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President's Message

August in Central Oregon brings COF to our annual BBQ at Shevlin Park. This year it will be held August 20th at 6:00pm. The club provides the entrée, plates and utensils. Participants are asked to bring a dish such as a salad, side dish or dessert to share with the group. Also any special beverage they desire. To help out and volunteer contact Herb Blank at hblank@yahoo.com.

As summer rolls on it will soon be fall. This will bring us to the annual process of the "Changing of the Guard" at COF. Several Board positions will become vacant and need new leaders. This include, but may not be limited to; President, Treasurer and Programs Chair. The club needs new leadership to continue it's numerous programs, outings, educational and social activities throughout the year. The time commitment is minimal and the rewards are great. Please consider stepping up.

Finally, a big welcome to all the new members who have recently joined COF. Tom Wideman is our welcome to the club chair. If you have not had the pleasure of meeting him please seek him out at the monthly meetings. He can help you get acquainted with the club and it's numerous activities.

"Carpe Diem' does not mean 'fish of the day'"— Author Unknown

- Allen



GENERAL MEETING: NO MEETING! COME JOIN US AT OUR ANNUAL AUGUST BARBECUE!

President

ALLEN CAUDLE
PRESIDENT@COFLYFISHERS.ORG

Vice President

COROL ANN CARY
VICEPRESIDENT@COFLYFISHERS.ORG

Secretary

KARI SCHOESSLER
SECRETARY@COFLYFISHERS.ORG

Treasurer

RENEE SCHINDELE
TREASURER@COFLYFISHERS.ORG

Outings

LEE ANN ROSS
OUTINGS@COFLYFISHERS.ORG

Membership & Wild Women of the Water

SUSAN COYLE
MEMBERSHIP@COFLYFISHERS.ORG
WILDWOMEN@COFLYFISHERS.ORG

Director At-Large

PETER MARTIN
CLASSIFIEDS@COFLYFISHERS.ORG

Director At-Large

"Membership Welcome Director"
TOM WIDEMAN
TOM@WIDEMANS.COM

Programs

ART AGNEW
PROGRAMS@COFLYFISHERS.ORG

Education

DALTON MILLER-JONES
EDUCATION@COFLYFISHERS.ORG
JEFF & JIZ JONES

Kokanee Karnival

FRANK TUREK
KK@COFLYFISHERS.ORG

Next Cast Flyfishers

KAREN KREFT
NEXTCAST@COFLYFISHERS.ORG

Conservation

TOM SHUMAN
MADRASFISH@GMAIL.COM

Banquet

PETER MARTIN
BANQUET@COFLYFISHERS.ORG

Social Media

MOLLY VERNARECCI
SOCIALMEDIA@COFLYFISHERS.ORG

Librarian

HELEN GUERRERO-RANDALL

Raffle

LEE ANN ROSS

Newsletter Design & Production

KELLY ALEXANDER
SUBMISSIONS.COF@GMAIL.COM



BARBECUE

JOIN OUR ANNUAL PARTY

August 20th at 6:00pm

The Annual August Barbeque is Tuesday August 20th and replaces the August general meeting. Bring the family and spend the evening with old friends and new at Aspen Hall in Shevlin Park. The kids might want to do some fishing in the pond or bring a rod and practice your casting skills.

Enjoy a warm summer evening and share some fish stories. We will have our usual monthly raffle and there may be a special raffle for new members. This is a great opportunity to meet each other in a social setting so we really hope that new members will attend. We hope the Next Cast kids will be there as well.

WHAT TO BRING

Showcase your cooking skills! Bring a dish to share (side dish, dessert, salad or appetizer, NO chips), plus adult beverages, in moderation. The club will supply eating utensils, soft drinks, our famous tri-tip, burgers, chips and condiments.

WHERE

Aspen Hall is in Shevlin Park. From downtown drive west on Newport through all the traffic circles, Newport turns into Shevlin at Mt. Washington. Keep going another 1.5 miles, down the hill and cross Tumalo Creek at Shevlin Park. Aspen Hall is on the right, look for parking either on the Aspen Hall side or opposite.

VOLUNTEERS NEEDED. PLEASE SIGN UP AT THE JUNE OR JULY MONTHLY MEETING.

OUTINGS

Lower Deschutes Float Trip - Warm Springs to Trout Creek

SATURDAY AUGUST 10

Where: Warm Springs Boat Ramp
Time: We have a choice – go early 7:00 am to try to beat the crowds. Go later (which I will do) 11:00 A.M., on the water noonish. Why? Sunset is at 8:30 or so. That is almost nine hours of fishing. Better fishing later in the day. Most everybody will be ahead of us by a few hours which gives us the upper river and less competition for a few hours.

