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President's Message

Happy August Flyfishers! With the lingering effects of the Virus still cramping our efforts to conduct our club biz, we have had to cancel or move to the "virtual world" more of our events. We were able to (safely) hold an outing at East Lake in June that was pretty well attended – it was nice to see some faces I have only seen on my computer screen lately. We even caught some fish! The Kokanee Karnival for the Fall has been canceled, and we hope that things are back to either "normal" or close to that by the Spring. We'll continue to hold our monthly meetings online, with presenters giving us their presentations via PowerPoint. We've had 2 of these so far and I think they were well received and very informative – well done to Peter Bowers and Phil Fischer for their excellent shows! Our Programs Chair, Art Agnew, is working hard to make sure we have one for each of our meetings. The Board will also hold our "virtual retreat" in Oct to discuss the 2021 budget.

We have several positions coming open this next year: Vice President, Winter Fly Tying Leader, Banquet Chair. If you would like to get involved with the leadership of the club please let me know where you'd like to help. As always, there are many resources to help you with these positions!

Since the August BBQ has been canceled, we'll have our monthly virtual meeting on 8/19.

Thanx to everyone who participated in our membership survey in July. Survey results should be out by Sept 1; we'll be using the results of the survey to determine our membership and event fees for the coming years.

Cool videos of the month: 1. Here's another excellent video of Kelly Galloup fishing the Madison River between Hebgen Lake and Quake Lake. Although the video is specifically aimed at the Madison, he describes the various insects (and some flies that imitate them) that you can find in our waters as well as Montana. www.youtube.com/watch?v=jPMkSL3Po24

2. Ken Tanaka (Wish4Fish) has some cool videos of fishing the world, and he also reviews equipment as well as gives advice on techniques. This one is titled "How to Catch Big Trout" but it has more info on properly playing and handling (like for a photo) trout. And it gives some really good advice on using a net for landing your fish (Rich, you know I'm talking to you here!). www.youtube.com/watch?v=AcnF6Awd1U0

As always, thanx for being a part of this great Club, and feel free to let me (or any board member) know if you have ideas for improvement. Do you like the new Trip Reports and Tips/ Techniques section of the website? Let us know your thoughts.

Get out and fish (safely of course)!

- *Tim Quinton*

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This month we will have **Phil (AKA Fly Fishing Phil) Hager** giving a virtual presenting on **Diamond Lake** and its wonderful fly fishing opportunities.

Phil is a Past President of COF as well as a Life Member. He is considered by many to be the Central Oregon Waters guru from his extensive studies of our local lakes and rivers since the early 1990's, and from his studies and observations, he has developed flies and techniques unique to fishing our local waterways. Phil credits the amount of time spent volunteering with ODWF doing surveys, recording fish locations, gathering specimens, and collecting information on the fishes feeding zones. His new presentation on Diamond Lake will highlight the diverse history of the lake and issues it has had to deal with since the 1940's. He will also give his insight of how to fish this outstanding fishery. It should also noted that Phil spent 4 years following the 2006 Diamond Lake rotenone treatment updating ODFW on fish populations and health in the lake.

Aside from being a COF Past President (2001–2002) and Life Member Phil has served as Secretary of the Oregon Council FFI, published the newsletter, and served on the FFI's Conservation Committee. He has been giving casting classes, teaching fly tying, and giving presentations throughout the Pacific Northwest for the past 18 years.

EDUCATION

Blasts From The Past! The COF Newsletter archives hold some excellent information that is factual, timely, and never gets old. This month I've dredged up 2 articles by the Conservation Chair, Bill Seitz, from Sept '09 and June '10. As you can see from his redd article, there may still be redds around that we need to avoid when wading. Although it mainly concerns the Crooked, it is applicable to any river in Central OR (and lots of them in the US!). And with the hot weather here in Central OR, we all need to be mindful of the effects it has on our quarry. Thanx Bill for these excellent articles! And a big tip of the hat to Lee Ann for bringing this idea to my attention! If any members have ideas for similar articles please let me know. Tim Q

Fish Mortality And Warm Water Temperatures: How You Play And Land A Fish Is A Matter Of Life And Death!

