

## Contents

- 1 PRESIDENT'S MESSAGE
- 2 COF BOARD MEMBERS
- 3 COF PROGRAMS
- 3 CONSERVATION
- 4 WILD WOMEN OF THE WATER
- 4 EDUCATION
- 6 MEMBERSHIP
- 6 CLASSIFIEDS
- 9 TYER'S CORNER
- 10 UPSTREAM EVENTS



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## President's Message

Hope everyone had a great Christmas and Happy New Year. The Holiday Party was a success. Everyone had a great time and enjoyed visiting. A special thanks to Mary Barron for organizing the party. Also thanks to Tim Quinton and Bill Seitz for the excellent educational programs.

It is hard to believe that it is 2024. I'm looking forward to it and believe that COF will have a fantastic year. I have said in the past: no one is expected to do everything but hopefully everyone will do something to support COF. There are many opportunities to support the club. Please review the following list and select one or more to support COF. Volunteer for: Trout Pond at the Redmond Sport Show, Egg to Fry, Angler Class Room Education, Banquet, Spring Angling Clinic, 3-Day Fly Fishing Camp, Annual Barbecue/Picnic, Fall Stream side, and/or Lead an Outing. If you are interested, I will provide more information on any of these COF activities. Please contact Yancy Lind if you have ideas on monthly presentations, Allen Caudle if interested in a location for an Outing and Tim Quinton on ideas for Educational programs.

The Redmond Sportsman Show is March 7-10, 2023. This event is a fundraiser (we receive \$3,000) for COF and an excellent opportunity to volunteer. I have volunteered for the Sportsman Show several times and found it to be a lot of fun. In addition, all volunteers receive free admission to the Sportsman Show. Kevin Sansom has agreed to coordinate volunteers for the show.

Before the January meeting we'll have a short presentation from Val Wadsworth, the Central Oregon (Bend) Program Lead for Project Healing Waters Fly Fishing. PHWFF is dedicated to the physical and emotional rehabilitation of disabled active military personnel and disabled veterans through fly fishing and associated activities including education and outings. He will talk about the program and how it benefits the veterans in our area. **COF monthly meeting time change start time 6:00, social at 5:00.**

Looking forward to 2024. Please feel free to provide me with your thoughts and suggestion to enhance COF so that it has greater value for you.

Tight line.

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TIM QUINTON

## GENERAL MEETING | JANUARY 17TH

ELKS LODGE | 63120 BOYD ACRES ROAD, BEND, OR 97701



### COF PROGRAMS

## Fly Fishing Crane Prairie Reservoir

Of all the presentations on fishing Crane Prairie I have seen over the years, Phil Fischer's is the best, and I look forward to seeing it again. As a bonus, Phil will give a fly tying demonstration of his favorite patterns before the meeting, so be sure to arrive early. Phil will lead us on a detailed tour of Crane Prairie and will share the techniques and fly patterns he uses throughout the seasons.

Phil Fischer is an avid fly tier, fly fisherman, photographer, and author. He lives in Sunriver, Oregon and spends time fly fishing the fabulous still waters in Central Oregon. He has fly fished extensively throughout the Western United States and numerous international destinations. He has been a regular demonstrator at several West Coast fly shows and often speaks at fly clubs in Oregon and Northern California.

When Phil was 10 years old, his dad bought him a fly tying kit for his birthday. He has never been far from a

visit since that day and now has over 45 years of fly fishing and fly tying experience. He owns Phil's Custom Trout Flies and has customers throughout the United States who count on his expertise in solving fly fishing puzzles on their own home waters.

Phil specializes in patterns for still waters in Central Oregon. His Callibaetis Life Cycle patterns consistently catch fish and are in high demand. These flies have been featured in several publications and tying instructions can be viewed online at his YouTube page. Phil also contributes a monthly fly tying column to the Sunriver Anglers.

