

Contents

- 1 PRESIDENT'S MESSAGE
- 2 COF BOARD MEMBERS
- 3 COF PRESENTER
- 3 CONSERVATION
- 4 WILD WOMEN OF THE WATER
- 4 EDUCATION
- 5 NEXT CAST
- 6 BOARD BITS
- 7 MEMBERSHIP
- 7 CLASSIFIEDS
- 9 TYER'S CORNER
- 10 UPSTREAM EVENTS



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President's Message

Fall is in the air. My mind is shifting from fishing to hunting. Yes – I know that there are great fishing opportunities in the Fall and Winter. But I suffer from buck fever, and this year I drew an Elk tag too.

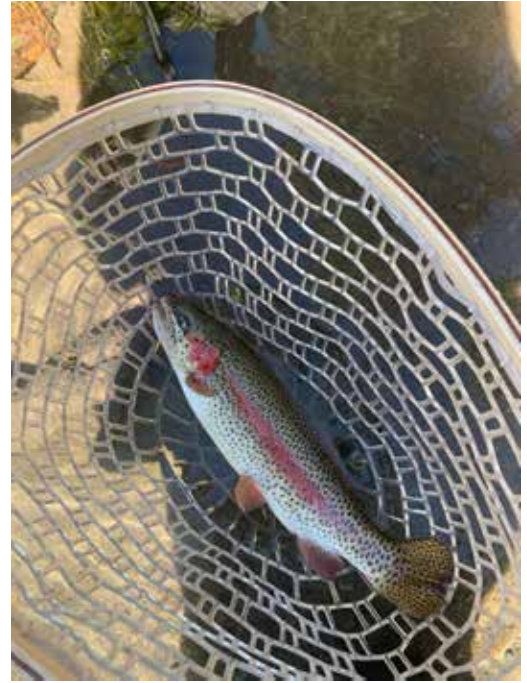
It is also time to start thinking about 2024 activities for COF. The COF board will be holding its annual retreat on October 23, 2023. Please send me, or any board member, ideas that the board should consider. One item that has been on my mind is the lack COF member engagement. Attendance at outings and at the monthly meeting has been very poor. For example, Mark Hereford's presentation at the September monthly meeting on the removal of dams and reintroduction of salmon and steelhead in the Klamath basin was outstanding. Only 28 COF member attended. One was a visitor and 3 were new members. In fact the topics for the monthly meetings this past year have been outstanding. Personally I have learned a lot. Is the lack of engagement still a hangover from COVID? Are there items or activities that COF is not addressing? What changes should be addressed to increase engagement? The board is searching for ideas and answers and really needs your thoughts.

Tim Quinton wrote the following in a newsletter several years ago. I found it very interesting so I included it in this month's president's message: Ten Tips for Fly Fishing in Low Clear Water by Tactical Fly Fisher. Devin Olsen, a member of the US Fly Fishing Team, shows you how to approach and fish for trout in the low, clear conditions of late summer/fall/winter that we sometimes encounter around Central OR. This video is located on the YouTube channel on the link below. I found it is packed with tons of good info about trout fishing. It's heavy on the Euro style, but has info for many other situations also. <https://www.youtube.com/watch?v=c8hqn8NBcal&t=638s>

As in the past several newsletters, I have requested pictures of picture worthy fish. For those of you that are keeping track all the pictures for the last three months, many have been of Vinny and his fish because I had not caught a picture worthy fish. Vinny is back in school so I had to catch one myself. The picture below was taken on the Fall River. I caught the fish on a size 16 Copper John.

Tight line.

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TIM QUINTON

GENERAL MEETING | OCTOBER 18TH

ELKS LODGE | 63120 BOYD ACRES ROAD, BEND, OR 97701



Tye Krueger

Tye Krueger, owner of Confluence Fly Shop and Deep Canyon Outfitters, is a strong supporter of COF and should be known by most club members. If you have attended any of his presentations in the past, you know how good they are, stuffed with great info and cool photos. Over the years he has been a valuable resource to me as I planned and went on a variety of trips.

