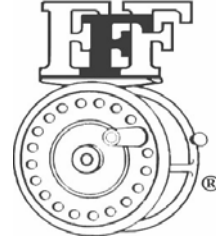


The Central Oregon Flyfisher



www.coflyfishers.org



An Active Member Club

Volume 29

Number 1

January 2006

GENERAL MEETING
Exploring the John Day River
Patrick Kollodge
January 18
6:30-8:30 PM
Bend Senior Center
1600 SE Reed Market

Photography Class
"Photographing Your Catch"
O'Keefe

January 10

See p. 2 for details

2 Day Flyfishing Seminar
Jack Dennis
Mike Lawson

Feb. 13 + 14
See p. 6 for details

President's Message

2006 is here and we are off and running. First, I would like to give a big thanks to all the officers, board members, and volunteers from last year. Due to their hard work COF has made great strides. Also, I would like to welcome all the new officers, board members, club members who I am sure will continue this organization's outstanding legacy.

COF membership has grown considerably and shows no sign of slowing down. Greater membership allows the club to provide bigger, better and more benefits. We will see some of these fruits in the coming months as the club takes steps into new water. Keep your eyes on activities in the newsletter and ears open at the monthly meetings. Ron Anderson, COF's education coordinator has something very special lined up for the 13th and 14th of February.

As we grow and venture forth, we must not forget that we are first and foremost a club dedicated to sharing the fine sport of fly fishing with our fellow members, our neighbors, and our community young and old. Sometimes groups as ours grow and individuals can get lost in the membership. This is unhealthy for any organization. This year your board will be emphasizing their commitment to COF's members by providing greater member recognition, member education and special activity and volunteer opportunities you sure won't want to miss. After all, COF is its membership. There are a lot of areas to get involved in COF, please consider taking the steps to become more active. Also there are many faces in COF, I ask everyone, new members and longtime members alike, to make an effort to get to know each other, go fishing together, help out each other and get actively involved in arguably the best local fly fishing club in the Northwest.

I encourage any member with any input, to let a COF board member know what you like or dislike, any concerns or ideas that you have. If you are interested in getting more involved see the volunteer opportunities list or just let any board member know that you want to help out somewhere and we'll get your name down for future activities. All board members will be wearing green tags at the meetings this year. As always, any COF member

is welcome to attend the club's board meeting the first Thursday of each month at the Bend Environmental Center. Meeting starts at 7:00.

It is our club, our responsibility. We can all be extremely proud of our accomplishments and what Central Oregon Flyfishers has become and what it offers our community, I know I am, and I am honored to have the opportunity to contribute as our club's president in the coming year. Carl Sanders

January Meeting

This month's meeting will explore the John Day River. Patrick Kollodge will be giving us some ideas on how to put together a successful fishing trip on the John Day River. Topics will include public access, trip preparation, necessary camping equipment, boat selection, whitewater considerations, day trips/longer trips, and flies and techniques for the bass and steelhead. Patrick will have photos of the spectacular scenery found in the lower 157 miles of the John Day River canyon.

Patrick has been a BLM River Ranger on the John Day and the Deschutes Rivers. He is the lead writer/editor of the soon -to-be released John Day Recreation Guide. He has been a fly fisher since 1974.

COF Volunteer Opportunities

*Interested? Contact Carl Sanders
acesanders@earthlink.net*

Chairperson for kid's fishing pond at Central Oregon Sportsman's Show, Mar 2-5.

Every year COF runs the kid's pond at the show. Pond, fish and equipment is all set up by the show staff. A chairperson is needed to coordinate and recruit volunteers to staff the pond for 4 days to help kids release fish, tie flies on the lines and keep the activity organized. The show donates a sizeable amount to COF which goes to Kokanee Karnival activities.

COF Raffle Coordinator

Person would be responsible for purchasing monthly raffle items on COF's budget, bringing items to the monthly meetings, and selling raffle tickets.

COF Club Historian

Membership Coordinator

Want to get to know your fellow members? This is your chance. Delores has done an outstanding job at this position for a number of years but is ready to try something new. This involves greeting members at the general meetings, organizing membership forms and keeping membership database updated.

