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## President's Message

Happy Holidays!

This time of year I find it difficult to get away and fish due to the rush of the holidays even though lots of opportunities exist for success and the pressure is generally light. Get out there and enjoy!

The COF Board held it's annual retreat in early November. Over the next few months we will be getting information out about the results of this daylong event. We have a great line-up of educational events, outings and programs for 2019.

Speaking of 2019, to receive the discounted rate of \$35.00/year, dues must be paid by December 31st. After that the rate goes up. It's easy to pay via Pay-Pal. Don't forget and lose the discounted rate. No increase in dues for several years now!

One of the board's decisions from the retreat was to form, at the request of our treasurer, an audit committee of non-board members. The purpose of this group is to 1. Have an impartial look at our financials over the past year, and 2. To protect our treasurer. Our treasurer Renee does a fantastic job and we want to support her efforts. This activity will occur in February after the 2018 books are closed. We need two more to join the team as we already have one volunteer. Contact me via the web site if you're interested. Once this committee completes its job, the clubs finances will be presented to the membership in early 2019.

As of today, the club still has a couple of vacancies on the board. Conservation Director as well the Banquet Chair is still vacant. Both of these positions are crucial to our clubs long-term well being. Please consider stepping up and supporting our club.

Have a great holiday season and hope to see you at the December meeting, which is our annual Christmas Party.

*"The best time to go fishing is when you can get away."* — Robert Traver

- Allen



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EDUCATION@COFLYFISHERS.ORG

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FRANK TUREK  
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*Next Cast Flyfishers*

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KELLY ALEXANDER  
SUBMISSIONS.COF@GMAIL.COM

Please join us for the upcoming Holiday COF Meeting. This will be a potluck to celebrate and socialize the Holidays with your fellow Central Oregon Anglers. Please bring your favorite snacks or treats or beverages to share for this gathering. There will be fly tying demonstrations: a great opportunity to mix and meet while picking up tying tips.

In addition to fly tying, we will

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### **NEXT CAST FLYFISHERS**

This month's meeting is a fun one!! There will be several tiers at tables demonstrating their flies, along with items for sale between club members. All of the Next Cast members are welcome and encouraged to tie flies. Just let us know if you want to tie and we can arrange for space for you (and provide vices and materials if you need them.)

There will also be snacks! Lots of holiday treats! Bring your family and hang out for a bit.

### **UPCOMING ACTIVITIES:**

#### **DECEMBER MONTHLY COF MEETING—DECEMBER 19, 6:30 PM, BEND SR. CENTER.**

This meeting features club fly tyers, snacks, and a "garage sale" of fly fishing items. We will have a variety of items for sale, including rods, reels, fly tying materials and tools. If you are interested in tying flies at one of the tables, please let us know and we will plan a space for you. We will have beginner levels along with intermediate and advanced. All Next Cast members and their families are welcome!

have a table where you and other anglers will share tips on how to organize your fly boxes. There will be a table for you to learn about winter gear maintenance for reels and line cleaning. There will also be a gear swap table. Bring your gear labeled with your asking price and name. Leave on the table and the prospective buyers will be able to connect directly with the seller. Come and Have fun!

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#### **WINTER FLY TYING—JANUARY, FEBRUARY AND MARCH (TUESDAYS), 6:00 PM, BEND SR. CENTER.**

Each week, fly tyers meet to learn new fly tying techniques from a variety of instructors. Watch for details in upcoming newsletters. These sessions are for intermediate+ tyers, please let us know if you have any questions. *Must be a COF/Next Cast Flyfisher to participate.*

#### **NW FLY TYERS AND FLY FISHERS EXPO—MARCH 8 & 9, 2019, LINN BENTON FAIR & EXPO, ALBANY, OR.**

Several of our advanced Next Cast members have been invited to be demonstration tyers at the Expo. Along with all of the tyer tables, there are vendors, classes and demonstrations for all areas of fly fishing. Check out [www.nw-expo.com](http://www.nw-expo.com) for the schedule and class registration. Classes will be posted in January and fill up quickly!! Everyone is welcome and encouraged to attend!

