## CENTRAL OREGON



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## President's Message

Someone flipped the switch on June 21 and all of a sudden it's Summer! Eric got out to Paulina and caught this beauty - nice job E!



We had an incident at our last meeting that could very well have ended in tragedy, were it not for the quick actions of some members who saved a man's life. I sent out an email giving everyone the details, so I won't go into it again in depth. I would just like to highlight again the importance of having some CPR/ First Aid training – you never know when you'll need it!

As I mentioned last month in another email blast, the Crooked River will be experiencing huge water problems this summer, from mid-August thru September. The flows will be the lowest since the dam was built (predicted to be 10 cfs!), so please plan your fishing accordingly.

I've included an updated version of one of my Tim's Tips columns from Aug '20. Since it's Caddis time in Central OR, this is a timely article for your evening fishing adventures.

I have one volunteer who has thrown their hat into the ring for the position of President for next year. The Education position is still unfilled, so we could really use someone to step up for that one too. If anyone is interested in volunteering for these positions, please contact me. Remember, we have a Democratic process for electing our leaders, so there will be a vote in November to see who will be our President, and hopefully our Education leader, in 2023.

Video of the Month. The Jensens give us some more high-quality video and good advice on fishing caddis and terrestrial patterns in this video from their trip to Chile. Worth the watch! <a href="https://www.youtube.com/watch?v=cKrKyFHECv0">https://www.youtube.com/watch?v=cKrKyFHECv0</a>

Thanx for being a part of this great Club, and feel free to let me (or any Board member) know if you have ideas for improvement. Also, please start thinking about how you can add value to this club - by volunteering for leadership positions or helping with our varied programs.

Get out and fish!

Tim Quinton, President COF





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deepcanyonoutfitters.com



President/FFI Rep
TIM QUINTON
PRESIDENT@COFLYFISHERS.ORG

Vice President
JOHN HOWARD
VICEPRESIDENT@COFLYFISHERS.ORG

Treasurer
LIZ JONES
TREASURER@COFLYFISHERS.ORG

Secretary

KARI SCHOESSLER

SECRETARY@COFLYFISHERS.ORG

Wild Women of the Water
SUSAN COYLE
WILDWOMEN@COFLYFISHERS.ORG

Membership ROBERT SHIMANE MEMBERSHIP@COFLYFISHERS.ORG

Outings ERIC WHITE OUTINGS@COFLYFISHERS.ORG

Programs
YANCY LIND
PROGRAMS@COFLYFISHERS.ORG

Education
VACANT
EDUCATION@COFLYFISHERS.ORG

Kokanee Karnival FRANK TUREK KK@COFLYFISHERS.ORG

Next Cast

FRED A CHOLICK

NEXTCAST@COFLYFISHERS.ORG

Conservation
TOM SHUMAN
CONSERVATION@COFLYFISHERS.ORG

Director At-Large
DANNY KARA & COROL ANN CARY
MEMBERATLARGE2@COFLYFISHERS.ORG
MEMBERATLARGE@COFLYFISHERS.ORG

Winter Fly Tying John Howard Winterflytying@coflyfishers.org

Classified Ads
PETER MARTIN
CLASSIFIEDS@COFLYFISHERS.ORG

Social Media MOLLY VERNARECCI SOCIALMEDIA@COFLYFISHERS.ORG

Website
Mary Barron
Webmaster@Coflyfishers.org

Newsletter Design & Production KELLY ALEXANDER SUBMISSIONS.COF@GMAIL.COM

### **GENERAL MEETING | JULY 20TH**

ELKS LODGE | 63120 BOYD ACRES ROAD, BEND, OR 97701



## Understanding Emergers with Rick Hafele

his month we get to hear from aquatic entomologist, author, angler, and Oregon resident Rick Hafele. Rick has been a fixture in the fly fishing community for decades and has shared his knowledge in numerous venues to a variety of groups, including COF many years ago. I encourage you to visit his website, <a href="www.rickhafele.com">www.rickhafele.com</a>, to get a feel for his prolific contributions to our pastime. My copy of his book, Western Mayfly Hatches, has been well used.

I look forward to his presentation on fishing emergers, something that I often find frustrating. Too many times I see fish rising for something but can never figure out what or how to get them on my line.

"Emerging insects provide some of the most exciting and productive fly-fishing opportunities. But you have to have the right fly and present it the right way. This program explains the in's and out's of choosing the right fly for the right emerger and how to fish them."

- YANCY LIND Programs@coflyfishers.org 2022 COF

Dutings Calendar

## **JULY 15-17**

**JOHN DAY** 

More information to come

## **AUGUST 15**

THREE CREEK LAKE

Launch at 7:00 Shore lunch - North side of lake - at noon

## SEPTEMBER 5

**EAST LAKE** 

Launch at 2:00 at the Hot Springs and fish the East shore.

