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## President's Message

Happy June Flyfishers!

Well, May certainly turned out to be a cold, wet month, didn't it? Quite a bit more (and welcome) rain and snow in the higher elevations, although we still need a lot more. The Salmonfly emergence continues in the Lower Deschutes, and all the other bugs that we love so dearly will be making their way to the surface of our favorite waters. I LOVE JUNE!!!

We have a short survey coming out soon that will ask about what you like to do in COF. Please take a couple of minutes to tell us, and help us improve the club.

Video of the Month. I've heard some members ask about warm water fish species, specifically bass, so here is a good primer on bass fly fishing that The New Fly Fisher has on their YouTube channel. Tom Rosenbauer talks about gear, tactics, and locations in this video titled "Bass Fishing 101 with a Fly Rod". [https://www.youtube.com/watch?v=wzZ\\_U15qIPc](https://www.youtube.com/watch?v=wzZ_U15qIPc)

Thanx for being a part of this great Club, and feel free to let me (or any Board member) know if you have ideas for improvement. Also, please start thinking about how you can add value to this club - by volunteering for leadership positions or helping with our varied programs.

Get out and fish!

- *Tim Quinton*

Tim Quinton, President COF



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## Contact Nymphing

**B**ill Seitz, a longtime COF member and former Conservation Chair will be our June presenter. He will discuss Contact Nymphing – its background, the basics of the method, and how to get started. Bill will cover the “nuts and bolts” of a nymphing method that is useful in many of Central Oregon’s rivers and streams including equipment, rigging, flies, casting, presentation considerations, drop-shot techniques, and information sources.

Bill has been fly fishing and fly tying since he was 10 years old – 67 years of fishing in places such as Patagonia, New Zealand, Alaska, Russia, Canada and the midwestern and western U.S. He spent over 30 years in the the U.S. Fish and Wildlife Service and the U.S. Geological Survey as a fish and wildlife biologist and research administrator. In Alaska, he directed the Pacific salmon and trout research in national parks and national wildlife refuges. He has made presentations to local fly fishing clubs on nymphing basics, and lake midge fishing techniques, Euro Nymphing techniques, and fishing the Crooked River. He calls the Crooked River his homewaters.

Bill has been a fantastic mentor to many in the club for a very long time. Come hear from an exceptional angler.

- YANCY LIND  
PROGRAMS@COFLYFISHERS.ORG

2022 COF

# Outings Calendar

**JUNE 16**

**CRANE PRAIRIE - QUINN RIVER**

Meet at Quinn Launch at 7:00am. On - Water Noon  
lunch at the Quinn Channel Buoy

**JULY 15-17**

**JOHN DAY**

More information to come

**AUGUST 15**

**THREE CREEK LAKE**

Launch at 7:00 Shore lunch - North side of lake - at noon

**SEPTEMBER 5**

**EAST LAKE**

Launch at 2:00 at the Hot Springs and fish the East shore.

**OCTOBER 8**

**CRANE PRAIRIE - NORTH END**

Meet at the Crane Prairie Resort launch at 9:00am.

Notes: Review the COF “How to” Crane Prairie – North End



### COF Tour of Ochoco Preserve

On May 13th, ten club members toured the Deschutes Land Trust's Ochoco Preserve ([www.deschuteslandtrust.org/protected-lands/ochoco-preserve](http://www.deschuteslandtrust.org/protected-lands/ochoco-preserve)). The preserve is at the junction of the Crooked River, Ochoco Creek, McKay Creek, and opposite the City of Prineville's award-winning wetlands complex ([www.cityofprineville.com/wetlands](http://www.cityofprineville.com/wetlands)). DLT purchased this farmland a few years ago and has been finalizing the restoration planning and raising funds to implement those plans since then. They will begin the actual work on the ground this summer.



This is the Crooked River at the top of the preserve, just below Ochoco Irrigation District's last diversion. It may look OK in this photo, but the Crooked was running at 4 cfs (!) that day. I walked across it and at the deepest point the water barely covered the top of my feet.



Here's Ochoco Creek where it meets the Crooked River. As you can see, it has been "channelized", meaning it has been straightened and the banks have been raised to contain the water. This is good for farmers but terrible for aquatic ecosystems.

