

The Central Oregon Flyfisher

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RANDOM CAST

Kokanee Karnival - Another fantastic session of Kokanee Karnival wrapped up in late September. Over 35 COF members volunteered to make KK happen. The kids are becoming well-educated river stewards. If you haven't volunteered for KK, please think about it in the future. Watching those kokanee in Browns Creek taught me a lot about where fish hold in a river. Your volunteer time can pay big dividends in your own fishing. Hats off to Frank Turek for his excellent management of KK.

Youth Fly Fishing - The November 4 youth fly-fishing class with the REALMS middle school kids will be held at the Big Bend Campground on the Crooked River at 2:15 p.m. The kids will fish that day. We would really, really like to partner each student with a COF volunteer. If you can help, please contact Bill Seitz (conservation@coflyfishers.org). These kids chose fly fishing as their elective, and they are very serious about learning to fish.

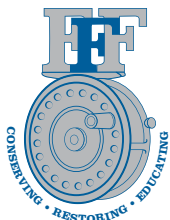
Winter Fishing Class - Winter can offer some of the best fishing in Central Oregon. So, before you put away your rods and get out your skis, come to the Fin and Fire Fly Shop in Redmond, Wednesday, November 2 at 6 p.m. to learn all about how to fish in the winter.

Fly Tying - As winter heads our way, it's time to think about tying flies and stocking our boxes for next year. It's a COF tradition to dedicate the December meeting to fly tying. Willing tiers will set up their vises and demonstrate their favorite patterns. From January to March, the club will hold an intermediate to advanced fly tying class every Tuesday night at the Senior Center. What about the beginners? This year, Sherry Steele will offer a beginning fly-tying workshop during the December meeting for those who want to get started. For more information about beginning classes offered by local shops, see page 2. We'd love to see some new faces in the Tuesday night fly-tying classes; we hope the information on the beginning classes will allow beginners to get up to speed so they can join the group on Tuesdays.

Hot Tip on Gear - Cold Weather Socks: The alpaca store in Sisters has donated alpaca socks to the COF auction the past couple of years. Hearing that Eric Steele and Jerry Criss swore by them, I picked up a pair this week and wore them while fishing the Meotlius in late October. While my legs were freezing, my toes were toasty. A wonderful way to shop local.

Wild Women - Thanks to John and Karen Kreft for running a great class on the Metolius. I know all the gals got a much better understanding of how to fish that tough river. Thanks to Kristin Lambson for the fantastic job she's done this year revitalizing the Wild Women of the Water.

- Lee Ann Ross, President



GENERAL MEETING

Nov 16 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Tight line nymphing

Prior to the presentation, COF members will elect Board members for 2012.

Scott Robertson, guide, COF member, and member of the USA fly-fishing team, will talk about the tight line nymphing technique. Scott will describe techniques associated with European styles of nymphing and demonstrate how to construct the in-line Curly Woorly strike indicator and the leader used for this type of nymphing. He will use video clips to illustrate how to cast and fish these leaders and how the angler remains in contact with the downstream movement of nymphs.

Scott has fished extensively in our local rivers. People who have fished with him can testify how successful tight line nymphing can be. Members will receive handouts describing how to construct the Curly Woorly and the leader, as well as the materials needed.

Coming in December

During the general meeting in December, Sherry Steele will host a fly-tying workshop for beginners. Have fun tying your first fly and being creative with your designs. Six vises with tools and handouts for the patterns, which are suitable for Central Oregon waters, will be available.

If you want to learn to tie a favorite fly, bring the fly, and we'll figure it out. The Oregon Council Federation of Fly Fishers will donate all materials.

To sign up, email Sherry Steele (steelfly@msn.com) or just show up at the meeting and join the fun.

EDUCATION

Winter fly fishing in Central Oregon

Wednesday | Nov 2 | 6:00 p.m. | Fin and Fire

Reed Teuscher, Fin and Fire fly shop in Redmond, will offer a class on the how, when, where and why of winter fishing in Central Oregon. During the colder months, there is still a ton of excellent fishing to be had. Learn all the details in this class, which will be held at the Fin and Fire (located in Redmond at 1604 South Highway 97, across from Safeway). Please RSVP to Reed (541-548-1503) so he'll have some idea of how many chairs to put out.

