

Contents

- 1 **PRESIDENT'S MESSAGE**
- 2 **COF BOARD MEMBERS**
- 3 **EDUCATION**
- 4 **CONSERVATION**
- 4 **WILD WOMEN OF THE WATER**
- 6 **BOARD BITS**
- 7 **MEMBERSHIP**
- 7 **LIBRARY**
- 8 **CLASSIFIEDS**
- 9 **TYER'S CORNER**
- 11 **UPSTREAM EVENTS**



 facebook.com/CentralOregonFlyfishersClub

 linkedin.com/company/central-oregon-flyfishers

 www.coflyfishers.org

President's Message

Happy November Flyfishers!

Looks like the warm weather is rapidly fading in the rearview – I'm writing this on Halloween and the colder stuff is definitely going to be with us for a while. Unfortunately, with the Crooked at reduced flows (~50cfs) for the winter, our cold weather fisheries are more limited. There are still options, so bundle up and get out there!

The Board of Directors annual budget meeting (Oct 27) went very well – we approved the budget for next year, hashed out some budget savings items, set dates for some of our events, identified some volunteers for a couple of important positions, and had a nice meeting at Fred's house (thnx so much Fred!). Mary will send out the email with a link to vote on the club Officers and Directors soon. Also, be on the lookout for the membership renewal notices coming out this month!

COF Banquet – we have 2 volunteers to run it (this is GREAT NEWS!), the date is reserved at the Elks Lodge (4/29/23), and we already have some auction items; we will just need some folks to help out with donation procurement. More to come when details are firmed up.

We are in dire need of volunteers for several leadership positions in the Club: Education, Outings (see the article in this newsletter), and Monthly Meeting Raffle Coordinator. These events don't happen without the people to run them, so if they matter to you, please consider volunteering!

Video of the Month. OK, this video gets a little preachy and commercial-like, but if you don't want to see that stuff just go to the trout feeding part (0:28 – 10:20). If you've never seen a trout feeding this close-up, it gives you a really good idea of how softly they can take food in their mouths and quickly reject it. I know this guy (Andy Kim), have fished with him where he guides on the San Juan River (NM), and he is the real deal. I learned a ton of things from Andy (probably more than any other guide I've fished with): flies, rod setup, hooking and playing large fish using small tippets and flies. It's definitely worth a watch. <https://www.youtube.com/watch?v=U-gyaHLmNo&t=1s>

And if you want to have a few laughs, check out the latest vids from The Huge Fly Fisherman about Regional and International stereotypes in Fly Fishing on YouTube.

Thanx for being a part of this great Club, and feel free to let me (or any Board member) know if you have ideas for improvement. Also, please think about how you can add value to this club – by volunteering for leadership positions or helping with our various programs.

Get out and fish!

- *Tim Quinton*

Tim Quinton, President COF



Sales Team

Sharing the passion of fly fishing
around the world

56898 Enterprise Dr
Stillwater Fly Shop
Sunriver, OR 97707

541-598-7322

info@stillwaterflyshop.com
travel@stillwaterflyshop.com
www.StillwaterFlyShop.com



RIVERHOUSE

ON THE DESCHUTES

3075 N HWY 97, BEND, OR 97703 | (855) 391-0660



Shop: 541.678.5633
375 SW Powerhouse Dr. #100
Bend, Oregon 97702
confluenceflyshop.com
tyekrueger@confluenceflyshop.com



TYE KRUEGER
OWNER

Cell: 804.221.7748
Reservations: 541.323.3007
info@deepcanyonoutfitters.com
deepcanyonoutfitters.com



541-318-1616

FULL SERVICE FLY SHOP AND GUIDE SERVICE



ADDRESS:
35 SW CENTURY DR
BEND, OR 97702

WWW.FLYANDFIELD.COM
BOOK A TRIP TODAY!