Purpose: This trip is designed to familiarize you with the river. If we catch fish it will be a bonus. If you are bringing a pontoon boat you MUST know how to row both forwards and backwards and how to use the paddles to align yourself.

Directions: Hwy 97 north through Madras and then Hwy 26 to Warm Springs. The boat ramp is just before the bridge over the river and it clearly marked.

Regulations: Remember each person must have a boaters permit. You can purchase it at the site below. We will put in at Warm Springs and take out at Trout Creek. For the purposes of the boaters pass, put down that this is a non-guided trip. www.recreation.gov/search?q=deschutes%20boaters%20pass. We are fishing section 1A. There is a great map on the boaters pass web site. “The River” map 1 for the Warm Spring Launch Ramp to Trout Creek.

Boat Registration: Each boat is required to have an invasive species permit which is an annual permit. <http://apps.oregon.gov/ECommerce/OSMB/Index.aspx>

Boat owners: be prepared for a boat safety inspection if you do not already have your 2019 sticker. Saturdays they are fully staffed for inspection. Make sure you check the boaters’ regulations and have everything. You are required to have a life vest and a whistle.

Tribal Permit: Your Warm Springs permit <http://www.tribalpermit.com> allows you to fish on the Reservation side (river left) starting at Dry Creek that is just before Luelling Homestead. This permit can be purchased as a daily or an annual permit on the web or at one of the fly shops. Each person has to obtain his or her own permit. I purchase an annual and it pays for itself on the 3rd trip. You must have this permit on your person, not in your boat bag. The tribe does come by and check sometimes. *And of course you’re fishing license.*

Cost: Shuttle Fee – I use Fish’s Shuttle to shuttle my car to Trout Creek. The fee is \$45 and it is well worth it. Be sure to bring two keys, one for him and one for you when you get to Trout Creek. His phone number is 541-475-3129.

Rod Reel Lines: Any 5 or 6 weight rod will do. I usually bring a rod for dries and a nymph rig. You can Czech nymph or nymph the classic two fly rig with an indicator with or without split shot (non lead). Check out the COF Web Site under “presentations” and you will find some excellent assistance. Check out: FFF European Nymphing by Bill Seitz; Fishing the Crooked River by Bill Seitz slides #15, 16, and 17; Fly Fishing the Crooked River by Frank Turek – He has two types of nymphing set ups and how to fish them interspersed in the first half of the presentation.

Flies:

Check your favorite fly shop for the latest info. This is what I know which can change based on water temperature, wind, sun, clouds, rain – the usual.

- Girdle Bugs Brown/Olive mix or Black #6, 8
- Cheese Burgers (Double Bead Peacock) #4, 6
- Salmon Fly Dries – including Chubby Chernobyl, check your fly shop
- CDC Bead Head Flash Back Pheasant Tail #18, 16
- Psycho Prince Red #18, 16
- Two Bit Hooker Light Olive #16
- I always carry an array of copper Johns in different colors and sizes.

Lunch: Bring your lunch & snacks. Bring water – better too much than not enough. We can try to eat as a group, however, once we launch and spread out it will be difficult. We can discuss at the boat launch.

Late Dinner: I have a tendency to fish late to take advantage of the evening hatch. I like to stop in Madras on my way home at a hole in the wall Mexican restaurant. Quick in/out \$2 tacos or anything else you want. They stay open past midnight. It’s on the right about three or four blocks south as the road splits into two lanes.

Books: Deschutes River Boater’s Guide \$9.95 waterproof. Same as map on boaters pass web site. Fishing Oregon’s Deschutes River – Scott Richmond

Sign Up – to sign up for this trip you must let me know. Please email or call:

– LEE ANN ROSS
ROSSLEEANN@YAHOO.COM
541-325-6034

Three Creeks Lake

SATURDAY AUGUST 24

Three Creeks Lake is about 16 miles south of Sisters. This 28-acre lake has planted rainbow trout and a self-sustaining population of brook trout, ranging from 8 to 15 inches. Most catches average around 10 inches.

The shoreline of Three Creek Lake varies from gentle slope to rocky cliff. Maximum depth is 28 feet down the center and near the cliffs on the south end. The largest fish are usually taken from these areas. Trollers do well near the dam, the boat ramp, and along the south end. The west shoreline between the two inlet creeks is also a popular trolling lane.

Motors are not allowed on the lake. There is a primitive boat ramp on the east shore. You can use float tubes, pontoon boats, drift boats or any other floating contraption you can think of. It is possible to fish from the shore.

