

# The Central Oregon Flyfisher

Vol. 33, Number 8, August 2010



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## RANDOM CAST

It's been a busy summer! Richard Yates, Frank Turek, and I just returned from a trip to Edmunds Well Wildlife Sanctuary, where we introduced a group of teenagers to fly fishing. After some instruction and practice, most of the kids caught some big trout on flies, which was great fun to watch. This enthusiastic group, visiting for one week from Bend's J Bar J Boys Ranch, learned quickly and now has the better part of a week to improve their skills. COF members have volunteered at Edmunds Well for several years, but this time we had very short notice. Many of you responded to our last-minute email plea for help, and two could rearrange their schedules to attend. It's just another example of our members providing community service, and remarkable that we could do it with only one day's notice. Thanks, Richard and Frank, for helping pull this off.

On the same note, we need volunteers for our Kokanee Karnival streamside classes for fourth and fifth graders on September 20 to 24. (See page 6.) This highly successful educational program is by far our club's biggest volunteer effort, so please, please consider getting involved. We can use more volunteers! If you can't get involved this year, at least visit one day to observe – it's fascinating. Kokanee will be spawning, and seeing that alone is worth the short trip.

Come to the August COF Picnic at Aspen Hall in Shevlin Park. In addition to the usual fun, some volunteer awards will be presented. Remember, there is NO monthly general meeting on Wednesday, August 18. Instead, we will hold the annual picnic the day before, on Tuesday, August 17.

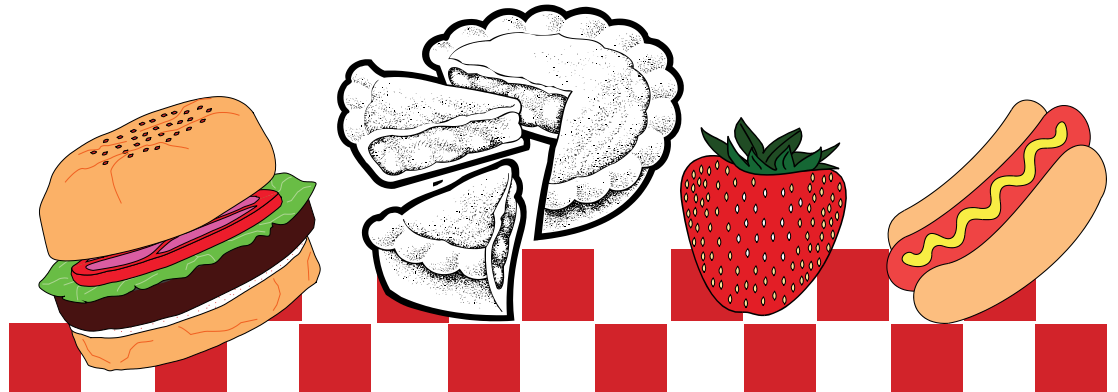
Be sure to review the Outings and Education offerings; there are some good ones, so contact the leaders of the events you want to attend. The Conservation article this month, *A primer on the ethics and etiquette of fly fishing*, is a must read; it may keep you from being drowned by an irate fisherman.

It had to happen eventually: COF and Wild Women of the Water have now joined the social networking sites Facebook and MySpace. Thanks, Kristin, for creating these accounts. My curiosity may force me into the 21st century; I will have to take a look. They say even an old dog can learn new tricks.

– Dick Olson

[NO monthly general meeting on Wednesday, August 18.](#)

[Attend the annual BBQ on Tuesday, August 17 instead.](#)





# Annual COF Barbeque

**Tuesday • August 17**  
**Aspen Hall in Shevlin Park**  
**Serving begins at 6:30 p.m.**  
**Arrive early to help set up.**

The annual COF barbeque replaces the usual Wednesday meeting. There will be a brief program to honor our volunteers.

**Directions:** From downtown Bend, drive west on Newport Avenue through all the traffic circles. Newport turns into Shevlin at Mt. Washington. Keep going another mile and a half; go down the hill and cross Tumalo Creek. The entrance to Shevlin Park is immediately after crossing the creek. Aspen Hall is on the right; look for parking on both sides of the road.

**What to Bring:** Showcase your cooking skills! Bring a dish to share (side dish, dessert, salad or appetizer), plus adult beverages, in moderation. The club will supply eating utensils, soft drinks, burgers, hot dogs, chips and condiments.