SHOP ONLINE → ONLINEFLYFISHINGSHOP.COM

President/FFI Rep

TIM QUINTON
PRESIDENT@COFLYFISHERS.ORG

Vice President

JOHN HOWARD
VICEPRESIDENT@COFLYFISHERS.ORG

Treasurer

LIZ JONES
TREASURER@COFLYFISHERS.ORG

Secretary

KARI SCHOESSLER
SECRETARY@COFLYFISHERS.ORG

Wild Women of the Water

SUSAN COYLE
WILDWOMEN@COFLYFISHERS.ORG

Membership

ROBERT SHIMANE
MEMBERSHIP@COFLYFISHERS.ORG

Outings

ERIC WHITE
OUTINGS@COFLYFISHERS.ORG

Programs

YANCY LIND
PROGRAMS@COFLYFISHERS.ORG

Education

VACANT
EDUCATION@COFLYFISHERS.ORG

Kokanee Karnival

FRED A. CHOLICK
KK@COFLYFISHERS.ORG

JENNIFER LUKE

JENNIFER.A.LUKE@ODFW.OREGON.GOV

Next Cast

FRED A CHOLICK
NEXTCAST@COFLYFISHERS.ORG

Conservation

TOM SHUMAN
CONSERVATION@COFLYFISHERS.ORG

Director At-Large

DANNY KARA & COROL ANN CARY
MEMBERATLARGE2@COFLYFISHERS.ORG
MEMBERATLARGE@COFLYFISHERS.ORG

Winter Fly Tying

JOHN HOWARD
WINTERFLYTYING@COFLYFISHERS.ORG

Classified Ads

PETER MARTIN
CLASSIFIEDS@COFLYFISHERS.ORG

Social Media

MOLLY VERNARECCI
SOCIALMEDIA@COFLYFISHERS.ORG

Website

MARY BARRON
WEBMASTER@COFLYFISHERS.ORG

Newsletter Design & Production

KELLY ALEXANDER
SUBMISSIONS.COF@GMAIL.COM

GENERAL MEETING | NOVEMBER 16TH

ELKS LODGE | 63120 BOYD ACRES ROAD, BEND, OR 97701



Olympic Peninsula Sea Run Cutthroat Trout

Michelle owns and operates Oly Women on the Fly Guide service. (<https://www.olywomenonthefly.net/home>) She is a lifelong angler and resident of Washington State and currently lives in Olympia with the best fishing dog in the world, Duncan. Michelle can be found teaching fly tying and fly fishing workshops around Western Washington and Oregon, and guiding in the South Puget Sound for resident coho salmon and sea run cutthroat trout.

Michelle will present on South Puget Sound's coastal sea run cutthroat trout: how and where to find them, equipment, flies, tactics, and why we should all be participating in and caring for this unique and special year round fishery. She will also cover ongoing scientific studies being conducted on this species.

Michelle is a member of the Olympic Peninsula Guide Association. She is co-chair of the Womens and Diversity Initiative for Trout Unlimited and an active board member of the Olympia TU chapter as well as the Washington State TU Council.

- YANCY LIND
PROGRAMS@COFLYFISHERS.ORG

EDUCATION

Winter Fly Tying is coming, #3

To both aspiring and confirmed tyers: In person WFT is coming back to Larkspur.

BASIC SKILLS CLASSES - 5:30 - 8:30 PM, First four Tuesday evenings in January, at no cost to registered tiers. COF has 12 sets of tying tools and vices. Registration will be limited to ~15, and those who can provide their own vices and tools are encouraged to bring them and get practice using them. Pre class videos and info will be provided via emails.

Registration is also needed so we know how many materials packs, etc, will need to be made up ahead. Registration for both Basic Skills and Winter Fly Tying will be done on the COF Website. Click on CALENDAR & EVENTS, then UPCOMING EVENTS. As soon as registration opens for your classes it will appear there. **You will receive an email with a registration link as soon as the classes are open.** The Basic Skills Class will open first, some time in late November to early December. Winter Fly Tying Registration will open up in January.

WINTER FLY TYING CLASSES - 5:30 - 8:30 PM January 31st and all Tuesday evenings in February and March will be lead by Presenters for each class (up to 9 presenters), each of which will be demonstrating ~ two of their favorite flies, and guaranteed fish catchers in localish waters. And likely elsewhere as well.... Presenters will demo tying via camera focused on the fly and projected on a screen. Classes are designed for at least intermediate skill level tyers.

Attendees must provide their own tools, threads, and vices, and extra battery powered lights if desired. Room lighting is decent, but not intense.

