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## President's Message



I heard that Bill Seitz's presentation on the Crooked River was absolutely fantastic. I was kicking myself for missing it but duty called. I had to fish for some Chinook on the Nestucca River. First time I had been to the coast. I've only lived here for 15 years so I didn't want to rush over there. I managed to get one Chinook while my friend landed a chum salmon. The guys chucking spinners and who knows what from the bank were killing them. I'm sure

I would have learned more if I had stayed in town for Bill's presentation. Many thanks to Bill Seitz, John Kreft and all of the club members who have been willing to present programs to the club. We gain so much from their vast experience.

**Fly Tying:** As winter heads our way, it's time to think about tying flies and stocking our boxes for next year. It's a COF tradition to dedicate the December meeting to fly tying. Willing tiers will set up their vises and demonstrate their favorite patterns. From January to March, John Kreft leads a COF intermediate to advanced fly tying class every Tuesday night at the Senior Center. What about the beginners? Cliff Price will be leading a beginning class starting November 10th. See the article on page 4. In addition, many of our local fly shops offer beginning fly tying classes. Sign up now and get the basics out of the way so you can join us in January. We'd love to see some new faces in the Tuesday night fly-tying classes.

**Hot Tip on Gear—Cold Weather Socks:** The alpaca store in Sisters has donated alpaca socks to the COF auction the past couple of years. Hearing that Eric Steele and Jerry Criss swore by them, I picked up a pair and wore them while fishing the Meotlius in late October. While my legs were freezing, my toes were toasty. A wonderful way to shop local. If these socks aren't enough for you, there are always electric socks that are even warmer.

~ Lee Ann Ross



November's program will be a presentation by John DeVoe, Executive Director of WaterWatch of Oregon. John joined WaterWatch in 2003, after practicing law in Portland for 13 years. Few organizations have had more of an impact on Oregon rivers than WaterWatch. Dedicated to maintaining and restoring flows, WaterWatch wrote the Instream Water Right Act in 1987 that creates water rights that can be leased and transferred. This is the mechanism groups like the DRC have used to increase flows in the Deschutes. WaterWatch also played a major role in creating the Groundwater Mitigation Program which requires that water diverted or pumped out of the ground be mitigated by corresponding instream flow restoration. WaterWatch has also lead the efforts to remove dams on many rivers, including multiple dams on the Rogue. WaterWatch litigated on the City of Bend's Bridge Creek water project and has recently issued a notice of intent to sue local irrigation districts and the Bureau of Reclamation over low winter flows in the upper Deschutes. **Pre-Meeting:** Lee Ann will demonstrate how to use the Ketchem Release tool that will allow you to release fish without touching them. Great for keeping your hands dry and warm in the winter and so much better for the fish—6pm.

## NEXT CAST FLYFISHERS

### Update

The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We are able to help provide fly fishing instruction through classroom activities, our fly fishing summer camp, ongoing COF events, and individually through mentorship and teaching.

COF/Next Cast Flyfishers membership is free to anglers under 25 years old. Becoming a member provides you with updates and notices, along with access to all of our club activities.

We hope that by providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.

In November, COF will be offering beginning fly tying lessons. This is a great opportunity to have instruction in a small group, learn some new techniques and proportions, and practice with other fly tiers. The winter months are a perfect time to tie your flies and this class can help jump start

your tying! Watch for email notices with all the details.

Please let me know if you have any questions or ideas for our young anglers.

~Karen Kreft, [nextcast@coflyfishers.org](mailto:nextcast@coflyfishers.org),  
503-409-0148

## MEMBERSHIP

### Update

Check your November 1 email, as your annual membership renewal invoice will have been sent to you. You will be able to renew online and pay by credit card using PayPal, or you'll be provided the club's PO Box address if you prefer to mail a check.

You can also bring checks to the monthly meeting and save a stamp. If you renew before January 1, the cost is \$35; after January 1, the price goes to \$41. You will also have an opportunity to make a donation to Kokanee Karnival by credit card using PayPal, or mail your check to the PO Box. If you have any questions about the renewal process or about the Wild Apricot membership management system, please contact me.

## Welcome New Members

Jeff Anderson      Don Lewis  
Stephen Baer      Gary Lewis  
Jenn Gehr      Gary Stock

~Tim Schindele, [membership@coflyfishers.org](mailto:membership@coflyfishers.org)



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## CONSERVATION

### Update

As you most likely know, the Deschutes River is controlled by seven dams. Upstream from Bend those dams create Crane Prairie and Wickiup Reservoirs. These reservoirs are operated by the US Bureau of Reclamation and the Oregon Department of Water Resources for the benefit of local irrigation districts. Every October the flows out of Crane Prairie and Wickiup are reduced so that the reservoirs will be refilled to meet irrigation needs the following summer.

