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President's Message

Happy New Year!

Welcome to another great year at COF

Hopefully everyone remembered to renew his or her 2019 membership by January 1st. After the New Year the discount does not apply but you can still renew. Go to the COF web site to access the process. Remember that only members can attend the outings, clinics and events.

This summer, the Bend Senior Center will be closed for a major remodel. Our club will not be able to use the facility from Memorial Day until Labor Day. We have lined up Aspen Hall for June and July. Please REMEMBER THIS; we cannot use Aspen Hall on Wednesdays due to previous reservations.... June and July meetings will be held on the Tuesday before the regular third Wednesday. So, Tuesday, June 18th and Tuesday July 16th will be the summer meeting dates at Aspen Hall in Shevlin Park. We will communicate this information many more times but wanted to get it out as soon as possible.

As usual, our August meeting is the annual club picnic held at Shevlin Park as well. More information about this event will be forthcoming.

Lots of great things scheduled this year with the club. Starting with our Great Winter Seminar February 8th and 9th. Hope to see everyone there.

"All Americans believe that they are born fishermen. For a man to admit a distaste for fishing would be like denouncing mother-love or hating moonlight." — John Steinbeck

- Allen



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Deidre Heil



Emily Zamarripa

their research. Deidre's research will help confirm if the three-spine stickleback can be a reliable indicator of river health here in Central Oregon. Emily's research will address determining if low-cost underwater video cameras can successfully monitor fish interactions.

Last year COF gave Oregon State University \$7,500 in grant funding for use in university research projects that help us to understand and monitor the health of our rivers and fisheries. Because of this gift two students, biology major Deidre Heil and natural resources major Emily Zamarripa are advancing the work of OSU-Cascades faculty researchers, plus they are gaining valuable experience. Their research will help improve the health of our rivers and fish populations.

Deidre and Emily will be our presenters at this month meeting and will be discussing their respective research projects and the results of

We are looking forward to great programs this year. The program line up for the first half of the year is:

February 20th: Phil Rowley will present a program on Stillwater fly fishing.

March 20th: Brett Hodgson will give his annual ODFW update

April 16th: Paul Anderson will be discussing fly fishing opportunities in the Columbia River Gorge

May 15th: Phil Hager will be re-visiting Central Oregon fly fishing opportunities

June 19th: Bryan Quick will be discussing the fly fishing opportunities on Lower Sacramento River

NEXT CAST FLYFISHERS

Happy New Year! If you aren't one to get out there are brave the cold, there are plenty of indoor fly fishing activities for you! Everyone can benefit from organizing fly boxes, cleaning rods and lines, or even tying a few flies. Spring will be here before you know it, hope you are ready!

UPCOMING ACTIVITIES:

WINTER FLY TYING—JANUARY, FEBRUARY AND MARCH (TUESDAYS), 6:00 PM, BEND SR. CENTER. Each week, fly tyers meet to learn new fly tying techniques from a variety of instructors.

Watch for details in upcoming news-

letters. These sessions are for intermediate+ tyers, please let us know if you have any questions. *Must be a COF/Next Cast Flyfisher to participate.*

NW FLY TYER & FLY FISHING EXPO, MARCH 8TH & 9TH, 2019, LINN COUNTY EXPO CENTER - ALBANY, OR. Several

of our advanced Next Cast members have been invited to be demonstration tyers at the Expo. Along with all of the tyer tables, there are vendors, classes and demonstrations for all areas of fly fishing. Check out www.nw-expo.com for the schedule and class registration. Classes will be posted in January and fill up quickly!! Everyone is welcome and encouraged to attend!

The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We offer fly fishing instruction through classes and activities, fly fishing summer camps, ongoing COF events, and individually through mentorship and teaching.

Providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.

Please contact me directly if you have questions.