COF is providing the rooms, tables and base equipment (and prices have Definitely gone up from previous years), and will provide materials for the flies being tied each night, but will need to charge \$5 CASH each night per tyer to cover materials costs. Please bring \$5 bills to cover your share - limited change will be available.

Registration will also be necessary to email pattern sheets out to Registered attendees ahead of classes, etc.

Note: If Larkspur staffing permits, we will move classes to be 6:00 - 9:00PM, but times above are likely. We are aware this might be an issue.

*Attendee's learning experience will depend **HEAVILY** on COF Volunteers Experienced tyers needed, especially for Basic Skills classes.*

Questions? or to Volunteer - Please contact ASAP

- JOHN HOWARD, ZENDOC@AOL.COM

- BOB SHIMANE, ANDYLILY99@GMAIL.COM

CONSERVATION

Ochoco Preserve Work Party

9 NOVEMBER 2022 | 11 AM - 2 PM

Here is an opportunity for all you COF people who are interested in conservation projects...and volunteering!

Roll up your sleeves and help the Deschutes Land Trust plant native plants, trees, and shrubs at a recent restoration project along McKay Creek at Ochoco Preserve. The Land Trust recently completed the construction phase of a creek restoration project at Ochoco Preserve. Planting native plants is the next step to restore the creek and help build healthy habitat for fish and wildlife. Get your hands dirty and have fun while making a difference in Central Oregon.

Rating: Work party with moderate physical activity that includes digging and planting in uneven ground.

What to bring: Work gloves (if you have them), snacks/lunch, water, and waterproof boots (planting area may be wet and muddy). Dress for the weather.

Please register with EventBrite using the following link: <https://11-9-22-cof-op-planting-party.eventbrite.com>

For more information contact Mary Barron.

- MARY BARRON

WEBMASTER@COFLYFISHERS.ORG

Crooked River Cleanup

12 NOVEMBER 2022 | 10 AM
MEET AT THE BIG BEND CAMPGROUND

Volunteers are needed on Saturday, November 12, for COF's November walk along the Crooked River Highway.

While the walk includes picking up litter along the way, this is a beautiful walk. OK, I'll admit maybe not quite as beautiful as usual due to the lack of water.

Bring your gloves, drinking water, and lunch, if desired, and meet me at 10:00 a.m. at the Big Bend C.G. (just downstream from Bowman Dam). I will bring the litter bags, safety vests, garbage grabbers, and tend to the ODOT litter patrol safety signs.

We have just over 7 miles of highway divided into 5 segments so your round trip walk is a little over two miles. We need at least 10 people with 2 people per segment. Dress accordingly.

- PETER MARTIN

RSVP: PCMARTIN@BENDBROADBAND.COM

WILD WOMEN OF THE WATER

Welcome to Fall! We will have our annual holiday gathering in December. If you have not joined in on this fun event in the past be sure to mark your calendars. Each year we gather at the home of Lee Ann Ross, share great food and have a fun gift exchange. In November we will gather at Confluence Fly Shop to take advantage of their tap beers and wine selection to socialize and talk about all things fishy. A fun afternoon to chat and peruse the shop for a Christmas gift for yourself or a loved one! Wild Women will receive an email invite to register for each event.

NOVEMBER 13TH - 4-6PM
CONFLUENCE FLY SHOP

DECEMBER 4TH - 3-6PM
ANNUAL HOLIDAY GATHERING

- SUE COYLE

WILDWOMEN@COFLYFISHERS.ORG

OTHER NEWS

Request for a member to lead the Club Outings Program

Eric White has been our Outings lead for the last 2 years and is stepping down. Eric will be sorely missed; he brought real enthusiasm to this program in a time of low participation. Please consider taking over for Eric and keeping this program going for the club.



This is Eric's message:

The last 2 years as the Outings Director went fast. I recently looked back at all of the outings that we had, the pictures, the new places we fished and the great people I met. I started this position as Covid was still strong and on so many of our members' minds; and I'm sure the attendance was down because of it.

I'm stepping down as the Outing Director at the end of this year. I'm hoping that another COF member will step up and lead what I feel is one of the best positions in the club. Think about it, you get to plan fun fishing trips all over Oregon and where ever else your fly rod takes you. I had only lived in Central Oregon for 3 years when I took this position; my hope was it would help me learn where, when, and how to fish our waters. The bonus was I really got to learn the waters, techniques and meet lifetime fishing partners.