In October, flows in the upper Deschutes are often reduced by the BOR and DWR to a trickle. Summer flows out of Wickiup average around 1,500 CFS (cubic feet a second). In the winter flows drop to as low as 20 CFS. Note that both of these represent historical extremes, flood stage in the summer and unprecedented drought in the winter. The historical average for this stretch of the Deschutes is around 700 CFS with very little seasonal variability thanks to constant aquifer discharges.

This dramatic fluctuation in water levels has occurred for decades and has wreaked havoc on the upper Deschutes. Low winter flows decimate fish populations, exposed river beds eliminate the aquatic insects fish live on, and associated land animals suffer from the overall degradation of the ecosystem. High summer flows undermine banks and generate siltation that covers spawning beds.

In Bend the drop in winter flows is almost as



PHOTOS: ERIK R. MOBERLY, ASST. DISTRICT FISH BIOLOGIST, ODFW DESCHUTES WATERSHED DISTRICT



dramatic, from 2,000 CFS in the summer to around 600 CFS in the winter. Flows are higher in Bend as the Deschutes has been recharged from tributaries including the Little Deschutes, Fall River, and Spring River. Nevertheless, the drop impacts the ecosystem.

One of the most obvious examples of this is the fish kill that often occurs just upstream from Bend in a side channel at Lava Island Falls. Last month from October 12th–14th the Oregon Department of Fish & Wildlife and the US Forest Service once again rescued fish trapped in pools when flows were reduced to a level that dewatered the side channel.

According to ODFW, over 3,000

native redband trout along with smaller numbers of sculpin, whitefish, and kokanee were rescued and subsequently released into the river. ODFW was not able to save all trapped fish and estimates that up to 1,000 trout perished.

While this cycle of annual high water/low water events has been occurring for decades, it has recently become publicized and better understood by the general public. Let's hope that awareness can lead to a change in river management for the benefit of all Oregonians.

~Yancy Lind, Conservation Chair, [conservation@coflyfishers.org](mailto:conservation@coflyfishers.org)

## WILD WOMEN OF THE WATER



**T**hank you to John at The Hook Fly Shop in Sunriver. He did a great job hosting the Wild Women in October. We learned all about the lakes and the Fall River. In fact, we all fished the Fall River in late October with great success. John is a wealth of knowledge. Stop by and say “HI”. Stay tuned to see what’s up for November.

~Kari Schoessler,  
wildwomen@coflyfishers.org

## EDUCATION

### Introduction To Fly Tying

A new class to learn how to tie flies will be sponsored by COF. The dates will be Tuesday evenings: Nov. 10, 17th, Dec 1st and 8th from 6-8pm. The classes will cost \$5 each to pay for materials and will be held at the conference room at the Environmental Center in Bend, 16 NW Kansas Ave.

Contact Cliff Price at 541-410-0670 or secretary@coflyfishers.org to sign up.

Class size is limited to the first 12 people to sign up.

~Debbie Norton

## LIBRARY

### Update

This month we had a donation of two DVDs from Allen Caudle: Fly Fishing Large Western Rivers, Volume #2, spring, and Volume 3, summer. These are by Rick Hafele and John Smeraglio, so they are a valuable and relevant addition to our library. Thank you, Allen!

Occasionally, when someone cleans out their closet, we have donations of old fly-fishing magazines. When I get magazines, I set them out at the general meeting for anyone to take home. Thank you to all of you who have brought them in to share. The magazines are especially appreciated by people starting out in the sport.

Bill Seitz gave me a recommended reading list for fishing nymphs. We have a few of those books in the library and will be acquiring more (assuming we have books in next year’s budget). At the top of the list is John Anderson’s book on the Crooked River. I definitely recommend anyone serious about catching fish in the Crooked River get your own copy to keep at home, but I will buy two for the library, one to loan and one as a reference.

If you have any questions, or recommendations, send me an email.

