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President's Message

Hi to all

As we move into fall, the clubs attention begins to turn toward our annual leadership elections approaching later this year. We have several openings on the board and a couple of special roles. These are the Annual Banquet Chair and Coordinator for the Kids Trout Pond. Both of these events are held in the spring. Interested parties should contact any board member for more information. The clubs success is dependent upon an active board and membership to continue our great programs, events, outings and community outreach. We are in need of new folks to step up and help continue this legacy.

In November, the club will hold it's annual leadership retreat. This daylong event allows the board to review the past years activities, plan for the New Year and work to improve our club into the future. As president, I am open to any suggestions for improvement. Feel free to contact me.

I will be fishing the lower Deschutes this month for Steelhead and Redbands. Hopefully the Steelhead will return in greater numbers than last year.

As fly fishers, we have a greater stake than most folks in how our natural resources are managed. We need to keep ourselves informed of developments that affect our sport.

Hope to see you on the river. Tight lines!

"Fly-fishing is the most fun you can have standing up."
— Arnold Gingrich

- Allen



President

ALLEN CAUDLE
PRESIDENT@COFLYFISHERS.ORG

Treasurer

RENEE SCHINDELE
TREASURER@COFLYFISHERS.ORG

Secretary

COROL ANN CARY
SECRETARY@COFLYFISHERS.ORG

Programs

ART AGNEW
PROGRAMS@COFLYFISHERS.ORG

Director

PETER MARTIN
CLASSIFIDS@COFLYFISHERS.ORG

Outings

RON KAYE
OUTINGS@COFLYFISHERS.ORG

Next Cast Flyfishers

KAREN KREFT
NEXTCAST@COFLYFISHERS.ORG

Wild Women of the Water

KARI SCHOESSLER
WILDWOMEN@COFLYFISHERS.ORG

Membership

SUSAN COYLE
MEMBERSHIP@COFLYFISHERS.ORG

Education

DEBBIE NORTON
EDUCATION@COFLYFISHERS.ORG

Kokanee Karnival

FRANK TUREK
KK@COFLYFISHERS.ORG

Conservation Representative

WARREN D. SNYDER
WD.SNYDER@YAHOO.COM

Banquet

TOM WIDEMAN
BANQUET@COFLYFISHERS.ORG

Director

DALTON MILLER-JONES
EDUCATION2@COFLYFISHERS.ORG

Past President

LEE ANN ROSS
PASTPRESIDENT@COFLYFISHERS.ORG

Directors At Large

MARY ANN DOZER, FRED CHOLICK

Social Media

MOLLY VERNARECCI
SOCIALMEDIA@COFLYFISHERS.ORG

Librarian

HELEN GUERRERO-RANDALL

Raffle

LEE ANN ROSS

Newsletter Design & Production

KELLY ALEXANDER
SUBMISSIONS.COF@GMAIL.COM



This month we have Tye Krueger, owner of Confluence Fly Shop located in Bend's Old Mill. He will be giving a presentation on Winter Fly Fishing Opportunities here in Central Oregon. Tye will reveal Locations, Tactics, and Gear for a successful winter fly fishing experience.

Fly fishing and fly tying have been a huge part of Tye's life. He has been fortunate enough to have fished all over North America, The Bahamas, and Christmas Island. He has resided in Central Oregon since 2010 and in 2013 he was able to open Confluence Fly Shop.

Tye, early on, discovered he had a passion for teaching others how to cast a fly rod and become better anglers and with opening Confluence Fly Shop he was able to share his passion with others. Along with his passion for fly rodding he is an accomplished artist with many of his fish illustrations adorning many fishing publications. When not engaged in fishing or illustrating he can be found enjoying his other two passions of cooking and upland game bird hunting.

NEXT CAST FLYFISHERS

You are all welcome and encouraged to attend the COF monthly meetings. You can see what the topics are each month in the newsletter and there are raffles where you can win fabulous fishing and outdoor items!!

The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We offer fly fishing instruction through classes and activities, fly fishing summer camps, ongoing COF events, and individually through mentorship and teaching. Providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement. Please contact me directly if you have questions.