**Thank you to all the volunteers who have offered to help. You will receive a call with details about how to help. If you would like to help, call Herb Blank (312-2568) or just plan to stay late and help clean up.**



## OUTINGS

### Williamson and Wood rivers

August 27-29

Editor's Note: See the June newsletter for more information about this outing.

We will stay at the Water Wheel Campground again. Although not particularly attractive, it is a good location.

This trip requires a boat. Ideally you should have a drift boat for the Williamson and a pontoon boat for the Wood, although a pontoon boat will work for both rivers. An electric motor is helpful as there are some long, slow-moving sections on the Williamson.

Month	Day	Leader	Destination
Aug	27-29	Yancy Lind	Lower Williamson/ Wood rivers
Sep	9	Jerry Criss	Fall River
Oct	7-10	Eric Steele	Deschutes steelhead
Nov	20	Bill Seitz	Crooked River Cleanup & Outing

I plan to leave Bend Friday morning, Aug 27, and return Sunday afternoon, Aug 29. It's about a two-hour drive from Bend. Let me know if you are interested, and I'll get lots more information to you. There are some organizational details, such as shuttling, that need to be taken care of. I can also try to match up people with and without RVs who might be willing to share. **Contact: Yancy Lind (yancy\_lind@ml.com or 541-788-5514)**

### Deschutes River steelhead trip

Oct 7 to 10 | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be Thursday, October 7 through Sunday, October 10. Plan to camp at the large camping area at Beavertail campground. The Fly Fisher's Place will provide guided trips for participants at a reduced rate. More information will be in the September newsletter. Questions and suggestions encouraged; **contact trip leader Eric Steele (541-549-2072 or steelefly2@msn.com).**

## EDUCATION

### Beginning spey casting

Monday, August 9 | 6:00 p.m. | \$10 | Farewell Bend Park | Instructor: Damien Nurre from Deep Canyon Outfitters

Damien Nurre will teach spey casting using a progressive method of learning. Five rod/reel combos will be available, or bring your rod. Meet Monday, August 9, at Farewell Bend park, at 6:00 p.m. The park is located just south of the Healy bridge. Parking can be difficult, so car pool if possible.

**Details:** Class limited to five participants; cost is \$10.00. Make checks payable to COF and write "6/9/2010 Spey Casting" in the memo field. Mail checks to Gary Meyer, P.O. Box 1396, Bend, OR 97709 (education@coflyfishers.org or 514-633-0934).

### Czech nymphing

Saturday, September 18 | 8:00 a.m. | \$15 | Crooked River, Big Bend Campground | Instructor: Scott Robertson (member USA Fly-fishing Team)

Scott will teach Czech nymphing techniques. Bring your gear (rods, reels, floating line, boots, waders, lunch) and be ready to fish.

Meet at Big Bend Campground on the Crooked River (first campground below Bowman Dam), Saturday, September 18, 8:00 a.m.

Details: Class limited to 10 participants; cost is \$15.00 (payment due by Sep 2). Make checks payable to COF and write "9/18/2010 Czech Nymphing" in the memo field. Mail checks to Gary Meyer, P.O. Box 1396, Bend, OR 97709 (education@coflyfishers.org or 514-633-0934).

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## WILD WOMEN OF THE WATER

### August outings

- Wednesday, August 11, Three Creeks Lake
- Monday, August 23, Upper Deschutes

These outings will not be guided; you must be a self-sufficient angler with your own gear to participate. See your email for the invitation with all the details.

### September outing

Sunday, September 12 | Metolius River with Jeff Perin

Experience fishing the Metolius with the help of Jeff Perin of The Fly Fisher's Place in Sisters. This outing is limited to eight attendees, so please RSVP as soon as possible to reserve your spot. Wild Women who wish to attend must be at an intermediate fishing level to participate. For questions, contact Kristin Lambson (wildwomen@coflyfishers.org) or see your invitation email.

New Wild Women of the Water hats are now available for the low cost of \$18.00. If you are interested in purchasing one, contact Kristin (wildwomen@coflyfishers.org).



Thank you to Bob Griffin for leading our outing to Lost Lake. PHOTO: Kristin Lambson

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## OTHER NEWS

### COF joins Facebook and MySpace

Members of COF may now share what they enjoy about the club through Facebook and MySpace. Younger members frequently use these social networking sites. However, these sites are not for youth only. To share some of your fishing experiences, please join either site and become a "Friend" to COF.

- COF is available on MySpace at [www.myspace.com/541268546](http://www.myspace.com/541268546).
- Wild Women of the Water is available on MySpace at [www.myspace.com/541038740](http://www.myspace.com/541038740).
- To find COF on Facebook, type **Central Oregon Flyfishers** in the search bar.
- To find Wild Women of the Water on Facebook, type **Trout Fishing**.