Photographing Your Prize Catch

Presenters: Brian and Judith O'Keefe

Ever looked at the excellent photographs of fishermen and their catches and wish your photos looked that professional? Well, the O'Keefe's, Brian and Judith, COF members and professional photographers, have agreed to put on a workshop for COF members only. They will share with us some of the methods used to preserve the memory of that special catch.

The workshop will cover presentation, lighting, and the well-being of the catch.

Join us for this informative workshop:

Day and time: January 10, 2006 at 6:30 pm.

Location: Central Oregon Environmental Center

Fee: \$10. Make payable to COF

Enrollment Procedures: Contact Carl Cavallo at, fishincarl@yahoo.com to sign up or call (541) 617-0211.

- There was an application for this class in the December 2005 newsletter -

The COF Library Needs Materials Returned

As you may recall from last month's newsletter, we have some ongoing concerns in regard to the COF library. The news this month is that the bulk of the library has been spared from the chopping block. We are now in the process of updating our inventory records and need to make sure that we have everything in hand to complete this process. So if you have any materials out (books or video tapes) please return them as soon as possible. You can do this at the next meeting or by phoning Bob Griffin at 389-2070.

Thanks for your cooperation in this important project.

Leonard Swanzy January Volunteer of the Month

For many years now, the Kokanee Karnival has relied on volunteer efforts to construct a structurally sound foundation in watershed, fisheries biology, and fishing education. Volunteerism is essential to its continued success. Some volunteers have been with the program for many years, some have come and gone, some have made brief appearances...all are greatly appreciated. Most of the volunteering means working with the kids whether in a classroom or out in the field. But, often overlooked are the people that provide support for all the volunteers. One of them has been a stable for many years. Leonard "Len" Swanzy has annually supported the Kokanee Karnival by providing lunches all week to the volunteers of the KK's Streamside Program on Brown's Creek. This past year he overdid himself when in foul weather, the volunteers were greeted with a banquet of hotdogs, hamburgers, all the fixings and sides. But Len's contribution doesn't stop there. When COF moved to the Bend Senior Center last year, Len stepped forward and took control of the coffee pots. Len reliably purchases supplies and makes the coffee for every monthly meeting of COF. This means he is faithfully there by 6:00pm each meeting so that we can all enjoy a cup of hot joe when we come in the door. Thanks Len. Wait there's more. For the past several years COF has met at the Bend Trap club every Tuesday for Fly Tying Tuesdays during the winter months. Guess who is there every Tuesday before everyone else with the keys to open the building and get the furnace fired up so that we can enjoy a warm place with good friends on the cold winter nights? Yes it is Len again. Although, behind the scenes most of the time, Leonard Swanzy is of great help to the operation of COF activities. For his faithfulness to the club and his reliability in everything he does for us Leonard Swanzy is COF's Volunteer of the Month for January 2006.

NOTE: Beginning this month COF will be recognizing one member as Volunteer of the Month based on individual efforts in support of COF and its membership on a monthly basis. Please, take the time to greet these members at the general meetings and COF activities and give them a big thank you.

Why Weeds?

This article is the first in a series about invasive plants, their impact on our lives, fish populations, and the environment.

The United States is a huge country with an enormous amount of natural resources. Abundant wildlife, fertile lands, and the promise these resources held attracted early immigrants to America from Europe and elsewhere. The richness of American ecosystems opened the door to settlement. Settlement has now altered, and in many places threatens, those ecosystems. Development through farming, industry, and construction and overuse of our land contributes to the fragmentation of the land and opens the door to new settlers—invasive plant species. Literally thousands of invasive plant species have been introduced to the U.S., intentionally and unintentionally. Land owners and managers seeking to protect the unique ecosystems in the U.S. now face the challenge of halting the destruction caused by invasive plant species. Invasive plant species rank second to habitat destruction in causing disruption to our ecosystems.

Invasive weed species are a problem that affects all communities, regardless of whether invasive weeds exist in your community. Invasive weeds are the single most serious threat to biodiversity that our country faces today. As invasive weeds out-compete native plants, wildlife habitat (including fish habitat) is destroyed and degraded, soil erodes, and the aesthetic value of land decreases. Invasive weeds are also an economic burden, costing landowners and government agencies billions of dollars annually to control weeds and in the loss of crops and forage.