To get there, take Elm Street south out of Sisters (it turns into Road 16, Three Creek Road) for 15.7 miles. The last part is gravel. Do not turn into the campground, continue on the road to the boat ramp that is just before the store. It is possible to rent row boats there.

Bring your lunch and let's meet at 12:30 for lunch at the campground at the south end of the lake to get together and meet each other and share insights into what we are using to catch fish. Please bring your own chair.

I plan to get there about 10:00 but you are welcome to arrive at whatever time works for you. If you have any questions, please feel free to contact me.

- LEE ANN ROSS
ROSSLEEANN@YAHOO.COM



PARTNERSHIP CORNER

This column is dedicated to our partners (state, federal and private organizations) who are helping to improve fisheries in the Deschutes River basin.

Plainview Ditch Improvements

Michael Reihle, fish biologist for Sisters Ranger District of the Deschutes National Forest is working on improvements to the Plainview Ditch Diversion from Whychus Creek.

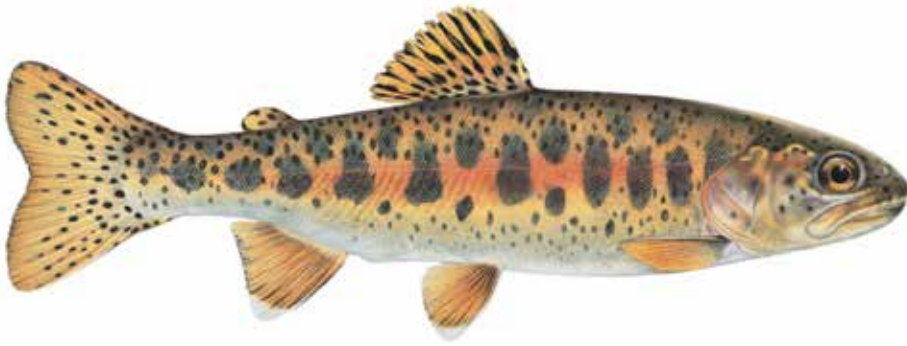
The improvements will remove log and boulder barriers to fish migration at the diversion point and replace with an improved channel that will

allow easier migration of fish thru this section. The picture above top shows the existing diversion condition.

The plainview ditch will have a concrete headgate. The above bottom picture shows an existing structure on the ditch. A short section (about 400 feet) of the ditch will be replaced by a buried pipe. The remaining 3.8 miles of open ditch will not be changed.

A senior water right on the ditch of 1.99 cfs will be screened and pumped to private land over a 0,6 mile buried pipe.

- THOMAS SHUMAN



CONSERVATION

Private Aquaculture a Success Story

Years ago I had a friend who was fortunate enough to buy a property with a year round stream and small pond. The stream could be jumped easily, but provided water all days thru the hot summer. The pond was small and mostly weed filled but a close inspection showed it contained some small (less than legal sized trout). The largest trout in the stream or pond were less than 6 inches long. The shallow weed filled small pond did not provide much habitat for the trout to escape the harsh winter ice conditions. The stream was degraded by overgrazing and had little riparian vegetation and only a few shallow pools for habitat. The fact that these small trout survived was a surprise considering the condition of their habitat.

My friend got the necessary permits and deepened the pond and reshaped the shallow weedy flats to steeper slopes. This provided more room for the trout to escape the winter ice and reduced the weedy nature of the pond allowing for more open water. We discussed buying some trout from a hatchery. He felt the fastest way to get larger fish in the pond would be to stock with hatchery fish. However, he

wanted to try to help the small fish and decided to buy some trout chow at the local feed store instead. He was a patient man and was willing to wait to give the small fish a chance to grow if possible. He feed the fish on a regular basis for a year and noted the difference.

The small trout doubled in size in a year and were now 11 to 12 inch brightly colored native reddsideside trout with no hatchery marks. His kids and grandkids were pleased with the result of his labor.

In Oregon we think each stream and body of water has a unique strain of fish with unique genetic material selected over many generations by the conditions of the local body of water. Maybe some day he will have the dna of these fish tested to determine if they are a unique strain from the few strains maintained by hatcheries. Given the warm nature of the existing stream they may be more tolerant to high water temperatures than other strains of hatchery trout.

I consider my friend a conservation hero for helping to maintain genetic diversity of wild native trout thru his efforts. The picture below shows a young wild reddsideside trout.

