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President's Message

As I sit here writing this the snow is still piled up and it is cold....

When is spring going to arrive? We are all ready for some warm days and days on the water. Hopefully by the time this goes to print we will have some nice weather.

April is a very important month for COF. Our annual Banquet and Fundraiser is scheduled for Saturday, April 13th at the River House Convention Center.

Make sure you have a reservation and come out to enjoy a great meal and celebrate another year of COF. This is our largest fundraiser and supports the many activities enjoyed by our members and the Central Oregon Community.

Kokanee Karnival, our largest community outreach program, is occurring April 22nd through April 26th. The club teaches about 25 classes of 4th and 5th graders ecology, stream dynamics, entomology, life cycles of the native fish and much more. This occurs both in the classrooms and on the water. It's a lot of fun and you will get a kick out of the kids as they learn. Volunteers are needed to help continue this event. Contact Frank Turek for more information and to volunteer.

Another opportunity to make our region better is to join your fellow club members on our twice-annual Crooked River Clean-up April 20th from at 10:00. Members meet for a few hours of clean up and then enjoy a club sponsored BBQ.

Please RSVP so we can plan the food. Hope to see you there.

Lastly, I want to give a big shout-out to Tom Wideman for his new role as Welcome Committee Chair. He has contacted over 100 new members to make them feel welcome and become more familiar with the club. Thanks Tom!

Hope to see you on the river!

"If fishing is a religion, fly fishing is high church." — Tom Brokaw

- Allen



An Active Member Club

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This month Paul Anderson, proprietor of Fly Fishing Strategies located in The Dalles, will be giving a presentation on fly fishing opportunities within the Columbia River Gorge. Paul was raised in the Yakima Valley and in the fall of 1975 discovered fly fishing which has been his passion ever since. He loves chasing big trout and his quest for larger fish has led him to the best rivers and lakes of

the Western United States as well as Alberta, Canada. Fifteen years ago, he discovered Salmon and Steelhead as a most formable catch on the fly and this has been a passion for him since. He also an avid saltwater fly rodder and frequents Baja California to savor this fishery. Paul and his wife, Peggy, opened their fly shop two years ago and are hosting trips to Yakutat Alaska, offering one of the best fishing values in Alaska.

OUTINGS

Owyhee River Outing **APRIL 3-6** **WEDNESDAY TO SATURDAY**

This year's outing is scheduled for April 3-6. Winter flows have been stable at 24 CFS all winter. The Owyhee basin has more snow than Central Oregon so maybe the flows will increase before we get there.

The Owyhee River downstream from Lake Owyhee Dam is a gem. Think the Crooked River on steroids. Instead of rainbows and whitefish, think browns, big browns. A 15-incher is a small fish. The trip is timed to hopefully coincide with the skwala hatch. If we are lucky, there will be spectacular top water action as the fish smash your skwala pattern. Other than skwalas, use the same flies and rigs you use on the Crooked. Don't forget the small stuff either. Size 18-22 midges work well too. To get a better idea, watch Brian Huskey's video of the Owyhee [CLICK HERE](#).

It takes about five hours to get to the Owyhee. Travel on Hwy 20 from Bend, via Burns to Vale. Towards the end of town, turn right at the Cenex Gas Station onto Glenn Street. Glenn Street becomes Lytle Blvd. Go for about 14 miles. Turn right just behind the little store, then take the first left. Turn right on Klamath and then left on Norwood, right on Owyhee Ave and left on Owyhee Lake Road. Sound confusing? Not really; there are a lot of signs to Owyhee State Park. If you make a mistake, any of the roads will get you there. You basically need to go southwest from the store. Check it out on Google maps.

Take Owyhee Lake Road up towards the dam. There is a bridge just below the dam with a sign to

the irrigation department. Cross the bridge and you're at a campground with an outhouse and trash service. There is no cell service. There is WiFi at the museum on the irrigation department property. There is no password so you can just hangout on the bench outside the museum and use the wifi. Water is available.

You have the choice of camping at the campground, camping along the river, staying at a motel in Vale or Ontario or renting one of the two bungalows that the irrigation department manages that are next to the campground. To book one of these, go to www.owyheedamcabins.com and click on the three bars in the upper left. Take a look at the cabins and then click on the cabins calendar button. If the bungalow is not booked, send an email request to owyheedamcabins@gmail.com and request a booking.