Millions of acres of public lands in our western states are threatened by invasive weeds. Weeds are also a serious problem for ranchers, farmers, homeowners, and government agencies throughout the country. To understand the effect of invasive plant species, it is important to understand:

- what makes an ecosystem unique
- how invasive plant species affect ecosystems
- how different ecosystems interact to form the interconnected webs of our planet's biosphere
- how and why non-native plants persist and take hold to disrupt our biosphere's intricate web

The impacts of invasive plants do not stop at the boundaries of the plant kingdom. Biological diversity is imperative to create an intricate web consisting of populations of plants, animals, fish and insects that are uniquely adapted to the environmental conditions within particular communities.

Adapted from *Alien Invasion: Plants on the Move*,
Terri Grimm, Editor

January Fly of the Month

We all know the status that precedes the Prince nymph. A great anytime nymph that incorporates peacock, weight, and contrasting colors. What a combo, how can you go wrong fishing one? This fly tends to be worthy of a place in your fly box no matter what water you are on. If you get tired of fishing the standard Prince try adding a bit more color with some attractive properties. Tie this in different profiles and weights, but I tend to lean toward the heavy, fat and juicy looking profile. Don't be afraid to tie this version big and drift it for winter steelhead either.

Hook: standard nymph #8-#16

Thread: black

Weight: lead wire or lead substitute

Tail: Golden Pheasant tippets dyed red

Rib: Silver wire

Abdomen: Peacock or synthetic of peacock color

Wing: White goose biots

Legs: Black hen

Thorax: Peacock or synthetic of peacock color

Head: Red glass or weighted bead

First, slip on the bead of choice. Add a few wraps of lead wire for weight. Tie in a small bunch of red tippets for the tail. Tie in the wire ribbing. Dub the abdomen about two-thirds of the shank. Counter wrap the wire ribbing over the abdomen. Tie in the two goose biots over the abdomen in a v-shape with the concave side down. Tie in and wrap a couple turns of the hen hackle. Finish the thorax with more dubbing and tie off.

Carl Sanders



Upper Deschutes Basin Water Policy Issues Discussion - January 12

The Deschutes County Planning Commission is hosting a panel discussion on January 12, 2006 from 5:30 to 8:00 p.m. to address water policy issues in the Upper Deschutes Basin.

The forum will provide a context of the physical and legal environments shaping water policy in the basin, including a summary of basin hydrology, state water law, and recent water allocation decisions.

The panel discussion will be held at the Deschutes County Services Center, 1300 NW Wall Street, Bend in the Barnes and Sawyer meeting rooms on the first level of the building.

Panelists will discuss future water management opportunities and the efforts being undertaken by various stakeholders to find equitable solutions. A 20-minute question and answer session is reserved for the public at the end of the discussion.

Panelists include:

- * Marshall Gannett, U.S. Geological Survey
- * Kyle Gorman, Oregon Department of Water Resources
- * John DeVoe, Oregon Water Watch
- * Bobby Brunoe, Confederated Tribes of Warm Springs
- * Tom Hickmann, City of Bend
- * Tod Heisler, Deschutes River Conservancy
- * Steve Johnson, Central Oregon Irrigation District

Please go online to www.deschutes.org/cdd/planning_commission for more information (see January Events Calendar) or call 385-1709.

Wild Women of the Water Everything You Need to Know About Fish

January Meeting: Date and Location to be
Announced

How well do you know the fish that we so vigorously pursue? How well do fish see? How do they swim and float? What's the difference between a trout and a char? Can you name all the fins on a fish? Jen Bock, ODFW-STEP Biologist and COF member, has put together a great slide show, fun "fish quiz," and lively discussion about fish facts and trivia. Learn more about your quarry and increase your chances for success! Stay tuned to your email for the date and location of this informative meeting.

Terri Grimm, 318-0567

“Dolly Hole”...a bunch of Bull?

The infamous “Dolly Hole”, if you’ve fished the Metolius more than likely you have heard of this spot. There are big fish here. The name of this hole itself implies these fish are Dolly Varden (*Salvelinus malma*). However, with a little investigation you’ll find these fish are Bull Trout (*Salvelinus confluentis*). These two fish are very similar, but different species. They are often confused or talked about interchangeably. They are western North America’s most southern branches of the genus *Salvelinus* which includes all the arctic char. Scientific research indicates that Dolly Varden was the native coastal char and Bull Trout was the inland native char. Only Bull trout are currently recognized as present in Oregon. ODFW recognizes 70 populations of Bull Trout in the Columbia Basin and 9 in the Klamath Basin. It is believed that these populations originated during the last glacial period. This idea stems from the fish’s need for cold water temperatures to reproduce.