~Kathleen Schroeder, COF Librarian,  
kathleen.s.schroeder@gmail.com

## Reading List For Nymphing Basics

*Recommendations by Bill Seitz*

- John Anderson—**Fly Fishing Oregon’s Crooked River**
- Dave Hughes—**Reading Trout Water, 2nd Edition**
- Bob Watt—**What Trout Want: The Educated Trout and Other Myths**
- Ed Engle—**Trout Lessons: Freewheeling Tactics and Alternate Techniques for the Difficult Days**
- Ed Engle—**Fishing Small Flies**
- Ralph Cutter—**Fish Food—A Fly Fisher’s Guide to Bugs and Bait**
- Geoff Mueller—**What a Trout Sees**
- Jason Randall—**Moving Water: A Flyfisher’s Guide to Currents**
- Jason Randall—**Trout Sense—A Flyfisher’s Guide to What Trout See, Hear, and Smell**
- Jason Randall—**Feeding Time—A Flyfisher’s Guide to What, Where, and When Trout Eat**
- George Daniel—**Dynamic Nymphing**
- Pat Dorsey—**Tying and Fishing Tailwater Flies**
- Lance Egan—**Nymphing Foundations** (Fly Fisherman Magazine DVD)
- Lance Egan—**Nymphing Expert Tactics** (Fly Fisherman Magazine DVD)
- Aaron Jasper—**European Nymphing Techniques and Fly Tying** (DVD)
- Steve Parrot—**Czech Nymphing 101** (DVD)
- Steve Parrot—**Czech Nymphing Master Class, On-Stream Tactics for Success** (DVD)
- Davy Wotton—**Wet Fly Ways** (Fly Fish TV DVD)
- Davy Wotton—**Midge Magic Fishing and Tying** (Fly Fish TV DVD)
- Kelly Gallop—**High Sticking and Reading Water** (Fly Fish TV DVD)



## BWO Paraloop

**HOOK:** Tiemco 212Y (size to fit naturals)

**THREAD:** Veevus 14/0 gray

**HACKLE:** Grizzly dyed Blue Dun

**BODY:** BWO Synthetic Quill Body Wrap

**THORAX:** BWO Super Fine

**SHUCK/POST:** Sparkle Emerger Yarn-gray

### Tying Instructions:

1. Starting at a point on the shank even with the hook tie in the emerger yarn and wrap down the shank to a point where you want the shuck to start.
2. Cut a slanted point in the quill body material and tie in by the point where the shuck starts and wrap up the shank to the point where the shuck was tied in. Tie the quill body material off cut.
3. Tie in a post of the sparkle emerger yarn.
4. I like to use hackle that is two

sizes larger than the hook size. For a size 18 BWO use size 16 hackle. Strip fiber from the base of the feather approximately equal to the distance from the time in point at the post to the hook eye. I use two feathers. Tie in securely at the base of the post and wrap the quills and yarn together up the post a distance

approximately equal to the eye.

5. Dub a substantial thorax covering the area behind and in front of the post

6. Wrap the hackle down the post and underneath the last wrap. Tie off by going around the base of the post three times being careful not to trap any individual fibers.

7. Using you forefinger and thumb, stroke the hackle fibers to the rear so fewer fibers will be trapped on the underside. Pull

the post forward and tie off just behind the eye. Lift the post up and build a thread base against it to help hold the post vertical. Trim the post slightly higher than the hackle.

8. Remove any stray fibers that are below the hook shank.

~Mike Telford

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## OTHER NEWS

### Thank You To Kokanee Karnival Fall Streamside Volunteers

We held our Kokanee Karnival Fall Streamside September 21 through 25. We had 12 classes of 4th and 5th grade students from the Bend La Pine and Redmond

*We want to thank the following people for volunteering to make the Fall Streamside a success. These folks donated a total of 370 hours of time and 3500 miles.*

ALEX BEATTIE  
AMY BAKER  
ANGELA SITZ  
BILL FIGLEY  
BILL LINCOLN  
BILL RALEIGH  
CHARLIE SCHILLINSKY  
CHERYL MILLER  
CLIFF PRICE  
COROL ANN CARY  
CURTIS SEXTON  
DAN PEBBLES  
DARYL LOVELAND  
DAVE SCHMERBER  
ERIC STEELE  
FRANK TUREK  
GARY GEHLERT  
GABRIELLE DUNHAM  
HERB BLANK  
JEN LUKE  
JILL BAZEMORE  
JIM ADAMS  
KARI SCHOESSLER  
KATHY SCHROEDER  
LISA KERSHAW  
MARK BALDWIN  
MARTI COCKRELL  
NAN LOVELAND  
PETE GUSTAVSON  
RON ANGELL  
RON GAIER  
TERRI GRIMM  
TOM WALKER  
VAN LEWING  
WENDY BREWER

*Continued on page 7*



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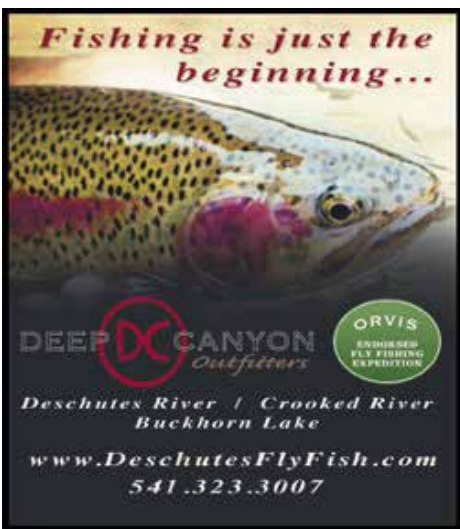
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School Districts attend our sites at Sheep Bridge, Fall River Hatchery and Spring Creek. The program was a success thanks to all your help. Many of the students told me how much they enjoyed Kokanee Karnival and how much they learned. Teachers and parents told me how valuable this program is to them and how much they appreciate all the time the volunteers donate to make Kokanee Karnival a success. I echo their feelings.