As I write this article, it is 100 degrees Fahrenheit out-side. In previous articles, I have stated that catching and releasing trout in streams with warm temperatures increases fish mortality. A recent article in American Angler provides a good summary of this topic. The Colorado Division of Wildlife (DOW) has developed a program to help anglers better understand the causes of mortality in fish that have been caught and released. The variables that DOW considered include water temperature, length of fight and the amount of time the fish was kept out of the water. (The control fish was an 18-inch trout.) There was no distinction made between lures and flies, and the chart below applies only for "superficially hooked" fish. If the hook is swallowed or buried in the gills, the chances that the fish will die certainly go up, and statistics for fish caught with bait showed significantly higher mortality. The data shows that the faster you land a fish, the better. And leaving the fish in the water while you unhook it can double its chances of survival. These rules become increasingly important as the water temperature rises.

Take home messages: • Carry a stream thermometer and use it. • Play the fish a short time. (Consider using a 5-weight instead of a 3-weight.) • Never take the fish out of the water.

Rainbow Trout Spawning Activity Anglers: Show Caution When Wading And Fishing!

It's that time of time of the year again; rainbow trout are actively spawning in Central Oregon rivers and streams. The Central Oregon Flyfishers (COF) have marked 13 major spawning sites on the Crooked River below Bowman Dam. Trout are likely to spawn on these sites from mid-March through early August. Yes – August! In studies conducted on the Deschutes River by Christian Zimmerman and Gordon Reeves in 1995 to 1997, biologists found that rainbows initiated redds as early as early March. They found that 50% of the spawning had occurred by early June. The peak number of redds occurred in late June. They found fish on redds as late as early August. When they looked at individual redds, they found that eggs were in the gravel a little over two months. The emergence of fry occurred over a period of about two weeks after this period. For example, if a rainbow in the Crooked River initiates a redd on April 1, the fry will finish emerging in mid-June! When fishery biologists identify spawning sites, what does this mean to you and me? A spawning site is an area of river bottom that has preferred gravel size (around 1 inch), water depth around 17 inches, and current speed of about 2 feet/second. The site will contain individual redds; the density of redds is dependent on the area of river bottom with the combination of preferred micro habitats. A redd is about 5 feet long and 2 ¾ feet wide. Bottomline: COF members should work hard to set a good example for others by staying out of the redds during the spring and summer months. I would also urge you to not fish over these spawning sites so as to not create added stress to these spawning females.

Tim's Tips #6: Barbless Hooks and Using a Net (FOR CATCH AND RELEASE FISHING – IF YOU'RE GOING TO DO FILET AND RELEASE, NOT ALL OF THIS APPLIES!)

As a lifetime Flyfisherman, I'm always looking for ways to improve my sport, including ways to minimize my impact on the fish. I started using barbless hooks and a net when I was pretty young, and they are both second nature to me now. When used together, they make catch and release fishing less stressful to the fish, and less potentially harmful to you or your fishing companions (the barbless hooks part anyway!).

I've stuck myself with hooks plenty of times, especially when the water and air are cold and your fingers are numb. Barbless hooks prevent this little mishap from becoming a major trip-ending calamity. I've seen some pretty gruesome photos of people with hooks in some really bad places – eyes, scalp, ears, etc, and a barbless hook would make these occasions less calamitous. When I was guiding, I ALWAYS used barbless in my boat or on the bank. I can hear some of you now, saying things like: "I don't want to lose a fish of a lifetime because of a barbless hook" or "I never hook myself". I'll use the same saying that I heard from a biker talking about her riding experience: "there are 2 kinds of bikers – those that have laid it down and those that will". Same for fly fishermen: "those that have hooked themselves or others and those that will". As for losing that "fish of a lifetime", you'll probably get another one. Even if you don't, the impact that barbed hooks have on fish (from tearing the mouth parts, increasing release time, etc) make barbless worth the "sacrifice". I've found that if you keep proper pressure and as tight a line as you can on the fish, you don't lose many fish. The only permit I've caught (so far!) was on a barbless fly – much to the surprise of my guide!

