

Contents

1 PRESIDENT'S MESSAGE

2 GENERAL MEETING

2 EVENTS

- ~ September Meeting
- ~ Kokanee Karnival Fall Streamside Program

2 OUTINGS CALENDAR 2016

3 NEXT CAST FLYFISHERS

- ~ Update

4 CONSERVATION

- ~ Update

6 EDUCATION

- ~ Update

6 MEMBERSHIP

- ~ Update

7 WILD WOMEN OF THE WATER

- ~ Update

7 TYER'S CORNER

- ~ TLF Callibaetis Nymph

8 COF BOARD MEMBERS

9 OTHER NEWS

- ~ East Lake Trip Recap
- ~ Old Mill Casting Course Update
- ~ Cell Phone Service at East Lake
- ~ Ticks
- ~ Attention FLY TYERS:
- ~ Fishers Beware - Warm Springs Tribal Permit
- ~ For Sale
- ~ King Salmon Caught
- ~ Deschutes River Clean-Up

12 UPSTREAM EVENTS

- ~ In the Future

President's Message

Picnic Time: There will not be a regular meeting this month. Instead, join us for the annual picnic at Aspen Hall at the Shevlin kids fishing pond. See the full details in the newsletter. Note that the picnic is on TUESDAY August 16. To volunteer, please contact Herb Blank at hblank@yahoo.com. In addition to our usual monthly raffle and in addition to the raffle of a custom made rod by Charlie Schillinsky, there will be a special raffle for new members. This is a great opportunity to meet each other in a social setting so we really hope that new members will attend. The Next Cast kids will be there as well.

Next Cast: Hats off to Karen Kreft who organized the Next Cast kids outing on East Lake. Six of her best young flyfishers were paired up with Jerry Criss, John Kreft, Dan Pebbles, Mike Tripp, Cliff Price and Tim Quinton who each took one of them out for a day of lake fishing. All caught at least 10 fish—an awesome day.

East Lake Outing: Many thanks to Eric Steele for organizing the July East Lake outing. Dan Pebbles and Eric put in a ton of hours reserving campsites for all of us. We had two group dinners and as always, Eric's tri tip was cooked to perfection, definitely a trip to repeat next year.

Banquet: We have reserved the Riverhouse Convention Center on April 8, 2017, for our annual banquet. If you would be willing to serve on, or better yet, chair our banquet committee, please contact Lee Ann at rossleann@yahoo.com.

Adopt a Highway: Thanks to the efforts of Peter Martin, COF is now the official "adopt a highway" cleanup specialist for the road along the wild and scenic section of the Crooked River. Thanks to Pete and thanks to everyone who comes out each year for the Crooked River cleanup.



OPB: OPB aired a piece on the Lower Deschutes on July 15th entitled "Conservationists Claim

Continued on page 7



August Barbeque

Tuesday August 16 | Serving starts at 6:30 pm | Arrive early to help set up and socialize.

COF Annual August Barbeque replaces the August general meeting. Bring the family and enjoy the evening at Aspen Hall in Shevlin Park. The kids might want to do some fishing in the pond or bring a rod and practice your casting skills. Enjoy a warm summer evening and share some fish stories.

What to Bring: Showcase your cooking skills! Bring a dish to share (side dish, dessert, salad or appetizer, NO chips), plus adult beverages, in moderation. The club will supply eating utensils, soft drinks, our famous tri-tip, burgers, chips and condiments.

Where: Aspen Hall is in Shevlin Park. From downtown drive west on Newport through all the traffic circles, Newport turns into Shevlin at Mt. Washington. Keep going another mile and a half, down the hill and cross Tumalo Creek at Shevlin Park. Aspen Hall is on the right, look for parking either on the Aspen Hall side or opposite.

We need volunteers to set-up, cook and clean up afterwards. Call Herb Blank (541-312-2568) or e-mail hblank@yahoo.com if you can help out or have questions. See you there.

EVENTS

September Meeting

Our September speaker will be Phil Hagger, a life member and a past president of COF. Phil has fished the area since he was a kid and has produced a CD he calls “The Fishing COW (Central Oregon Waters) CD.” Phil has enough information to talk non-stop for two days on the subject. Given that we will only have an hour, I have asked him to be available before the meeting to answer any of your questions and to sell the CDs (\$15) to those interested. If you would like to get a CD before the meeting so you can study it, you can contact Phil at flyfishingphil@ffpc-rods.com.