- KAREN KREFT, 503-409-0148
NEXTCAST@COFLYFISHERS.ORG

EDUCATION

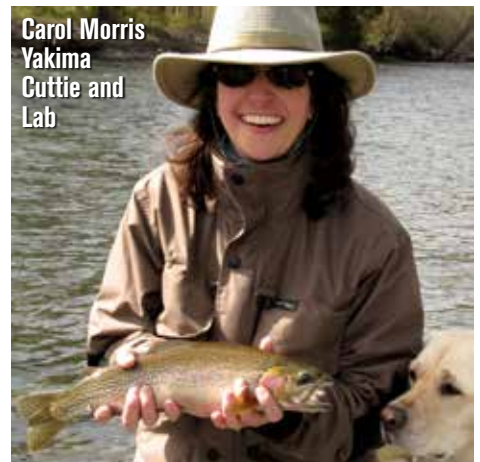
COF Winter Fly Tying

January is finally here and it's time for our first COF Winter Fly Tying session on January 8. Plan on coming to the Bend Senior Center every Tuesday night through March 26. We begin at 6:00 pm. This is an opportunity to re-stock your fly box with effective, fishy flies. Each session will be led by an experienced fly tyer who will teach a couple of flies. There will be enough materials available to tie several of each pattern.

If you haven't renewed your membership to COF, now is a good time to complete that task. COF Winter Fly Tying is a benefit for our members and not open to the general public. Guests are welcome their first night and must join COF to participate further.

Bring your vise, tools, and thread. This is not a beginning fly tying class so you will need to know the basics of fly tying. Hope to see you in January!

- JOHN KREFT
JCKREFT@GMAIL.COM



Winter Seminar - ½ DAY FRIDAY, FEBRUARY 8, 12:00 -5:00PM, & FULL DAY FEBRUARY 9, 2019, UNITARIAN UNIVERSALIST CHURCH

We are really excited to have Skip and Carol Morris as presenters for our Winter Seminar! They live on Washington's lush Olympic Peninsula with its myriad opportunities for both fresh and saltwater fly fishing.

Skip Morris brings a wealth of knowledge about fishing the Northwest's waters. He has written 18 books on fly fishing and fly tying over the past 25 years (among them, *Fly Tying Made Clear and Simple*, *Western River Hatches*, *Trout Flies for Rivers*, and *Morris & Chan on Fly Fishing Trout Lakes*) along with over 300 magazine articles.

Carol Morris has received acclaim as a presenter and as a photographer/illustrator! She will be providing

important insights about the bugs trout eat and the tips and tricks she's learned from fishing with experts and fisheries biologist over the years.

Here's a sample of Skip & Carol's presentations:

- "*Fishing the Surface of a Trout Lake*" – This talk guides you through the techniques and the intricacies of chasing and catching path-rising trout. Here you will learn about lake entomology, flies and the tackle that take trout feeding in the top layer of a lake.
- "*Fishing the Depths of a Trout Lake*" – Depth is relative-- it ranges from only a half dozen feet down to thirty. Skip will show you how to determine if trout in a lake are feeding deep, what they are feeding on, and how to use sinking and floating lines with weighted flies on very long leaders.
- "*Lessons from the Water: Tips and*

Tricks About Techniques, Strategies, Casting, and Finding Fish” - Carol has been fortunate to fish alongside a number of professional fly fishers and will share what she’s learned that upped her game catching trout and bass.

In addition, we will have several smaller breakout sessions where participants can get a more hands-on experience.

COSTS: Both Half Day February 8th & Full Day February 9th = \$65
One Full Day February 9th = \$45



Registration fees includes lunch on Saturday, February 9th, and mid-morning and afternoon snacks and beverages.

We are working to try to have classes on Net and Rod building classes over the winter months and to have our annual Spring Fly Casting Classes in late April or early May. Stay tuned!

- DALTON MILLER-JONES
MILLERJONES@GMAIL.COM

WILD WOMEN OF THE WATER

What a fantastic evening the Wild Women had at our Holiday party!! Thank you to LeeAnn for hosting us again. Great food, great gifts, great comraderie!!! Don't we look happy in the pix?

Kari Schoessler is passing the leadership of our wonderful group of ladies on to Sue Coyle. Thanks for the fun times, Kari. We are looking to more fun times with Sue!