Bull Trout have 3 different life histories: migration between lakes and streams, migration between small tributaries and large rivers, and non-migratory. The Metolius population is adfluvial which is the term for migration between lakes and streams as this population uses Lake Billy Chinook to mature. Young Bull Trout are slow growers and generally don’t mature until they are about 5 years old. Once mature, they may reproduce only on alternate years living for about 12 years. If the conditions are right, they can reach sizes close to 30 pounds. The necessity for clean cold water, the slow juvenile growth and their highly aggressive nature

make them sensitive to over fishing. The populations of Bull Trout at the highest risk in Oregon are populations in the Middle Fork Willamette, Hood, Klamath and Powder Rivers. The healthiest populations are in northeastern Oregon and the Metolius/Lake Billy Chinook system. Bull trout travel further upstream than any other salmonid to reproduce. This makes them very vulnerable to environmental impacts. Also, being a char itself, brook trout introduced into the west have greatly effected the Bull Trout populations through interbreeding.

We are fortunate to have such a beautiful fish so close to home, and even more privileged to have a population healthy enough to legally catch and release. It is a true gem of Central Oregon and one we must ensure continues to shine.

Carl Sanders



New Members

OH MY!!!!!! I have forgotten to recognize the new members for the last couple of months. Here they are:

September	Ron Nicpon Ron and Diane Simonson David Honigman Tom Teaford Wayne and Carol Wright Mark Gabler & Terry Young Jan Isbell	October	Barry and Debbie Garley Bob Barss Roger Long
		December	David Hatcher Carol Christiansen Richard and Laurie Olsen Michael Bishop Ken Gutowski

COF Presents
In Depth Two-Day Fly Fishing Seminar
with Jack Dennis and Mike Lawson

Central Oregon Flyfishers has scheduled a two-day seminar with nationally-known writers, speakers, and expert fly fisherman Jack Dennis and Mike Lawson. Jack and Mike have agreed to share their extensive practical fly fishing knowledge with Central Oregon fly fishermen through a series of seminar topics over two days on Monday and Tuesday, February 13 and 14.

Jack Dennis owns the Jack Dennis Outdoor Shop in Jackson Wyoming, and his guiding business clients include US presidents, sports figures, movie stars and the current vice president. He has produced 22 flyfishing videos, and he has authored several books including the Western Trout Fly Tying Manual and Tying Flies with Jack Dennis and Friends. Jack co-hosts and appears in Fly Fish on the Outdoor Network channel. He travels and lectures widely throughout the winter months.

Mike Lawson started guiding and tying flies professionally before he founded Henry's Fork Anglers in Last Chance, Idaho. Mike has fished all over the world, and he has written articles for Fly Fisherman, Fly Fishing for Trout, the Fly Fisher, Trout Magazine, and the American Angler. Mike appears in several videos including Tying Western Dry Flies, Tying and Fishing Caddisflies with Jack and the late Gary LaFontaine, Fishing the Golden Ring, and Tying Flies for Spring Creeks and Tailwaters. Mike is a member of the Sage Advisory Team.

These are some of the topics to be presented:

Presentation - The Key to Success. Includes casting, leaders, lines and flies.

Nymphing - Top to Bottom. Includes all aspects of nymph fishing from drifting deep nymphs in fast water to delicate presentations on spring creeks.

How to Become a Better Streamer Fly Fisherman - Improve your streamer angling. Great footage of trout taking minnows and demos on casting, retrieves, lines, leaders and how to make the streamers drive fish crazy.

The Fly Fishers Underwater World of Trout - Spectacular footage of trout feeding, the trout "window", flies and insects underwater and how they are viewed by trout.

Proven Techniques for Larger Trout - An in depth look at the best times, best places, best techniques and best patterns to take trout on America's finest public waters.

Matching the Hatch with Indicators and Beyond - Techniques to improve nymphing to include the polish nymphing method. A variety of multi fly methods will be explored.

