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President's Message

I hope that COF members have been out fishing in this great weather. Fall is a good time to catch picture worthy fish. I'm not sure if anyone is interested, but deer hunting was a bust for me. We did get one deer in camp but I did not see a buck. The weather was too warm, but it did rain one day, which was nice.

Looking forward to the election of officers, directors and program leaders, we have a couple of opportunities for individuals to volunteer. Leadership is needed at all levels for COF to be successful. Available opportunities are: 1. At Large position on the board of directors. The At Large position on the board has no official duties and is a great way to become familiar with the board's activities. 2. Monthly Meeting Raffle. Please consider serving in one of these leadership positions. If you are interested in serving, please contact me or any COF board member. As last year, the election will be held electronically. You have already received the ballot, so please vote if you have not already done so.

Like all great organizations, it's the individuals who volunteer to help maintain and improve the club who make a difference. I would like to solicit members who appreciate this club and want it to prosper to consider stepping up and helping shape it's future. I have been a member of COF for 7 years and truly believe that it is a great organization. I have learned a lot and have enjoyed the opportunities it has provided.

Once again I did not catch a picture fish or harvest a deer. Therefore see the picture provide by Vinny. He caught this fish on the lower Deschutes.



Tight Lines.

Fred A. Cholick
fcholick@gmail.com
785-410-1866



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Winter Fly Tying

JOHN HOWARD
WINTERFLYTYING@COFLYFISHERS.ORG

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Past President

TIM QUINTON

GENERAL MEETING | NOVEMBER 15TH

ELKS LODGE | 63120 BOYD ACRES ROAD, BEND, OR 97701

Deschutes Land Trust Presentation

The Deschutes Land Trust is one of the first organizations I joined, after COE, when I moved to Central Oregon in 2004. Their still ongoing effort to save Skyline Forest from development is what first attracted me, but their impressive work conserving important aquatic habitat has kept me donating all these years. They have conserved lands and created multiple preserves along Whychus Creek, the Metolius, the Crooked River and its tributaries, Trout Creek, etc. Their latest preserve contains part of Paulina Creek with a long-term vision to restore and reconnect the creek to the Little Deschutes River.

This month we will hear from Rika Ayotte, the DLT's Executive Director, and Gonzalo Mendez, a member of their board of directors. They will give an overview of the DLT and discuss their established projects and those currently in development that have a direct and positive impact on fish.

Rika is a native Oregonian and a Central Oregon resident since 2015. Along with managing the DLT, she serves on the Boards of the Deschutes Trails Coalition, the Global Leadership Adventures International Foundation, and the Bend Cultural Tourism Fund Commission.



Gonzalo has been a professional fish biologist for 20 years. He is currently with Portland General Electric at the Pelton Round Butte Project near Madras where he has been a key member of the anadromous fish reintroduction project working on juvenile fish migration.



- YANCY LIND
PROGRAMS@COFLYFISHERS.ORG

CONSERVATION

Fish Stocks for Whychus Creek

For this month I will talk about the USFS and ODFW report on fish stocks for the Whychus Creek project above and below the Camp Polk area. Stocking of rainbow trout fry was stopped in 2018 when ODFW switched to a smolt stocking program for the stream.

The stream above Sisters was sampled at least three times. Once in 2014 before Chinook salmon fry were planted into the stream the stream consisted of 100% rainbow trout. Once in 2016 after Chinook salmon were planted into the stream the stream consisted of 13% Chinook Salmon and 87% rainbow trout. In 2022 the stream was sampled and the fish

population consisted of 17% brook trout, 16% brown trout and 67% rainbow trout. When the trout fry were stocked the stream consisted of many small (under 6" in length) rainbow trout. In 2022 the size of the rainbow trout increased to a maximum of 10 inches with a smaller population of under 4 inch long brown trout using the section. The total number of rainbow trout decreased drastically after the ending of the fry stocking program. During the stocking program for fry the population density of redband trout increased by 7 times the pre-stocking densities. After the stocking program ended the population density decreased drastically.