His most recent trip was to Mongolia and after hearing about it, this trip is now at the top of my bucket list. The target species in Mongolia is taimen, the world's largest salmonid, called the "river wolf" by the native people. Tye will recount his journey to the opposite side of the globe and highlight his experiences with one of the greatest freshwater gamefish in the world. Tye will cover equipment, tackle, and strategies used to target this ferocious, surface-oriented predator. He will discuss the details of his stay in camp, experiences with the staff, local people, and culture.

Tye is a lifelong angler and has made Central Oregon his home since 2010. Tye has a passion for teaching others how to become better anglers and has been blessed with opportunities to host guided fly fishing trips around the world. When not in the shop, tying flies, exploring our local waters, or traveling to some far off destination to chase exotic fish, Tye enjoys

illustrating and cooking. I have a couple of shirts with his drawings of fish on them. They're impressive.

- YANCY LIND
PROGRAMS@COFLYFISHERS.ORG

CONSERVATION

The Round Butte Hatchery

The Round Butte Hatchery was started about 50 years ago when the three dams forming the three lakes (Lake Billy Chinook, Simtustus Lake and Reregulating Dam) were constructed. A fish ladder was constructed to allow passage of salmon and steelhead at the three dams, but the design did not function well. A series of concrete cells were constructed at various elevations in the canyon in an attempt to allow the fish to pass the dams. While the adult fish did not use the ladder cells, people at PGE and ODFW used a few of the cells to raise about 20,000 Chinook smolts per year for the first years. Later when the newer fish passage structure (SWW Surface Water Withdrawal) system was constructed the target number of Chinook smolts was raised to 100,000 by adding facilities at the Fall River and Wizard Falls Hatcheries. One of the presentations at the PGE fish conference in July 2023 was by Dian Spangenberg and Deborah Harstad of NOAA. Their presentation focused on the size of Chinook smolts and return rate for the different groups from the Round Butte Hatchery.

The standard rearing protocol was to raise smolts to a 8 fish per pound size before release. These fish would make the out migration to Bonneville in a few days less than the smaller smolts raised at 15 fish per pound. The smaller fish would allow about 64% more smolts to be raised in the ponds or raceways used at the hatcheries. The study was conducted over a few years to track the out migration and the return rate of the different size Chinook smolts to the hatchery.

Monitoring the out migration by radio tags provided interesting data. The larger smolts had a greater number of mini-jacks (fish who attempted to



Clark Fork River, MT
by Carol Ann Cary

return to the hatchery ponds without making a trip to the ocean thru Bonneville Dam). There was also a higher percentage of jack salmon (fish returning after only one summer in the ocean) from the larger smolt size group. The smaller smolt size group actually returned a greater number of 2 ocean fish (60% increase) than the larger smolts due to the greater number of smolts that were raised in the fixed size of the hatchery ponds. When extended to 4 year old fish (3 ocean fish) the advantage became even greater with a 150% increase for equal cell size populations.

NOAA recommended raising more smaller smolts to improve the return of larger 2 and 3 ocean fish to the hatchery. Studies like this will continue to aid hatchery personnel to build a good Chinook salmon program at the Round Butte Hatchery.

- TOM SHUMAN
CONSERVATION@COFLYFISHERS.ORG

WILD WOMEN OF THE WATER

Wild Women gathered at the Confluence Fly shop in September and enjoyed a glass of beer, friendship and a bit of shopping for those fishing essentials. We also enjoyed an afternoon at the home of Sue Coyle for

appetizers and connecting with new women to COF and our Wild Women group. There is much planned in the months ahead, be sure to mark your calendars and save the date. For those Wild Women who have not tried fly tying and would like to explore what it is all about, we have an opportunity for you. We are calling it, Is Fly Tying for Me? An easy workshop for up to 4 women will be offered on Oct. 22 & 29, 4:00 – 6:00pm. Over beverages and appetizers, we will explore the basics of tying, what is involved and easy tips to get started. By the second class, you will go home with a fly you have tied yourself. Materials will be provided. The class will be taught by Liz Jones. Watch for an email from COF to register.

Each year, Wild Women enjoy our traditional Holiday Gathering. Mark your calendars for Dec. 3rd. Liz Jones has graciously offered her home for the event this year. And get that 2024 calendar out! There will be a workshop for those of you who are new to flyfishing and would like to spend an afternoon learning and/or relearning on the water basics. This will be on January 20th. Looking forward to meeting you on the water!