Give the Outing Director position some thought. Yes, it does require commitment from you, but you will be providing a great benefit to the club and in two years you will look back and be very happy that you stepped up to lead the best part of being a COF member. There are people and resources to help you transition into the position, so don't be shy!

- ERIC WHITE
OUTINGS@COFLYFISHERS.ORG

Kokanee Karnival (KK) Youth Education

Two 5th grade classes from Terrebonne School system participated in the Kokanee Karnival Youth Education Program at Spring Creek (Camp Sherman). A total of 50 students were engaged in the program. The curriculum included: life cycle of Kokanee, the role of riparian zone, water safety, nature's food web, importance of good water quality. The students put on waders and had the opportunity to wade in Spring Creek and collect and identify Macro invertebrates. Insect identification was the big hit for the day. Without question the event was a great success. The key to the success was the outstanding participation by the volunteers. Thank you to the following volunteers: Tim Quinton, Kathleen Schroeder, Frank Turek, Dick Olson, Corol Ann Cary, Louisa and Jen (ODFW), John Howard, Randall Davis, Doug Cronin, Bob Shimane and Terry Shrader (retired PGE). In addition to this stream ecology field trip, these same students will have an opportunity to attend a fishing clinic at Shevlin Pond in the spring.

- JENN LUKE
JENNIFER.A.LUKE@ODFW.OREGON.GOV

- FRED A. CHOLICK
FCHOLICK@GMAIL.COM

BOARD BITS

A SYNOPSIS OF THE OCT BOD MEETING AND THE 2022 RETREAT. 10/17/22

Our next BOD meeting will be Nov 17.

Membership Services – Bob – Our numbers are up to 313, with 225 paying members. This is around the same as last year. It seems that we have more out of town and women members this year. The membership renewal campaign will begin Nov 16. Membership budget is \$200.

Programs – Yancy – Most of next year's presentations have been scheduled. Everyone has enjoyed this year's programs. Programs budget is \$3000.

Banquet/Auction – Tim & Renee Schindele have volunteered to chair this committee. The banquet will be held at the Elks Club, April 29. The auction will be smaller...perhaps no live auction, just a silent auction, no auction games. The focus will be on comradery at the dinner and recognizing past volunteers. They will need numerous volunteers.

Fly Tying – John – Classes will take place in Jan, Feb, March at Larkspur. John is working on presenters, organizing the calendars, etc. The budget is \$1545.

BBQ – Herb – Herb is retiring. We made \$1000 on the 2022 BBQ auction. The 2023 BBQ is scheduled for August 16, 2023. Frank has generously volunteered to pay for catering again. Thank you!!!

Monthly Meeting Raffle – Corol Ann – Corol Ann has been using items from our past cancelled auction. She has about 6 meetings worth of low value items left. She also has multiple restaurant gift certificates of \$50-\$100. It was decided that they will be used in next year's banquet auction. Corol Ann is retiring and looking for a committee chair replacement.

Outings – Eric – Eric is looking for a replacement.

Conservation – Tom – Meetings around the area are ongoing. He will write appropriate articles when they do happen.

Kokanee Karnival – Fred & Jen – Frank has retired and Fred & Jen will be the new co-chairs. They will run 4

programs... Spring Angling Clinic, Angler Education, Fall Streamside, Eggs to Fry. The upcoming Spring Angling Clinic is April 24, 25, 27, 28, May 1, 2. They will be needing around 10 volunteers. A Kokanee Karnival Steering Committee meeting is being planned to decide how the programs will look going forward. The present budget is \$3000 + storage costs.

Wild Women of the Water – Sue – upcoming activities: holiday party, meet-ups at Confluence Fly Shop, East Lake Spring trip, Rogue River trip.

Next Cast – Fred – there are 7 youth in the present program. The 3 day youth fishing camp is scheduled for June 26, 27, 28 at the Metolius pond. Fred is planning a committee meeting in the future to refine next year's schedule.

Fish Pond – Danny – yes, there will be a Sportsman's Show Fishpond in the spring. Danny will organize, but will be out of town for the actual show. He will find help. COF receives \$1500 for running the fishpond.