Whychus Creek was sampled below Camp Polk in the Wychus Canyon area three times. Once in 2015 before introduction of Chinook Salmon. the stream consisted of 40% brown trout and 60% rainbow trout. Once in 2018 after introduction of Chinook Salmon fry, the stream consisted of 31% brown trout, 19% Chinook salmon and 50% rainbow trout. A final sampling was completed in 2022 when the fish population in the stream consisted of 1% Chinook Salmon, 11% rainbow trout and 88% brown trout. It appears the non native brown trout prefer this lower section of the stream with warmer slower water. From 2018 to 2022 the number of brown trout increased, but the size decreased. The result of the stream improvements was to triple the number of small (under 4 inch length) brown trout in this section. During the stocking program for redband fry the population density doubled for the improved section of this stream. After the stocking program ended the population density decreased drastically.

The Whychus Canyon section was sampled in two areas. Reach R3 consisted on an unimproved section with few pools and no side channels and large substrate (gravel size). This section had a population of ½ to ¼ the population of brown trout compared to the improved reach R4 section. The R4 section was described as containing many pools, side channels and abundant large wood structures. This shows the quick response to stream improvements in total fish populations.

The study had 4 conclusions;

- #1 Redband Trout numbers were low in 2022
- #2 Habitat improvement projects have not increased redband trout densities

#3 Brown trout population is increasing with higher abundance in habitat improvement areas.

#4 Redband trout recruitment is low (possibly due to sediment in springtime).

- TOM SHUMAN
CONSERVATION@COFLYFISHERS.ORG

WILD WOMEN OF THE WATER

Wild Women continue to connect through social events and skill workshops. Some of our women have been interested in fly tying but not sure about the commitment. We had a fun time exploring fly tying in a workshop entitled, Is Fly Tying for Me? A big thank you to Liz Jones for guiding our participants through the many questions we all had regarding skills needed, techniques, materials and how to begin. We completed our workshop by successfully tying the Threaded Frenchie.

Be sure to mark your calendar for our annual tradition, the Wild Women Holiday Get Together. We will meet at the home of Liz Jones on Sunday, Dec. 3rd. Watch your email for an invite.

There is still good fishing all through November, I hope to see you on the water!

- SUE COYLE
WILDWOMEN@COFLYFISHERS.ORG

FLY TYING

Winter Fly Tying

BASIC SKILLS AND WINTER FLY TYING, 11/2023

After further efforts to solve various technical issues, looks like we've hit a wall with plans for Winter Fly Tying. Very sorry, but after clearing 3 - 4 hurdles, ran smack into #5 and caught a glimpse of #6. Looks like WFT just won't be ready to present decent quality Zoom sessions. No good in putting out less than quality classes for our members. Cancelling it this year, but may try again in 2025.

Basic Skills, in person, is still alive and well. In fact, we are looking into expanding it to 6 sessions. So, Tuesdays in January (9th, 16th, 23rd, and 30th), and the first two Tuesdays in February

(6th & 13th). These would be held at Classroom 2, Larkspur Community Center, from 5:30 - 8:00PM. This will give us more time to offer techniques to tie good looking, durable fishing flies. Locally successful flies, with techniques common to hundreds of flies, how and why they work, and how and where to fish them.

Registration info will be sent out in 3 - 4 weeks. Registration is required for us to be able to send additional info, provide materials for the classes, and any necessary updates. Planning on room for 12 attendees, with a waiting list. There will be a \$20 registration fee that will cover either a 4 or 6 session series of classes. Refundable if we are notified within 2 days of the first class. Some vise and tool kits will be available for loan, but must be returned by end of Basic Skills classes.

We have 4 volunteer tying instructors so far, but would really do best with another 2 - 3. Fly tyers in COF, remember we all started out at the beginning of the learning curve. Help teach others to get into this great part of the sport of fly fishing, as others helped you.

Questions or to volunteer, please reply to John Howard.

Note: Sherry Steele will again have Zoom classes for more advanced flies from COFTG (Central Oregon Fly Tyers Group), and their classes will be available without charge to COF Members. Contact: steelefly@msn.com

- JOHN HOWARD
WINTERFLYTYING@COFLYFISHERS.ORG



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Thank you for Teaching us about the fish and how they spawn and lay there eggs. Then they die after a while then the baby hatches and after the baby is strong it does the same thing its mom and dad did.



