference Oct. 12-14 at Reedsport High School, 2260 Longwood Drive, Reedsport.

Gardiner-Reedsport-Winchester Bay STEP, a volunteer organization, will host the biennial conference this year to celebrate 25 years of volunteer efforts through STEP to restore and enhance Oregon's fish. Activities include tours of area volunteer projects, a youth fishing event, informational displays, an art show, and presentations covering a variety of topics. Attendees are also invited to a Friday Evening Social and can participate in a Salmon Derby hosted by GRWB STEP that will take place in the Umpqua River and Winchester Bay. The conference concludes Saturday evening with a banquet and performance of "The Best of McManus", a stage presentation of works written by the award winning author, Patrick McManus.

Since 1981, STEP volunteers each year have donated money, materials, equipment and countless hours of time and labor to efforts that have monitored fish populations, restored stream habitat, provided youth and adult educational opportunities, and produced salmon, steelhead, and trout for Oregon fisheries.

The STEP Conference provides a forum for STEP volunteers from around the state to gather, discuss activities, share ideas, and learn new information. The conference also creates broader public awareness of STEP and the opportunities that exist for volunteer participation with fish management and recovery efforts, and can highlight the activities of the host volunteers and community.

For more information about the conference and registration call the ODFW office in Roseburg at 541-440-3353, or Ron Vierra, GRWB STEP 541-271-5660, or Jen Bock (Eastern Oregon STEP Biologist) 541-388-6363 or visit the STEP website at www.dfw.state.or.us\STEP.

# New Members to the Central Oregon Flyfishers

Rex and Vicki Bolling
Linda Dunn
Brian and Deirdre Harrington
Dean and Barbara Klivans
David and Jean Olson
Tony and Wendy Partain
Sherry and Eric Steele
Gary and Catherine Zimmerman
Jim and Indred Shaw

# Aquatic insects for beginning fly fishers

--Nov 16th (classroom) and 18th (river) -The club's next class will be the first in what we hope will
be a series of "beginner-oriented" topics. (Of course,
some of us are always "beginners".) Club member and
ex-UC Berkeley entomology (the study of insects)
professor John Anderson will teach a class on aquatic
insects and other macroinvertebrates that make up the
majority of trout diet. Matching the hatch is often a
difficult proposition, it's even worse when the food is at or
beneath the surface.

This class will primarily focus on life cycles, biologies and identification/recognition of the immature stages. The class will be in two parts. It will begin with a 2-hour session on Thursday, Nov. 16th, from 6:30-8:30 pm at the Senior Center. Illustrations, hand lenses and microscopes will assist participants in distinguishing such macroinvertebrates as scuds, sow bugs, mayflies, stoneflies, caddisflies, midges, and a few other insects.

The following Saturday is the club's Crooked River outing. John will spend time at the beginning of the outing with class participants capturing and observing insects in the river. Hopefully, this will lead to all of us catching many more fish that day.

The class is limited to 15 members and cost is \$5 (needed to pay for the room). Questions? Contact Yancy Lind at yancy\_lind@ml.com or 312-6821 (day) or 388-3315 (eve). Reserve your spot by sending a check for \$5 made out to COF to 3031 NW Shevlin Meadow Dr. Bend, OR 97701

#### The Central Oregon Flyfishers

# **NEW MEMBERSHIP**

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME	T NAME FIRST NAME			OCCUPATION (PAST OR CURRENT)			
SPOUSE'S FIRST NAME	SPOUSE'S LAST NAME IF	DIFFERENT	HOME PHONE				
HOUSE NUMBER STREE	:T		WORK PHONE	EXT			
CITY			STATE	ZIP CODE			
EMAIL ADDRESS							
How do you want to receive the	COF monthly newsletter? (Ch	eck one.)Email	US Postal Service				
Why did you join COF? (Check a	all that apply. List other interes	sts on reverse.)	Wild Women of the Water	er			
Acquire more knowledge	Find fishing partner	Volunteer for projects	Improve technique	Social functions			
You must sign this release EACI	H year when you renew to att	tend or participate in club o	activities.				
release of liability. I further a against The Central Oregon I	ility, I do hereby for mysel ischarge The Central Oreg any and all claims, deman operty that may occur from we carefully read this hold acknowledge that I am wait Flyfishers for its negligence.	If, heirs, executors, and a gon Flyfishers, all its offi ds, actions or causes of a n any cause whatsoever tharmless and release agriving any right I may have.	administrators agree to remicers, board members and vactions, on account of my daylie participating in any seement, and fully understated	ise, fully release, olunteers, acting leath or on account uch COF activity.  Ind that it is a ssert a claim			
	S	,	1	j			
XSIGNED BY		PRINT NAME		MONTH DAY YEAR			
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SIGNED BY		PRINT NAME		MONTH DAY YEAR			
Memberships are renewable	_	ES SCHEDULE	prior to June 1 shall pay a fi				

\$36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes, Crook and Jefferson County shall pay \$12.50.

THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	ОСТ	NOV
THE DUES YOU PAY (\$)	18	15	12	9	6	3

**RETURN THIS FORM** Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

> The Central Oregon Flyfishers Membership Chairman PO Box 1126 Bend, OR 97709

# <u>UPSTREAM EVENTS – 2006</u>

October	5 18 21	COF Board of Directors Meeting - Dave Dunahay COF General Membership Meeting, Rob Russel - NW Oregon Rivers - Don Schnack Outing, East Lake (THIS IS A CHANGE) - Dave Semich
November	2 15 18	COF Board of Directors Meeting - Dave Dunahay COF General Membership Meeting, Richard Twarog - San Juan River - Don Schnack Outing, Crooked River - Dave Semich
December	7 9 20	COF Board of Directors Meeting - Dave Dunahay Outing, Deschutes County Library - Dave Semich COF General Membership Meeting, Fly Tying - Don Schnack

Notes: (1) For more information about an event - contact the last name on the lines above.

Emails that you might need:

Dave Dunahay - dunahay@bendbroadband.com - interim President
Dave Semich - flyfshndave@webformixair.com - Editor and Outings

Don Schnack - 389-4440 - **Monthly Programs** Yancy Lind - yancy\_lind@ml.com - **Classes** 