Unlike the Crooked, there are no developed campgrounds along the river. If you choose not to stay in the campground, you can just pull over and set up camp anywhere you like. The 10 miles of fishing below the dam to Snively Hot Springs is the best fishing.

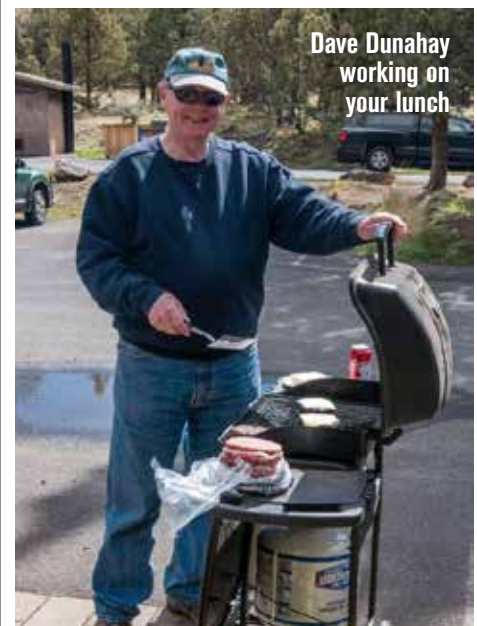
Dry Fly Innovations has an excellent blog at: <http://www.dryflyinnovations.com/blog>. There are tons of archived reports on the site. Unfortunately, it is now a paid site so you will have to decide if it is worth it to you to go back to last March to see how the hatch was a year ago. Their stoneflies are killer. I am making an order now so that I will have a dozen or so ready for this trip.

All are welcome on this outing. There is no limit to how many can come, but please let me know

if you plan to attend so I can get a rough head count for the campground. If you are pulling a big rig, please park just OUTSIDE of the campground proper along the river and leave the camping area for tenters and small trailers.

The camping area runs on donations. We have the entire campground booked and we make a donation to the Owyhee Irrigation Department to thank them for making the camp area available. We donate \$10 a unit per night. Last time I ran this trip most folks did not pay. If you don't plan on helping to pay for the campground, please don't come.

- LEE ANN ROSS
ROSSLEEANN@YAHOO.COM



Crooked River Clean-up Rescheduled **SATURDAY, APRIL 20, 2019 10:00 A.M.** **BIG BEND CAMPGROUND**

We can't find litter under the snow and I don't think it's all going to melt in time!!!

The Crooked River Cleanup has been rescheduled to Saturday, April 20, 10:00 a.m., Big Bend

Campground. Same details as usual, bring your gloves, hot dog and hamburger lunch provided by COF, RSVP for lunch count and vegetarian lunch needs, pcmartin@bendbroadband.com

This is our big annual cleanup from Bowman Dam downstream along 7 miles of the Crooked River. We will cover the area from the river to along the highway, including all campground and picnic areas, so we need a significant member turnout to cleanup this large area. Bring your gear and fish the afternoon after lunch.

- PETER MARTIN
PCMARTIN@BENDBROADBAND.COM

British Columbia Trip

The club is considering hosting our annual lake fishing trip to the lakes in the Kamloops area of British Columbia. This would be an eight-day fishing trip with a travel day or two on both ends. British Columbia offers an eight-day non-resident license. We will try to set a date around the schedules of those who are interested.

The club has a trailer with a full set of kitchen equipment, dining tents and tables. Breakfast and dinner cooking duties are shared by the participants with each person cooking a meal or two depending on how many folks come on the trip. Each person provides his or her own lunch. We will camp at Tunkwa Lake which is about a 12 hour drive straight up highway 97. You will need a passport.

If you are interested in this trip, please go to the COF website and read the two presentations on the trip which you can find under the "newsletters/presentation" button on the website. Please read all the

information, as it should answer 95% of your questions. If you are interested in the trip after reading the two PDFs, please send me an email and I will put you on a list. I will host a discussion session on the trip starting at 6:15 the multi-purpose room at the Senior Center prior to the March monthly meeting to answer any questions you may have.