- YANCY LIND  
[PROGRAMS@COFLYFISHERS.ORG](mailto:PROGRAMS@COFLYFISHERS.ORG)

## EDUCATION

### FFI Corner

The latest issue of FFI Insider has some great info about casting (The Confident Cast) [https://issuu.com/flyfishersinternational/docs/fly\\_fisher\\_fall-winter\\_2021-web/s/14450133?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=wffim](https://issuu.com/flyfishersinternational/docs/fly_fisher_fall-winter_2021-web/s/14450133?utm_source=newsletter&utm_medium=email&utm_campaign=wffim)

And did you know that June is Women's Fly Fishing Month? [https://www.flyfishersinternational.org/News/june-is-womens-fly-fishing-month-5?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=wffim](https://www.flyfishersinternational.org/News/june-is-womens-fly-fishing-month-5?utm_source=newsletter&utm_medium=email&utm_campaign=wffim)

The Oregon FFI Women Connect rep is our own Sue Coyle (also the Wild Women of the Water leader for COF!); contact her to ask about these programs.

As your FFI rep, please let me know if you have any questions about this fine organization. <https://www.flyfishersinternational.org>

- TIM QUINTON  
CGTIMQ@GMAIL.COM

### Fly Reel Maintenance

So, you're ready to start fishing this season and you get out your gear. Your reel looks OK, it worked the last time I used it, so it must be good to go, right? Maybe not! This article points out some really good maintenance steps that will ensure your reel performs like new each time you use it. This info is particularly applicable for saltwater trips, as salt can cause all kinds of mayhem with your reels. <https://www.calloutdoors.com/fly-reel-maintenance/>

- TIM QUINTON  
CGTIMQ@GMAIL.COM

### Fly Tying Group Meeting Monthly

As was briefly mentioned at our last monthly meeting, there's a fly tying group you might like to look into. North County Fly Tyers is now meeting on the Second Thursday of the Month (June 9th) at Fin and Fire fly shop in Redmond from 6:00 - 8:30 PM. The format is "tie whatever you like" and share some flies, stories, and,

if you like - suds (ie not a formal class). Camaraderie is encouraged! Open to all. Contact [askabouttying@gmail.com](mailto:askabouttying@gmail.com) to sign up for attendance, questions, and for updates. Seating is limited, please RSVP.

- JOHN HOWARD  
ZENDOC@AOL.COM

## NEXT CAST FLYFISHERS

### Volunteers Needed

Thank you for the members that have volunteered to assist the instruction of the next generation of fly fishers during the 3-Day fly Fishing camp. The camp will be held at the Metolius at Camp Sherman on June 20, 21, & 22. Tent raising will be on June 19th. More volunteers are needed. One volunteer on June 19th and 5 or 6 more volunteer on June 20, 21, & 22. The tent raising crew should arrive at the pond at about 10:00 AM on the 19th and we should be done at about noon. During the camp volunteers should arrive at about 8:00AM to setup and should be done by about 2:00PM. On June 20th 6 volunteers need to bring waders because the student collect insects from Spring Creek. If you have questions call me at 785-410-1866 or email at [fcholick@gmail.com](mailto:fcholick@gmail.com). Please send my an email if you are going to volunteer so that I can provide addition information.

-- FRED A. CHOLICK  
FCHOLICK@GMAIL.COM

## MEMBERSHIP

### Welcome to Our New Members

John Bailey - Tigard

Bailey Godfrey Klein - Bend

Kim McDonald - Bend

John F. (Jack) Patterson - Bend

Daniel Saraceno - Bend

As of May 27, 2022, Central Oregon Flyfishers has 295 members.

- ROBERT SHIMANE  
MEMBERSHIP@COFLYFISHERS.ORG



## WILD WOMEN OF THE WATER

The weather was fantastic for our Wild Women outing to the Crooked River in May. Fish were caught! There was an epic caddis event. So many flying around you had to be careful opening your mouth! Liz and Kate did bug reconnaissance.

We were fortunate to have all three founding women of the Wild Women group join us for the day of fishing: Vivian Rockwell, Terri Grimm and Delores Marsh. What began with 3 adventurous women in 2003 is now 85 women strong!