EDUCATION

Kokanee Karnival Youth Education Program

SEPTEMBER 25 - 29

The Fall Streamside field trips at Sheep Bridge (Deschutes River at Wickiup) and Spring Creek (Metolius River) were a big success. Redmond, Terrebonne, Bend and Sunriver 5th graders learned all about a local watershed. At Spring Creek the highlight was wading in the stream and collecting aquatic insects. They also conducted water quality experiments, measured dissolved oxygen, pH and temperature. The fluorescent flow tracing dye demonstration was also a big hit.

At Sheep Bridge, students observed kokanee salmon spawning in the wild and learned about kokanee life cycle and habitat. The Sunriver Anglers hosted field trips at Fall River hatchery.

Altogether 350 students, and 11 teachers participated in the Fall Streamside field trips.

The key to success of this program was excellent volunteers! Everyone contributes their own unique background and this improves the program each year.

A BIG THANKS TO COF VOLUNTEERS:

Sue Coyle	Louisa Hooton
Yancy Lind	Corol Ann Cary
John Howard	Allen Martin
Jack Patterson	Kevin Sansom
Bob Shimane	Fred Cholick
Terry Shrader	Jen Luke
Dick Olson	Tim Quinton
Kathleen Schroeder	USFS Interpretive Crew
Randall Davis	Sunriver Anglers
Terry Martin	

More to come! This winter, these same students will raise trout in the classroom, and complete an ODFW Angler Education class. In April they all go fishing!

- FRED CHOLICK
FCHOLICK@GMAIL.COM

- JEN LUKE
JENNIFER.A.LUKE@ODFW.OREGON.GOV

Going Deep In The Name Of Trout Research

As was mentioned before, I have taken over the Education Lead for COF, and I plan to provide educational opportunities for our members in the form of classes, lectures, and monthly newsletter articles like this one. I would appreciate it if any COF member that has an idea for this column or a class/lecture could let me know and I'll try to make it happen.

For this month I've chosen an article that first appeared in Field and Stream Online in Jan '07. It is an informative and interesting article that looks at how trout behave, from an underwater perspective. Some of the things they found were truly eye-opening for me (especially Lesson 4 about tippet size!), and I think you'll find it worth your time to read through it.

<https://www.fieldandstream.com/photos/gallery/kentucky/2007/01/going-deep-name-trout-research/>

- TIM QUINTON
CGTIMQ@GMAIL.COM

MEMBERSHIP

Welcome to Our New Members

Steve Curran - Bend

Greg Gant - Bend

Fiona White - Bend

Central Oregon Flyfishers counts 283 members.

All new members who join COF between October 1 and December 31 are paid in full through 2024. Fifteen months for the price of twelve. Tell your friends.

- ROBERT SHIMANE
MEMBERSHIP@COFLYFISHERS.ORG

NEXT CAST

Realms School Fly Fishing Program Recap

Realms school requested a fly fishing program. Over four days volunteers provided instruction on:



Fly tying, Oregon fishing regulations, water safety, over head and roll casting, fish dissection, different fly rods, fly line and fishing techniques. On the last day, the students fished in Pine Nursery Pond. The students were very polite and enjoyed the presentations. The winning presentation, according to the students, was fish dissection. As with all programs, the success was the result of outstanding volunteers. Thanks – Bob Shimane, Kevin Sansom, Linda Greiner, John Howard, Jen Luke, Louisa Hooten and Karl Englers.

- FRED A. CHOLICK
NEXTCAST@COFLYFISHERS.ORG

BOARD BITS

A REVIEW OF THE COF BOD RETREAT – 10/23/23

2024 Budget - Tim S presented the 2024 budget proposal. As written, it projects a net loss of around \$1500. In reality, we usually have greater income than projected or we have less expenses than projected, so there is no net loss at year's end. Philosophically, are we OK with a net loss on paper? The BOD is OK with it. The budget was approved.

Grant Procedures – We have \$3000 in the budget for grants. In the past, this has been used for chub removal, interns, the Metolius pond, Casting for Recovery, Steelhead Falls work, etc. For consideration, a grant application must meet the mission of the club. We need better advertisement about applying for a grant. Yancy will write an article for our newsletter. A policy will be formulated for the Board Book. A note will be added to our new brochure.