If you have photos you would like to add to our pages, email them to [wildwomen@coflyfishers.org](mailto:wildwomen@coflyfishers.org). (No names will be used when posting photos.) Help COF increase youth and young adult involvement by contributing to these sites.

— Kristin Lambson

### FFF Conclave

The Federation of Fly Fishers will hold its 45th annual National Fly Fishing Fair & Conclave at West Yellowstone, Montana on August 25-28, 2010. More than 90 workshops will be offered, including casting, fly tying, on the water outings, youth fly-fishing camp, women's program, and related

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A vertical advertisement for Fly Fish Central Oregon. The background is a dark, textured image of a fly fishing lure. The text is white and arranged in a list format. At the top, it says "FLY FISH CENTRAL OREGON". Below that, it lists services: "Full-service fly shop with helpful, friendly staff", "Lessons &amp; schools", "Guided fly-fishing trips", and "Trips to Chile, Argentina, New Zealand and Belize". At the bottom, it provides contact information: "541-549-FISH", "151 W. Main Ave., Sisters | Open 7 days a week", and "caddis@outlawnet.com | www.flyfishersplace.com".

subjects. Numerous fly tyers will be tying their best creations, and many exhibitors will be showing their wares. Check the web page for specific information and registration at [conclave@fedflyfishers.org](mailto:conclave@fedflyfishers.org), send email to [conclave@fedflyfishers.org](mailto:conclave@fedflyfishers.org), or call the Federation of Fly Fishers office (406-222-9369) for more information.

## Central Oregon trout festival and Orvis second annual North American fly casting tournament

Aug 13-15 | Orvis casting course in the Old Mill

Volunteers, competitors, and sponsors are needed for this one of a kind fund-raising event. Part of the proceeds for the event will go to Trout Unlimited toward conservation projects in the Deschutes Basin and Central Oregon area.

Participants are needed for the amateur, professional, and team casting competitions. If there are not enough professional casters, prizes for this division (two kayaks, cash, and high-end Orvis gear) will most likely be rounded in to the amateur or team casting competitions. I encourage all amateurs to come out and participate in the competition.

Please help us raise the money we need to continue to be a viable group in the Deschutes Basin. We appreciate everyone who is involved with Westfly; you are passionate about the fish we all love to catch in the Deschutes. Your insight into our fisheries has helped us make better decisions about advocacy, conservation, and protection of our great resource. Help us to continue our efforts in the Basin. Bring your fly rod and cast a piece of yarn on our unique casting course.

For more information about the event and the course, visit the Orvis store site or <http://www.troutfestival.org> or <http://www.deschutestu.org>.

– Gabe Parr, Communications Chair  
Deschutes Chapter #552 of Trout Unlimited  
[deschutestu@gmail.com](mailto:deschutestu@gmail.com)

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## MEMBERSHIP

### Welcome new members

Welcome to new members John Walker, Randy Hill, and Ryan Cavallo! Ryan is our first OFFICIAL youth member. The July meeting saw three guests we hope will join.

We now have 242 members and hope to reconnect with 55 nonrenewals from last year. If you wish to rejoin, go to [coflyfishers.org](http://coflyfishers.org) to fill in a form. Or contact [membership@coflyfishers.org](mailto:membership@coflyfishers.org), and I will mail a pre-filled form for you to edit and sign.

Current rosters are available by request, so please contact me at the next meeting, or send email to [membership@coflyfishers.org](mailto:membership@coflyfishers.org) with ROSTER as the subject, or mail me a card at Membership Services, PO BOX 1126, Bend, OR 97709. (Please indicate if you want a PDF file or printed copy.)

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Printed copies will be available at the next meeting for those who request them by August 16.

If you are interested in learning about keeping the membership records, please contact me ([membership@coflyfishers.org](mailto:membership@coflyfishers.org)). My term ends in December, and I would like to thoroughly train my replacement.

– Craig Dennis, Membership Chair

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## CONSERVATION

### Fly fishing and the golden rule: A primer on the ethics and etiquette of our sport

When and how do fly fishers new to the sport develop a sense for the ethics and etiquette of fly fishing? As an example, I was 10 years old when I started fly fishing. I grew up in central Illinois in the 50s and 60s when hardly anyone in the area knew what fly fishing was all about. No one in my family fly fished; we were a family of “worm dunkers.” It was hard to find flies in the local sporting goods stores. It wasn’t until many years later that I realized that fly fishing was steeped in tradition and had established ethics and etiquette. I had no one in my family or peers to provide the background of ethics and etiquette that the sport was founded upon. I’m sure many of us started out in a similar fashion.