- LEE ANN ROSS
ROSSLEEANN@YAHOO.COM

NEXT CAST FLYFISHERS

It was great to have all of the young anglers at the NW Fly Tying & Fly Fishing Expo in Albany. Next Cast member, Forrest Franklin was a demonstration tyer in several sessions and had many observers stop and watch him. This is the third year Forrest has been a demo tyer and he does a terrific job!



UPCOMING ACTIVITIES:

NEXT CAST 3-DAY FLY FISH CAMP—JUNE 17, 18, 19, 2019, SHEVLIN POND/ASPEN HALL, BEND, OR. This camp is for begin-

ners and includes all aspects of fly fishing. The curriculum includes wading in a local stream, identifying aquatic insects, casting, tying flies, and fly fishing in Shevlin Pond. Registration for this camp is through Bend Parks & Rec and will be available with the Summer Activity Catalog distributed in March. Attendees must be 10-14 and is open to all local youth. Oregon fishing licenses are required for all attendees 12 years and older.

The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We offer fly fishing instruction through classes and activities, fly fishing summer camps, ongoing COF events, and individually through mentorship and teaching.

Providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.

Please contact me directly if you have questions.

- KAREN KREFT, 503-409-0148
NEXTCAST@COFLYFISHERS.ORG

WILD WOMEN OF THE WATER

Let fishing begin! I am anxious for warm weather and rising fish. April will offer many opportunities for getting on the water. Wild Women have some fun scheduled events for

UPCOMING ACTIVITIES:

APRIL 10TH – CURRENTS RESTAURANT AT THE RIVERHOUSE FOR HAPPY HOUR 5-7PM. It's a spring kick off for fishing season! Watch for more information but rumor has it there will be fun, laughter and prizes!

April 16th – Fly Shop Hop – Fin & Fire in Redmond 6-8pm.

Remember ladies, there is always time for one more cast!

- SUE COYLE
SPCWWW@OUTLOOK.COM

EDUCATION

Several classes are coming up this Spring 2019.

SPRING CASTING CLASSES –

COF and Jeff Perin, owner of The Fly Fisher's Place in Sisters, will again be conducting casting classes. Jeff is nationally recognized for his skill and as an outstanding instructor! Everyone who has taken his class has praised it highly. Classes this year will be held either at the Bend Pine Nursery Fields or Al Moody Park.

There will be two levels of classes: *A Beginners Casting Class : April 24th* Casting will include pick-up and lay down of line, false casting, roll casting and if time and skill allow, use of shooting lines.

Advanced Casting Class: May 8th.

The next class is a skill-building course. Anglers and fly casters will work on more advanced skills like off shoulder casting, wiggle casting, The Belgium Loop cast and under-hand casting.

All classes will start at 5:30pm and last approximately 2 hours (weather dependent).

COST: The cost is \$15 per person/ per class.

Class size limit is 10 members per session so, please, register early!

- DALTON MILLER-JONES
MILLERJONESD@GMAIL.COM

COF Winter Fly Tying

The 2019 Winter Fly Tying has come to a close. It was a huge success, judging from class attendance. Through March 12, we averaged 30 tyers for every class this year.

A special thanks to Pete Martin who helped me again this year manage the fly tying materials and the class when I was out of town. I really appreciate his help.

Our classes wouldn't be successful without our instructors. A thank you goes out to Bill Seitz, Peter Bower, Pete Martin, Jeff Perin, Phil Rowley, Bryan Crosbie, Sherry Steel, and Jerry Criss.

I'd like to thank The Patient Angler, The Flyfisher's Place, and Confluence Fly Shop for providing discounts for our fly tying materials. Their generosity helps tremendously with the financial aspect of conducting our classes. When you stop by their shops, be sure to say thanks!

Lastly, I wanted to thank everyone for allowing me to lead these fly tying classes for the last eight years. I think it's time for someone else to take the reins for next year.

Now, go out and fish all the flies you tied in class!

- JOHN KREFT
503-559-3811, JCKREFT@GMAIL.COM



Smolt Descriptions AKA "size matters"

Steelhead and Salmon migrate out to see after a period of time growing in fresh water. Steelhead hatch one year, then spend I think two winters in fresh water then migrate out the following spring. Salmon hatch in the spring spend only one winter in the fresh water and migrate out the next spring.

Steelhead smolts are the largest in size due to their longer stay in fresh water. Chinook salmon occupy the slowest warmest water and are larger than Coho Salmon smolts.