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The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers

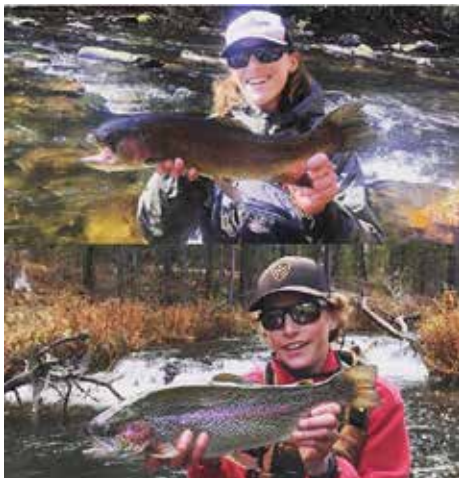
in the area. We offer fly fishing instruction through classes and activities, fly fishing summer camps, ongoing COF events, and individually through mentorship and teaching. Providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.

Please contact me directly if you have questions.

- KAREN KREFT, 503-409-0148  
NEXTCAST@COFLYFISHERS.ORG

## Isaac and Anders Korman join Joey Pattee on the 2019 US Youth Fly Fishing Team

To say these teenagers are 'fishing fools' is an understatement! With the goal of making the Youth Team, they have been attending US Youth Fly Fishing clinics for the past year. The clinics are all across the US, including Lake Placid, NY, Sun Valley, ID, and Bryson City, NC.



They have also competed in the US Men's Fly Fishing Nationals, held in Bend last May, and the Canadian Loch Style competition.

At the most recent clinic in Bryson City, NC, the results were used to

make the final selection for 2019 Youth Team. The team is made up of 15 members, ages 10-18.

The boys plan to keep fishing in the off hours and compete in local and national events. If you fish any local water, you have probably seen them landing a fish (or ten)! They hope to be selected for the Youth World Competition, but that team has not been chosen yet.



These two join Joey Pattee on the US Youth Fly Fishing Team. Joey, also a Next Cast member, has been fishing with the Youth Team for the last two years. In addition to the clinics and US and Canadian Championships, Joey competed in the Youth World Championships, August 2018 in Poland, where he placed 26th (individual) and the team placed 5th overall!

Congratulations to these youth fly fishers!

## EDUCATION

### COF Winter Fly Tying

COF's Winter Fly Tying begins January 8 and will run through March 26. We meet every Tuesday night at the Bend Senior Center at 6:00 pm. This is an opportunity to re-stock your fly box with effective, fishy flies. Each session will be led by an experienced instructor who will teach a couple of flies. There will be enough materials available to tie several of each pattern. Just bring your vise, tools, and thread. Just like last

year, there will be no charge for the class. Be sure to renew your COF membership, as the class is a benefit for being a club member. Guests are welcome (\$5 fee) for the first class and then asked to join COF. This is not a beginning fly tying class so you will need to know the basics of fly tying. I'm creating an email list of participants, so let me know if you are interested. I send out pattern sheets early so you can see who the instructor is and the featured flies. Hope to see you in January!

- JOHN KREFT  
JCKREFT@GMAIL.COM

## Brian O'Keefe Presentation at TU General Meeting

COF members may be interested in attending TU's general membership meeting on Thursday December 6 at the Hollingshead Barn at 1235 NE Jones Rd from 6-8 pm. Brian O'Keefe will be the speaker and the general public is more than welcome. There will be munchies and beverages, plus some great raffle items! Admission is free, but donations are always appreciated.

Brian will present a winter dose of fishing lore and spectacular photographs from places like Alaska, the Bahamas, Chile, Argentina, New Zealand, Tonga, England, Mexico, Belize, Sierra Leone, Christmas Island and many more. Of course, Brian will also talk about our local fisheries such as the Metolius, Deschutes, Crooked and John Day along with the many lakes in C.O. Brian is now a worldwide travel ambassador for "The Fly Shop" in Redding, CA., but still makes his home in Powell Butte.

