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## President's Message

Happy October Flyfishers!

I wish I had some good news to report on the local fishing front – a lot of bad stuff going on! As I write this column the Crooked is down to 11cfs, most of the Cascade Lakes region is closed due to the Cedar Creek fire, and a fair amount of smoke is still in the region. Hopefully this will change shortly and we can get out and fish some of these waters – Fall is my favorite time of the year for many of these!

In last month's newsletter I mistakenly left out the response to the letter jointly sent by COF and Sunriver Anglers to the USFS regarding the boat dock situation at East Lake. I have included it this month.

Your Board of Directors will be holding our annual budget meeting on Oct 27. If anyone has input for the Board to consider for 2023, please send it to me as soon as you can.

We are in dire need of volunteers for several leadership positions in the Club: Kokanee Karnival, Education, Outings, Banquet, and August BBQ. These events don't happen without the people to run them, so if they matter to you, please consider volunteering!

Video of the Month. Here's a quick little video on a new "twist" on tying an improved clinch knot. It can save you some time and help out when your fingers are cold and stiff. <https://www.youtube.com/watch?v=uTbPu82Fp6s>

Thanx for being a part of this great Club, and feel free to let me (or any Board member) know if you have ideas for improvement. Also, please think about how you can add value to this club – by volunteering for leadership positions or helping with our various programs.

Get out and fish!

- *Tim Quinton*

Tim Quinton, President COF



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TREASURER@COFLYFISHERS.ORG

### Secretary

KARI SCHOESSLER  
SECRETARY@COFLYFISHERS.ORG

### Wild Women of the Water

SUSAN COYLE  
WILDWOMEN@COFLYFISHERS.ORG

### Membership

ROBERT SHIMANE  
MEMBERSHIP@COFLYFISHERS.ORG

### Outings

ERIC WHITE  
OUTINGS@COFLYFISHERS.ORG

### Programs

YANCY LIND  
PROGRAMS@COFLYFISHERS.ORG

### Education

VACANT  
EDUCATION@COFLYFISHERS.ORG

### Kokanee Karnival

FRANK TUREK  
KK@COFLYFISHERS.ORG

### Next Cast

FRED A CHOLICK  
NEXTCAST@COFLYFISHERS.ORG

### Conservation

TOM SHUMAN  
CONSERVATION@COFLYFISHERS.ORG

### Director At-Large

DANNY KARA & COROL ANN CARY  
MEMBERATLARGE2@COFLYFISHERS.ORG  
MEMBERATLARGE@COFLYFISHERS.ORG

### Winter Fly Tying

JOHN HOWARD  
WINTERFLYTYING@COFLYFISHERS.ORG

### Classified Ads

PETER MARTIN  
CLASSIFIEDS@COFLYFISHERS.ORG

### Social Media

MOLLY VERNARECCI  
SOCIALMEDIA@COFLYFISHERS.ORG

### Website

MARY BARRON  
WEBMASTER@COFLYFISHERS.ORG

### Newsletter Design & Production

KELLY ALEXANDER  
SUBMISSIONS.COF@GMAIL.COM

## GENERAL MEETING | OCTOBER 21<sup>ST</sup>

ELKS LODGE | 63120 BOYD ACRES ROAD, BEND, OR 97701



Jeff Perin at Paulina Lake last spring. We tried many techniques that day, streamers were the ticket. Notice the bug in the fish's mouth.

## Streamer Fishing On Lakes and Rivers

For over a decade I have been a streamer fishing geek, spending the majority of my time using this technique. We would all love to cast dry flies and emergers to rising fish every time we were on the water, but as you know, fish spend the majority of their time feeding subsurface. This is especially true for larger fish who typically only come to the surface during big hatches or in search of large flies. Fish can grow big by vacuuming up huge quantities of midges and other insects and there are many nymphing techniques to target these fish. Larger fish aggressively take smaller fish and leeches as well. There are situations where nymphing is more effective, but I have found that streamer fishing is quite versatile and will allow productive fishing in a wider range of situations. At a minimum it should be part of your fishing arsenal. Plus, I think it's more fun. I'm sure you've heard the phrase "the tug is the drug". That tug comes when streamer fishing.