- SUE COYLE
WILDWOMEN@COFLYFISHERS.ORG

EDUCATION

Winter Fly Tying and Basic Skills, v10/2024

WFT and Basic Skills classes are absolutely works in progress. As examples of this, current plans are for WFT are now to go to a Zoom only platform, with Basic Skills classes still to be In Person at Larkspur Community Center, last four Tuesday evenings in January from 5:30 - 8:00.

The Zoom classes will be free to members, with login details sent to the membership, the Basic Skills classes will need registration on the COF website so we can plan and provide materials, etc. We will have both use in class only vises and tool kits, and limited loaners for those wanting to practice tying at home. Bringing your own vises, and tool kits encouraged, all fly tying materials to be provided.

Fly tying to some is some of the best kind of entertainment we can have. A great way to learn what makes some flies great, and some, –ah well...

It looks like we have a lot of the wrinkles worked out, but, please, - did I mention this is absolutely a work in progress?

- JOHN HOWARD
WINTERFLYTYING@COFLYFISHERS.ORG

NEXT CAST

Youth Event at Realms High School

20730 NE BRINSON BLVD DR.
BEND OR

Tuesday Oct 17 2:00-3:30 in
Realms classroom and an outdoor
space: Dante and Anita present

- 5 min: introductions and overview of COF
- 10 min: discussion with visuals and/or actual gear on the differences between flyfishing vs spinners (hooks, reels, nets, flies vs bait, waters, catch and release, when and why would you choose one or the other)
- 5 min: volunteers share their experience and maybe some pics or video
- 10 min: model practice casting and/or share some video of the technique stopping video to explain
- 60 min: practice casting followed by challenges where students try to have their cast land inside a hoop at different distances and locations

Wednesday Oct 18 10:50-12:00 in
Realms classroom and an outdoor
space: Dante and Anita present

- 5 min: getting to know more about the differences between a fly rod from a spinner, bring in both
- 5 min: learning the different



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Tim Quinton catching a 24" Brown at Paulina Lake

types of knots, backing, and line to rig a rod from reel to fly

- 30 min: practice tying some of these knots with either cord or line
- 30 min: practice casting followed by challenges where students try to have their cast land inside a hoop at different distances and locations

Thursday Oct 19 from 9:00-11:30 in Realms classroom and an outdoor space: Dante has to teach Middle School Maths, Anita present

- 1.5 hours of fly tying
- 40 min fish dissection
- 20 min of practice casting

Friday Oct 20 from 1:30-3:00 Realms students walk to and meet COF at Bend Pine Nursery ponds: Dante and Anita present

- 1.5 hours of flyfishing

There will be 15 to 20 students from the Realms School engaged in the activities. I'm developing a handout similar those that we use for the 3-Day Flyfishing Camp. John has agreed to lead the fly Tying.

Ideally 2 or 3 volunteers are needed on each day. The school will provide 2 or 3 individuals but they have limited experience in fly fishing or the other activities. If you can help on one or more days please contact me at fcholick@gmail.com

- FRED A. CHOLICK

NEXTCAST@COFLYFISHERS.ORG

BOARD BITS

COF BOARD MEETING

SEPTEMBER 28, 2023

ABBY'S PIZZA PARLOR

The meeting commenced at 6:00 PM with 9 of 13 members present.

The **Minutes** of the last meeting were approved as presented.

The **Treasurer's Report** was approved as presented. It was noted that the club is currently in a solid financial position

New business

- After discussion, it was decided that the club would continue to hold meetings at the Elks Club. Exploring other venues will be ongoing.
- The budget for 2023 will be finalized at the board retreat in October
- There are currently two openings on the board. Candidates will be solicited and a full slate will be present to the membership for a November Vote.
- The current dues structure will remain in place for 2024.
- There will be both basic and advance fly-tying classes offered after the first of the year. Details will follow.
- There are 2 open positions on the Kokanee Karnival committee. Volunteers needed.
- A class of basic fly-fishing skills will be held for students of Realms High School in October.

Old Business

- Recap of the Annual Picnic was incomplete because all the expense items were not in yet. It was noted that 62 people attended and the general consensus was that a good time was had by all. This topic will be further discussed at the board retreat in October and a full financial report will follow.

There will be no board meeting in November due to date falling on Thanksgiving Day.