### OCTOBER 8

**CRANE PRAIRIE - NORTH END** 

Meet at the Crane Prairie Resort launch at 9:00am.

Notes: Review the COF "How to" Crane Prairie – North End

#### **OUTINGS**

## John Day River Outing July 15-17, 2022



The John Day River is a tributary of the Columbia River, approximately 284 miles long, in northeastern Oregon and about a 2.5-hour drive from bend to Service Creek. Undammed along its entire length, the river is the fourth longest free-flowing river in the contiguous United States. In addition to salmon and steelhead fisheries, the John Day contains prime habitat for smallmouth bass. Also present are rainbow trout, carp, and channel catfish. Current river level (June 26th) is 2000cfs and falling about 100cfs per day. Best bass fishing is around 700cfs. The timing for this trip should be about perfect.

The focus of this outing will be small mouth bass. John Day smallmouth are very surface oriented, and most days anglers can fish on the surface all day long. Small to mid-sized poppers are productive, along with foam body flies such as Chernobyl ants and damsel flies. The river's largest bass are most often caught sub surface with crayfish, leech, and baitfish patterns. Recommended 4wt – 6wt rods. Bring both floating and sinking lines.

Where to catch John Day Bass in summer! Do not bother fishing water with any significant current. These smallmouth like calm water, so stick to the back eddies and slow water. Bass often feed just off the current line, staying just on the slow side of the boundary and ambushing passing prey. As for locations, smallmouth bass are present in the John Day in good numbers from the mouth at the Columbia River (and in the Columbia itself) well up to Kimberly and some beyond. For the free-flowing section above Tumwater Falls, boaters can put in at Kimberly, Spray, Service Creek, Twickenham and Clarno (taking out

at the Cottonwood Bridge on Highway 206). There is a state park at Cottonwood Canyon. Some of those stretches, especially the 71 river miles between Clarno and Cottonwood, are multiple-day trips. Study your river guide to choose the appropriate drift. Bank anglers will find by far the best access to the main river from where Highway 207 joins Highway 19 and on upstream. Smallmouth bass also are in the smaller North Fork, and there is plentiful access there for bank anglers from the mouth up to Monument.

Meeting location: Spray boat launch 7:00 AM Saturday July 16. Single person pontoons boats work well for this 14 mile float. There are a few easy rapids during the float. A group gather for dinner will be decided on at the time of the outing if there is enough attendance.

Where to stay: Spray Riverbend model (541) 468-2053) www.riverbendmotel.com; Spray Riverfront Park (No RSVP needed – First come); Fairview Campground 8.3 Miles NE of Spray; Muleshoe campground 10 south of Spray (small RVs).

Access: Multiple BLM public access points for Kimberly downstream. Details and permits (Float permits are required) at www.blm.gov/or/permit.

Useful fly patterns: Small poppers, sliders, Woolly Bugger, Kiry's Crawdad, dragonfly patterns, and Clouser Minnows.

#### Shuttle Services:

J&Z Shuttles (Spray) (541) 468- 2182 Service Creek Stage Stop (541) 468-3331

Fly shops on the way: Hood River: Gorge Fly shop (541) 386-6977, www. gorgeflyshop.com. The Dallas: Flyfishing Strategies Fly Shop, (509) 930-4406, www. flyfsishigstrategiesflyshop.com.

Please let me know if you plan to attend and we can coordinate shuttles, camping areas (most likely we will camp at Muleshoe) and a group dinner.

#### Thanks

- ERIC WHITE OUTINGS@COFLYFISHERS.ORG









#### **NEXT CAST FLYFISHERS**

Thanks to the tent raising crew: Tim Quinton (head engineer), John Howard, John Didion, Ed Tanguy and Bob Shimane. It was a hard working crew. I'm particularly grateful given that it was Father's Day.

The 3-Day Fly Fishing Camp was a great success thanks to the excellent instruction by the volunteers. We had 7 youth that now have the knowledge and skills to fly fish. It was the fist time that four of the students had touched a fly rod. The improvement in casting skill over the three days was amassing. Three of the students particularly excelled at overhead and roll casting. The keys to success were the following volunteers: Phil Martin, Liz Jones, Jeff Jones, John Howard, Tom Shuman, Dick Olsen, Frank Turek, Tim Quinton and Bob Shimane. I encourage all COF members to volunteer to help develop the next generation of fly fishers. It is truly a rewarding experience.

A special thank you to Jen Luke for providing the ODFW trailer, helping to load the trailer and towing it to the pond.