- KARI SCHOESSLER
SCHOESSLER.KARIVAN@GMAIL.COM



CONSERVATION

My name is Tom Shuman. The board approved me as the conservation director. A week prior Tom Walker of the Deschutes NF contacted me about some forb planting along the Deschutes river. I had no way of passing this information on to the club in a timely manner. I think we want support this person who has given the club time for our Kokanee Karnival program in the past. My son suggested I get the club involved in a Google Groups program.

If you send me your e-mail address I will send you an invitation to join this group. I will promptly post information on projects, so you will have access to the latest information. Our partners like Tom Walker and Marilynne Keyser of Friends and Neighbors of the Deschutes Canyon Area (Steelhead Falls Trail) can also communicate directly with you about last minute changes or other information.

I plan on visiting my grandson in Arizona in the spring and fishing Yellowstone in September. With this Google groups system communication can still occur if I am out of town. It should be a good thing to keep people connected.

The first two topics you can choose to be a part of are ; Marilynne Keyser with the Steelhead Falls trail, and Terry Freije at the Warm Springs Federal fish hatchery. Terry gave us notice he may need help during busy periods. This would include sometime around Memorial Day and again in the fall. My son helped me put a link to the hatchery website in this google groups topic. The link tells how to get there and shows the facility.

I plan on updating the topics several times during the year. To get

the latest information in a timely manner please join the google group COFVolunteers.

- TOM SHUMAN
MADRASFISH@GMAIL.COM

OTHER NEWS

Volunteers Needed

SPORTSMEN'S EXPO IN REDMOND, THURSDAY, FEBRUARY 28 - SUNDAY, MARCH 3, KIDS TROUT POND

COF volunteers manage the KIDS TROUT POND at the Expo every year. Please volunteer for a (roughly 4 hour) shift. We maintain the equipment, help young anglers, net fish, safely release or bag fish for those who want to keep their catch. (We don't clean the fish for them).

Signup sheets will be available at the January and February meetings.

FLIES! We need some bright, flashy bead head flies, size 8-12. Please crimp the barbs. Adding a 10-12inch leader with a loop connection saves our volunteers time rigging and repairing equipment for the kids.

Beyond helping a kid catch a fish, you will be helping COF - We receive a \$1,500 donation for managing the pond.

In addition to helping the club you get FREE admission to the show.

Please bring any fly donations to the January or February monthly meeting or to a Winter Fly Tying Class. You may contact me directly to volunteer or donate flies!

- COROL ANN CARY
COROLANN@GMAIL.COM OR 541-306-4832



Welcome!

WHY does this interest me? Well, to start, I attended 12 public schools before I finished high school. Dad moved us with his business. Sometimes, twice a year. In order to survive, I had to learn how to make friends in a hurry. I wasn't outgoing, so I had to acquire some skills. Some might say I've gone too far (yes, I do tend to talk a lot) but whatever it takes allows me to reach people. I value my friends.

Not everyone has great interpersonal skills. Some hang back, waiting to be approached and when it doesn't happen, they leave a club like ours. Sometimes it's with bitter feelings. "The club didn't do enough for me".

Therefore, I am launching a new initiative, a "WELCOME" committee, to enable those so motivated to welcome new members into our club. So, what does THAT entail? Well, to begin

with, I will personally contact each new COF member, speak with them, determine their interests, their ability and fly-fishing knowledge and hopefully learn, "What was it about COF that motivated you to consider joining?", their hopes and goals in joining and how we can facilitate their integration into our club. We can talk about casting lessons, education clinics, outings, presentations, fly-tying, volunteerism and a host of other issues. As you read the list, do you see yourself helping a "newbie" in any way? I hope so because there is more here than I can handle myself, so I hope to build a committee of like-minded members. Thanks for reading this far and if you agree, don't hesitate to contact me to get on my list of informal mentors. Email or call. Thanks for your consideration.