2023 Budget – Liz – membership dues cover our essential operating expenses. Fundraising covers everything else...education, donations, library, etc... With no donations, grants or fundraising, the 2023 budget will be \$6000 in the red (worst case scenario).

The 2022 budget contains \$3000 that has not been spent under donations. ODFW did not need money for tui chub removal and OSU Cascades did not need money for interns and special projects. We will put a place holder in the 2023 budget for donations. Keep in mind what organizations, that meet our fishing needs, could use our money in the future...

The 2022 budget contains \$800 for volunteer recognition. We will continue to include that in the 2023 budget.

We received a \$1000 grant from FFI in 2022. Going forward, these grants must be for a specific project. The BOD is looking for worthy ideas.

Kokanee Karnival financial thought... At the present, Kokanee Karnival has separate financials and bank accounts, but under the auspices of COF. Should we consolidate it all under one line item in the budget? After much discussion, it was moved and seconded to

consolidate the bank accounts and financials with COF.

The 2023 Draft Budget was approved. Tim Schindele, our new treasurer, will review the 2023 budget in an upcoming newsletter article.

Reengaging Our Membership After COVID... are people still worried about group activities and COVID? The general consensus is that it will take more time for some people. We will continue to organize activities as a club.

A few ideas...

...at monthly meetings –

Give out a door prize

Hold a short education snippet before the meeting, ie...a destination talk, fly tying, technique, etc.

Use round tables, not long ones

Display pictures of the last months' volunteers, activities, etc at the monthly meeting

Provide cookies and coffee, not just water

It is great that the Elks Club has food to buy, but invite the members to eat and socialize in the room

Move to a new venue, perhaps a bar with a large meeting room, ie... Worthy, 10 Barrel

...at fishing outings

Organize for lunch, so members can compare fishing strategies

Plan numerous outings for the weekends, so working members can attend

Hook up with the Wild Women for one of their outings

...plan a few more social activities

A meet-up at Confluence and other fly shops for drinks and shop exploration

A social activity based around fishing tips

...revitalize Facebook, let anyone post, but we need a moderator

...explain Kokanee Karnival in a newsletter article

- KARI SCHOESSLER
SCHOESSLER.KARIVAN@GMAIL.COM

MEMBERSHIP

Welcome to Our New Members

Steve Callaway - Crescent

Shayda Frederickson - Sandy

Brock Karben - Bend

Steve Whittaker - Seattle

As of October 26, 2022, Central Oregon Flyfishers has 313 members.

Renewal notices will be sent to all members in mid November. Please keep an eye open for them.

If you have friends, family or neighbors who are thinking of joining COF, please let them know that by joining now their memberships are paid through 2023.

- ROBERT SHIMANE
MEMBERSHIP@COFLYFISHERS.ORG

LIBRARY

New Books Now in the Library

We've added another 6 books to the COF Library, for your delight and edification. Western Mayfly Hatches by Hafele and Hughes, Reading Waters by Borger, Seasons of the Metolius by John Judy, and The Creel, 60th Ed. from the Flyfisher's Club of Oregon, are some. Expand your fishing, tying and general knowledge, and get a better handle on doing what you really enjoy. Read a book – become better at what you like to do!

- JOHN HOWARD, (NEW) LIBRARIAN
LIBRARY@COFLYFISHERS.ORG

COF CLASSIFIEDS

FOR SALE: SIX RIO SKAGIT MEDIUM MOW

TIPS: The Medium MOW Tips feature T-11, with a sink rate of 8" per second, for the sinking material. Each of these tips has either a light green floating section, or if full sinking is a dark green color, for easy identification. The Medium MOW Tips are designed for heavily weighted flies and are ideal for Skagit lines between 475 and 575 grains. There are six unique tips that make up the series. Each tip is 10' long, with the exception of a 12.5' full sink tip. The tips are: 10' Float, 10' (7.5' float, 2.5' T-11 sink), 10' (5' float, 5' T-11 sink), 10' (2.5' float, 7.5' T-11 sink), 10' T-11 sink, 12.5' T-11 sink. These tips are all in excellent condition; retail price is \$205. Asking \$100, Tim Quinton (509-392-3516), cgtimq@gmail.com. More photos are available on request.