-- FRED A. CHOLICK FCHOLICK@GMAIL. COM

#### **EDUCATION**

# Tim's Tips #7: Caddis Time Revisited!

Have you ever seen all that surface activity during the last hour before dark on the Deschutes when there were clouds of caddis all around and had a hard time hooking up? I've been in that position, and over the

years have discovered a way to have some best-of-season fishing during those times.

Many times, my dry flies were ignored as I watched fish after fish eat "something" off the surface (or so it appeared!), and no amount of fly changes had any effect. One evening, in the last hour of light, I was wading back to my boat and dragging my line along, not reeled in. Since it was a fast, slippery wade I was moving pretty slowly, and the line was just hanging in the current below me (which was also where I had been fishing). You all know what happened next — a big redside slammed the fly, jumped 3 times to show off, then dove into the weedy bottom and threw the fly. Luckily it hadn't broken off in the growing darkness, and I tried it again — just cast out and let the fly "hang" in the current (for like 10 seconds!) with similar results (landed this one, about 13").

It turns out that trout like this, probably because the caddis are doing something just under the surface where they are vulnerable to the trout. I'm not sure if it's egg laying or emerging, I just know it really works. The fly I use for this method is an Iris Caddis (available at most of our local fly shops and pretty easy to tie, we've tied it in our winter fly tying class). It has a loop of white Zelon for a wing, and I apply some paste floatant to that part only. That little bit of white actually shows up pretty well in the low light conditions and choppy water of a riffle.

I cast it a few feet above a riseform, let it drift drag-free until the line comes tight, then let it swing in the current on a tight line until the fly is directly below me, then let it "hang" in the current for up to 10 seconds (approx). The fly is usually underwater in steps 2 and 3. Some fish will hit it on the drift, some on the swing, but the vast majority nail it on the hang. I use this method from

late June thru early August on the lower Deschutes and "the hang" accounts for about 75% of the hookups. I recommend going up to 4x tippet (I usually use 5x for my dry flies there), since the fish don't seem to care and they can really slam your fly (I've been broken off more than once on 4x by a big rainbow using this method). And don't strike when you get a take – the fish will usually hook themselves in this situation and if you do the "rip their lips off Bassmasters strike" you'll probably break it off. Just lift gently and fight the fish on a tight line. A lot of them get off anyway, no matter what you do, but it's a lot of fun!

The photo below is the Iris Caddis – thanx to John Kreft for his excellent photo skills! I'm not saying that the Iris Caddis is the only fly to use during this time – I've had luck using an X-Caddis and some other emerger patterns as well. I've just used the Iris more often and have always had great success with it.



- TIM QUINTON CGTIMQ@GMAIL.COM

#### **OTHER NEWS**

## 2022 Annual COF August Barbecue

The Annual August Barbecue is TUESDAY, AUGUST 16, serving starts at 6:00 pm. This event replaces the August general meeting. Mark your calendars, we'll have more information on how to sign up later. This year we'll get together in person, reacquaint ourselves, swap fish stories, enjoy a great catered meal and bid on fantastic auction items.

Bring the family and spend the evening with old friends and new at Aspen Hall in Shevlin Park. The kids might want to do some fishing in the pond or bring a rod and practice your casting skills. This year, due to the generosity of one of our members, we will again enjoy a catered barbecue meal from Country Catering. So you don't have to bring anything but your check book or credit card to bid on auction items.

What to Bring: Nothing. The club will supply soft drinks and dessert. The caterer will provide everything else. Since this event is being catered we will need to have an exact count of attendees and we will have to cap the attendees to 80, first come first served. Our next message will tell you how to sign up. All members and immediate family members are invited.

Auction: We'll have plenty of exciting items to bid on, more information will be coming soon.

Where: Aspen Hall is in Shevlin Park. From downtown drive west on Newport through all the traffic circles, Newport turns into Shevlin at Mt. Washington. Keep going another mile and a half, down the hill and cross Tumalo Creek at Shevlin Park. Aspen Hall is on the right, look for parking either on the Aspen Hall side or opposite.

Volunteers Needed. Please sign up with Herb Blank, email hblank@yahoo.com. We need volunteers to help set up, assist in serving, and to take down and clean up after the event. See you there.

#### **MEMBERSHIP**

### Welcome to Our New Members

Abby Beamer - Madras

Sherrill Beck - Sisters

Kristina Burkhart - Bend

Jacqueline DeGear - Bend

David Johnson - Bend

William Johnson - Bend

Martha Sheppard - Bend

As of June 26, 2022, Central Oregon Flyfishers has 307 members.

- ROBERT SHIMANE MEMBERSHIP@COFLYFISHERS.ORG

#### LIBRARY

COF library services have resumed now that we are meeting at the Bend Elks Lodge. Please return any books or DVDs that you may have. Thanks for keeping them throughout our shutdown. We are currently reevaluating the library collection, please send us any ideas you may have on how you would like the library to be, in the future (library@coflyfishers.org).