Emergers - What They Are and How to Fish Them - A comprehensive look at a little known but important aspect of the insect life cycle. Includes methods and flies to use.

Spring Creek Magic - How to catch the most difficult and selective of trout. Guaranteed to help you fish all spring creeks including the Metolius and Fall River

Jack and Mike also will share information about great places to fish in the western US with topics such as Yellowstone and Beyond, Fishing the Upper Snake River System, Trout Streams of the West, and 20 Places to Fish Before You Die.(depending on time available)

COF members will have first opportunity to fill the 80 seats we have available at a bargain price of \$55 which includes lunch both days. Any remaining seats will be filled with non-COF members at \$65 including the two lunches. Please don't delay registering if you're interested. This is a great price for excellent instruction.

COF members REGISTRATION DEADLINE is Friday, January 20th. To register send your check, payable to COF, to Frank McKim, 20475 Rogers Road, Bend 97701. Include your phone number and email address.

Questions: Ron Anderson email rlanderson@bendcable.com

New/Renewal Membership

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME		FIRST NAME	OCCUPATION (PAST OR CURRENT)	
SPOUSE'S FIRST NAME		SPOUSE'S LAST NAME IF DIFFERENT		HOME PHONE
HOUSE NUMBER	STREET		WORK PHONE	EXT
CITY		STATE	ZIP CODE	
EMAIL ADDRESS				

How do you want to receive the COF monthly newsletter? E-mail saves big \$\$ (Check one.) Email US Postal Service

Why did you join COF? (Check all that apply. List other interests on reverse.)

Acquire more knowledge Find fishing partner Volunteer for projects Improve technique Social functions

You must sign this release EACH year when you renew to attend or participate in club activities.

LIABILITY RELEASE AND HOLD HARMLESS AGREEMENT

As a condition of membership or of participation in any activity encouraged or publicized by The Central Oregon Flyfishers, I voluntarily assume all risks of my participation. In acknowledgement that I am doing so entirely upon my own initiative, risk and responsibility, I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge The Central Oregon Flyfishers, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such COF activity.

I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any right I may have to bring legal action to assert a claim against The Central Oregon Flyfishers for its negligence. I have read the above statement and agree to its terms as a condition of my membership in The Central Oregon Flyfishers.

X _____
 SIGNED BY PRINT NAME MONTH DAY YEAR

X _____
 SIGNED BY PRINT NAME MONTH DAY YEAR

DUES SCHEDULE

Memberships are renewable on January 1 of each year. New members joining prior to June 1 shall pay a full year's dues of \$36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes County shall pay \$12.

THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	OCT	NOV
THE DUES YOU PAY (\$)	18	15	12	9	6	3

RETURN THIS FORM Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

The Central Oregon Flyfishers
Membership Chairman
PO Box 1126
Bend, OR 97709

UPSTREAM EVENTS – 2006

January:	1	<u>Dues go up to \$36 dollars - 1/2 of the members have not renewed yet!!!!</u>
	1	Outing , annual 'News Year's Day - Crooked River trip', Dave Semich
	5	COF Board of Directors Meeting, Carl Sanders
	10	Class , Photographing your Prize Catch, by Brian and Judith O'Keefe, Carl Cavallo
	18	COF General Membership Meeting, Patrick Kollodge, Exploring the John Day River
February:	2	COF Board of Directors Meeting, Carl Sanders
	13+14	Seminar , by Jack Dennis and Mike Lawson, Ron Anderson
	15	COF General Membership Meeting,
March:	2	COF Board of Directors Meeting, Carl Sanders
	11	COF Annual Banquet If you are interested in helping at the Banquet (set up, take down, organization, etc.), Please contact Larry Godfrey at 382-5860
	15	COF General Membership Meeting,
April:	6	COF Board of Directors Meeting, Carl Sanders
	19	COF General Membership Meeting
May:	4	COF Board of Directors Meeting, Carl Sanders
	6	Class , Entomology for the Fly Fisher, by Rick Hafele, Ron Anderson
	17	COF General Membership Meeting
June:	1	COF Board of Directors Meeting, Carl Sanders
	21	COF General Membership Meeting

- Notes: (1) For more information about an event - contact the last name on the lines above.
(2) For a complete calendar for the year, see Upstream Events on www.coflyfishers.org