TOM WIDEMAN, COF WELCOME CHAIR
TOM@WIDEMANS.COM | 503-330-5505



Fish Eggs to Fry

One of the elements of Kokanee Karnival is the Fish Eggs to Fry program. We provide the class with an incubator and trout eggs. The teacher chooses to get 100 eggs in the fall or spring. The two classes in St. Francis school selected the fall this year. The students raise the eggs to the fry size and then release them into a designated water body. In mid December, I was out with the two classes from St Francis to help them release their fry into Pine Nursery pond. I checked it out the pond the day before the release and it was covered with about 1.5 inches of ice. The next day I brought a shovel and a small sludge hammer and broke

an opening in the pond. When the classes arrived I put their fish tanks in the water to equalize the temperature. While waiting for the water temperature in their tank to adjust to the pond I was able to give a safety lesson to the class. One student asked if the ice was thick enough to skate on. I showed them a piece of ice and how thick it was. I asked if they thought the ice was thick enough to stand on and they said yes. Then I had them read the sign that said Danger Thin Ice. Because I had waders on I stood on the ice and they could hear it cracking and then the splash when the ice broke and I went into the shallow water. I asked what would have happened if they were out on the ice and it

broke and they said they would die. Good lesson. Then we released their fry. The teachers and parent told me the thin ice demonstration was very effective and should help keep the students safe.

- FRANK TUREK
 KK@COFLYFISHERS.ORG

BOARD BITS

Your COF Board of Directors would like to share the highlights of what goes on at our board meetings each month. Board Bits is that article! Please remember that anyone is always invited to the board meetings. Just talk to a board member. So, here goes installment #1....

COF BOD meeting – 12/6/18
Marilyn Keyser from the Friends and Neighbors of the Deschutes Canyon Area (FANS) visited and explained the Steelhead Falls Trail Maintenance Project. The BOD decided to donate \$500.

Andie Fitzgerald is our new banquet chair. Tom Shuman is our new conservation chair.

Dalton, the winter seminar co-chair, led a discussion about the winter seminar... working on the facilities, food, drink, ticket prices, budget. Date is Feb 8 & 9. Our presenters are Skip & Carol Morris.

Renee, our treasurer, would like an audit committee. Yancy has volunteered. We need 2 more volunteers. Any volunteers?

The Sr Center will be closed June, July, August 2019 for remodeling. We can use the Parks & Rec building for our June and July meetings, but there was concern over parking. We will look into Aspen Hall.

We need a new laptop or at least adapters to help our monthly presenters connect to the COF projector. Susan will buy adapters.

Dalton, education chair, will look into rod building for the new year. He would like to mentor someone to take over the education chair for next year. Any volunteers?

We will vote on the 2019 budget at the Jan meeting. Any additional expenditures?

- KARI SCHOESSLER
SCHOESSLER.KARIVAN@GMAIL.COM





TLF RACCOON VARIANT

Another great fishing year down and next one is here already. What to look for in the future of the “Tyers Corner”, we will continue to feature John Kreft, Bill Seitz, Mike Telford and myself. We will provide the best in new flies and techniques that work on the waters here in Central Oregon and elsewhere, as well as the old flies that have proved their worth over time. All this so that we can feel that addictive tug.

For those who did not know; Mike and Suzan Telford have moved back to California. Mike was an active member in the club and was one of the four writers for this column since it was converted to that format. Suzan was treasurer for many years and they both will be missed. Mike has agreed to continue to write a column as needed and so there may be some guest tyers with offerings in the future.

At this time of year there is always need for a good Midge Emerger pattern, the “Raccoon” is that, the originator was Paul Lasha. It is simple, easy to tie and uses just a few materials. This is a variant with the tail being changed; the grizzly hackle tip is replaced with

a wood duck and antron tail which lasts through many more fish than the grizzly tip feather. I fish it dry on a 4x 10’ to 12’ all mono leader and 6’ to 8’ of 4x to 6x mono tippet. If the fish seem to be feeding just below the surface add about 18” of 5x fluor. tippet, and let sink just below the surface.