~Lee Ann Ross

Kokanee Karnival Fall Streamside Program

First Call For Volunteers

Kokanee Karnival will hold our Fall Streamside program on September 19 through 23, 2015. This year we will hold the Fall Streamside on Monday, Tuesday, Thursday and

OUTINGS CALENDAR 2016

MONTH	DAY	DESTINATION	LEADER
Oct	2nd-5th	Beavertail Steelhead	Robert Gentry

Friday. There will be no classes on Wednesday September 21. While September seems like a long way in the future, we need to start asking for volunteers to commit to help us. If you can volunteer please let us know. It helps us develop our volunteer schedule. Kokanee Karnival provides lunch for the volunteers. In the spring, we had a great early response by volunteers and that really helped make planning and the program a success.

There are 12 classes in the Comprehensive program this year comprised of 5th grade classes from the Bend LaPine and Redmond School Districts. Four classes will attend at Spring Creek and 10 will attend at Sheep Bridge, low water levels make this site feasible, and these 10 classes will also attend a program at the Fall River Hatchery.

Two classes a day will attend Sheep Bridge over the four days of the Fall Streamside. One class

will attend Sheep Bridge in the morning and the other class will be at the hatchery. After lunch the classes switch. We have three stations at Sheep Bridge. The class is divided into three groups that rotate through the three stations. The students learn about the river habitat at the Comforts of Home station, entomology at the Natures Restaurant station and the Kokanee life cycle at the Incredible Journey station. We need a minimum of eight (8) volunteers each day at Sheep Bridge to provide a leader and helper at each station, time keeper and rover to help out where needed.

Four classes attend Spring Creek, a tributary of the Metolius River near Camp Sherman. Each day a class is divided into 4 groups with about 6 students in a group. An instructor spends the day with one group. The students put on wad-

Continued on page 3

ers that we supply and get into the creek where they learn about the stream habitat including testing water quality, collect and identify macroinvertebrates as a part of the entomology study, learn about the Kokanee life cycle and observe spawning Kokanee, and learn about watersheds. We need a minimum of four (4) volunteers each day at Spring Creek. Teachers and parents put on waders and serve as assistants. Spring Creek is a lot of fun for volunteers because they get to work with the students and get to know them.

New volunteers are welcome and will be teamed with a volunteer with experience at Sheep Bridge and Spring Creek. The programs we teach the students are not complicated and easy to learn. We have outlines of the Fall Streamside and the presentations at each Sheep Bridge station and at Spring Creek on our website www.KokaneeKarnival.org.

To volunteer contact Frank Turek at waldo1ft@msn.com or 541 318-7507. You can also contact Jen Luke at jennifer.a.luke@state.or.us or 541 388-6366

~ Frank Turek

NEXT CAST FLYFISHERS

Update

The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We offer fly fishing instruction through classroom activities, fly fishing summer camps, ongoing COF events, and individually through mentorship and teaching.

Providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.



East Lake Outing and Advanced Fly Fishing Camp

"All the fish we caught... The most fish I caught in one day... The biggest fish I've caught... The first time I've caught fish from a boat in a lake... First time I've fished East Lake and I caught a bunch of fish... I learned a new fixed loop knot... I caught a huge fish from the shore... Those browns kept rising every time we turned away... The one that got away had to be 5 lbs."

—Words of our advanced fly fishers, immediately following a very successful day of fishing!!

We had a great weekend! The weather couldn't have been any worse, but the campers, the mentors, and our fishing day were outstanding!

Our mentors, Mike Tripp, Jerry Criss, Dan Pebbles, *Continued on page 4*

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Tim Quinton, John Kreft, and Cliff Price all provided their boats and expertise to help the Next Cast Flyfishers catch fish!

Each fly fisher had rods ready for dry fly fishing and wet fly fishing, along with a chironomid rig. While we practiced casting and fishing with the intermediate lines and with an indicator, most of the fishers had success on their dry flies! Surprise!

The camp fire included lots of s'mores and conversation about new knots to use, styles of fishing comparisons, and of course the question, "can we do this again"?