Sockeye salmon smolts are the smallest of all and spend only one winter in fresh water.

In the race to the ocean the size of these smolts definitely matter. The larger smolts swim faster and thus have less time for predators to eat them. The smaller smolts are slower and easier prey for the numerous predators.

With this in mind I talked to Terry

Freije Federal fish and wildlife manager for the hatchery on the Warm Springs reservation. He gave the following description of the runs.

Chinook salmon are split into two separate runs, a spring and fall run based on when they arrive in the hatchery. The spring run is held in ponds until the fall spawning season. The hatchery is in a deep rock canyon and gets warm during the hot summer period. There is a refrigerator option if the water warms too much. Some of the adults are kept for tribal ceremonial use and personal use. Some are spawned and hatched for rearing in ponds and some are allowed to spawn in their native streams producing a return of both wild and hatchery fish. This is consistent with Bill Seitz's Conservation notes of July 2009 on how to maintain a healthy hatchery program over the long term.

Some of the steelhead are used for tribal ceremonial and personal use and all others are allowed to spawn in their native streams. No steelhead trout are reared in the Federal fish hatchery at Warm Springs.

Coho salmon have good and bad years based on previous runs. This is predicted to be a bad year. When I studied fish runs in Northeast Oregon a wildlife biologist prepared a spreadsheet showing survival rates at various stages of the salmon smolt life. Any returns less than 0.2% (two returning adults from 1000 smolts going downstream) make maintaining a hatchery program difficult. The logical question is now will there be enough Coho this year to allow some wild fish spawning, or will they all be reared in the hatchery?

At the time of my study (20 years ago) some of the Idaho hatcheries had less than the 0.2% return

on adult fish. Their solution was to "borrow" adults from the Hells Canyon fish trap to supplement the meager runs at the threatened hatcheries. This is not the policy of the Oregon Fish and Wildlife department where they consider each stream to have a different species of fish. I guess when you are faced with extinction of a run difficult decisions need to be made.

The tribe is attempting to return the Kokanee from Lake Billy Chinook to the ocean and establish a Sockeye run, but the many years of non-passage downstream has damaged the run and decreased the size of the fish, making the run to the ocean more difficult. Professional fisheries biologists are determining the next move in this program.

- TOM SHUMAN
MADRASFISH@GMAIL.COM

OTHER NEWS



COF Banquet 2019 COF FUNDRAISING BANQUET & RAFFLE RIVERHOUSE CONVENTION CENTER | APRIL 13, 2019

The Banquet Registration is open until April 7th. Your payment can be made via PayPal, credit card, or mail your check to COF Banquet, P.O. Box 1126, Bend, OR 97709. Registering online correctly enters

all your information: name, guest, meal choices, bucket raffle tickets advance order, and date registered into a handy spreadsheet for the registration crew.

- PETER MARTIN
PCMARTIN@BENDBROADBAND.COM

2019 Kokanee Karnival Spring Clinic

I want to thank all of you who have volunteered for the Kokanee Karnival Spring Angling Clinic. Right now we are still short of volunteers. If you want to volunteer please contact me at (541) 381-7507 or waldo1ft@msn.com. The dates of the Spring Clinic are April 22, 23, 25, 26 and April 29 and 30. We have no activities on Wed April 24. We have 12 classes in the program and two classes attend each day. We usually arrive at around 8:30 am to set up for the day and the students arrive between 9 and 9:30. They usually leave between 1:30 and 2. We clean up and are done by 3.

We hope to get some new volunteers this year. If you would like to be a new volunteer you can read about what we do and see a video made last year at the Clinic by Central Oregon daily at kokaneekarnival.org. The video is under the "About" dropdown menu and the text is under the "Volunteers". We never put a new volunteer alone at a station. You will be teamed with an experience volunteer.

If you just want to see what we do with the students feel free to visit us at Aspen Hall in Shevlin Park. We can always use extra hands after lunch when the

students get to go trout fishing in Shevlin Pond.

Lunch is provided for all students and volunteers. After lunch the students are divided into small groups and get to fish in Shevlin Pond. The volunteers lead small groups of students to help them fish for trout. If they catch a trout they get a First Fish Certificate and if they want, their cleaned fish to take home.