Materials:

Hook: Curved light wire scud hook #20 to # 12

Thread: Black 14/0 sheer or veevus

Tail: 6 to 8 fibres of good wood duck and very small bunch of tan EP or antron

Body: White ostrich herl at the base of the tail. Black super-fine dry fly dubbing, Note: (for a little more attraction, tan uv ice dub can be added to the dubbing)

Wingcase: Fine light colored natural deer hair pulled over the top of the body, with it clipped short at the front

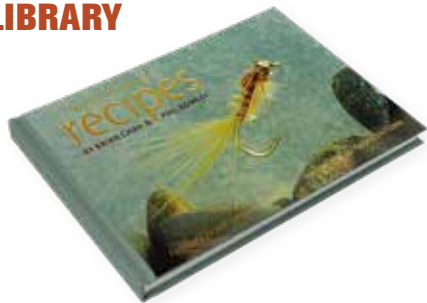
HEAD: Tying thread tied up and under the front of the wing case.

Tying Instructions

1. Start the thread just behind the hook eye and wind it back towards the bend of the hook, adding the wood duck and antron as you make your back to keep the body as slim as possible see below.
2. Finish tying in the tailing materials just a little down the hook bend
3. Tying in 4 wraps of the small white ostrich herl at the base of the tailing.
4. Take a small bunch of the deer (2 times length) of the hook shank and tie it in with the tips facing back over the bend. Make sure when pulled over the body the deer extends over the hook eye. Wrap the thread forward covering the deer completely, then wrap back to the ostrich herl.
5. Now dub a fine body and wrap it forward towards the hook eye, leaving enough room for tying off the wing case.
6. 6- Pull the deer hair over the top of the body making sure it stays on top of the body and tie it off making sure to finish with the wraps under the tips and behind the eye.
7. Finish by clipping the deer hair short, so it just barely covers the hook eye.

- JERRY CRISS, TLFly44@MSN.COM

LIBRARY



STILLWATER SOLUTIONS RECIPES: 30 PROVEN PATTERNS - RING-BOUND By Brian Chan and Phil Rowley

The holidays have come and gone and it is officially winter. Time to put on the cozy slippers you got for Christmas and start tying flies to build up your stock for warmer weather. Two of North America's most renowned stillwater fly fishers reveal the secrets fly tiers need for success on the water in this one-of-a-kind fly tying guide. 30 versatile patterns cover the key food groups found in spring creeks, tailwaters & lakes (t/out) throughout the seasons. Features: detailed step-by-step tying instructions; traditional & non-traditional use of materials, entomology section; fishing tips, tricks, & presentation tactics; & much more. Innovative freestanding table-top design allows you to have book upright while tying your fly.

If you are a club member and would like to peruse the library and/or check out one of our books, just look for the rolling bookcase at the club's general meeting. The librarian arrives at the meeting early to give members extra time to look for books before the meeting starts. Sign in on our website <https://coflyfishers.wildapricot.org>, click on Members Area and select Library to see a list of our books. If you have any questions, comments, or new book suggestions, email Helen, the club librarian.

- HELEN GUERRERO-RANDALL
LIBRARY@COFLYFISHERS.ORG

MEMBERSHIP

Membership renewal has been busy over the past 2 months. If you renewed before January 1, the dues are \$35; anything post marked after January 1, renewal dues revert to \$41. For our out of area folks renewal is \$23. Remember, under 25 years old, membership is free. You will also have an opportunity to make a donation to Kokanee Karnival by using PayPal, or mail your donation and renewal check to COF at PO Box 1126, Bend, OR 97709. If you have any questions about the renewal process or about the Wild Apricot membership management system, please contact me, Sue Coyle 541-668-3565 or spcwww@outlook.com.



Theresa Burdett – Redmond Ed Hughes – Bend

Questions? Contact Sue Coyle.

- SUE COYLE, 541-668-3565
MEMBERSHIP@COFLYFISHERS.ORG

COF CLASSIFIEDS

WANTED: Good condition 8wt and 10wt salt water fly fishing rod/reel/gear. Yancy Lind
yancy.lind@gmail.com

MEMBERS: Got a fishing related item to sell? Ads are free and run for one newsletter. If the item is not sold the ad can be resubmitted.