COF leadership was supportive of the women's group from its' inception. This is not always the case with flyfishing clubs. Delores recounted the common experience of the time, entering a Bend fly shop only to be completely ignored. Today, local shops are aware of the demographic of women in our sport actively reaching out to support women's groups.

Bend Fly Shop has recently hired a woman guide, Monique Force. She is offering women specific classes and outings. Fin and Fire in Redmond is known to offer a good selection of women's fly fishing attire. And today you will find that all our local shops offer women's waders, boots etc. I encourage each of our Wild Women to support your local shop and if you do not see what you are looking for, let them know. Encourage them to increase their offerings for you as a woman fly fisher in our community.

Looking ahead to the summer and joining you all on the water for great days of fishing!

- SUE COYLE  
WILDWOMEN@COFLYFISHERS.ORG

## BOARD BITS

(A REVIEW OF THE MAY COF BOD MEETING)

5/26/2022

Helen, our librarian, discussed the state of our library. Space is available in the cabinet. We discussed types of books to retain, such as classics, including tying books. We do not want to store unusable books. We will consider a donation policy. Future donations must be approved by the BOD. Bob, Tim & John will help. Some books checked out have not been returned. Helen will try to find these members.

John discussed Winter Fly tying classes. 3 hour beginner classes will be in January. 3 hour intermediate/advanced classes will be in Feb/March. These classes will be held at the Larkspur senior center. The cost to us for January classes is \$75/3 hr x 4 nights = \$300 (smaller room). March Int/Adv class is \$105/3 hr x 8 nights = \$840 (larger room). This was approved.

Tim will send out the list of donated items that we want to sell to all members.

Mary is planning to present a survey to the membership. We need to update information about our member interests.

Membership: Bob announced that we have 294 members.

Education: Jeff Currier has offered a Zoom presentation on warm water fishing. He will charge \$400.

Programs: Bill Seitz will present in June. Yancy has volunteered to present a program on streamer fishing later. Future programs are set for the year except for November.

Next Cast: Fred mentioned that the Three Day Youth Camp will be held June 20-23.

- KARI SCHOESSLER  
SCHOESSLER.KARIVAN@GMAIL.COM

## LIBRARY

COF library services have resumed now that we are meeting at the Bend Elks Lodge. Please return any books or DVDs that you may have. Thanks for keeping them throughout our shutdown. We are currently reevaluating the library collection, please send us any ideas you may have on how you would like the library to be, in the future ([library@coflyfishers.org](mailto:library@coflyfishers.org)).

Our DVD collection and a select number of books are available for checkout. If you are a club member and would like to peruse the library and/or check out one of our books, just look for the rolling bookcase at the club's general meeting. The librarian arrives at the meeting early to give members extra time to look for books before the meeting starts. Sign in on our website <https://coflyfishers.wildapricot.org>, click on Members Area and select Library to see a list of our holdings. If you have any questions, comments, or new book suggestions, email Helen, the club librarian. [library@coflyfishers.org](mailto:library@coflyfishers.org)

- HELEN GUERRERO-RANDALL  
LIBRARY@COFLYFISHERS.ORG

## COF CLASSIFIEDS

**FOR SALE:** Brand new Hodgman Neoprene Wading Shoes size 11. I bought these by mistake. They are too small for me. Rather than return them and pay the shipping cost, I will sell them for \$40. Original price was \$59. Lonnie Dunham, 541-213-4389 or [lonnie.kathy.d@gmail.com](mailto:lonnie.kathy.d@gmail.com)



**FOR SALE** Dave Scadden Detonator Low Pro- New- Never in the water, \$800. Took out of box to inflate for pictures. Comes with soft seat, pump, oars, motor mount, and side storage bags. Scott Denneson 541-647-2088



**FOR SALE:** Brand New Umpqua ZS2 Wader Chest Pack, \$30, clips to your wader suspenders or belt, holds two fly boxes, features include two hemostat grab tabs,

retractor station, foam fly patch, tippet holder, mesh pocket, ZS2 accessory attachment, retails \$49.95, Peter Martin, call 541-388-8956, or [pcmartin@bendbroadband.com](mailto:pcmartin@bendbroadband.com). When float tubing, I use the older version to keep my tools and tippet handy. For sale is the new version (pictured), I decided to stick with my old setup. 10.5" long x 3" wide x 7" high.