Fly-tying classes

Local shops will offer fly-tying classes during the winter months. For details, contact the shops.

OUTINGS 2011

Month	Date	Leader	Destination
Nov	19	Bill Seitz	Crooked River Cleanup

Fly Fishers Place in Sisters (541-549-3474) – Sherry Steele will offer **beginning** fly-tying classes on Thursdays, January 5 to February 9 and **intermediate/advanced** classes February 15 to March 29. Classes will meet from 6 to 9 p.m. and cost \$15 each.

Patient Angler in Bend (541-389-6208) – Peter Bowers will offer a four-week **beginning** class for \$75 on an as-need basis. Classes will cover basic fly-tying techniques, how to use the tools of the trade and read fly recipes, selecting quality materials for fly patterns, as well as where and how to fish the pattern. Materials are provided, but you must bring your own vise.

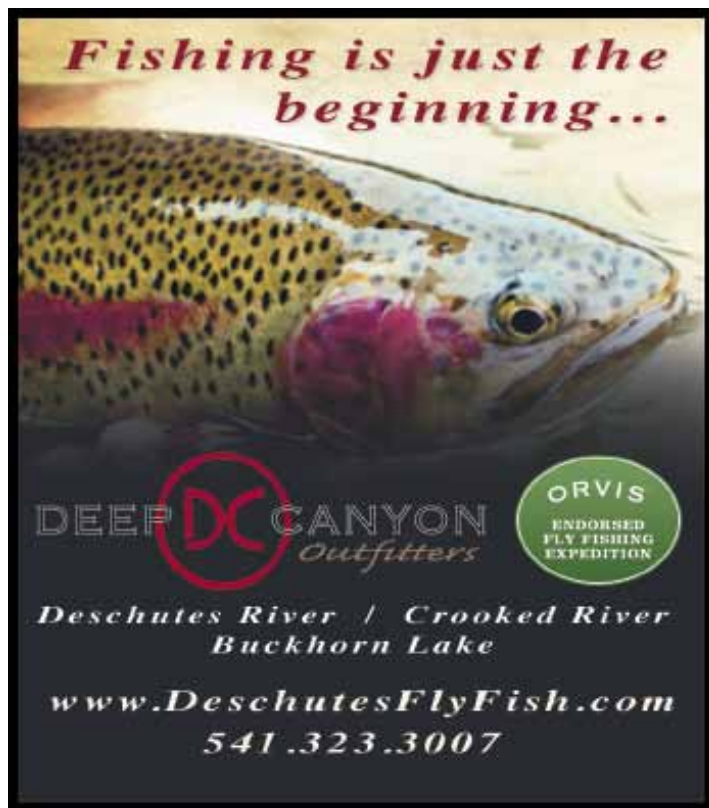
Fin and Fire Fly Shop (541-548-1503) in Redmond – Reed Teuscher will offer classes. Please contact Reed for a schedule.

COF winter fly-tying classes

Jan 3 | Bend Senior Center | 6:00 to 9:00 p.m.

COF winter fly-tying classes will begin January 3 and run for 13 weeks. These intermediate/advanced fly-tying classes are an excellent opportunity to learn new techniques and restock your fly boxes.

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Send me your ideas for flies you would like to tie or the river or lake you plan to fish; I'll find a guest tyer. For each class, the guest tyer will demonstrate two patterns. You will be able to tie a few of each fly, reinforcing the technique or pattern.

Do you tie flies? Are you willing to lead a class? We are always looking for club members willing to share their expertise. Let me know if you would like to lead a class.

Meet at the Bend Senior Center, Tuesday, January 3, 6:00 to 9:00 p.m. The cost is \$5 per session. What a bargain!

– John Krefst, jckrefst@gmail.com

Casting club

The Bend casting club (meets in front of the Orvis store) has discontinued meeting for the winter months.

COF is always looking for new and interesting ideas for classes. If you would like to have a class on a fishing-related topic, please send an email to education@coflyfishers.org (cc president@coflyfishers.org). Arranging classes is easy. Thinking of ideas for classes is difficult. We are looking for new ideas.

OUTINGS

Fifth annual Crooked River cleanup and outing

Nov 19 | Big Bend Campground | 9:00 a.m.