- CLASSIFIEDS@COFLYFISHERS.ORG

WIN
ME!

JANUARY ROD RAFFLE

Charles is building a 10 foot, 4 piece, 3 weight. Another fine rod for Czech nymphing and many other uses.

Purchase your raffle ticket(s) at the next COF meeting. Tickets cost \$10 each, no limit of number that can be purchased.

All proceeds go to benefit the club and members.

NOTE FROM CHARLIE:

On an additional note to clarify the Semi monthly raffle rods. I build these rods from blanks and other materials I have on hand. I want the club to benefit from the monies generated by the club members generosity in purchasing the tickets. I have had a couple of people who have won the rods who want to trade for another of a different weight or length. I just cannot do this because of time constraints. I am building rods for various charitable organizations around the US. I usually have three to five rods on backlog. Other folks have asked me to make them a rod on a private sale. Due to lack of time and the fact that I refuse to get back into retail sales and have to deal with federal taxes to be in compliance with the Pittman/Roberts Act. Been there, done that, no more. Thanks in dance for your understanding,

- CHARLES SCHILLINSKY

DECEMBER
HOLIDAY
MEETING



COF DECEMBER MEETING

A good time was had by all those who came for fly tying and good cheer. Hope to see you at next year's Christmas celebration.

1. Good Eats
2. Sherry Steele
3. Jerry Criss
4. Helen the librarian hard at work
5. John Kreft
6. Bill Seitz



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Meet Maxine McCormick
15 year old World Champion
of Fly Casting



March 8 - 9, 2019
Linn County Expo Center
Albany, Oregon

- 200 Fly Tyer Demonstrations
- All-Day Casting Demonstrations
- 85+ Fly Fishing & Fly Tying Classes
- 62 Vendors & 90+ Casting Classes



 **FLY FISHERS**
INTERNATIONAL
OREGON COUNCIL





Sneak Peak of what the Expo will offer in 2019

Don't Miss This One!

The Big Expo news for 2019 *** 15-year-old World Casting Champion Maxine McCormick and her coach Chris Korich will be at the Expo Friday night and Saturday. (See Poster)

Friday Evening (5PM) at the Banquet, Maxine and Chris will be presenting their story. This will be a candid story with a question and answer format.

Saturday – Maxine will demonstrate her casting skills; the first session will be in the morning when the event is well underway and a second one in the afternoon. Look for the schedule on the Expo website in January.

For Questions about the Expo contact Sherry Steele (Expo Chair) steelefly@msn.com or Phone 541-549-2072

Volunteer for the Expo team during the event and get in FREE plus our signature Expo pin for 2019. Contact Greg Stumpf elkhairandcdc@gmail.com

Northwest Fly Tyer & Fly Fishing Expo

<https://nwexpo.com/wp/>

March 8th & 9th 2019 (9AM-5PM)

Linn County Expo Center - 3700 Knox Butte Road Albany, Oregon 97322

<http://www.lcfairexpo.com/>

JANUARY 2019 UPSTREAM EVENTS

DATE	ACTIVITY	LOCATION	CONTACT
January 1	New Years Outing	Jake's Diner	Lee Ann Ross
January 3	COF Board of Directors Meeting at 6:00pm		
January 8-March 26	Fly Tying Class, Every Tuesday Night at 6:00pm	Bend Senior Center	John Kreft
January 16	COF Monthly Meeting at 7:00pm	Bend Senior Center	

In the Future

DATE	ACTIVITY	LOCATION	CONTACT
February 8-9	Winter Seminar	Unitarian Church in Bend	Dalton Miller-Jones
February 28	Sportsmen's Expo	Redmond	
March 8 & 9	NW Fly Tyer & Fly Fishing Expo	Linn County Expo Center	Sherry Steele
April 13	2019 COF Annual Banquet & Fundraiser	Riverhouse Convention Center	



Central Oregon Flyfishers
 PO Box 1126
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