This group of advanced fly fishers have excelled this summer, attending fly tying sessions and casting practice, in preparation for the overnight camp. They have all scheduled their own fishing outings to both local waters and to other locations out of state. These fly fishers have been very successful building their independence and self-sufficiency.

Thank you to all the volunteers in our camps, fly tying sessions, and casting practices. And a big thanks to our donors and grantors, along with the local fly shops that support our equipment needs. The COF members and organization for the East Lake outing was greatly appreciated, too!

We need all of you to continue our success! Let's continue building programs for these young anglers!

Thump Community Coffee Day!

What a great opportunity for us! Thump Coffee offered to host a day for us where the coffee shop gives coffee proceeds from the day to Next Cast Flyfishers!! This was an awesome offering!

The Next Cast Flyfishers set up their vises and 'demo' tied a bunch of flies! We had a lot of interest and some possible new Next Cast members!



Thank you Thump Coffee Bend for supporting our Next Cast Flyfishers!

Upcoming events include:

- **COF Annual BBQ, August 16, 2016.** Shevlin Pond/Aspen Hall. COF provides bbq'd Tri-tip and burgers, and guests will bring side dishes and desserts to share. All Next Cast Flyfishers and their families are welcome to join us! PLEASE RSVP for a total count so we make sure we have enough food!

Next Cast Flyfishers members will bring their fly rods and fish in the pond! If you need to borrow equipment, please contact me, I am happy to bring Next Cast rods!

There will be raffle items for all new COF members and for the Next Cast Flyfishers.

Please contact me directly if you have questions.

~Karen Kreft, nextcast@coflyfishers.org, 503-409-0148

CONSERVATION

Update

Stream Sampling Day

The Upper Deschutes Watershed Council is looking for volunteers to help sample aquatic macroinvertebrates in Whychus Creek near Sisters from 8:30 to 3:00 on August 20. This is part of their ongoing effort to study stream health and the effectiveness of the habitat restoration work being done. The restoration of Whychus Creek is an incredible success story, one that has been over a decade in the making involving many organizations and hundreds of volunteers. This is a great opportunity to get an introduction on the project or hear an update. For information or to sign up, contact Lauren Mork at (541) 382-6103 x39 or lmork@restorethedeschutes.org.

Crooked River Update

After many years of effort, in December 2014 a bill was passed through the US Congress that changed the way in which water in Prineville Reservoir is to be released into the Crooked River. Prior to this legislation, water could be legally released for irrigation and flood control only, although in practice some small allocations to fish were often provided. The Crooked River bill has been controversial within the angling community and some COF members have been vocal in their opposition to it. Despite some distasteful provisions, COF was part of a coalition of angling and conservation groups that supported the bill in exchange for the core provision of dedicating water for fish. From our perspective, an allocation of about half of the water in Prineville Reservoir to be released for the "maximum biological benefit of" *Continued on page 5*

Conservation continued from page 4

downstream fish and wildlife” was a reasonable compromise.

While the Crooked River bill passed a year and a half ago, it has yet to be implemented to the “maximum biological benefit” standard. There have been a couple of issues. One is that the bill changed how the Federal Bureau of Reclamation is to release water, but it did not change the state water right controlled by Oregon Water Resources Department which also stated that water may only be released for irrigation and flood control. In order for the federal legislation to be legally implemented the state water right has to be modified. BOR applied to WRD for a water right change last year. In the opinion of many, however, BOR is circumventing the intent of the bill with the proposed wording of the new water right. Groups like the Oregon Department of Fish & Wildlife, US Fish & Wildlife, WaterWatch, and others objected to the BOR’s application but on June 24 the right was preliminarily approved. The most egregious problem with the right is stating that the previously unallocated water in Prineville Reservoir is to be used by fish and irrigators, not dedicated to fish and wildlife. This is in direct opposition to the language and intent of the Crooked River bill.

There is a 30 day comment period before WRD issues the final water right. That date will occur just after the deadline for this article, so I don’t know if changes will be made but I have been told by one NGO and one GO that they will formally object.

The BOR has not been a friend to Crooked River fish and wildlife in other ways. Part of the bill sets a target of releasing 80 cfs of the un-

allocated storage (the “fish water”) year round. This is a goal, not a firm rule, and was not intended to supersede the “maximum biological benefit of downstream fish and wildlife” standard. Unfortunately, the BOR has decided that 80 cfs is a firm minimum. In spite of opposition from other agencies, the BOR released 80 cfs on top of normal irrigation flows last summer with little if any benefit to resident or anadromous fish. Consequently, there was insufficient water for release during the winter and flows were reduced to a sustained level of around 35 cfs for long periods. This eliminated habitat for fish and the macroinvertebrates that they rely on for food.