When you combine the barbless fly with the use of a net made of modern, non scale-removing material the result is a fish that swims away much less the worse for wear. Many times when I net the fish and the pressure is off the fly, the hook just pops out by itself, making release that much easier, and I don't even have to touch the fish. I've witnessed too many times the ordeal of someone who used a barbed hook and not used a net, and it isn't pretty. Too much time out of the water and rough handling usually result in a dead fish, even if it swims away looking OK.

There are times when I don't net the fish, especially if it is a small one and not too energetic. You can just grab the fly and twist it out of the trout's mouth, it swims away unscathed. But that doesn't always happen, and netting is the safest way to ensure minimal damage to our precious little friends. Just make sure you have a net made from the correct materials, it is wet when the fish enters, and you keep the fish in the water the whole time. A photo of your "fish of a lifetime" can be taken quickly without too much stress to the fish, and it's released back into the water before any damage is done.

- TIM QUINTON
CGTIMQ@GMAIL.COM

NEXT CAST FLYFISHERS

Thanks to Mike Coughlin for donating a float tube, net and cash to Next Cast.

Next Cast activities are on hold due to Covid19 as are many other activities. I would ask that COF members provide me names and contact information of youth interested in fly fishing. I have been contacted by several individuals and will be developing an email distribution list to communicate with Next Cast members. At some point the pandemic will end and we can initiate activities.

- FRED A. CHOLICK
(785) 410-1866, FCHOLICK@GMAIL.COM

OTHER NEWS

Fall Streamside Canceled

The Kokanee Karnival board voted to cancel the Fall Streamside program that would have been held in September. We felt we could not ensure we could meet the social distancing, masks and hand washing guidelines to adequately protect the volunteers, students, teachers and parents.

- FRANK TUREK
(541) 381-7507, WALDO1FT@MSN.COM

LIBRARY

COF library services will resume once monthly meetings restart. Our DVD collection and a few of our books, will be available at monthly meetings for check out. To access the rest of our books, you can find a title on our website's library collection list <https://coflyfishers.wildapricot.org>, and email the librarian to bring it to the next meeting library@coflyfishers.org.

The librarian arrives at the meeting early to give members extra time to look for items before the meeting starts. Sign in on our website <https://coflyfishers.wildapricot.org>, click on Members Area and select Library to see a list of our books. If you have any questions or comments, feel free to email Helen Guerrero-Randall, the club librarian: library@coflyfishers.org

- HELEN GUERRERO-RANDALL
LIBRARY@COFLYFISHERS.ORG

BOARD BITS

The Central Oregon Flyfishers Board of Directors did not meet in July. But, there were a few decisions that were made.

Liz Jones was elected to the treasurer position at the "virtual" monthly membership meeting on 6/17/2020. She takes over from Renee Schindele, effective July 1, serving the remainder of Renee's term. Thank you to Renee for being a fantastic treasurer for the last 5 years!

A dues survey was sent out to the COF membership. The results will be reviewed after Aug 1.

Our annual summer BBQ has been canceled. It is normally held in Aug.

- KARI SCHOESSLER
SCHOESSLER.KARIVAN@GMAIL.COM

MEMBERSHIP

Welcome to Our New Members

Jacalyn Kreitzer - Bend

Vincent Salomone - Redmond

John Skovran - Bend

Devon Vendetti - Eugene

COF has 44 new members, both inside and outside of Central Oregon, since the beginning of the year. Welcome and thank you for joining and supporting COF, despite the limited activities necessitated by the pandemic. Lee Ann Ross continues to coordinate outings, so not everything has to be virtual, while we all hope for a return to some form of normalcy.

- ROBERT SHIMANE
MEMBERSHIP@COFLYFISHERS.ORG

FLY SHOP CORNER

Fly and Field Outfitters

Fly and Field Outfitters has established both summer hours and a Guide Service plan for the 2020 summer. So much has been in flux over the last couple months and we are mindful of our community concerns. For the foreseeable future the shop will be open from 8-6 Monday-Friday and 8-5 on the weekends. We are limiting the number

of customers in the shop at any one time, so we apologize if you have to wait outside for a few minutes. We've been trying our best to get folks in and out so the next person can get their shopping done. But you know how it goes in a fly shop!