- YANCY LIND  
PROGRAMS@COFLYFISHERS.ORG

### CONSERVATION

Now is a good time to look back over the past year and look over what went well in my life. I got involved in the Mayfly Project where experienced fly fishers introduce some foster kids to the art of fly fishing. This group is a little younger than the week long fishing camp the club sponsors at the ODFW kids fishing pond near Camp Sherman. The group is a little younger, but the addition of 3 foot long practice rods with yarn line and Velcro ends to snag fabric fish kept the younger kids entertained and aided in teaching these young kids the mechanics of casting a fly rod. The program sponsors six outings to teach the kids the basics of fly fishing. The outings are scattered thru the summer at different locations. The kids enjoyed the program and many made significant improvement in their fly fishing skills. I think all had the joy of hooking and landing some trout from local ponds and rivers. Some have already signed up for the class to further their skills next year. One has agreed to become an instructor to aid in teaching some of the other kids. This program meets Fred's objective of teaching some of the younger people of interest who do not have as much grey hair as most of our members. I would encourage other members to join this group and invest a little time next year in teaching and training the next generation of fly fishers. The Mayfly Project is headed by Kate Eng a member of Central Oregon Fly Fishers. Contact her at Kate Eng at [2kateeng@gmail.com](mailto:2kateeng@gmail.com) or [themayflyprojectbend@gmail.com](mailto:themayflyprojectbend@gmail.com) increase in recent years.



## WILD WOMEN OF THE WATER

Welcome Wild Women to 2024! We ended 2023 with our traditional holiday gathering and gift exchange which was great fun. Let's begin the new year with a get-together at the fly shop in Sisters, Fly Fishers Place. Mark your calendars for Saturday, January 20th. We will explore all things nymphing with shop guide Mattias Holverson and follow this up with a bit to eat and drink in Sisters. I have been working on improving my euro nymphing technique and Mattias has been helpful by setting me up with a new leader system and go to fly patterns. Watch for an email to register for this event. This will be informative for all anglers so be sure and set the date on your calendar. Looking forward to many opportunities to fish with everyone in 2024!

- SUE COYLE  
WILDWOMEN@COFLYFISHERS.ORG

## EDUCATION

Happy New Year everyone! To start the 2024, I've got some videos on streamer fishing that should provide some good info, as well as some entertainment for you.

In this video from The New Fly Fisher recorded in 2001, Kelly Galloup discusses the triggers for big trout using streamers. He had recently published his book, *Modern Streamers for Trophy Trout*, and at the time was still living in Michigan. You can learn more about Kelly through his website and business in Montana here: <https://www.slideinn.com>  
<https://www.youtube.com/watch?v=MCXot68QN2g>

It is an informative and interesting article that looks at what makes big fish attack a streamer. Some of the material about fly lines is a little dated, but the basic theory is still applicable to today's fishing. I

think you'll find it worth your time to watch it.

This next video describes how to use RIO's fly clips and twist clips; I find them useful for fishing streamers and larger wet flies when I don't feel like tying a lot of knots (like when it's cold outside!). Both of these allow your fly to hang and move freely, just like using a loop knot. <https://www.youtube.com/watch?v=7pUNmLMqsH8>

Here's another one from The New Fly Fisher archives (2005) on streamer fishing. Kelly Galloup and Bob Jacklin give us some good tips on techniques and tackle for big fish. [https://www.youtube.com/watch?v=gBNKkRy\\_xw4](https://www.youtube.com/watch?v=gBNKkRy_xw4)

And finally, another video on streamer fishing, this one a little more current. This special video is all about streamer tactics and various ways to effectively use them. From Montana to Ontario and with various hosts such as Tom Rosenbauer, this detailed video will give you new concepts for using streamers on different types of rivers and streams for trout and even bass. Great full-length video for all anglers! <https://www.youtube.com/watch?v=7jmQTi81X44>

If you have a subject you'd like to see in this column, or something you'd like to see me cover during the Education Hour at the beginning of our monthly meetings, please let me know.

- TIM QUINTON  
CGTIMQ@GMAIL.COM



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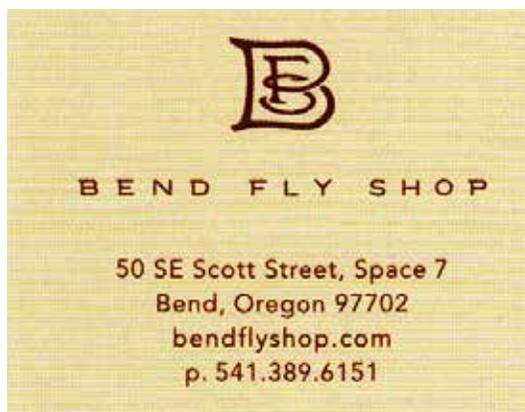
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Yancy Lind catching a 25" Bull Trout on the Metolius on December 27th using a 5wt rod.