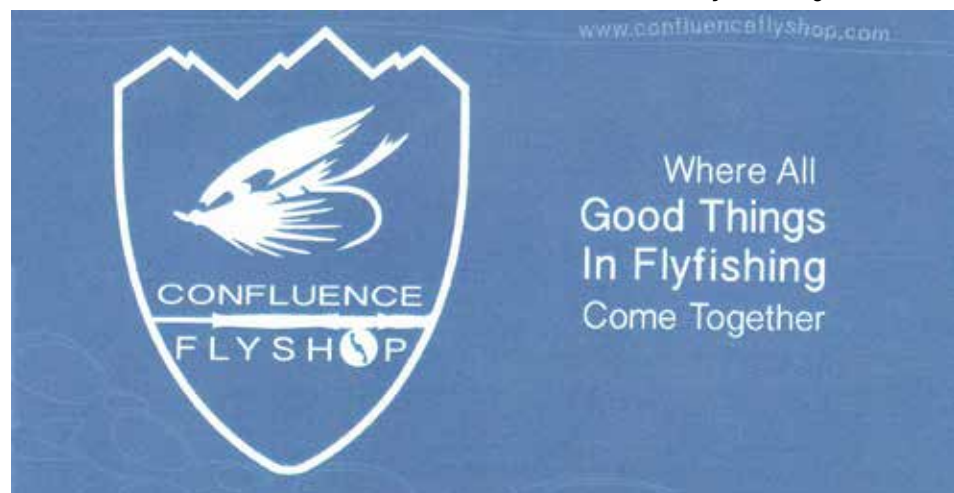
It gets worse. There was an early and large snowpack in the Ochoco last winter. The BOR could have increased winter flows for the benefit of fish knowing there was sufficient snowpack to replenish the reservoir in the spring. Instead of managing for wildlife-friendly releases, however, the BOR mostly held back water until the reservoir got too high and then dumped huge amounts to bring the level back down. This dumping was done with no ramping up or down that would allow the fish and habitat to adjust. This created problems with sedimentation and nitrogen

gas bubble disease, also deadly for fish and macroinvertebrates. You can see the flow graphs for yourself at http://www.usbr.gov/pn-bin/graphwy.pl?prvo_q.

As a result of BOR water releases, trout populations were hit with a combination of lethally low flows followed by lethally high flows. This has dramatically harmed the fishery, reducing average trout counts from over 2,500/mile to just under 400/mile per ODFW sampling this spring. That’s a reduction of over 80%!

I recently met with Adrian Deveny, Senator Merkley’s DC-based staff person who negotiated the bill, and Phil Chang, Merkley’s Bend-based field representative. They understand the problem and pledged to work with the BOR and other agencies to implement the bill in the way it was intended. They believe that the BOR should be taking input from fisheries agencies and releasing water for the benefit of downstream fish, not simply to meet the 80 cfs goal until the water is depleted. I was clear in communicating to how important the Crooked River is to all of us and that it needs to once again be a high priority for them.

~Yancy Lind, Conservation Chair,
conservation@coflyfishers.org



EDUCATION

Update

We had a great day with Rick Hafele after our July meeting learning about field entomology. We used our screens, kicked rocks and identified the insects in the Deschutes River at Shevlin Park. Rick also showed how all of our collections would look as flies to help us catch fish in the stream.



Above photos: Rick Hafele leads July meeting—learning about field entomology.

How To Set Up Your Inflatable Boat Class

Many of you have asked questions like how do I know what boat to buy? What kind of anchor is “best”? How do you hold on to all of those rods on your boat? How do I use a motor on my boat? How do I recharge my motor when camping? How should I tie down my gear? What kind of cooler works best? What are the safety items I need to carry at all times on my boat? What life jacket works best? I think you are getting the picture.

We are going to have a class on August 22nd from 6–9 pm at the Bend Parks and Recreation main

Headquarters, 799 SW Columbia St in the main conference room. There is plenty of room for you to bring your boat and ideas to share. There will be several seasoned boaters sharing their lessons to hopefully save you money and time.