- KAREN KREFT, 503-409-0148
NEXTCAST@COFLYFISHERS.ORG

EDUCATION



Metolius Pond Offers Youth Fishing

CAMP SHERMAN, Ore.—Metolius Pond, a new fishing pond for kids and disabled anglers on the grounds of the old Metolius Hatchery, will open to fishing on Wednesday, July 25.

The pond will be stocked regularly with trout from Wizard Falls Hatchery, providing an easier fishing

opportunity in an area with no other stocked ponds.

“Trout are difficult to catch in this area, as the Metolius River is renowned as a challenging place to fish and is restricted to catch and release fly-fishing only” said Jennifer Luke, ODFW STEP biologist. “This new pond will give kids and disabled anglers from this area or visiting Camp Sherman a great opportunity to catch a trout.

The new pond is also in a very scenic area near Spring Creek and its spawning kokanee and redband trout, with views of Black Butte,” added Luke.

Kids age 17 and under and anglers with a disabilities license will be able to fish at Metolius Pond. Fishing is free for kids age 11 and under while older kids need the Youth License (\$10 for both residents and non-residents; includes fishing, hunting, shellfish and Columbia River Basin Endorsement).

Per Oregon Sport Fishing Regulations, the bag limit at Metolius Pond is two fish per day, and the pond is open sunrise to sunset.

The Metolius Pond grounds include a parking area (including ADA parking), ADA path and vault toilet. A gravel pathway around the pond will provide easy access for anglers.

The Metolius Pond project was funded by the Restoration and Enhancement Board and included improvements to wildlife habitat on the site such as wildlife friendly fencing and planting of native shrubs and grasses. School groups will also be invited to use the site for field trips to fish or learn about stream habitat and kokanee spawning in Spring Creek.

Directions: From Sisters, drive 9 miles NW on US-20/OR 126 and turn Right (look for the Camp

Sherman / Metolius River Recreation Area sign). Veer left at fork and head to Camp Sherman (2.5 mi). Turn right onto Old Fish Hatchery Road (gravel road). Go to end of road to parking area. Conservation

Winter Seminar

SHARPEN YOUR FLY FISHING SKILLS FOR THE BEST YEAR EVER ON THE WATER.

Join the fun Attend the Central Oregon Flyfishers Winter Seminar

SAVE THE DATE: FEBRUARY 8 & 9TH, 2019. Skip & Carol Morris will be presenting for our day and a half Winter Seminar at the Bend Unitarian Universalist Church.

Skip Morris is recognized as one of the nations top fly-fishing authorities. He has authored 18 books on fly fishing and fly tying, among them: *FLY TYING MADE CLEAR AND SIMPLE*; *FLY FISHING TROUT LAKES WITH MORRIS & CHAN*; *THE ART OF TYING THE DRY FLY*; and *WESTERN RIVER HATCHES*), is the host on six instructional videos (including: *TYING FOAM FLIES*; *FLY FISHING FOR BASS AND PANFISH...*) and has spoken for sportsmen's shows, fly-fishing shows, and fly clubs in Arizona, New Jersey, Toronto, Alabama, Illinois, Tennessee—all over the US, Canada, and overseas. Last year he and Lefty Kreh were co-headliners at the Great Waters shows in Chicago and Minneapolis.

While technically rich and informative, Skip Morris is able to weave together stories with anecdotes and humor that entertain as well.

Perhaps Carol Ann Morris is best known for her photographs and paintings that have appeared in most of her husband Skip Morris's 18 fly-fishing and tying books but also in such magazines as *Grey's Sporting*

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Journal, Yale Angler's Journal, and Fly Fishing & Tying Journal. However, Carol has also presented at fly-fishing shows and clubs where she shared her knowledge of the successful techniques and strategies she's learned from experts over the years. One of her presentations, *Fly Fishing Entomology 101: The Basics about Bugs*, is about the most common bugs found on streams, how to identify them, and how understanding the different stages of the life cycle can improve your catch rate.

We are extremely excited to be able to bring these gifted presenters to you for our Central Oregon Flyfishers/Sunriver Anglers Winter Seminar in February 8-9, 2019!!