- THOMAS SHUMAN

NEXT CAST FLYFISHERS

COF volunteers assisted 13 fly fishers, ages 10 to 15 in a three day fly fishing camp June 17-19, 2019 at Shevlin Pond. The primary goal of the fly fishing camp is to provide the students with all the skills and confidence to go fly fishing solo. We did encourage the students to fish using the buddy system because it is safer and generally more fun. During the camp we covered putting on waders and wading in a stream, casting, knot tying and fly tying. The students skill level ranged from never touching a fly rod to several years of experience. A second goal was to have every student catch at least one fish. We met the second goal and the primary goal for most of the students. During one of the fishing sessions, one of the student caught and released 17 fish. Karen Kreft has led this camp for the last 8 years but had a conflict this year. She provided me with excellent background and the over all schedule. Jennifer Luke made sure that we had many hungry fish in the pond before the first fishing session.

Volunteers from COF provided the students great council and instruction, with great patience. Thank you to the following volunteers:

Kari Schoessler
Corol Ann Cary
Tim Quinton
Bill Hinchliff
Dave Dunahay
Dick Olsen
Joe Temple
Art Agnew
Kage Kossler
James Duvall

- FRED A. CHOLICK

WILD WOMEN OF THE WATER

The summer has been busy with Wild Women out on the water from our own Cascades Lakes, local rivers, out to Montana and down to Mexico! Our own Debbie Norton is pictured above fishing down south in beautiful and sunny Baja with a great catch, a Dorado. Our group has launched a new Facebook page for our COF Wild Women only, Wild Women of the Water – Bend. A great site for sharing last minute fishing meet ups, sharing success stories, and those fabulous fish and nature photos. Be sure to keep connected and if you have an idea for an outing contact Sue Coyle.

- SUE COYLE
WILDWOMEN@COFLYFISHERS.ORG

OTHER NEWS

Kokanee Karnival 2019 Fall Streamside Program First Call For Volunteers

Kokanee Karnival will hold our Fall Streamside program on September 23 through 27, 2019. We will hold the Fall Streamside on Monday, Tuesday, Thursday and Friday. There will be no classes on Wednesday September 25. While the dates in September seem like a long way in the future, we need to start asking for volunteers to commit to help us. If you can volunteer please let us know. It helps us develop our volunteer schedule. Kokanee Karnival provides lunch for the volunteers. There is a bit of a change this year because Bend/La Pine classes will start the school day one hour earlier than in previous years. This means an early day for us but we do get done earlier too.

There are 12 classes in the Comprehensive program this year



comprised of 5th grade classes from the Bend LaPine and Redmond School Districts. Four classes will attend at Spring Creek and 10 will attend at Sheep Bridge and these 10 classes will also attend a program at the Fall River Hatchery presented by Sun River Anglers.

Two classes a day will attend Sheep Bridge over the four days of the Fall Streamside. One class will attend Sheep Bridge in the morning and the other class will be at the Fall River hatchery. After lunch the classes switch. We have three stations at Sheep Bridge. The class is divided into three groups that rotate through the three stations. The students learn about the river habitat at the Comforts of Home

station, entomology at the Natures Restaurant station and the Kokanee life cycle at the Incredible Journey station. We need a minimum of eight (8) volunteers each day at Sheep Bridge to provide a leader and helper at each station, time keeper and rover to help out where needed.

Four classes attend Spring Creek, a tributary of the Metolius River near Camp Sherman. Each day a class is divided into 4 groups with about 6 to 8 students in a group. An instructor spends the day with one group. The students put on waders that we supply and get into the creek where they learn about the stream habitat including testing water quality, collect and identify macroinvertebrates as a part of the entomology study, learn

about the Kokanee life cycle and observe spawning Kokanee, and learn about watersheds. We need a minimum of four (4) volunteer instructors with site experience each day at Spring Creek. New volunteers are appreciated to learn the program. Teachers and parents put on waders serve as assistants. Spring Creek is a lot of fun for volunteers because they get to work with the students and get to know them. There is a video on our website Kokaneekarnival.org if you would like to see the Streamside program. Go to the "About" dropdown menu and to the topic "Students look at Fish Habitat."

New volunteers are welcome and will be teamed with a volunteer with experience at the streamside sites. New volunteers are not on their own. The programs we teach the students are not complicated and easy to learn. We also have outlines of the Fall Streamside and what we teach at each Sheep Bridge/Browns Creek station and at Spring Creek on our website Kokaneekarnival.org under the "Volunteers" drop down menu. We provide lunch and drinks for the volunteers.