We will have pontoon boats primarily like a float tube, fish cat, Dave Scadden boat, a canoe, and others. Feel free to bring your boat if it is still in the box and experienced folks can help you set it up. This is going to be a hands on fun evening.

Please Contact Debbie Norton,

503-510-2767 if you want to bring your boat.

~Debbie Norton

MEMBERSHIP

Update

Welcome New Members

Ray Abbot – Youth

Matt Hazan

Julian Riker – Youth

Don Wayne

~Tim Schindele, membership@coflyfishers.org

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WILD WOMEN OF THE WATER

Update

The Wild Women of the Water have two fun outings this month. The Lava Lake trip is happening right now, so hop to it, if you haven't already!! July 31, Aug 1 & 2 are the dates to join your Wild Women friends at Lava Lake. Go for all three days and camp or just pop up for the day. Terri Grimm (tgrimm@sonatainc.com) and Marilyn Forestall (marilyn@quiltworks.com) are leading this trip. If you don't like fish, you might consider heading over to the upper Deschutes and try your luck. Our second outing is on August 24. Bill Seitz will lead us on a tenkara adventure on the Crooked River. You need a tenkara rod to join us. If you don't have one and can't borrow one on your own, let Kari know. We may have a few to borrow. Bill only uses tenkara rods now, so he has a lot to share. Please RSVP with Kari (Schoessler.karivan@gmail.com).

~Kari Schoessler, wildwomen@coflyfishers.org

President Message continued from page 1

PGE Violated Water Quality Standards At Round Butte Dam.” I was interviewed on air as we just happened to be putting at the Warm Springs boat ramp when the reporter was there looking at the water. The link to both the story and the 17-minute follow up Think Out Loud session can be found here <http://www.opb.org/news/article/oregon-round-butte-dam-deq-page-lower-deschutes-water-quality/>

~Lee Ann Ross

TYER'S CORNER



Fish can be picky about cripples and emergers in lakes so a good selection of fly profiles will increase your success. Parachutes, Klinkhammers, and comparaduns are other options. This pattern is adapted from a long time staple originally developed by Bob Quigley as an emerger/cripple design. This is a very simple fly to tie and at times very effective.

Materials:

Hook: Tiemco 200R Sizes 14-18

Thread: Tan or Dun

Body: Goose Biots, Nature's Spirit-Callibaetis

Thorax: Ice Dubbing-Callibaetis

Hackle: Dry Fly-Grizzly

Wing: Natural Teal

Tying Instructions:

1. Start the thread about 1/3 (I use this technique as a measuring tool on all of my flies. It helps to

plan the fly and avoid crowding the head.) of the way behind the eye and wrap back to a point even with the hook barb. Put a light coating of head cement on the thread. This will improve the durability of the biot that you will tie in next.

2. Tie in the goose biot by the tip. Goose biots have a darker line along one side. Tie the biot in with the line facing towards the rear. Pick a long skinny biot for this fly.
3. Tie in the teal flank barbs out over the eye
4. Dub a thorax of ice dubbing
5. Tie in the grizzly hackle with the concave/darker side facing towards the rear. Make 4/5 wraps and whip finish under the teal back of the eye.

~Mike Telford



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- ~ Vacant, *Vice President*
- ~ Renee Schindele, *Treasurer*
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- ~ Peter Martin, *Banquet*
- ~ Jill Bazemore, *Outings*
- ~ Karen Kreft, *Next Cast Flyfishers*
- ~ Kari Schoessler, *Wild Women of the Water*
- ~ Tim Schindele, *Membership*
- ~ Debbie Norton, *Education*
- ~ Frank Turek, *Kokanee Karnival*
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- ~ Social Media: Molly Vernarecci, socialmedia@coflyfishers.org
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OTHER NEWS



East Lake Trip Recap

The East Lake fish outing was held July 7—9, 2016. A few folks came in a day or two early and enjoyed some nice weather and nice fishing. Thursday and Friday included 35 campers and several more members who came just for the day. It was good having the campsites right next to each other and made it more convenient for social gatherings where 39 people enjoyed dinner together Thursday & Friday night. It did get cold and windy and the rain finally hit pretty hard during Friday's dinner. The Next Cast youth group had 6 members with four adults and you can read about their adventure in Karen Krefi's article.