FOR SALE: POWELL SIGNATURE 256-8 LTSH (LIGHT STEELHEAD MODEL)

GRAPHITE ROD, \$200, 9 1/2', 7/8 wt. 2-piece, with original metal case and rod sock, excellent condition, Peter Martin, pcmartin@bendbroadband.com, landline, 541-388-8956.

FOR SALE: FENWICK MODEL FF908

FIBERGLASS ROD, \$75, 9', 8 wt. 2-piece, with original sock and case, Peter Martin, pcmartin@bendbroadband.com, landline, 541-388-8956.

FOR SALE: THIS IS A PAIR OF WELL USED SIMMS MEN'S WADERS, SIZE L (9-11): They have been patched several times, might have a few small pinhole leaks, but are in pretty good condition overall. The seam tape is intact both inside and out. Purchased in 2002, but stored and used with care. This is the older model that does not have attached gravel guards. Washed and ready to use! \$50, Tim Quinton (509-392-3516, cgtimq@gmail.com). More photos are available on request.



COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold please resubmit your ad for the next month's newsletter. Submit ads to classifieds@coflyfishers.org by the end of the third week of each month. JPEG photos are useful.

- CLASSIFIEDS@COFLYFISHERS.ORG



MATERIALS:

Hook: dry fly, 12-16

Thread: Uni-thread 8/0 black

Body: peacock ice dub, over body 1/8 inch foam

Legs: small rubber legs

Sighter: thin strip of orange foam

Beetles may be the most common insect on Earth and patterns imitating them may be the most under fished by fly fishers. I fish them as the lead fly with a nymph trailer or behind a larger pattern as a trailer. Foam beetles land softly so they can also be used alone when sight fishing. No self respecting trout can refuse a well presented beetle. At certain times when back swimmers are landing on stillwaters they can be very effective. It's good to carry a range of sizes in your boxes.

TYING INSTRUCTIONS:

1. Cut a strip of foam the width of the hook gap and trim on end to a triangle point.

2. Start the thread behind the eye and wrap back to a point on the shank as it starts to bend.
3. Tie the point of the foam triangle onto the shank with the foam extending out the rear
4. Dub a peacock ice dub body stopping behind the hook eye
5. Pull the foam over the body slightly stretching it to form a rounded butt and tie down just behind the hook eye. Tie in the orange sighter
6. Tie in 3 or 4 round rubber legs on each side. Lift the foam extending over the eye of the hook and whip finish on the shank. Cut the foam over hang to form the head.

- MICHAEL TELFORD
MIKETELFORD76@GMAIL.COM

A FLY SHOP UNLIKE ANY OTHER.

Fly Fishing - Hunting - Growler Fills



541 548 1503
finandfire.com



PAYNE FLY SHOP

E.F. PAYNE FLY RODS

AMERICAN MADE SINCE 1876

490 NE BUTLER MARKET ROAD., SUITE 100
BEND, OR 97701 (541) 549-1544



Get away from it all Go Fly Fishing

541-549-FISH | 151 W. Main Ave., Sisters | Open 7 days a week
greendrakehatch@gmail.com | www.flyfishersplace.com



BEND FLY SHOP

50 SE Scott Street, Space 7
Bend, Oregon 97702
bendflyshop.com
p. 541.389.6151

NOVEMBER 2022 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT
November 9	Ochoco Preserve Tree Planting from 11am-2pm	Mary Barron, webmaster@coflyfishers.org
November 12	Crooked River Clean Up @ 10am, Big Bend Campground, Crooked River	Pete Martin, pcmartin@bendbroadband.com
November 13	WWW Confluence Fly Shop from 4-6pm	Sue Coyle, wildwomen@coflyfishers.org .
November 16	Monthly Member's Meeting, 7:00pm @ the Elks Lodge	
November 17	COF Board Meeting, 6:00pm, location TBD	

In the Future

DATE	ACTIVITY	CONTACT
December 4	WWW Annual Holiday Gathering from 3-6pm	Sue Coyle, wildwomen@coflyfishers.org .



Central Oregon Flyfishers
PO Box 1126
Bend, Oregon 97709