- LEE ANN ROSS  
ROSSLEEANN@YAHOO.COM



## Exotic Wildlife at the Crooked River

A few weeks ago, Dick Olson and I fished the Crooked River stretch between the Poison Butte and Post Pile Campgrounds. As I moved along the river, I noticed a large animal on the opposite bank a couple hundred yards further downstream. In order to get a better look I left the stream to walk along the road, where trees and brush would shield me from sight until I could get closer. I was able to get directly across the river from the creature, which turned out to be some sort of mountain sheep. It was the size of a bighorn, but was brown and had a distinctive long beard hanging from the upper throat and extending down to the chest. From the road I took a photo with my cell phone. The animal was anxious about my presence, but kept browsing for a few minutes before disappearing into the brush.

I emailed the photo and a description to our friend Brett Hodgson, fish biologist at the Bend ODFW office. Brett responded that it was probably an aoudad, also known as

a barbary sheep, native to North Africa. He forwarded the photo to the Prineville office and I quickly received a response from the wildlife biologist there. He confirmed the identification and said that an aoudad had been reported at the far end of Prineville Reservoir. He also advised that a number of them reside in the John Day River drainage around Warrenton.

A brief internet search turns up good photos of aoudads - e.g. this one. There are also videos of hunting them in Texas. In Oregon they are considered an illegally-introduced invasive species.

Fishing was good that day, but the highlight was seeing the Aoudad.

- BILL RALEIGH  
BRALEIGHBEND@GMAIL.COM

### OTHER NEWS

## Membership Renewal for 2019

Membership renewal is on going. You will be able to renew online and pay by credit card using PayPal-

al. You do not need a PayPal account, you can sign in as a guest to make your renewal payment. COF members should have received an email which also makes note of the club PO Box address if you prefer to mail a check: Central Oregon Flyfishers, PO Box 1126, Bend, OR 97709. You can also bring checks to the monthly meeting and save a stamp. If you renew before January 1st, the cost is \$35. Please use the renewal discount code: Redband2019. After January 1st, the membership renewal increases to \$41. Out of area folks renewal remains at \$23. Remember, those under 25 years old, membership is free. You will also have an opportunity at this time to make a donation to Kokanee Karnival by credit card using PayPal, or mail your donation check to the PO Box. Please go to the COF website and review your membership profile to be sure your contact information is correct. If you have any question about the renewal process or about the WildApricot membership management system, please contact me.

- SUE COYLE  
MEMBERSHIP@COFLYFISHERS.ORG

## 2019 Fishing Licenses

ODFW will launch a new modernized electronic licensing system (ELS) on Dec. 1 for the sale of 2019 licenses and tags. Customers will be able to:

- Buy license/tags online at MyODFW.com
  - Carry documents and tag animal/fish with app on your smartphone (works offline)
  - OR buy online, print paper license/tags at home
  - OR buy paper or electronic tags from a license sales agent
- ODFW recommends you hang

onto your hunting/fishing license until you verify your new account. To find out more, [CLICK HERE](#).

## Recreation.gov - Deschutes Boaters Passes

The new system for Deschutes Boaters Passes is on-line! As announced previously with the new system and contract, Booze Allen Hamilton has dropped the transaction fee from \$10.00 down to \$6.00. [Click here to see how the new system works.](#)

- LEE ANN ROSS  
ROSSLEEANN@YAHOO.COM

## Euro Nymphing

Jeff Perin has some awesome Euro Nymphing information. [Check out this link!](#)

## Thank You To Kokanee Karnival Volunteers

We always thank our Kokanee Karnival volunteers for their time and efforts to help make our program a success. I thought you would like to see how much our teachers appreciate our program and volunteers. Here is a thank you note from Lisa Bangert at Lava Ridge.

- FRANK TUREK  
KK@COFLYFISHERS.ORG



## WILD WOMEN OF THE WATER HOLIDAY GET TOGETHER

WEDNESDAY, DEC. 5.....5:30PM

Temporary Home of Lee Ann Ross  
2110 NW Marken St (Valhalla-close by)  
(Call Lee Ann if you get lost - 541-312-2568)

*Come and join in the fun with your Wild Women fishing buddies!!!*

...we will provide a main dish... please bring your favorite appetizers, salad or dessert to share

...we are planning a "fishy" gift exchange. Please bring a wrapped fly fishing themed gift under \$20.

...bring your ideas for 2019.....what classes do you want, where do you want to fish?