It seems that not a day goes by that I don’t hear about some horror story from a fly fisherperson about some recent conflicts with other fisherpersons (many fly fishing) on the popular lakes, rivers, and streams of central Oregon. Last week, I witnessed several incidents on the Madison River in Montana. During the spring and summer months, our favorite “fishing holes” become crowded. When crowded conditions occur, there is always a chance that tempers will flair and that common courtesies will go out the window. After some discussion with these unhappy folks, one common thread seems to surface – most fly fisherpersons new to the sport do not have a complete understanding of the ethics and etiquette of our sport. Like me in my early years, many did not have mentors to educate them. More on that later.

When I read the many books and articles on fly fishing, some general and some specific to a type of fishing or a species such as steelhead, usually ethics and etiquette are the last subjects covered – almost as an afterthought. However, one book I often refer to is Scott Richmond’s *Fishing Oregon’s Deschutes River*. Up front, Scott addresses ethics and etiquette. He offers sound advice in two areas involving behavior on and around the river: Follow the Golden Rule – Do unto others as you would have them do unto you – where “others” include the entire ecosystem. The next advice is to “Be Patient.” Most confrontations between anglers or boaters arise from ignorance. He offers a few specific guidelines for all to follow:

1. Communicate with other river and lake users – Positive and courteous communications go a long way.

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2. Ask first – If someone is fishing near an area you want to fish, ask if you will disturb them.
3. Don't be a hole hog – Don't monopolize the water for long periods, move on and give someone else a shot.
4. Don't wade below an angler swinging flies – Usually someone fishing a steelhead run with a traditional wet-fly swing is probably working their way downstream. Don't wade in the river below them, or near them on the upstream side. If you are not sure, ask. If you enter downstream, you should stay at least 200 yards from an upstream angler.
5. Don't wade close to an angler nymph fishing with an indicator – They could be working up or downstream, so ask before wading in above or below them.
6. When floating, give bank anglers room – If possible, give wade fishermen a wide berth, staying at least 30 feet away from where they're fishing (not standing).
7. Don't pull your boat or a raft into a back eddy until you are sure no one is fishing it.
8. Clear out of launching/landing sites quickly.
9. Don't block the river when drifting the river in a large group with several boats.
10. Give room when passing through rapids, leaving at least 50 yards between you and the craft in front of you.
11. Follow the "Rules of the Road" when drifting – Down-river-bound traffic has the right-of-way, and boats should bear right when passing.
12. Don't target or harass spawning fish.
13. Don't abuse the riparian zone, the thin strip of vegetation along the river.
14. Dispose of human waste properly.
15. Don't litter.
16. Leave an area looking better than you found it.
17. Keep dogs and other pets under control.
18. Know the rules – Understand the fishing regulations and follow them.
19. Manners are contagious!

I would add the following two additional guidelines:

1. Show respect for the fish – See the article in the July newsletter on how to release a fish and other newsletter articles that discussed how to catch and release a fish and handling fish in warm water conditions.
2. Space boats/float tubes/pontoon boats in lakes – Do not get closer than two casting distances to other boats.

As members of the Central Oregon Flyfishers (COF), we need to set a good example for others to follow. I urge those members new to the sport to ask the club's "old timers" at meetings and outings about the ethics and etiquette of fly fishing. On the flip side, the experienced members should be willing to share their beliefs about the ethics and etiquette of

the sport with new members. Our collective willingness to follow the ethics and etiquette that I have discussed in this article and past newsletters will help us ensure that fly fishing continues to thrive and be enjoyable for us and future generations. A strong foundation of ethics and etiquette will be increasingly necessary as the number of anglers increases while populations of wild fish, such as steelhead, redbands, and mountain whitefish, and their habitats decrease. As individuals, we are responsible for our actions on the waters of Central Oregon and elsewhere. Let's practice the Golden Rule, show patience, and provide the leadership and mentorship for which COF is known.

– Bill Seitz, Conservation Chair

Thank you for the incredible day! I learned how to fish and how to tie knots. One of my favorite parts was hooks and ladders. The biggest thing I caught was a tree branch. In practicing I caught one plastic fish. I remember when I caught a dead worm in the water. My worm kept getting bit by a fish. The lunch was awesome! Thank you for a great day!