As for the Guide Service, we have worked diligently with our partners in the National Forest and BLM, along with state government and the Oregon State Marine Board to establish and implement a set of guidelines we feel will allow folks to get out with guides in the safest possible way. Please visit our website flyandfield.com for our "Covid Clause".

The usual In-Store Educational Events have all been put on hold. We will continue to host Facebook Live events throughout the summer. Please visit our website and get on our Newsletter Mailing List to hear all about what's going on around the shop.

COF CLASSIFIEDS

FOR SALE Hardy Cascapedia MK II, 5/6/7 reel, \$300 or best offer, Includes weight forward 6 wt. fly line and the original maker's neoprene case. Used only once and in perfect, like-new condition. Please contact **Bruce at bpv6643@aol.com** for details.



FOR SALE: Complete Nor-Vise Fly Tying Kit – Like New Condition. Includes: Nor Vise – Fly Tying Station 300.00 – Retail 500.00, Standard Jaw, Mounting Board – 25.00 – Retail Bamboo Board – 80.00, Fine Point Jaw – 75.00 – Retail 125.00, Extra Standard Jaw – 15.00 – Retail 85.00, Lamp (fits mounted on nor-vise) – 15.00, Bobbin – 50.00 – Retail 65.00, Spool Arbor – 10.00 – Retail 15.00, and 10 Spools 40.00 – Retail 50.00.

This entire Nor-Vise kit retails for \$920.00. I am asking for \$530.00 non-refundable, cash only, includes shipping, all offers considered. **Please contact Sherry Steele Email steelefly@msn.com, 541-549-2072**



THE FOLLOWING ITEMS ARE FOR SALE BY TIM QUINTON: Contact Tim Quinton by phone at 509-392-3516 or email, cgtimq@gmail.com

Umpqua Ledges 650 Zero Sweep waist pack, \$70, New condition, this is last year's model. The Ledges 650zs is the ultimate fly-fishing beast-of-burden. The suspended back panel/ABS frame sheet provides all-day comfort, support, ventilation and the industry's best and easiest rotation. The primary pocket holds four large boxes and this updated version has "portfolio-style" dividers that allow easy box organization and easy in-and-out. The dividers also collapse which allows the whole space to be used for larger items if preferred. The two front pockets each hold an additional medium fly box and a top loft pocket provides accessory storage and organization. Four Zero Sweep™ retractor stations, a high-wear tool sheath, tippet pockets and a Zero Sweep™ foam fly patch round out this gear-swallowing fishing pack.



Redington Voyant 690-4 rod/reel outfit, \$150, 6 wt, 9 ft, 4 pc, fast action rod with Redington Surge 5/6 reel and extra spool (set up for left-hand retrieve). Each spool has line and backing installed: 1 WF-6-F (green), 1 WF-6-I (clear). Outfit has been used about 12 times, and is in excellent condition.



MEMBERS: Got a fishing related item to sell? Ads are free and run for one newsletter. If the item is not sold please resubmit the advertisement for the next month's newsletter. Submit ads to classifieds@coflyfishers.org before the middle of each month.