The fifth annual COF Crooked River cleanup will be held Saturday, November 19. With help from more than 20 COF volunteers, last year's cleanup along the 12 miles of river below Bowman Dam was a huge success.

Meet at Big Bend Campground (the campground just downstream from Bowman Dam) at 9:00 a.m. After the cleanup, we'll meet back at the campground around noon. Hot-dogs and all the fixings will be served for lunch.

After lunch, there will be a club fishing outing on the

river. Members will be available to provide instruction on nymphing techniques.

New members – Go to the COF website (www.coflyfishers.org), click Presentations, and view *Flyfishing the Crooked River* by Frank Turek and *Flyfishing the Crooked River* by Bill Seitz. These presentations are a good start for a successful trip to the Crooked.

This outing is good opportunity to volunteer for a club conservation activity, get a free lunch, and catch a few rainbows and lots of whitefish. If you would like to help out, email me so we can we can get a head count for lunch.

– Bill Seitz

conservation@coflyfishers.org

VOLUNTEER OPPORTUNITIES

Youth fly-fishing volunteers needed

COF members have been providing fly-fishing instruction to 12 middle school students from REALMS. So far, we have addressed an introduction to the sport, casting instruction on the lawn and Deschutes River, aquatic macroinvertebrate sampling on the Deschutes, and how to tie basic fly-fishing knots. Future classes will address fishery conservation (Oct 28), how to use the Internet for fly-fishing information (Oct 11), an outing to the Crooked River (Nov 4), and three fly-tying sessions (Dec 2, 9, and 16).

The youth committee could really use some volunteer help on the fishing outing to the Crooked River on Friday, Nov. 4. Volunteers will meet at Big Bend Campground at 2:15 p.m. The rods will be rigged with nymphs and ready to

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Wild Women of the Water on the Metolius River. PHOTO: Kristin Lambson

fish. Students will meet COF volunteers at Big Bend Campground at 2:30 p.m. Students will fish from 2:30 p.m. to about 4 p.m. It would be good to have one volunteer for every student. If you would like to help, let me know so we can set up a car pool. Thanks.

– Bill Seitz, conservation@coflyfishers.org

Board of Directors election

Board members will be elected at the November meeting. If you are interested in serving on the Board or as a committee chair, contact Lee Ann Ross (president@coflyfishers.org or 541-312-2568), Eric Steele (vicepresident@coflyfishers.org or 541-549-2072) or Bill Raleigh (secretary@coflyfishers.org or 541-389-5904).

WILD WOMEN OF THE WATER

Fall events

The Wild Women of the Water would like to thank John and Karen Kreft for leading our group on the Metolius. It was a beautiful fall day and we all learned so much.

We will be heading to the Crooked River this November. Please watch your emails for all the details.

Contact Kristin Lambson if you have any questions about our outings or the Wild Women of the Water.

– Kristin Lambson, Wild Women of the Water/Raffle Chair
wildwomen@coflyfishers.org or 623-570-6446

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Fall Streamside

What a week for Kokanee Karnival! The weather was perfect, and students were eager. We had some challenges, but all the volunteers pulled together and gave the students an exciting, educational program. Kokanee were a bit sparse this year, but we did see a few. We were early, or the fish were late, or both. Fourteen classes participated, four at Spring Creek and ten at Browns Creek/Fall River hatchery.

Students at Spring Creek got into the waders and were like junior scientists working in the stream. They measured water quality parameters, collected macro-invertebrates and other aquatic life, and then identified what they collected. It was truly a hands-on experience, and only a few fell in. We returned to Browns Creek this year because the site we used at Sheep Bridge was under water. Our 38 volunteers were from Central Oregon Flyfishers, Oregon Fish and Wildlife, Sunriver Anglers and US Fish and Wildlife. Our Fall Streamside team of volunteers included:

Al Meilink	Andy Smith	Angela Sitz	Bill Figley	Bill Lincoln
Bill Raleigh	Bill Robinson	Bob Cooper	Bob Griffin	Curtis Sexton
Dan Pebbles	Darrell Loveland	Dave Dunahay	Dave Long	Dennis Patterson
Dick Olson	Doug Vakoc	Earl Rettig	Eric Steele	Frank Turek
Gary Carlson	Gary Gehlert	George Pagano	Herb Blank	Jackie Cooper
Jennifer Luke	Jim Adams	Joe Cornett	John Anderson	Kirk Kowalker
Mal Murphy	Mark Reisinger	Marv Yoshinaka	Nan Loveland	Ron Angell
Sandy Dunahay	Tom Jones	Vivian Rockwell		

Thanks for all your help.