- DALTON MILLER-JONES,
MILLERJONES@GMAIL.COM

- FRED CHOLICK
FCHOLICK@GMAIL.COM

CO-EDUCATION BOARD MEMBERS

Volunteer Opportunity – Winter Seminar

We are seeking volunteers to assist with the Winter Seminar in the areas listed below:

- Two or three individuals to lead the communications/advertising/publicity including developing and distributing a flyer;
- An individual to help setting up on-line registration including setting up a PayPal for credit card payments.
- A couple of individuals to operate the registration table each morning.
- help with logistics during the seminar, help setting up rooms for breakout sessions, ie moving participants from break to program.
- Hosting our guest speakers, assist-





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ing their set-up...

Finally, We are planning to have a Social Hour with a cash bar at the end of seminar on both days.

We need a recommendation for a Bar Service that includes a bartender and that is licensed and insured to setup our cash bar to provide the beer, wine and soft drinks.

To Volunteer please contact Dalton Miller-Jones or Fred A. Cholick. Thanks in advance for volunteering!!!

- DALTON MILLER-JONES,
MILLERJONES@GMAIL.COM

- FRED CHOLICK
FCHOLICK@GMAIL.COM

CO-EDUCATION BOARD MEMBERS

CONSERVATION

It Is Almost Time

Kokanee is a word from the Okanagan language referring to land-locked lake populations of sockeye salmon (*Oncorhynchus nerka*). Okanagan, or Colville-Okanagan, is the Salish language that was used among the indigenous peoples of the southern Interior Plateau area, founded primarily in the Okanagan River Basin and the Columbia River Basin easily used in precolonial times in Canada and the United States. Most Sockeye Salmon of the Metolius River basin became Kokanee Salmon - land-locked - around 1964 due to the creation of the Round Butte Dam that subsequently created Lake Billy Chinook. The lake was named for Billy Chinook, a Native American of the Wasco tribe. Billy Chinook traveled with John C. Fremont and Kit Carson around 1843 and 1844 on their expeditions of the Oregon

Country region.

Kokanee Salmon found in the Metolius River usually spend about two years of its mature life in Lake Billy Chinook first, and then migrates back into the Metolius River system to spawn in the fall. Therefore they do not grow very large - about 12" on average - being a landlocked salmon. The upstream migration of the Kokanee salmon followed by their death after the act of spawning is vital to the ecology of the Metolius River - the carcasses of the spawned salmon provide nutrients to the entire river system. When Kokanee salmon are in spawn activities (swimming up river to historical spawning beds) their skin or scales turn magnificent colors of orange, red, and yellows - blended together like a melting Astro push-up Popsicle on a warm summer day. The heads of Kokanee salmon usually remain a deep olive-green color.

Personally I find it interesting that the fall leaves of deciduous trees turn colors very similar to spawning Kokanee salmon. The falling leaves depositing nutrients to the soil of the original place of birth of the deciduous host tree, and in similar life cycles - spawning salmon depositing its spawned carcass to the river bed gravel, that provided the place of its original birth. Kokanee salmon also provide food - protein and calories, to upstream migrating resident Bull Trout of Lake Billy Chinook.

Bull Trout - (*Salvelinus confluentus*) are a member of the char family Salmonidae and are native throughout the Pacific Northwest and historically occurred throughout the Columbia River Basin, east to western Montana, south to the Jarbidge River in

northern Nevada, the Klamath Basin in Oregon, the McCloud River in California and north to Alberta, British Columbia and possibly southeastern Alaska. Bull Trout are currently listed as a threatened species under the U.S. Endangered Species Act (1998). Bull Trout have very specific spawning habitat demands; they require water temperatures commonly below 55 °F, clean gravel beds, deep pools, complex cover such as snags, and cut banks to accommodate spawning activities. This is a good description of the geography of the Metolius River system. Bull Trout migrate from Lake Billy Chinook into the Metolius River in the fall, seeking that environment to spawn. These char species grow very large in Lake Billy Chinook on average about 8 lbs. These piscivorous species require a lot of replenishing of calories - therefore eating many kokanee and other fish species in Lake Billy Chinook and in the Metolius River during their spawning activities.

Fishing for Bull Trout on Lake Billy Chinook and fly fishing for Bull Trout in the Metolius River is legal, and it is popular with the local angling community of Central Oregon as well as anglers across the western United States traveling to the area for an opportunity to fish for the Bull Trout species.