The fishing was outstanding. Dry fly fishing with Callibaetis duns, cripples, and emergers worked extremely well on Friday after lunch. On Thursday afternoon, Betty Rentz in her pontoon boat scored big while nymphing and Chironomid fishing. Many did not venture more than 100 yards from our campground since there were

plenty of fish nearby. Hanging out next to the campfires, folks were able to swap fishing stories and enjoy some down time in the

outdoors.

Thanks to all who helped make this outing a success.

~Eric Steele



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OTHER NEWS CONT.



Old Mill Casting Course Update

Special thank you to COF member Greg Stumpf for helping with Tuesday night casting practice. The weather varied from week to week, but we were able to fight the wind, rain, and sunshine for some great sessions. Reminder: the course is free and open to the public! Give it a try!

~Karen Kreft

Cell Phone Service at East Lake

If you have Verizon, it is possible to get service, at least for texts, at various locations in the middle of the lake. If you want full cell service with 4G data, you can surprisingly get it at the Paulina Falls trailhead parking lot that is on the left hand side of the road, just before the turn to the Pauline Lake Resort.

Ticks

A friend of mine who is a Forest Service employee got Lyme disease from a tick bite he acquired while working on the Metolius. Below is a good link to info regarding Lyme disease. <https://gearjunkie.com/lyme-disease-facts-prevent-identify-treat-deer-tick-bite>

Attention FLY TYERS:

Tom Wideman has suggested an

innovative way to enhance our monthly raffle. For those fly tyers among us, bring a dozen flies (that you've tied) to donate to the raffle and receive a dozen raffle tickets in return for your efforts. You can use them whenever you choose. Share YOUR tying expertise with "those less fortunate" (the "fly buyers" among us). Benefit the monthly COF meeting raffle and benefit yourselves at the same time!

Fishers Beware - Warm Springs Tribal Permit

In order to fish the reservation side of the lower Deschutes in the Warm Springs to Trout Creek day section you need a Warm Springs tribal permit. You can buy one online or from the shops. The permit allows you to fish from the Dry Springs Campground (which is on

the Warm Springs side) down river to the Wasco-Jefferson county line that is about ¼ mile downstream from where Trout Creek enters the lower Deschutes.

There are some finer points on the permit that I would like to draw your attention to. You must have the permit and your Oregon fishing license ON YOUR PERSON. Having it in the boat is not sufficient. I saw two fisherman ticketed by the Warm Springs ranger. They had bought the permit and it was in the boat around the corner but they were ticketed for not having the permit on their person.

According to the permit, the fine can be a sum "not to exceed \$500 for each infraction." Further, "equipment used in connection with such infraction including but not limited to fishing gear, boats and motor vehicles can be seized and held as security for such person's appearance before Tribal Court, and may be subject to sale or other disposition by the Tribes in the event such person fails to pay a civil penalty imposed by the court."

For Sale

Fish Cat Scout frameless pontoon boat. One year old, very good condition, \$325. call Bob Burke at 541 401 0723 or email me at chironobob@gmail.com.

King Salmon Caught



COF's Ron Kaye with a 25 pound king salmon caught with

a 7wt spey rod in Alaska while swinging a leech.

~Lee Ann Ross

Deschutes River Clean-Up

Enjoy it. Protect it. Respect it.

Saturday, August 6th

10 am - 2 pm

Riverbend Park



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UPSTREAM EVENTS August 2016

DATE	TIME	ACTIVITY	LOCATION	CONTACT
1st-2nd	-	Wild Women of the Water	Lava Lake	Terri Grimm
2nd-6th	-	IFFF National Fair	Livingston, Montana	-
6th	-	Deschutes River Clean-up	Riverbend Park	-
10th	6:30 PM	Board Meeting	Environmental Center	Lee Ann Ross
16th	6:30 PM	COF Annual BBQ	Aspen Hall, Shevlin Park	Herb Blank
22st	6:00 PM	Set Up Your Boat	Bend Parks and Rec Office	Debbie Norton
24th		Wild Women & Tenkara w/Bill	Crooked River	Kari Schoessler

In the Future

Kokanee Karnival Streamside, Sept 19-23. Contact Frank Turek



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Central Oregon Flyfishers
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