**MEMBERSHIP**

**Welcome to Our New Members**

**Greg Wognild - Bend**

Renewal notices were sent on November 16, so make sure to renew. COF has returned to regular operations following a gradual normalization post pandemic. We look forward to many activities in 2024.

- ROBERT SHIMANE  
MEMBERSHIP@COFLYFISHERS.ORG

**COF CLASSIFIEDS**

**FOR SALE: FISH CAT COUGAR PONTOON BOAT, \$450.** This pontoon boat is in excellent condition and has been used very little. One of the main features of the Cougar boat is that it features a quad pontoon design which increases load capacity, stability, tracking and offers less wind resistance than other pontoon boats. This feature allows it to float in as little as 3" of water. The

pontoons are 8 feet in length and it has 7'4" oars. It has a 10-piece aluminum frame which makes for compact storage and easy transport. It has saddle bags on each side of the seat for lots of storage. Jack Patterson, Jfpat44@gmail.com, 541 941 4156



**FOR SALE: CHRISTMAS SPECIAL. 9 FT CLASSIC ACCESSORIES “COLORADO XT” PONTOON BOAT.** Has comfortable seat, 2 storage bags, footrests, 2 detachable saddle bags, weight system, 2 oars (not shown), rod holder, and wheel system for moving. Includes life jacket. Retail for over \$800. Asking \$550. Used 2x. Call Richard Graham 541-951-9550 or email rdgraham58@yahoo.com



**FOR SALE: OUTCAST PROWLER FLOAT TUBE.** Excellent condition. Includes fins, backpack straps, carrying case, and repair kit. \$275 OBO, Kevin Sansom 541.749.8205, kevinjsansom@gmail.com



**FOR SALE: SAGE MODEL ONE 7116-4 TWO HANDED SWITCH ROD, 11' 6", 7 wt., 4-piece,** sock and tube, \$450.00, perfect for steelheading the lower D, also includes Rio Scandi Shooting Head, 420 gr. and Rio Powerflex Shooting Line, like new, fished twice, retail new; rod-\$860, shooting line-\$40, scandi line-\$55, total of \$955, Peter Martin, landline, 541-388-8956, pcmartin@bendbroadband.com



**FOR SALE: THE FOLLOWING ITEMS ARE FOR SALE BY TIM QUINTON, CGTIMQ@GMAIL.COM, 509-392-3516**

**WINSTON 8' 3 WEIGHT AIR FLY ROD & NAUTILUS REEL, PRICE REDUCED TO \$700**  
This is a beautiful Winston rod and reel setup for small stream fishing! It comes with original tube, a 4pc 8' Redington rod/reel case, and all are in great condition. The Nautilus FWX 1/3 reel includes backing and 3 wt line and neoprene case. Asking \$700 for the outfit (\$500 for the rod and \$200 for the reel). I am open to splitting up the pair, let me know which one you are interested in.



**KORKERS DEVIL'S CANYON WADING BOOTS, SIZE 12 - \$75** These boots have been worn quite a bit but have plenty of life left in them. The cable on one of the boots was replaced last year, and both cables are in good shape. Comes with 1 pr of Studded Kling-On Soles and 1 pr of Kling-On Sticky Soles. Check out the Korkers website for the details: <https://korkers.com/collections/fishing-footwear/products/devils-canyon?variant=24521933848676>



**SIMMS FLATS SNEAKERS, SIZE 9 - \$70.** Worn a couple times but still in very good condition (lots of flats trips left in these boots!). Soles are in excellent shape, welt stitching excellent, no tears or holes in uppers or in the foam padding around the ankle. Retail is \$140.