Streamer fishing is complex. Along with fly selection, using a variety of lines depending on the situation is critical. It's not as simple as tying a streamer onto the end of your dry line if you

are going to maximize your success. For better or worse, there are an amazing variety of lines to choose from. Also, techniques vary if you are fishing still or moving water. I have a lot more to explore about streamer fishing, but my catch rate, especially of bigger fish, is much higher now that I have put the time into learning how to do it. In this month's presentation I'll do my best to summarize what I know.

- YANCY LIND  
PROGRAMS@COFLYFISHERS.ORG

## EDUCATION

### FFI Corner

During the Sept Board meeting of the Oregon Council of FFI, Sherry Steele announced the following recent vacancies on the Board: President, Grant Chair, Newsletter, Membership, FFI Women Connect Liaison, Conservation, and Web manager. Sherry has graciously stepped up to be our interim President (AGAIN – she was Prez for a LOT of years!), but we really do need some interested FFI members to step up and volunteer for these leadership positions. If you're not a member of FFI, join us, it's an outstanding club that does many good things in Oregon. If you are a member, volunteer for a leadership position and help your chapter continue to be excellent.

Speaking of excellence, one of our members, Stephen Williams, completed his qualifications and was designated a Certified Casting Instructor by FFI this past May. Stephen and another COF member had been under Mary Ann Dozer's tutelage for a while, and Stephen passed the exam with flying colors. A big Bravo Zulu to Stephen on an outstanding accomplishment! If you are interested in being an FFI Certified Fly Casting Instructor, contact me or Mary Ann (flyfishingpursuits@gmail.com) for more info.

The FFI Virtual Expo is November 4 – 6 this year, and will have over 100 Workshops, Demonstrations and Seminars during the event. Educational opportunities include Casting, Fly

Tying, Fly Fishing Skills and Conservation. You'll get to connect with industry experts, and have the opportunity to participate in FFI auctions and more. See the latest issue of FFInsider (<https://mailchi.mp/flyfishersinternational/carp-994268?e=83bd9f2ee4>) for all the info, and there is a link in there if you would like to donate something (a trip or an item) to the auction.

As your FFI rep, please let me know if you have any questions about this fine organization.

<https://www.flyfishersinternational.org>

- TIM QUINTON

CGTIMQ@GMAIL.COM

## Winter Fly Tying is Coming!

Persistence! We're planning on having Winter Fly Tying once again for COF Members beginning in January, finishing the end of March, 2023. Every Tuesday evening, 5:30 - 8:30 (Actual class time, 6:00 - 8:30, with 30 minute set up period. Hours, due to current staffing issues, might shift to 30 minutes later (if possible) at Larkspur Community Center.

**BASIC SKILLS CLASSES** - the first 4 Tuesdays of January, in Classroom 2/Game Room. All materials and tools to be provided, free of charge, (up to 12 sets of tools & vises). For those that have their own tools, materials will be provided, free. Information sheets will be emailed to those who sign up regarding basic tool sets, vises, etc., along with pattern sheets and video tutorial links on focused tying techniques. The goal of these lessons will be to make it possible for you to join the full schedule, but this will require a reasonable amount of "want to" on the part of attendees.

**WINTER FLY TYING CLASSES** - in the Multipurpose Room (where it was before), will begin the last Tuesday of January, Jan 31st, and continue on Tuesdays every week until March 28th. These will be designed for at least intermediate level attendees.

Very high quality Presenters will be demonstrating some excellent flies over a range of styles and techniques. Attendees must provide their own vises, tying tools and thread. There will be pattern

sheets sent out ahead of classes, sometimes with alternative material suggestions. Tying materials will be provided, but will require a \$5.00 cash materials fee from each tyer, each night attended.

Sign ups will be available on the COF Web Site, under "Calendar & Events" *later this year.*

<https://www.coflyfishers.org/>

*We will be needing volunteers to help with tying instruction, materials distribution, etc. (especially for coaching the Basic Skills Classes). Please contact John Howard or Bob Shimane if you will be able to help out with these. Good times, and valuable to all involved!*

- JOHN HOWARD, ZENDOC@AOL.COM

- BOB SHIMANE, ANDYLILY99@GMAIL.COM

## CONSERVATION

### Ochoco Preserve Work Party

9 NOVEMBER 2022 | 11 AM - 2 PM

Here is an opportunity for all you COF people who are interested in conservation projects...and volunteering!