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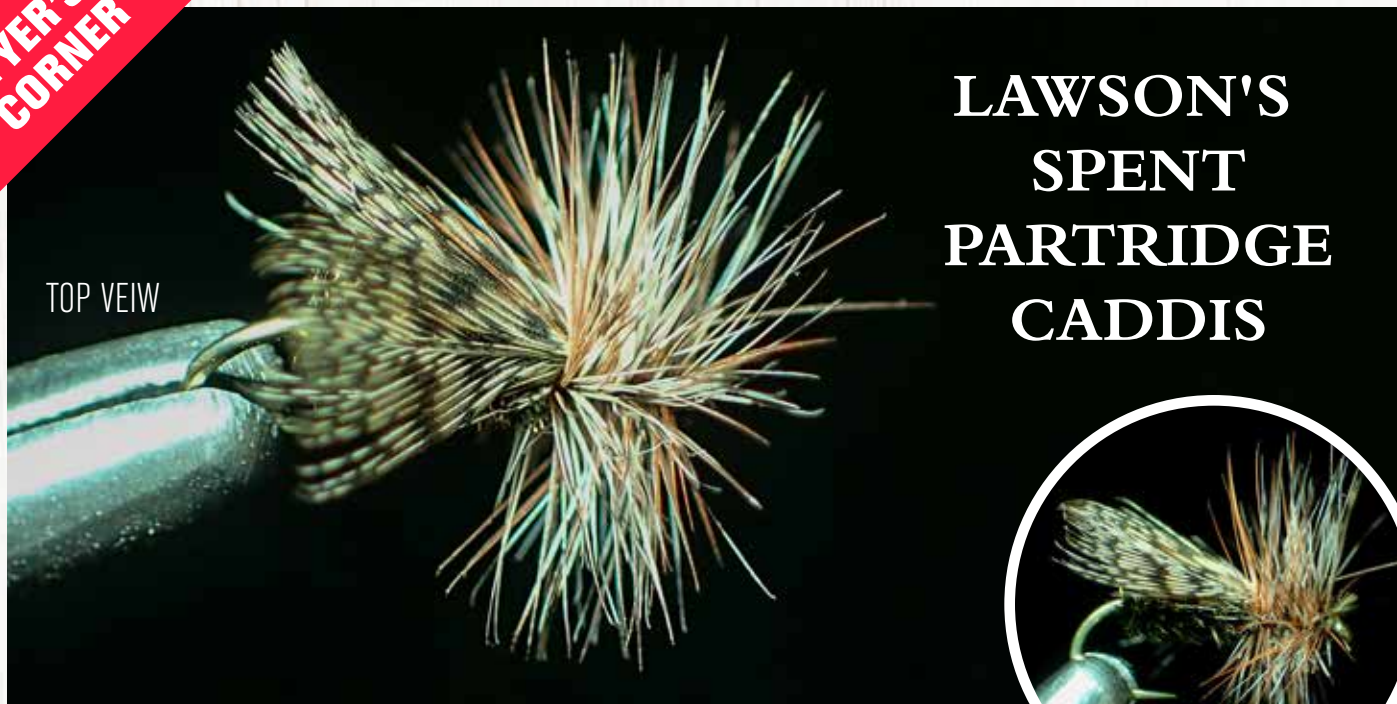


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LAWSON'S SPENT PARTRIDGE CADDIS



This month's fly pattern is Lawson's Spent Partridge Caddis. It's a fly I found during last year's fly fishing road trip at Mike Lawson's Henry's Fork Angler's and included in Mike's Deadly Dozen. That should tell you how important this fly is!

Caddis will soon be hatching in hordes and while my favorite caddis fly patterns are the X Caddis and Iris Caddis, this fly has a spot in your fly box as well.

You'll see caddis floating with spent wings after laying their eggs. I think this is a terrific fly pattern to imitate the spent wings. After all, any fly with Hungarian partridge should catch fish!

I like to tie the fly with a tan body, but use whatever color will imitate the natural.

Materials:

Hook: Daiichi 1180, size 12 – 16, or any dry fly hook

Thread: 8/0 thread - tan

Body: Superfine or any other dry fly dubbing - tan

Wing: Hungarian partridge body feathers

Hackle: Brown & grizzly hackle

Thorax: Peacock

Tying Instructions

1. Start thread on hook and apply dubbing to create a chunky caddis body. End at 60% mark.
2. Select 2 Hungarian partridge feathers and size

for hook, extending a little past end of hook.