Call or email if you have questions, want to make an offer, or want to look at them in person.  
Tim Quinton, [cgtimq@gmail.com](mailto:cgtimq@gmail.com), 509-392-3516

*COF MEMBERS: Got a "fishy item," (broadly defined), to sell, find, or giveaway? Ads are free and run for one newsletter. If the item is not sold, please resubmit your ad for the next month's newsletter. Submit ads to [classifieds@coflyfishers.org](mailto:classifieds@coflyfishers.org) by the end of the third week of each month.*

- [CLASSIFIEDS@COFLYFISHERS.ORG](mailto:CLASSIFIEDS@COFLYFISHERS.ORG)



## TLF BWO PRINCE BY JERRY CRISS

**S**now OH!! Snow where are you. As I write this out my window the ground looks like it is late fall, nothing on the ground except the morning frost. Let us pray for snow, the sooner the better.

This month's fly comes from having to spend more time off the water this past year, than on. So, I spent the time building flies to fit the problems that I have seeing more of the past few years. The BWO Prince came about with the need for a different looking BWO emerger pattern. The fish seemed to not want to break the surface to feed and were taking the bugs as they were ascending to hatch. There is a lot going on when this happens, with most bugs starting their emergence well below the surface. This is where this fly does its job.

The fly is fished on a dry line, leaders, (10 to 15 feet) and lite 3 ft of (5X and 6X) tippet. If you use dry fly dressing on the fly, do it lightly, we want this fly to lie just below the surface, 3 to 12 inches. This can be achieved by dressing the last 12 inches of the tippet with some nymph mud or mud from the banks of the water you are fishing. When fishing this method make sure when dressing the tippet, do not dress any closer to the fly than 2 inches, the sinking muds cause a stiffness in the tippet and will not allow the fly to swim properly, if dress up against the fly and please use a loop knot, they allow the fly to work better and drag will be less of a problem.

### MATERIALS

**Hook:** #12 to #16 Dry fly hook  
TMC 2312, 200R work if that is what you have.

**Thread:** 14/0 light dun

**Tail:** Natural lemon duck

**BODY:** Light to med. BWO olive, match the hatch.

**Ribbing:** Tying thread colored brown with maker pen.

**Thorax:** Peacock herl small

**Legs:** Partridge the brown feathers off the back

**Wing:** Goose biots light to dark dun, match the hatch

**Head:** Tying thread color same as the rib

### TYING INSTRUCTIONS

1. Start the thread just behind the hook eye and lay down a thread base to the hook bend. Make sure you have a long tag that will be used for the rib.
2. Tye in the tails keeping the thread wraps to a minimum, raise the tails up and put 2 wraps of thread in front of the tails. The butts of the tail will be tyed in over the back of the body.
3. Now dub the body forward to the 2/3rds point of the hook. It should be slim and tapered. There needs to room for the thorax, legs, and the wing.
4. Bring the butts of the tail over the top of the body and wrap the rib in tight turns and tye off at the end of the body.
5. Tye in the peacock herl and wrap thorax forward leaving space for leg hackle and wings.
6. Strip the barbs from one side of the partridge hackle and tye in by the tip, take 2 to 3 wraps depending on hook size, and tye off.
7. Pick 2 biots the length of the body and tye them in keeping them over the back and slightly V'ed.
8. Now finish with a small neat head, of tying thread.

“Good Luck and Good Hunting”

- JERRY CRISS  
TLFLY44@MSN.COM

## JANUARY 2024 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT
January 17th	Monthly COF Meeting at the Elks Club	
Tuesdays in January ( 9th, 16th, 23rd, and 30th), and the first two Tuesdays in February	Winter Fly Tying Basic Skills, Classroom 2, Larkspur Community Center, from 5:30 - 8:00PM.	John Howard, winterflytying@coflyfishers.org
January 20th	WWW at Fly Fishing Place in Sisters	
January 25th	COF Board Meeting at 6:00 - Black Bear Diner	

## In the Future

DATE	ACTIVITY	CONTACT
March 23	Annual Spring Banquet, at the Bend Golf Club, 5:30 pm doors open.	
April 22, 23, 25, 26, 29, & 30, 2024	Kokanee Karnival Spring Clinic	Fred Cholick, KK@coflyfishers.org



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