– Frank Turek, Kokanee Karnival chairman



Thank you Don Johnston

Everyone involved in Kokanee Karnival would like to thank Don Johnston for his impressive donation. Don is a long time COF member and one of the founders of Kokanee Karnival. He has received many awards for his dedication and time donated to COF and Kokanee Karnival. Don moved to North Carolina to be closer to family. Before moving, Don donated all, yes ALL, his fishing equipment to Kokanee Karnival. He would like for COF to raffle and auction the items and give the proceeds to Kokanee Karnival. We will miss Don at our meetings. We sincerely appreciate his generous donation.

– Frank Turek

Thank you volunteers

On behalf of the Oregon Department of Fish & Wildlife, I would like to thank the volunteers who helped with Kokanee Karnival's Fall Streamside and Fall River Hatchery field trips. The students learned first hand about our local fishery and habitat. ODFW strongly supports programs like this one, and we appreciate the Central Oregon Flyfishers and Sunriver Anglers for sponsoring Kokanee Karnival!

Thank You!

– Jennifer Luke
Oregon Department of Fish & Wildlife



MEMBERSHIP

Welcome new members:

Tim Schindele and Renee Schindele

Sam Davis • David Taylor

Jeff Jones and Liz Jones



REMINDER

Renewal notices for 2012 memberships will be mailed after November 1. A prompt response can save you money. Renew BEFORE January 1, 2012 and pay only \$30.00. That's a \$6.00 savings off the regular rate of \$36.00.

New members qualify for this savings as long as they join before January 1, 2012.

To renew your membership, go to coflyfishers.org to print a membership form.

BEFORE RETURNING THE FORM: Please be sure that each family member who will participate signs the liability release.

Is Your Email Address Up to Date?

Recently, we have received quite a few bounceback messages whenever we send email to all members. Don't miss out on important COF news. If your email address has changed, please send your new address to membership@coflyfishers.org.

Report Volunteer Hours

ODFW and other groups use the number of volunteer hours to help them get grants for our area. So it's important to report your hours. To report hours, contact Eric Steele (vicepresident@coflyfishers.org).

CONSERVATION

Oregon Department of Fish & Wildlife and volunteers sample high lakes

In Upper Deschutes Basin, ninety of the Cascade high mountain lakes are stocked with hatchery fish for recreational angling. The lakes are located on the Eastern slope of the Cascades from Mt. Jefferson to the Klamath County line. The Oregon Department of Fish & Wildlife has stocked a variety of trout species, including rainbow, cutthroat, and brook trout since the early 1900s. Historically, most of the lakes were barren of fish.

The Cascade mountain lakes fisheries program depends on natural productivity of each lake to grow stocked fingerling trout to a harvestable fish in one or two years. If a lake lacks in food or cover, fish productivity will be limited. Furthermore, a prolonged ice cover can result in fish winter kill.

Currently, the Cascade high mountain lakes are stocked every other year by helicopter. Despite this effort, there has been relatively little sampling to determine fish productivity or angler use in these lakes. For that reason, ODFW staff, along with volunteers, began sampling high lakes this past August. Twenty-five lakes in the Winopee and Irish/Taylor area were sampled by angling, snorkeling, and netting. The results are a mixed bag. Some lakes were highly productive, some were mediocre and some were practically devoid of fish. Some of the productive lakes are Winopee, Little Snowshoe, Teddy, and West Hanks. Other lakes, like Pygmy and Barbie, may be too small or too shallow to support fish.

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ORVIS, 320 SW Powerhouse Drive, Bend, Oregon 97702

TYERS CORNER

Looks like fall is here to stay, along with the great fishing that comes with this time of the year. So get out and enjoy; remember to dress in layers and use caution when wading some of the bigger waters. Check the ODFW regulations for the waters that stay open all year.

This month's pattern is a Micro-Caddis. I finally figured out what the fish were attacking by capturing the bugs; it's the only way to find out what fish may be feeding on.