There were lots of Kokanee in the streams this year and the students had a great time spotting fish in the shallows. We had a total of 35 volunteers participate. The students were excited but well behaved, willing to participate in discussions and very attentive. Our thanks to the teachers because they prepared the students for these outdoor activities. Our volunteers had a lot of fun too. Working with these students is very rewarding.

Now that the Fall Streamside is complete, the Kokanee Karnival Board will start planning for the Spring Angling Clinic in April. I hope to see all of you there.

~Frank Turek



## SOCIAL MEDIA

### Update



Send me information about upcoming events you want me to promote on the COF Facebook Page (<https://www.facebook.com/CentralOregonFlyfishersClub/>)!

Oh! And if you haven't connected with us on the COF LinkedIn Page (<https://www.linkedin.com/company/central-oregon-flyfishers>), make sure you do that.



You can update your LinkedIn

profile to show your membership to the club.

If you have any social media questions, concerns or inquiries, don't hesitate to reach out to me!

~Molly Vernarecci, COF Social Media Coordinator, [socialmedia@coflyfishers.org](mailto:socialmedia@coflyfishers.org)

## COF BOARD MEMBERS

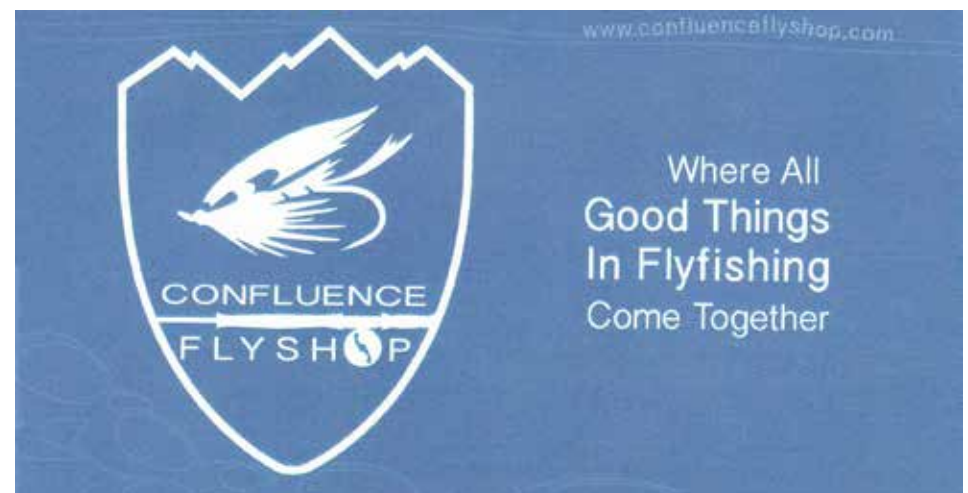
- ~ Lee Ann Ross, *President*
- ~ Vacant, *Vice President*
- ~ Renee Schindele, *Treasurer*
- ~ Cliff Price, *Secretary*
- ~ Tim Schindele, *Programs*
- ~ Peter Martin, *Banquet*
- ~ Eric Steele, *Outings*
- ~ Karen Kreft, *Next Cast Flyfishers*
- ~ Kari Schoessler, *Wild Women of the Water*
- ~ Tim Schindele, *Membership*
- ~ Debbie Norton, *Education*
- ~ Frank Turek, *Kokanee Karnival*
- ~ Yancy Lind, *Conservation*

Membership application at: [coflyfishers.org](http://coflyfishers.org)

### C O N T A C T S

- ~ Advertising: Mike Shadrach, 541-678-5717
- ~ Social Media: Molly Vernarecci, [socialmedia@coflyfishers.org](mailto:socialmedia@coflyfishers.org)
- ~ Librarian: Kathleen Schroeder
- ~ Historian: Delores Marsh
- ~ Raffle: Roger Vlach
- ~ Newsletter: Darius Whitten, [cof@whittendesign.com](mailto:cof@whittendesign.com)

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## UPSTREAM EVENTS November 2015

DATE	TIME	ACTIVITY	LOCATION	CONTACT
5th	5:00 PM	Next Cast Committee Meeting	Environmental Center	Karen Kreft
5th	6:30 PM	COF Directors Meeting	Environmental Center	Cliff Price
10th & 17th	6:00 PM	Introduction to Fly Tying	Environmental Center	Cliff Price
18th	7:00 PM	Annual Meeting and Election of Officers	Bend Senior Center	Cliff Price

## In the Future

Annual COF Banquet, Riverhouse Convention Center, April 2, 2016; Contact Peter Martin



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