Roll up your sleeves and help the Deschutes Land Trust plant native plants, trees, and shrubs at a recent restoration project along McKay Creek at Ochoco Preserve. The Land Trust recently completed the construction phase of a creek restoration project at Ochoco Preserve. Planting native plants is the next step to restore the creek and help build healthy habitat for fish and wildlife. Get your hands dirty and have fun while making a difference in Central Oregon.

Rating: Work party with moderate physical activity that includes digging and planting in uneven ground.

What to bring: Work gloves (if you have them), snacks/lunch, water, and waterproof boots (planting area may be wet and muddy). Dress for the weather.

Please register with EventBrite using the following link: <https://11-9-22-cof-op-planting-party.eventbrite.com>

For more information contact Mary Barron.

- MARY BARRON

WEBMASTER@COFLYFISHERS.ORG

## WILD WOMEN OF THE WATER

We have 2 events coming up so be sure to save the date!

**END OF SUMMER GATHERING –  
SUNDAY - OCT. 9TH 5-8PM**

**ANNUAL HOLIDAY GATHERING –  
SUNDAY - DEC. 4TH 3-6PM**

Watch your email for an evite and be sure to join in on the fun!

We have re-scheduled the Wild Women Grande Ronde 2 night float trip with Eastern Oregon Outfitters for June 17-19, 2023. We currently have 5 women going on this great trip. If you are interested in the trip, contact Sue Coyle, wildwomen@coflyfishers.org.

- SUE COYLE  
WILDWOMEN@COFLYFISHERS.ORG

## BOARD BITS

A SYNOPSIS OF THE 9/22/2022 BOARD OF DIRECTORS MEETING

John Howard, librarian, proposed updates to the librarian section of the Board Book. More discussion later.

Frank Turek has resigned from the Kokanee Karnival director's position. Fred Cholick and Jen Luke will co-chair in the future. Frank will continue to be involved. Dan Pebbles will hopefully maintain his position as Angler Education liaison with the schools. More work needs to be done.

2022 Board Retreat date is still up in the air.

Do we want to continue to print the newsletter and have it delivered to the fly shops? Would we rather have a brochure? More discussion to follow....

We still need to fill the Education chair position.

Jeff Courier, a potential presenter, wants to present via ZOOM. Do we want to do ZOOM anymore? Pre-COVID meetings were 70-90 for attendance...ZOOM meetings were 40-50...present in-person meetings are 35-45. To be discussed more at the Retreat.

August BBQ – we need to reserve Aspen Hall NOW. Cost to reserve is \$200. Herb Blank to be contacted.

Other discussions for the retreat...

...how to reengage membership post COVID---each bod member should bring 2 thoughts to discuss.

...slate of officers for election at the November 16th member meeting. Kari & Mary will draw it up.

...COF banquet – should we hold it? How big should it be? How big should the auction be?

- KARI SCHOESSLER  
SCHOESSLER.KARIVAN@GMAIL.COM

## LIBRARY

### New Books Now in the Library

We've added another 6 books to the COF Library, for your delight and edification. Western Mayfly Hatches by Hafele and Hughes, Reading Waters by Borger, Seasons of the Metolius by John Judy, and The Creel, 60th Ed. from the Flyfisher's Club of Oregon, are some. Expand your fishing, tying and general knowledge, and get a better handle on doing what you really enjoy. Read a book – become better at what you like to do!

- JOHN HOWARD, (NEW) LIBRARIAN  
LIBRARY@COFLYFISHERS.ORG

## COF CLASSIFIEDS

No classifieds advertisements were received for October 2022.

*COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold please resubmit your ad for the next month's newsletter. Submit ads to classifieds@coflyfishers.org by the end of the third week of each month. JPEG photos are useful.*

- CLASSIFIEDS@COFLYFISHERS.ORG



## TOP 12 CROOKED RIVER NYMPHS

I'm going to use this month's fly of the month to review fly patterns provided in earlier newsletters. This summer, I made a presentation of to the club about contact (Euro nymphing) (see the pdf of the presentation in the Member's Section of the club's website}. In that presentation I listed 11 flies that my fishing partner and I used to land over 5,000 redbands and mountain whitefish on the Crooked River in 2021. The flies are easy and quick to tie and are a mixture of imitative and attractive in design. The four most prevalent macroinvertebrate groups in the river are midges, mayflies, caddis, and sowbug/scuds. These 12 patterns (I added a pattern I forgot to put in my presentation) are collectively effective for these groups. I've listed these patterns with the hook sizes and the months and dates of the newsletters they were provided. You can find the newsletters in the archives of the club's website.