I started fly fishing for Bull Trout on the Metolius River in November of 1994. It was a week before Thanksgiving and there was about a foot of snow on the river trail. I caught a small bull around 24" in the Canyon Creek section below Sugar Springs. My feet were very cold in my wading boots and I was tired of breaking out ice from

the snake guides on my 8weight fly rod. So I started back to my vehicle. As I was walking out to the Canyon Creek campground parking area I noticed an angler on the far bank of the canyon section cliff - with his fly rod doubled in half. I had to see what the heck he had hooked. After several minutes of struggle and help from a fellow angler wielding a salmon landing net, the young man landed what appeared to be a 10lb plus Bull. OMG! Since that day I have caught several Bulls in the 10-12lb range and in several locations of the Metolius River.

In 2012 I was presented with the opportunity to fish on the pristine "House Water" of the Metolius River by an invitation thru Shane Lundgren and John Judy. I did not catch a Bull trout that day - however something caught me. I sat quietly in the tall grass along the river bank near the confluence of Jack Creek and the Metolius River watching a beautiful sexual dance- two very large bulls, in full spawning activity in shallow water, wow. In that moment something moved me towards an appreciation for this magnificent char species and all it must endure to continue the life of its own species to survive, and greatly reduced my need to hook, battle, land and release one.

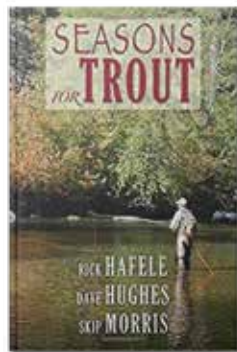
In 2013 I chose to stop targeting the Bull Trout of the Metolius River with my fly rod. Now I walk the river, from Canyon Creek to the Wizard Falls fish hatchery in the fall looking at all the places I have hooked them hoping to see big Bull Trout swimming in the river. And I do. As I stated earlier in this piece, the Bull Trout are currently listed as a threatened species under the U.S. Endangered Species Act (1998).

And as I have become a more conservation minded fly fishing angler, I chose to stop targeting these incredible species of trout for the fact that their numbers are in rapid decline, mostly due to the loss of their habitat.

If you do decide to pursue Bull Trout of the Metolius River enjoy yourself and enjoy the total environment that make up the river system, all of its species including the Kokanee Salmon and the deciduous trees with leaves turning spawning colors too. And please do your utmost best to release any Bull Trout you hook, and land, unharmed and as quickly as possible back into the river. I would even further request, that you refrain from the Instagram photo-op, keep-em wet while releasing them, and in doing that you will be a more conservation minded angler too.

- WARREN D. SNYDER
WD.SNYDER@YAHOO.COM

LIBRARY



SEASONS FOR TROUT

By Rick Hafele, Dave Hughes,
Skip Morris

Fall is here and there is still good fishing to be had. Read this book from cover to cover, or skip to the fall section. These local authors offer winning practical advice & years of wisdom for

catching trout all year long, no matter the season. With the fall section listing Life in Low Water, Low Water: Nibbling at the Edges, Late Season Low, The Rise and Fall of Fall Fishing, Tactics on the Lochsa, and The Off-Season Headliner; there is sure to be something to interest every angler. Skip Morris (www.skip-morris-fly-fishing.com) is the author of seventeen fly-fishing books. He fishes and writes from his home in Washington State. Dave Hughes (davehughesflyfishing.com/) is a highly respected fly-fishing writer with over two dozen books in print. He lives in Portland, Oregon. Rick Hafele (<http://www.rickhafele.com/Home.html>) has been studying aquatic insects and has been an aquatic biologist for over thirty years. He lives in Wilsonville, Oregon. ~ If you are a club member and would like to peruse the library and/or check out one of our books, just look for the rolling bookcase at the club's general meeting. The librarian arrives at the meeting early to give members extra time to look for books before the meeting starts. Sign in on our website <https://coflyfishers.wildapricot.org>, click on Members Area and select Library to see a list of our books. If you have any questions, comments, or new book suggestions, email Helen, the club librarian.

- HELEN GUERRERO-RANDALL
LIBRARY@COFLYFISHERS.ORG

MEMBERSHIP

Please reach out to our new folks at our next meeting.

Steve Bella – Bend

Andie Fitzgerald – Bend

Questions? Contact Sue Coyle.