Our DVD collection and a select number of books are available for checkout. If you are a club member and would like to peruse the library and/or check out one of our books, just look for the rolling bookcase at the club's general meeting. The librarian arrives at the meeting early to give members extra time to look for books before the meeting starts. Sign in on our website https://coflyfishers.wildapricot.org, click on Members Area and select Library to see a list of our holdings. If you have any questions, comments, or new book suggestions, email Helen, the club librarian. library@coflyfishers.org

- HELEN GUERRERO-RANDALL Library@coflyfishers.org

#### **COF CLASSIFIEDS**

FOR SALE: Brand new Hodgman Neoprene Wading Shoes size 11. I bought these by mistake. They are too small for me. Rather than return them and pay the shipping cost, I will sell them for \$40. Original price was \$59. Lonnie Dunham, 541-213-4389 or lonnie. kathy.d@gmail.com



**FOR SALE:** Dave Scadden Detonator Low Pro- New-Never in the water, \$800. Took out of box to inflate for pictures. Comes with soft seat, pump, oars, motor mount, and side storage bags. Scott Denneson 541-647-2088



FOR SALE: Brand New Umpqua ZS2 Wader Chest Pack, \$30, clips to your wader suspenders or belt, holds two fly boxes, features include two hemostat grab tabs, retractor station, foam fly patch, tippet holder, mesh pocket, ZS2 accessory attachment, retails \$49.95, Peter Martin, call 541–388–8956, or pcmartin@bendbroadband. com. When float tubing, I use the older version to keep my tools and tippet handy. For sale is the new version (pictured), I decided to stick with my old setup. 10.5" long x 3" wide x 7" high.











FOR SALE: 12' Flycraft Inflatable Drift Boat with gear rack and 2.3 HP Honda outboard motor, \$3000. Call John Butler, 541–588–2124 or 619–241–1589.



COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold please resubmit your ad for the next month's newsletter. Submit ads to classifieds@coflyfishers.org by the end of the third week of each month. IPEG photos are useful.

- CLASSIFIEDS@COFLYFISHERS.ORG







## **X-CADDIS**

#### **Materials:**

**Hook:** Dry fly appropriate for the size of the caddis

**Thread:** 8/0 Uni thread color to match the body

**Body:** Superfine dry fly color to match the insect

**Shuck:** Natures Spirit Emerger Yarn to contrast with the body

Wing: Elk Hair

Craig Mathews designed this fly and I have used it successfully for many years. I like this fly because it catches fish, it's a fast tie, the materials are inexpensive, and by substituting the appropriate colors it can imitate most caddis.

- 1. Start the thread about an eye length behind the eye and wrap to back even with the hook point
- 2. Tie in the emerger yarn to form the shuck and wrap forward to the original tie in point. Trim the shuck about ¾ of a shank length.
- 3. Wrap the thread back to the point where the shuck was tied in.

- 4. Dubbed the thread and wrap forward to the beginning point just behind the eye.
- 5. Select an amount of elk hair slightly wider than the hook gap. Clean out the fuzz/ underfur and stack the clump in a hair stacker.
- 6. With the hair tips pointing to the rear, measure the length of the wing just slightly longer than the hook shank.
- 7. Tie in using a couple of loose wraps and then pull firmly straight down. Lift up a couple of butt ends and tie firmly down. Repeat until all of the butt ends have been tied down. Pull the wing up to shape it and trim the butt ends to match the angle of the wing forming a little head

- MICHAEL TELFORD MIKETELFORD76@GMAIL.COM

#### **JULY 2022 UPSTREAM EVENTS**

| DATE       | ACTIVITY  | CONTACT                             |
|------------|---|-------------------------------------|
| July 10    | WWW Faith Hope & Charity Vineyard from 2-5 PM     |                                     |
| July 15-17 | John Day Outing                                   | Eric's Mail, whitehaus692@gmail.com |
| July 20th  | Monthly Member's Meeting, 7:00pm @ the Elks Lodge |                                     |

### In the Future

| DATE        | ACTIVITY  | CONTACT                             |
|-------------|---|-------------------------------------|
| August 15   | Three Creek Lake Outing                             | Eric's Mail, whitehaus692@gmail.com |
| August 16   | Annual COF BBQ, 6:00pm @ Aspen Hall in Shevlin Park |                                     |
| September 5 | East Lake Outing                                    | Eric's Mail, whitehaus692@gmail.com |
| October 8   | Crane Prairie - North End Outing                    | Eric's Mail, whitehaus692@gmail.com |