**FOR SALE:** 12' Flycraft Inflatable Drift Boat with gear rack and 2.3 HP Honda outboard motor, \$3000. Call John Butler, 541-588-2124 or 619-241-1589.



*COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold please resubmit your ad for the next month's newsletter. Submit ads to [classifieds@coflyfishers.org](mailto:classifieds@coflyfishers.org) by the end of the third week of each month. JPEG photos are useful.*

- [CLASSIFIEDS@COFLYFISHERS.ORG](mailto:CLASSIFIEDS@COFLYFISHERS.ORG)





## SEXY WALT'S FLY

Walt Young, a Pennsylvania fly angler, invented the Walt's Worm. Many serious anglers in the eastern United States make sure to have several Walt's Worms in their fly boxes. Why? It owes its success to looking and acting like many different aquatic organisms. Competition anglers have embraced the Walt's Worm and have embellished its simplicity with beads, hot spots, and flashy ribs. It is commonly called "Sexy Walt's Worm". It is truly a "blank saver" on the river. If you Google "sexy Walt's worm fly" you will find numerous YouTube videos on how to tie the many variations of the fly.

I do well on the Crooked River with the Sexy Walt, usually in size 16, but a size 18 also works well especially in low water, low flow conditions. The standard dubbing for this fly is natural hare's ear or squirrel material. Because of the importance of aquatic sow bugs in the diet of mountain whitefish and rainbows on the Crooked, a gray version works well. When asked about sowbug patterns, Devin Olsen, USA Team Member, believes the Sexy Walt is a good choice. I usually use copper beads but a silver bead also works well. Carry both colors with you. I use

fluorescent orange thread for a hot spot. Lance Eagan, USA Team Member, uses a version with a silver bead, chartreuse hot spot, and a dubbing mixture of 50% rainbow sow scud dubbing and 50% natural hare's ear dubbing. You can fish this nymph under an indicator or with contact (drop shot or euronymph) methods. I fish this nymph as a point fly (closest to the stream bottom). As for bead size, if you use contact methods with weighted flies, carry a wide range of sizes (3.8mm to 2.3mm tungsten slotted copper and silver beads). If you use unweighted or lightly weighted flies, use 2.3/2.4mm to 2.0mm brass beads in same colors. In the recipes below I cover the various options for the many variations. Google "walt's worm fly" and "sexy walt's worm fly" for directions on how to tie the "old" pattern and the "new" variations. Even though this is a simple fly to tie, it should be in your fly box and you should try it often in different types of water.

### Materials:

**Hook:** Size 16 and 18 straight shank standard nymph or jig

**Thread:** 8/0 fluorescent orange, pink, red, and chartreuse thread

**Bead:** Weighted – 3.8 to 2.3mm slotted tungsten copper and silver, Unweighted – 2.3/2.4 to 2.0mm brass

**Rib:** Sulky metallic silver or pearl krystal flash.

**Body:** Natural, gray, brown, or olive hare's ear or squirrel dubbing

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## JUNE 2022 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT
June 2nd & 9th	Black Butte School Youth Classes @ the Metolius Pond	fcholick@gmail.com
June 8th	Wild Women "Meet & Greet" with Broken Top Ladies	wildwomen@coflyfishers.org
June 11th – 18th	East Lake Outing, Wild Women only	wildwomen@coflyfishers.org
June 15th	Monthly Member's Meeting, 7:00pm @ the Elks Lodge	
June 16th	Crane Prairie - Quinn River Outing	Eric's Mail, whitehaus692@gmail.com
June 20th – 23rd	3 Day Youth Flyfishing Camp	Fred, nextcast@coflyfishers.org
June 22nd – 24th	Grand Ronde Float Trip (full), Wild Women only	wildwomen@coflyfishers.org

## In the Future

DATE	ACTIVITY	CONTACT
July 15-17	John Day Outing	Eric's Mail, whitehaus692@gmail.com
August 15	Three Creek Lake Outing	Eric's Mail, whitehaus692@gmail.com
September 5	East Lake Outing	Eric's Mail, whitehaus692@gmail.com
October 8	Crane Prairie - North End Outing	Eric's Mail, whitehaus692@gmail.com



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