Strip fibers for a bare stem

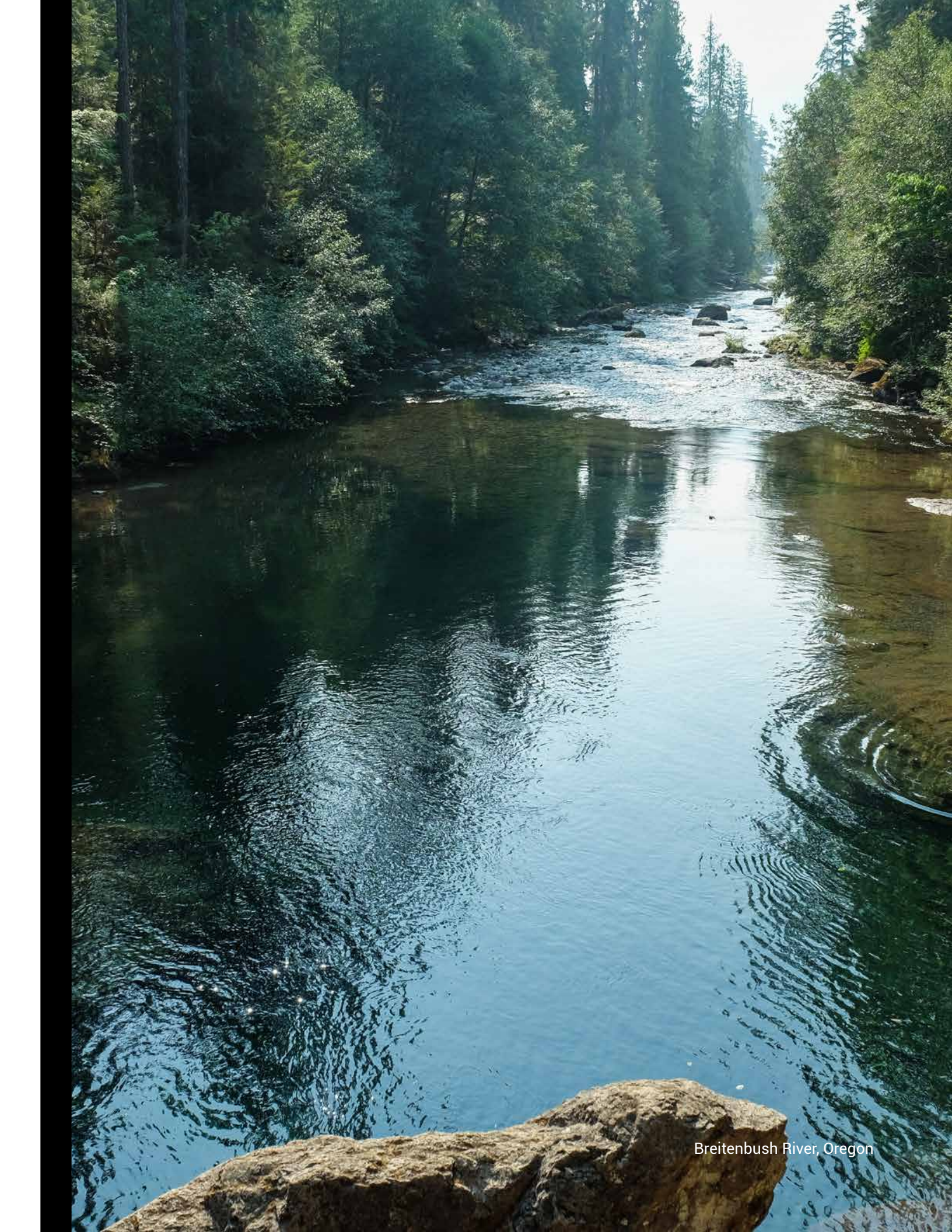
to tie in. (Using a thread base before tying on wings will prevent them from slipping.) Tie in feathers on each side of hook, creating a classic caddis tent wing.

3. Select a brown and grizzly dry fly hackle and tie in.
4. Tie in 1 – 3 pieces of peacock herl and wind forward to a point one eye length behind eye. Tie off and trim excess.
5. Wrap one feather forward with 3 to 5 open wraps, leaving space for next feather. Tie off and trim.
6. Wrap second feather forward in opening left from first hackle. Move hackle back and forth while winding forward to minimize trapping fibers from first feather. Tie off and trim hackle.
7. Whip finish.

For more fly patterns, be sure to [check out my RiverKeeper Flies website](#)

Enjoy...go fish!

- JOHN KREFT - RIVERKEEPER FLIES
JOHNKREFT.COM



Breitenbush River, Oregon

AUGUST 2020 UPSTREAM EVENTS

DATE	ACTIVITY	CONTACT
August 6	COF BOD Virtual Meeting, 6:00 PM	
August 19	Virtual Monthly Meeting, 7:00 PM	



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