To volunteer contact Frank Turek at waldo1ft@msn.com or 541 318-7507. You can also contact Jen Luke at Jennifer.a.luke@state.or.us or 541 388-6366

- FRANK TUREK
KK@COFLYFISHERS.ORG

Stream Sampling on Whychus Creek

SATURDAY, AUGUST 24TH, 2019
8:30 AM – 4:00 PM
CREEKSIDE PARK, SISTERS

Sampling benthic macroinvertebrates, the aquatic life form of insects



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including mayflies and stoneflies, provides important insights into the health of Whychus Creek. Volunteers will meet at Creekside Park in Sisters for a sampling training, then, in teams of three or four, collect macroinvertebrate samples from sites along Whychus. This event is a great opportunity to learn about restoration and reintroduction of steelhead and salmon on Whychus Creek, see less-visited reaches of the creek, and contribute to knowledge about how restoration actions are changing stream conditions.

Information about the event and a registration link [CLICK HERE](#)

MEMBERSHIP

Laurie Mazzota – Redmond
Barbara Sanguinetti – Bend

- SUE COYLE, 541-668-3565
MEMBERSHIP@COFLYFISHERS.ORG

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MEMBERS: Ads are free and run for one newsletter. If the item is not sold the ad can be resubmitted for the next month's newsletter. Submit ads to classifieds@coflyfishers.org

- CLASSIFIEDS@COFLYFISHERS.ORG

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ARRICK'S PARACHUTE ANT



This month's fly is a simple fly pattern, Arrick's Parachute Ant. I found this fly in anticipation of one of our fly fishing road trips to Montana. We planned to fish the Madison River and Blue Ribbon Flies highlighted this fly as one of the effective flies to use when no insects were visible. They were right! Lots of Brown and Rainbow Trout rose to this fly. We wouldn't see fish rising and cast it out to likely holding spots. And fish rose. We've always tried fly patterns found during our road trip on our local waters. Ants and beetles are very effective in Central Oregon. I wonder why I don't use them more?

Materials:

Hook: Daiichi 1180, size 12 - 14

Thread: 8/0 Uni - brown

Body: Superfine or any other dry fly dubbing - cinnamon

Post : White poly

Hackle: Brown

Tying Instructions

1. Start thread on hook and apply dubbing to back 1/3 of hook, creating a large ball.
2. Wind the middle segment using the tying thread
3. Tie on post.
4. Tie in hackle and use thread to post.
5. Dub forward segment.
6. Use 6 - 8 wraps of hackle from top downward and tie off.
7. Trim hackle and whip finish.

Arrick's Parachute Ant is from Arrick's Fly Shop in West Yellowstone, Mt.

For more fly patterns, be sure to check out my RiverKeeper Flies website (www.johnkreft.com/fly-patterns/). Enjoy...go fish!

- JOHN KREFT
RIVERKEEPER FLIES | JOHNKREFT.COM

**WIN
ME!**

AUGUST ROD RAFFLE

The August Raffle Rod will be very appreciated by whomever wins it. The rod is a 3 weight, 7 piece, 8 foot rod. The action is surprisingly good and responsive. This rod would be excellent for small streams, rising fish on East Lake, as well as those who back pack or bicycle into more remote areas.

If you're not making the annual picnic and missing the great food and you want a chance to own this rod, get a friend to buy ticket(s) for you.

For those who will be there I will have a reel and three weight line so you can feel for yourself how nice this rod handles.

Remember, all proceeds from the rod raffle go to help the club, buy tickets!

- CHARLES SCHILLINSKY

Central Oregon Flyfishers

TREASURER'S REPORT

Central Oregon Flyfishers fiscal year is a calendar year.

This presentation is for the first half of the year, for period ended 6/30/19.

Kokanee Karnival is not a separate entity; however, the boards of COF and KK wish to show KK results as a separate function.

	COF	KOKANEE KARNIVAL	TOTAL
RECEIPTS	\$31,976	\$330	\$45,133
EXPENDITURES	\$(39,170)	\$(2,379)	\$(41,549)
TOTAL	\$(7,194)	\$(2,049)	\$3,584
CASH	\$38,841	\$21,939	\$60,780





AUGUST 2019 UPSTREAM EVENTS

DATE	ACTIVITY	LOCATION	CONTACT
August 10	Lower Deschutes Float Trip	Warm Springs to Trout Creek	rossleeann@yahoo.com
August 20	COF BBQ	Aspen Hall	hblank@yahoo.com
August 24	Three Creeks Lake		rossleeann@yahoo.com
August 24	Stream Sampling on Whychus Creek	Creekside Park, Sisters	

In the Future

DATE	ACTIVITY	LOCATION	CONTACT
September 23-27	Kokanee Karnival Fall Streamside		waldo1ft@msn.com



Central Oregon Flyfishers
PO Box 1126
Bend, Oregon 97709