- SUE COYLE

MEMBERSHIP@COFLYFISHERS.ORG

COF CLASSIFIEDS

Please send me your items for the November newsletter. Take a look at all this good stuff...

FOR SALE: Brand New TFO 7 wt. BVK 4 pcs. 9' 0" Rod, factory new-never used, includes blank warranty card, \$279 new, I am wanting \$200 even for it, Contact John Sherry 541-306-3300, jes@jesherry.com

FOR SALE: The following items for sale are from the estate of COF member Art McEldowney. Art was active in COF and Kokanee Karnival for many years.

Please contact Jane McEldowney, Art's Wife, at 541-385-6789

SMOKER CRAFT BOAT, \$5,330, 1990, 16.2 feet includes 2014 EZ Loader trailer; Johnson 48HP motor; Johnson 6 HP motor and fabric cover. Cuddy Cab with 4 seats and bench front seats. Craft was stored inside and is in great shape.

CAROLINA PERCEPTION KAYAK, \$500, 14 foot, includes paddle.

WILDERNESS PONTOON BOAT, \$500, includes oars & electric trolling motor.

THREE WADERS, each are size 13, Calf style (\$25); Hip Style (\$35); and Chest style (\$50)
Chest waders are Neoprene...or
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MEMBERS: Got a fishing related item to sell? Ads are free and run for one newsletter. If the item is not sold the ad can be resubmitted.

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FRANCE FLY

A SMALL MAYFLY PATTERN



In May 2018, I was a controller for a participant in the US Fly Fishing National Championship held in Central Oregon. The angler fished a beat on the Upper Deschutes River venue upstream of Wickiup Reservoir. In his 3-hour session, he totaled 44 fish (mostly mountain whitefish) from one small hole using the France Fly. The fly was developed by a member of the US Youth Fly Fishing Team, and after a visit to observe the world championship in France, named the fly the France Fly. Competitors around the world use this pattern in competition to catch picky fish feeding on small mayflies such as the Blue Winged Olive (BWO). I tied several for myself and my fishing partners to use on the Crooked River this summer. We have caught hundreds of rainbows and whitefish with this pattern. This summer a size 16 worked well but expect to use size 18 when the current PMF hatch fades in September and the BWOs show up in the fall.

Devin Olson, Fly Fishing USA team member, developed a YouTube video on how to tie the pattern. Goggle “France Fly” and his video comes up. As with most flies used by competitors, the France Fly is a very simple fly to tie. The recipe he uses is as follows:

Materials:

- Hook:** Size 16 and 18 nymph hook or jig hook
- Bead:** 2.3/2.4 mm copper or silver tungsten/brass
- Thread:** 8/0 olive, brown, or olive brown
- Tail:** Fibers of Coc de Leon rooster hackle
- Abdomen:** Olive or brown midge tubing
- Thorax:** Hare’s ear dubbing

(Note: Devin uses weighted flies [tungsten and lead wire] and I used unweighted brass beads [I used drop shot weight])

The variant I use follows the fly given me by the competitor: Size 16 hook, 2.4 mm copper bead, Coc de Leon tail, brown/olive midge vinyl rib abdomen, and olive brown ice dub. The PMD variant uses an abdomen of brown thread and small gold wire rib and a thorax of rusty brown ice dub.

Experiment with different material but remember Devin’s advice – Keep the fly thin to Win.

- BILL SEITZ
WSEITZ@BENDBROADBAND.COM

**WIN
ME!**

OCTOBER ROD RAFFLE

Charles Schillinsky is building a 10 ft, 3 pc, 3 wt. This rod makes a very nice tool for Czech Nymphing.