### TOP 12

**Blowtorch** (orange and chartreuse), Size 16 – Feb. 2020; **Sexy Walt's Worm**, size 16 – Jun. 2022, **Olive perdigon**, Size 16, 18 – Jun. 2018; **Midge perdigon**, size 18, -Feb. 2018; **Bill's Brown Bug**, size 16, 18 – Feb. 2022; **Simple Frenchie**; Si, size 16, 18 (see recipe below); **PMDelite**, size 16 – Oct. 2019; **Pheasant Tail perdigon**, Size 16, 18 – Jun. 2018; **Pheasant Tail nymph**, size 16, 18 – Jun. 2020; **Provo Pellet**, size 16, 18 – Oct. 2021; **Y2K**, size 16; **Glo Bug Midge**, size 18 – Oct. 2029.

The Simple Frenchie and Y2K were not flies of the month. I provide the recipes– Simple Frenchie, size 12, 18, bead – 2.3mm gold brass, thread – size 8/0 fluorescent fire orange, tail – dark moose mane, rib – Sulky metallic silver, body – dark brown dubbing, collar – fl. Fire orange thread; Y2K, size 16, Google “Y2K” for tying directions and material.

- BILL SEITZ  
WSEITZ@BENDBROADBAND.COM

Hello Tim,

I am writing to briefly respond to your letter sent representing Sunriver Anglers and Central Oregon Flyfishers on July 15 to myself and District Ranger Kevin Larkin regarding Cinder Hill boat launch at East Lake. I appreciate your patience with a response.

I appreciate you taking time to share your concern and support to address our collective challenges with access to East Lake as waters continue to recede. Not placing docks this spring was a function of the lowering water levels at onset of the season coupled with the dock and piling system limitations they present as water lower to this level. Our heavy equipment operators did assess for dock installation at all of the East Lake access points and Cinder was determined to not be feasible at that time. We are very sorry to see the impact to public access that we are all used to seeing at East Lake.

Recently I met with Forest Service and Oregon State Marine Board engineers on site at East Lake to continue to assess each access point and determine what improvements can be made in the short term in hopes of setting us all up for better access in the spring of 2023 than we saw in 2022. We can only operate under assumptions that lake levels may continue to drop and that we also need to consider that the level may rise again at some point. In addition, we began strategizing on how to support long term access to the deeper waters if the lake continues to dramatically drop levels given the great distance of shallow water from the shoreline.

Details are still coming together and efforts to address your concerns are under way. After some initial short term solution details come together, I think it would be useful to reconnect with you around your offer to collaborate towards solutions.

I hope you are enjoying this beautiful summer and thank you once again for offering support and voice in the spirit of improving the fishing experience at East Lake.

Respectfully,

**Scott McBride**  
**Monument Manager / Developed Recreation Team Leader**

**Forest Service**  
**Newberry National Volcanic Monument**  
**Bend-Fort Rock Ranger District**  
**Deschutes National Forest**

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## OCTOBER 2022 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT
October 8	Crane Prairie – North End Outing <span style="color: red;">Canceled due to the Cedar creek fire</span>	Eric's Mail, whitehaus692@gmail.com
October 9	WWW End of Summer Gathering	Sue Coyle, wildwomen@cofyfishers.org.
October 19	General Meeting, 7:00 PM at the Elks, opens at 6:00 PM	
October 27	BOD Meeting, 3:00 PM	

## In the Future

DATE	ACTIVITY	CONTACT
November 9	Ochoco Preserve Tree Planting from 11am-2pm	Mary Barron, webmaster@cofyfishers.org
December 4	WWW Annual Holiday Gathering from 3-6pm	Sue Coyle, wildwomen@cofyfishers.org.



Central Oregon Flyfishers  
PO Box 1126  
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