Banquet/Auction – Tim S. had previously emailed his and Renee's proposal to move the Banquet/Auction to the Bend Golf Club. It will cost around \$6200. The Bend River House is much higher in price and the Elks Club did not perform well last year. Dinner at BGC would cost around \$62. It was proposed to subsidize part of the meal and charge \$45 to attendees. The date is March 23. The proposal was accepted. We still have a few unsold items from last year. We will save them for 2024.

Sportsman's Show – March 7,8,9,10 – We need a coordinator. The new volunteer will receive lots of help from the BOD! Please think about it!

New Brochure – Tim S – Kelly has worked up a



proposal for the new brochure...cost is \$100 for her work. Verbiage needs to be a little more generic. Some photos need to be changed. Tim will bring an update to the Jan meeting.

Monthly Raffle – The BOD really likes having a monthly raffle. Coral Ann and LeeAnn have run the raffle in the past. They will be contacted for info. Sierra Trading Post, local fly shops and donations from members have been used in the past for items. It was suggested that we put \$100 in the budget. Generally, \$100 is what has been made, so it would be a wash. Jack and John volunteered to facilitate the raffle. Allen and Bob volunteered to be their subs. The raffle will start in January.

Elections – Kari had previously submitted a Slate of Officers to the BOD by email. It was accepted. Mary will email the election to COF members around the end of Oct. The results will be announced at the Nov monthly members meeting.

Education – Tim Q – Please help Tim out with ideas for classes. Budget is \$1200. A discussion was held about underwriting partial costs of the classes. Yes, we will underwrite partial costs, but always charge something to make the classes more valuable. Cancellations – if you must cancel, you will get your money back up to 2 days before the class is held. If you send a check for the class, rather than paying online, it must be received up to a week before the class takes place or you will be cancelled.

Wild Women of the Water – Sue – Holiday party is Dec 3.

Website – Mary – some website costs have gone up, some have gone down...

Programs – 2024 schedule is coming together. Let Yancy know if you have suggestions.

December Holiday party – Dec 20 – Elks Club is now not available. Mary is checking on options.

Outings – Allen – a discussion was held on procedures. Please let Allen know if you have outings suggestions.

Winter Fl Tying – John – 6 Basic Skills classes will be held in January and February at Larkspur. The Advanced ZOOM class is unlikely. Sherry Steele is doing her classes over ZOOM and has invited COF to

join her.

Conservation – Tom S – he is continuing with the Mayfly Project and will promote that. Tom will continue working with the Bend Parks & Rec to get the fly-casting pond established at Discovery Park in the summers. The targets are already built.

Membership – Bob – membership renewal will begin soon.

Kokanee Karnival – Fred – 2300 kids attended the Spring Creek event. We had 4 new volunteers. It has been decided to engage with only 11 schools in the future. Two more members are needed on the KK steering committee. To volunteer, contact Fred.

Board Book – all BOD members should look at the Board Book and send changes to Kari & Mary

Membership Enhancement – how can we engage more members? A few thoughts...

- *talk to new people at the monthly meetings... introduce yourself, etc.

- *new members could wear a ribbon on their nametag, so people would know they are new

- *move the general monthly meetings to noon rather than 7pm

- *move meetings up one hour to 6pm, education class to 5pm

- *explore meeting at 10 Barrel rather than the Elks Club

- *provide a new member packet...a hat, a fly box, etc.

It was decided to move the meetings up one hour starting In January. Bob will research cost of hats and fly boxes. Mary will research 10 Barrel.

- JACK PATTERSON
JFPAT44@GMAIL.COM

COF CLASSIFIEDS

FOR SALE: OUTCAST PROWLER FLOAT TUBE. Excellent condition. Includes fins, backpack straps, carrying case, and repair kit. \$300, Kevin Sansom (541) 749-8205, kevinjsansom@gmail.com



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FOR SALE: WENONAH SPIRIT STANDARD SLIDER 17' CANOE. Great condition! Stored in garage. Includes two paddles. \$1750 cash only. (503) 780-2014



FOR SALE: SAGE MODEL ONE 7116-4 TWO HANDED SWITCH ROD, 11' 6", 7 wt., 4-piece, sock and tube, \$500, perfect for steelheading the lower D, also includes Rio Scandi Shooting Head, 420 gr. and Rio Powerflex Shooting Line, like new, fished twice, retail new; rod-\$860, shooting line-\$40, scandi line-\$55, total of \$955, Peter Martin, landline, 541-388-8956, pcmartin@bendbroadband.com