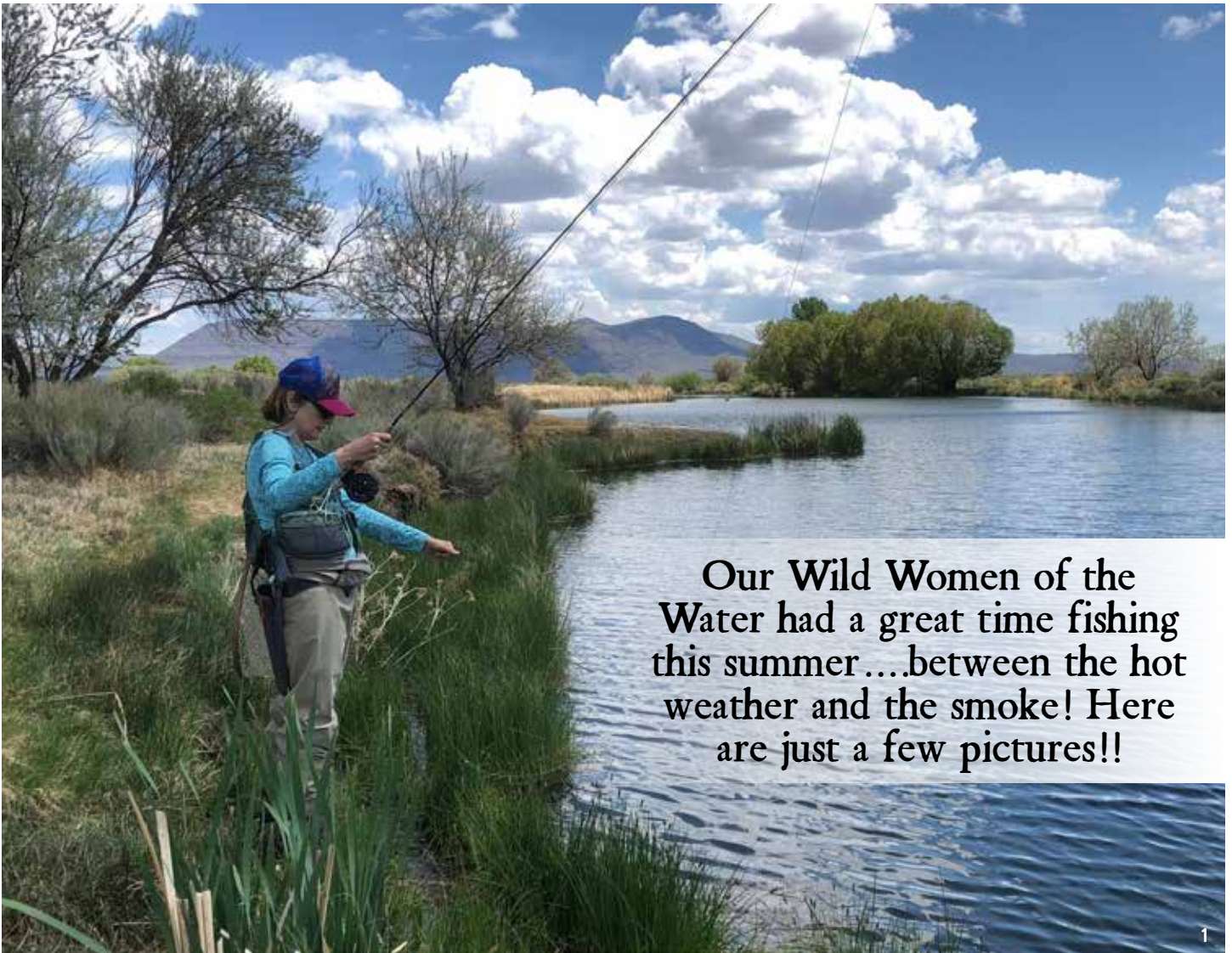
Purchase your raffle ticket(s) at the next COF meeting. Tickets cost \$10 each, no limit of number that can be purchased.

All proceeds go to benefit the club and members.

- CHARLES SCHILLINSKY



IMAGE COURTESY FLY
AND FIELD OUTFITTERS
- BEND, OREGON



Our Wild Women of the Water had a great time fishing this summer...between the hot weather and the smoke! Here are just a few pictures!!

1



2



3



4



1. Sue Coyle at Lake of the Dunes 2. Carol Ann Cary in Big Horn River in Montana 3. Wild Women at Gold Lake 4. Marilyn Forestall on Crane Prairie 5. Rindy Patterson on crane prairie 6. Kari Schoessler on the St. Joe River 7. Charlotte Oakes on the Mckenzie River 8. Candace Bell on the Fall River 9. Kate Green in Sitka, AK 10. Linda Greiner at East Lake 11. Maryanne Dozer and her jumping fish at Lake of the Dunes.





Central Oregon Flyfishers
PO Box 1126
Bend, Oregon 97709