...say "Hi" to Susan Coyle, your new Wild Women leader

...[Please RSVP to Kari - Schoessler.karivan@gmail.com](#) or [wildwomen@coflyfishers.org](mailto:wildwomen@coflyfishers.org)

Dear Kokanee Karnival,  
Thank you for all that you do for the kids of Central Oregon. You create truly unforgettable learning experiences for them!  
Thank you Again!  
Lisa Bangert



L to R; Sharon & Joe Schwatka, Corol Ann Cary. Photo: Todd Cary



Cleanup crew's handiwork on a beautiful day at Chimney Rock, Photo: Rene Schindele

## Crooked River Cleanup Outing

Many thanks to the 13 club members who enjoyed a beautiful morning to tidy up our 7 mile stretch of the Crooked River Highway. Volunteers included Todd and Corol Ann Cary, Sharon and Joe Schwatka, Dick Olson, Tom Wideman, Tim Quinton, Herb Blank, Tim Derry, Renee and Tim Schindele, and Bill Raleigh.

Long time volunteers commented we don't find as much litter as the cleanups years ago. That is a good thing. I've always thought garbage attracts garbage, *"and at the bottom of the cliff there was another pile of garbage. And we decided that one big pile is better than two little piles, and rather than bring that one up we decided to throw our's down"*, Alice's Restaurant, Arlo Guthrie.

Notice the sunny day, blue sky, and short sleeves in these two photographs!

- PETER MARTIN  
 PCMARTIN@BENDBROADBAND.COM

## Social Media

Do you have photos from your latest fishing outing, fishing reports, or information you'd like to share on the COF Facebook Page? Send them my way! This doesn't only help the club out, but it's also a great way for us to show the community how active our members are. Make sure you connect with us on social media:

[CLICK HERE to LIKE us on Facebook](#)

[CLICK HERE to FOLLOW us on LinkedIn](#)

Until next time!

- MOLLY VERNARECCI  
 SOCIALMEDIA@COFLYFISHERS.ORG



### MEMBERSHIP

Please reach out to our new folks at our next meeting.

**Michael Chiavetta - Bend**

**Joseph Cima - Bend**

**Sara Cima - Bend**

**Sheree Gillaspie - Sisters**

**Margaret Lowry - Bend**

**Greg Reeves - Bend**

**Meredith Shadrach - Bend**

Questions? Contact Sue Coyle.

- SUE COYLE

MEMBERSHIP@COFLYFISHERS.ORG

## COF CLASSIFIEDS

\$650.00 - Winston Spey Rod Boron III TH 12' 9" length 7 weight with Winston case. Used less than 10 days, in like new condition. Also included 2 RIO shooting heads and line. And to complete the package a very nice Okuma Helios Model 8/9 reel and 2 extra spools. Ron K. 805-705-8785

**MEMBERS:** Got a fishing related item to sell? Ads are free and run for one newsletter. If the item is not sold the ad can be resubmitted.

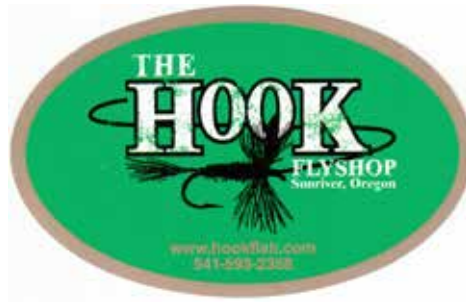
- CLASSIFIEDS@COFLYFISHERS.ORG

## MISCELLANEOUS

**January 1 Meet at Jake's Diner, 2210 NE Highway 20 at 9:00.**

COF's first outing of the year has always been breakfast at Jake's followed by fishing at the Crooked River, weather permitting. This is a great way for new folks to meet some of the old timers. Be sure to get your fishing license. If you forget, you can get it at the Alfalfa Store on your way. Assuming we go fishing, we'll split up and fish and then meet back at Big Bend Campground around 2:00 pm for lunch (bring your own). Come on out and join us. Any questions, please contact Lee Ann Ross

- LEE ANN ROSS  
ROSSLEEANN@YAHOO.COM



# HIGA'S SOS NYMPH



A Spencer Higa fly pattern, the SOS stands for Save Our Skin...which may explain the fly's popularity. Higa designed the fly to imitate Baetis mayflies. It's a cross between a Zebra Midge and Pheasant Tail nymph. He uses the fly as a searching pattern when nothing else seems to work. It might even be a midge imitation.