FOR SALE: THE FOLLOWING ITEMS ARE FOR SALE BY TIM QUINTON, CGTIMQ@GMAIL.COM, 509-392-3516

WINSTON 8' 3 WEIGHT AIR FLY ROD & NAUTILUS REEL, PRICE REDUCED TO \$700
This is a beautiful Winston rod and reel setup for small stream fishing! It comes with original tube, a 4 pc 8'

Redington rod/reel case, and all are in great condition. The Nautilus FWX 1/3 reel includes backing and 3 wt. line and neoprene case. Asking \$700 for the outfit (\$500 for the rod and \$200 for the reel). I am open to splitting up the pair, let me know which one you are interested in.



KORKERS DEVIL'S CANYON WADING BOOTS, SIZE 12 - \$75 These boots have been worn quite a bit but have plenty of life left in them. The cable on one of the boots was replaced last year, and both cables are in good shape. Comes with 1 pr of Studded Kling-

On Soles and 1 pr of Kling-On Sticky Soles. Check out the Korkers website for the details: <https://korkers.com/collections/fishing-footwear/products/devils-canyon?variant=24521933848676>



COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold, please resubmit your ad for the next month's newsletter. Submit ads to classifieds@coflyfishers.org by the end of the third week of each month. - CLASSIFIEDS@COFLYFISHERS.ORG



FILM CRITIC BWO 2023

BY MICHAEL TELFORD

MATERIALS

HOOK DAICHI: 1160 sizes 18-20

TAIL Shuck: Lt olive sparkle yarn.

BODY: olive thread.

THORAX: superfine dubbing, BWO.

POST: olive dun thread, EP Trigger Point. white.

HACKLE: medium dun or grizzly

This is a modified version of a pattern I submitted about 4/5 years ago and is a much easier to tie. I have found this to be a very effective pattern during BWO hatches.

This fly style was developed by Bob Quigley and with appropriate color alterations is very effective across the range of mayflies.

To fish this style of fly add floatant to just the hackle and thorax area. The rear/abdomen will penetrate the film imitating a mayfly struggling to hatch or perhaps a cripple. It may look like an

easy meal to the fish or possibly be visible from a greater distance due to the abdomen below the film. Tied as below, the fly is very durable and floats very well.

TYING INSTRUCTIONS

1. Start the thread on the shank just above the hook point and wrap to the rear to a point about half way down the curve of the hook.
2. Tie in the emerger yarn and wrap back up the shank to the tie in point
3. Tie in a one inch piece of EP Trigger Point fiber (about the width of the hook gap) leaving about 1/8 inch towards the front. Wrap the thread to a point just behind the eye of the hook and return to the where the body starts.
4. I use four loops of thread to make the post. Refer to the YouTube video for a visual.
5. Tie in a feather (I use a feather the same size as the hook) and wrap it up the post and back down. Measure the amount of hackle needed by tipping the post towards the eye. The wrapped hackle needs to reach just behind the eye when the post is tipped forward. Tie off by wrapping the thread around the post. Trim the EP fibers in the rear to 1/16".
6. Dub the thorax with Superfine BWO dubbing
7. Pull the post and hackle over the thorax and secure with a few loose wraps. Pull the thread loops forward to tighten the hackle against the thorax. Add a few wraps of thread and tighten. Lift the post and wrap some thread in front to make it stand up. Trim the post even with the top of the hackle.

<https://www.youtube.com/watch?v=U2vVjxWQQq8>

- MICHAEL TELFORD
MIKETELFORD76@GMAIL.COM

NOVEMBER 2023 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT
November 15	General Meeting at Elks Lodge	

In the Future

DATE	ACTIVITY	CONTACT
December 3rd	WWW Holiday Gathering	
December 20	Holiday party at Hollinshead Park...details to follow	
Tuesdays in January (9th, 16th, 23rd, and 30th), and the first two Tuesdays in February	Winter Fly Tying Basic Skills, Classroom 2, Larkspur Community Center, from 5:30 - 8:00PM.	
April 22, 23, 25, 26, 29, & 30, 2024	Spring Clinic	



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