From Ebin

(Kokanee Karnival student, spring angling clinic, 2010)





# Calling all Volunteers

Kokanee Karnival Fall Streamside will be held September 20 through 24. We are seeking volunteers to help at Browns

Creek, Spring Creek, or Cline Falls Park. Kokanee Karnival will be at Browns Creek for five days, with two classes each day. The classes alternate between the Fall River hatchery and Browns Creek. The other four classes will spend one day at Spring Creek near Camp Sherman or Cline Falls Park. This arrangement allows Kokanee Karnival to have all 14 classes in the Comprehensive Program participate in the Fall Streamside in one week.

**For more information or to volunteer, please contact Frank Turek (waldo1ft@msn.com or 541-318-7507).**



## Deschutes Basin Water School

August 20-21, Pre-registration due by August 6

Classroom Sessions • Field opportunities • Volunteer Expo • Evening Presentation

### What is Water School?

The Deschutes Basin Water School is a two day mini-college focused on local watershed and water resource topics, with a special session track on how to engage youth in meaningful natural resource lessons.

### Course and field topics will include:

- Geology and Water Resources of the Deschutes Basin
- Cultural History of the Deschutes Basin
- Steelhead Reintroduction: Pelton Round Butte Dams
- Groundwater Hydrology and well ownership
- Invasive Species: Identification, and Prevention
- Watershed Based Service Learning with Students
- New Tools for Student Engagement
- Water Management and Conservation
- Improving Riparian Area Function and Management

### Who should attend?

Formal Educators, Informal Educators, Interested Citizens, OCC/OSU Students, Natural Resource Professionals

### Benefits of attending:

- Receive "tricks of the trade" from local experts in water conservation and restoration, and working with youth.
- Receive credit toward Master Watershed Steward (MWS) certification
- Receive CEUs (Continuing Education Units)

### Friday, August 20

Classroom Sessions: 8:00 a.m. – 4:30 p.m.  
Volunteer Expo: 12:00 p.m. – 1:30 p.m.  
Evening Presentation: 7:00 p.m. – 8:30 p.m.

### Saturday, August 21

Field Trips, 8:00 a.m. – 4:00 p.m.

**Location:** OSU Cascades Campus  
2600 NW College Way, Bend OR 97030

### Registration: \$50 Fee, Limited Scholarships Available!

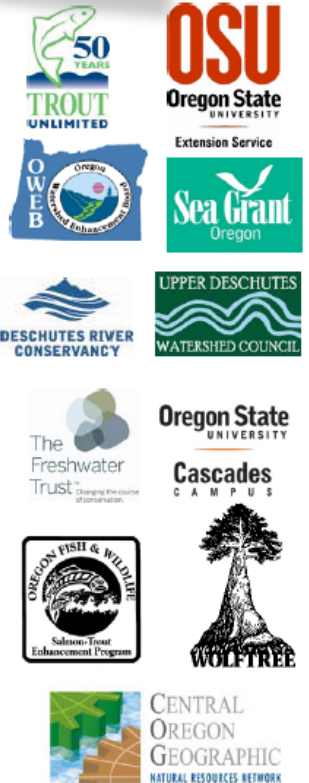
Fee includes Friday and Saturday courses, class materials, lunches, and field trip transportation

*Pre-registration required by Friday, August 6<sup>th</sup>.*

### For registration information visit:

<http://extension.oregonstate.edu/watershed/>

**Or Contact:** Megan Kleibacker at 541-737-8715  
Megan.Kleibacker@oregonstate.edu



## TYERS CORNER

Where did those three months go? I want to thank Bill Seitz and Mike Telford for helping out with Tyers Corner. As you can see, we have some really talented tyers in the club, and they love sharing their flies as much as I do. It is great to share this column, and we will continue to do so in the future.

As the weather warms, the fish start seeking colder water, thus lake fishing becomes a little tricky at times. Beware of the different hatches, mark the time of day they occur, and fish accordingly. This month's fly, the Flying Ant, is one of the hatches that is missed in Central Oregon. If you check your boxes, you might find a few. If the fish get on them, the action can go on all day. They do not hatch in the water; they hatch on land and get blown into the lake or stream. What does this mean? Pay attention to the wind direction so you can put yourself in the right position. Remember, ants can be fished dry or just below the surface, especially if the wind is up.

I have tied the simplest of the Flying Ants: a dry fly dubbing body and head with hackle tips tied to the rear and with a hackle tied in the middle. There are more elaborate patterns, and if you go online you can find them. Don't dismiss the wings. I find they add something that the fish really key on when they are on them.