I fish it as a dropper from a heavier nymph. Or tie it with a tungsten bead and fish it with a Euro technique. I've used this fly in the winter and it works!

It can be tied with a black wingcase or switch it to red for more of a searcher fly pattern.

For more fly patterns, be sure to [check out my RiverKeeper Flies website](#). Enjoy...go fish!

## Materials:

**Hook:** Daiichi 1130, TMC 2487, Dai Riki 125, size 18

**Thread:** Black 70 denier Ultra or 16/0 Veevus

**Bead:** Silver 2.0 mm

**Tail:** Pheasant tail dyed black

**Rib:** Silver wire – small

**Body:** Working thread

**Wingcase:** Red floss or UTC Holo Tinsel – medium

**Thorax:** Rabbit, possum, or Ice Dub – Black

**Legs:** Krystal Flash – black

**Optional:** Apply UV resin to wingcase.

## Tying Instructions

1. Place bead on hook.

2. Start thread behind bead.
3. Tie in tail, using 3 to 5 pheasant tail fibers which should be hook gape in length. Tie on wire rib behind bead and spiral thread back around bend of hook.
4. Create slim tapered body with working thread, ending at hook point.
5. Wrap wire rib forward with 4 or 5 evenly spaced wraps and tie off.
6. Tie in wingcase on top of hook, starting at bead and extending backwards over hook. Wind thread back to 50% point
7. Attach dubbing to thread and begin wrapping next to bead. Create thick thorax and end with thread next to bead.
8. Tie in 2 strands of Krystal Flash on top, next to bead with 2 thread wraps. Use a couple a diagonal thread wraps to secure. Pull backwards and use additional thread wraps forcing flash back to create legs.
9. Pull wingcase forward on top of hook and keep on top of hook and tie down with 3 – 4 thread wraps. Pull wingcase material backwards and add a couple more thread wraps to secure. Ensure 2 legs stay on each side. Trim.
10. Trim legs to length.
11. Whip finish and trim thread.

- JOHN KREFT, JCKREFT@GMAIL.COM



**ELECTION RESULTS**  
**Results from the**  
**November 28, 2018**  
**election of Directors**  
**and Officers**

ELECTED FOR  
TWO-YEAR TERMS:

*President*  
 ALLEN CAUDLE

*Vice President*  
 COROL ANN CARY

*Secretary*  
 KARI SCHOESSLER

*Treasurer*  
 RENEE SCHINDELE

*Outings*  
 LEE ANN ROSS

*Membership &  
 Wild Women of the Water*  
 SUSAN COYLE

*Director At-Large*  
 PETER MARTIN

*Directors At-Large*  
*"Membership Welcome Director"*  
 TOM WIDEMAN

CONTINUING  
ON THE BOARD:

*Programs*  
 ART AGNEW

*Education*  
 DALTON MILLER-JONES

*Kokanee Carnival*  
 FRANK TUREK

*Next Cast Flyfishers*  
 KAREN KREFT



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## DECEMBER 2018 UPSTREAM EVENTS

DATE	ACTIVITY	LOCATION	CONTACT
5	Wild Women of the Water Holiday Get Together	2110 NW Marken St.	RSVP: Schoessler.karivan@gmail.com
6	Brian O'Keefe Presentation at TU Meeting	Hollingshead Barn	

## In the Future

DATE	ACTIVITY	LOCATION	CONTACT
January 1	New Years Outing	Jake's Diner	Lee Ann Ross
January 8-March 26	Fly Tying Class, Every Tuesday Night at 6:00pm	Bend Senior Center	John Kreft
February 8-9	Winter Seminar	Unitarian Church in Bend	Dalton Miller-Jones
March 8 & 9	NW Fly Tyers and Fly Fishers Expo	Linn Benton Fair & Expo,	
April 14	2018 COF Annual Banquet & Fundraiser	Riverhouse Convention Center	503-330-5505



Central Oregon Flyfishers  
PO Box 1126  
Bend, Oregon 97709