The micro-caddis is very small, #18 to #22. It appears this time of year and stays for awhile. A great source of information is *The Complete Book of Western Hatches* by Rick Hafele and Dave Hughes. If you're going to tie your own flies, it's a great book to have since it provides a complete description of the insects. This month's pattern is one of the flies in the book. It's a simple pattern, except for the small size. And it worked on a fish that had refused everything I threw out there the day before. A good fish on a very small fly, FUN! Good Luck and Good Hunting.

—Jerry Criss (541-536-3581 or tlfly44@msn.com)

Micro-Caddis



Thread: rusty dun or tan, 8/0 to 14/0

Hook: #18 to #22, TMC 103BL (For better hookups, use the wider-gaped hooks with small hooks.)

Body: light olive to dark olive-brown dry-fly dubbing (Some sparkle is OK.)

Wing: deer hair, light brown to dark dun, very fine (Or use one CDC feather in the same colors.)

Note: Matching the hatch really makes a difference in smaller flies.

1. Tie in the thread and wrap to the rear of hook.
2. Lightly dub the thread and wrap forward to the hook eye, leaving space for the wing material. You may want to pick out the dubbing a little; I believe it adds something extra.
3. Tie in the wing, making it no longer than the hook bend. Flare the wing by rolling your finger nail along the wing tie-in point, down either side of the fly. Flaring will add balance to the fly so it will ride with the wing upright.

Conservation, continued from page 6

We hope to continue with high lakes sampling in the next four to five years to obtain a better understanding of what is happening in these lakes. Based on the information collected, ODFW will likely alter the management for some of the lakes: change trout species or stocking method or eliminate a lake from stocking.

High lakes fishing provides the angler with the chance to fish in remote and scenic places for fish that may have never seen a hook. ODFW is currently developing a database of high lakes fisheries, which the department plans to post on its website. In the meantime, anglers are encouraged to consult with local district fish biologists for information about specific lakes.

—Jennifer Luke
Salmon-Trout Enhancement Program Biologist, 541-633-111

Central Oregon Flyfishers Upstream Events 2011

Date	Time	Activity	Location	Contact
NOVEMBER				
Nov 2	6:00 pm	CLASS - Winter fishing	Fin & Fire	Reed Teuscher (541-548-1503)
Nov 3	6:30 pm	monthly board mtg.	Environmental Center	Lee Ann Ross (president@coflyfishers.org)
Nov 4	2:15 pm	Youth fly fishing	Big Bend Campground	Bill Seitz (conservation@coflyfishers.org) Students from REALMS will fish the Crooked R. Need at least 12 volunteers.
Nov 16	6:30 pm	general meeting	Bend Senior Center	
Nov 18	1:15	Youth fly fishing	REALMS	Bill Seitz (conservation@coflyfishers.org) Students will learn about using the Internet for fly-fishing information.
Nov 19	9:00 am	Crooked R. Cleanup & OUTING	Big Bend Campground	Bill Seitz (conservation@coflyfishers.org)

IN THE FUTURE

Dec 2, 9, 16, REALMS, Basic fly-tying instruction. Need volunteers to work with the students at each session. Bill Seitz (conservation@coflyfishers.org)

Jan 3, Winter fly-tying classes begin. John Kreft (jckreft@gmail.com)

NON-CLUB ACTIVITIES & FYI 2012

Mar 9,10, Northwest Fly Tying & Fly Fishing Expo, Albany, OR, Sherry Steele (steelefly@msn.com)

Jul 10 to 14, FFF National Fly Fishing Fair, Spokane, Washington, Sherry Steele (steelefly@msn.com)

2011 COF Board Members: Lee Ann Ross PRESIDENT Eric Steele VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY John Anderson Programs Howard Olson Banquet, Fund raising Yancy Lind Outings Dick Olson Past President Gary Meyer Membership Bill Seitz Conservation Kathy Schroeder Education Frank Turek Kokanee Karnival Kristin Lambson Wild Women of the Water, Banquet fund raising

Membership application available from: <http://www.coflyfishers.org>

For advertising information, call Mike Shadrach at 541-678-5717.



Central Oregon Flyfishers

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An active
member club

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NEWSLETTER - Terri Grimm *Editor & Designer*