**About Lava Lake:** Thanks to those who offered to help. The trap was pulled in early July because there were no chubs. We were too late in setting the trap this year, but next year we will get the trap in on time. I have discussed the problem with ODFW, and they are going to get help next year. If you haven't heard, about 1,000 pounds of chub are being pulled from East Lake each day. That's a lot of work, and I want to thank all those involved.

– Jerry Criss (541-536-3581 or [tlfly44@msn.com](mailto:tlfly44@msn.com))



### Flying Ant

Hook: dry fly hook, 1x long, #16 to #10

Thread: black 8/0 or 14/0

Body: dry fly dubbing, black

Wing: two hackle tips, light dun, hook shank in length

Hackle: furnace in color, 1½ times the hook gap in length

Start tying just above the barb and dub a large bulb for the body. Remember that the body is larger than the head. Once the body is complete, tie in the wings, angling them up and out slightly toward the rear of the fly. With the wings secure, tie in the hackle and wind forward with the concave side to rear of the bug; about five wraps should be enough. Now dub the head and tie off between the hackle and the head. Happy Hunting.



School is over and Kokanee Carnival electives were completed. More than 900 students participated in the fish dissection program. KK board members are considering moving the fall streamside program from Browns Creek to Sheep Bridge, which offers more wildlife, more Kokanee salmon, better parking, and less travel time. If the Sheep Bridge site is used, a USFS biologist will monitor potential effects on bald eagles.

The spring angling clinic at Shevlin Pond was a success. The stocking of additional trout by ODFW during the clinic enabled students to catch more fish. Students were so successful that a waiting line formed at the fish cleaning station.

Kokanee Carnival is a very successful youth education program, and participation is increasing. The KK board is evaluating the need to limit some participation. The Comprehensive Program is limited to 14 classes. Participation in the Elective Program is not limited. The Eggs to Fry Elective Program is limited by the 50 incubators in classrooms. The Angler Education Elective Program might be limited to 30 classes due to the number of volunteers needed to deliver this time-intensive program. The availability of fish might be the limiting factor for the Fish Dissection Elective Program.

– Frank Turek ([waldo1ft@msn.com](mailto:waldo1ft@msn.com))

## Central Oregon Flyfishers Upstream Events 2010

Date	Time	Activity	Location	Contact
<b>AUGUST</b>				
Aug 5	6:30 pm	<b>monthly board mtg.</b>	Environmental Center	Dick Olson (president@coflyfishers.org)
Aug 9	6:00 pm	<b>CLASS - Beginning Spey Casting</b>	Farewell Bend Park	Gary Meyer (education@coflyfishers.org)
Aug 11		<b>Wild Women of the Water</b>		Kristin Lambson (wildwomen@coflyfishers.org)
Aug 17	6:30 pm	<b>Annual BBQ</b>	Shevlin Park	Herb Blank (541-312-2568)
Aug 23		<b>Wild Women of the Water</b>		Kristin Lambson (wildwomen@coflyfishers.org)
Aug 27-29		<b>OUTING - Williamson &amp; Wood rivers</b>	Water Wheel Campground	Yancy Lind (yancy_lind@ml.com)
<b>IN THE FUTURE</b>				
Sep 12		Wild Women of the Water, Kristin Lambson (wildwomen@coflyfishers.org)		
Sep 18		Czech nymphing class with Scott Robertson; Gary Meyer (education@coflyfishers.org)		
Oct 7-10		Steelhead trip on the Deschutes. Eric Steele (541-549-2072 or steeelefly2@msn.com)		
<b>NON-CLUB ACTIVITIES &amp; FYI</b>				
Aug 25-28, FFF Conclave, West Yellowstone, MT (conclave@fedflyfishers.org or 406-222-9369)				
Aug 13-15, Orvis casting tournament and Central Oregon trout festival				

2010 COF Board Members: Dick Olson PRESIDENT Lee Ann Ross VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY John Anderson Programs Eric Steele Banquet, Fund raising Yancy Lind Outings Dennis Rockwell Past President Craig Dennis Membership Bill Seitz Conservation Gary Meyer Education Frank Turek Kokanee Karnival Kristin Lambson Wild Women of the Water

**Membership application available from: <http://www.coflyfishers.org>**  
 For advertising information, call Mike Shadrach at 541-678-5717.



**Central Oregon Flyfishers**  
 PO Box 1126 Bend, Oregon 97709



An active member club

For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm Editor & Designer