The meeting was adjourned at 7:35 PM

- JACK PATTERSON
JFPAT44@GMAIL.COM

MEMBERSHIP

Welcome to Our New Members

Sarah Grover Worley - Bend

Elijah Jones - Madras

Liz Sherry - Bend

Central Oregon Flyfishers counts 280 members.

- ROBERT SHIMANE
MEMBERSHIP@COFLYFISHERS.ORG

COF CLASSIFIEDS

FOR SALE: NEARLY BRAND-NEW SIMMS FREESTONE STOCKINGFOOT WADER. Men's XL short. \$200 OBO, Worn just 3 days! call Debbie. 503-510-2767



FOR SALE: WENONAH SPIRIT STANDARD SLIDER 17' CANOE. Great condition! Stored in garage. Includes two paddles. \$1750 cash only. (503) 780-2014



FOR SALE: 12' FLYCRAFT STEALTH BOAT WITH GEAR RACK, 12' RAFT TRAILER \$3500.

Honda 2.3 hp motor \$1000. Easy launch at shallow lakes, drift WS to TC. 541-588-214, 619-241-1589



FOR SALE: FISH CAT COUGAR PONTOON BOAT. \$450.

This pontoon boat is in excellent condition and has been used very little. One of the main features of the Cougar boat is that it features a quad pontoon design which increases load capacity, stability, tracking and offers less wind resistance than other pontoon boats. This feature allows it to float in as little as 3" of water. The pontoons are 8 feet in length and it has 7'4" oars. It has a 10 piece aluminum frame which makes for compact storage and easy transport. It has saddle bags on each side of the seat for lots of storage. Jack Patterson, jfpat44@gmail.com, 541-941-4156



COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold, please resubmit your ad for the next month's newsletter. Submit ads to classifieds@coflyfishers.org by the end of the third week of each month. - CLASSIFIEDS@COFLYFISHERS.ORG



DUCK TAPE

BY JOHN KENT

Summer through late Fall in Central Oregon is a good time to fish lakes with chironomids/midges. Most of the major hatches are finished leaving a healthy population of midges for the trout and, yes, kokanee. The Duck Tape pattern was developed by John Kent in British Columbia, Canada. Steve Anderson (John Anderson's son) shared this pattern with me this summer on East Lake. It is a blood worm imitation and is very effective for trout and kokanee in East Lake. It has accounted for hundreds of trout and kokanee this summer and early fall. During the summer, the surface temperature in East Lake reaches nearly 70F. The oxygen content of the warm water is too low for larger trout and kokanee. The larger trout and kokanee move to deeper water in the lake's thermocline for a more favorable oxygen level. Typically, the thermocline is around 30-36' in East Lake. The trout and kokanee feed mostly on bloodworms during this time. The best way to fish at these depths is to use the Dangling method. Google "dangling fishing" for good instructional videos on how to use this

method. I use a modified drop shot method as a substitute. Google "John Kent's Duck Tape" for directions and recipe for the fly pattern. As for colors, red is the standard (Brown trout love red) but blood worms in East are a dark red (I use burgundy holographic tinsel instead of red holographic tinsel). For the "thorax" I use a base of light olive thread covered with medium mirage opal tinsel. I use size 14 2x long streamer/nymph hooks. I use size 11 silver lined red glass beads for the head. Bead stores in Bend should have that color. If you can't find it Patient Angler may be able to order them. I substitute red flashabou for the holographic red tinsel because it is more durable (you will catch a lot of fish on this fly). I coat the fly with Sally Hansen's Hard as Nails for durability. (Here is a bonus fly to look up on the internet – John Kent's Hog Magnet.)

- BILL SEITZ
WILLIAMSEITZ44@ICLOUD.COM

OCTOBER 2023 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT
October 17-20	Youth Event at Realms High School	Fred Cholick, fcholick@gmail.com
October 18	General Meeting at Elks Lodge	
October 23rd	COF Board Retreat at 1:00 at Fred Cholick's house	Fred Cholick, fcholick@gmail.com
October 22 & 29	WWW Workshop	Susan Coyle spcwww@outlook.com

In the Future

DATE	ACTIVITY	CONTACT
December 3rd	WWW Holiday Gathering	
April 22, 23, 25, 26, 29, & 30, 2024	Spring Clinic	



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