Thanks for your help with the Spring Angling Clinic

- FRANK TUREK
KK@COFLYFISHERS.ORG

MEMBERSHIP



- Makena Forestell - Bend
- Ethan Heilbrun - Bend
- Jonah Heilbrun - Bend
- Levi Heilbrun - Bend
- Noah Heilbrun - Bend
- Tara Heilbrun - Bend
- Kathleen Huntington - Sisters
- Don Lewis - Redmond
- Randy Oswald - Redmond
- Jim Sternberg - Sisters
- Susan Grimes - Lake Oswego
- Lynne McHarry - Beaverton
- Elizabeth Volz - Ridgefield
- Lauren Lampe - Bend
- Paul Fieberg - Bend

- SUE COYLE, 541-668-3565
MEMBERSHIP@COFLYFISHERS.ORG



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PLIVA PERDIGON

This might surprise a few people, but I'm featuring another nymph for this month's Tyer's Corner column. I've been experimenting with Euro nymph fly fishing and decided to fish several perdigon style nymphs recently. The Pliva Perdigon is the next one I need to tie on. I've fished it before and caught fish, but will try it again when I return to the water. The fly is named after the Pliva River in Bosnia and has been used by Devin Olsen who has been a member of Fly Fishing Team USA at the 2017 World Fly Fishing Championship. That should tell you everything you need to know! Better tie up a few of these perdigon nymphs.

Materials:

Hook: Hanak 230 BL or Daiichi, size 16

Bead: Copper 2.3 mm

Weight: .015 lead wire

Thread: Olive Veevus Body Quill

Tail: 3 or 4 Coq de Leon fibers

Rib: Fluorescent Veevus Power Thread, 140 denier

Body: Olive Veevus Body Quill

Collar: Fluorescent orange Ultra thread (70 denier)

Wing Case: Black nail polish

Coating: UV resin or Sally Hansen's Hard as Nails polish

Tying Instructions

1. Place bead on a de-barbed hook
2. Slide bead on hook and wrap 3 – 5 turns of

lead and slide into bead to secure. Coat with super glue.

3. Start thread on hook behind the bead.
4. Tie on tail material, beginning mid-hook. Hold fibers upward and continue winding to hook barb. Tail length is hook shank length starting behind the bead.
5. Advance thread back to bead and attach rib.
6. Advance the thread back to tail to secure the rib then make a tapered body. See photo.
7. Spiral wrap the rib forward and secure rib behind the bead. Make 2 half hitches and cut thread.
8. Attach the fluorescent thread and wrap a collar then whip finish and cut thread.
9. Using the black finger nail polish, paint a black wing case on the thorax area and top of bead. A couple of coats will suffice.
10. Let the wing case dry then coat the fly with a UV resin or clear finger nail polish.

For more fly patterns, be sure to check out my RiverKeeper Flies website (<http://www.johnkref.com/fly-patterns/>).

- JOHN KREFT
503-559-3811, JCKREFT@GMAIL.COM

COF CLASSIFIEDS

FOR SALE: Like new, Cortland Competition MKII Nymph Rod 10.5 ft., 3 weight, \$575 OBO, Kage Kossler, please contact Rebecca (Kage's mother), 541-948-0667, x4truth@msn.com

FREE: Like new Caddis U-shaped float tube but it has no bladder, replacement bladders sell for around \$40 from Caddis or Bass Pro Shop, contact, classifieds@coflyfishers.org

MEMBERS: Ads are free and run for one newsletter. If the item is not sold the ad can be resubmitted for the next month's newsletter. Submit ads to classifieds@coflyfishers.org

- CLASSIFIEDS@COFLYFISHERS.ORG



Here is what you missed at the Sportsman Show Kids Pond!

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Central Oregon Flyfishers

Annual Banquet & Fundraiser



Saturday
April 13, 2019
5:30 P.M.

Riverhouse
Convention
Center
Bend



Attend COF's primary fundraising event to support the Kokanee Karnival Youth Education Program, Next Cast Flyfishers program for older youth, conservation programs, habitat restoration efforts, club activities, and membership services. Join the fun and dine on fine, delicious food. Have an exciting time with the raffle, pick up some high-quality flies or unique family items in the silent auction, and bid on great opportunities at the live auction. Take advantage of the early bird registration; save \$5 and be automatically entered in the early-bird drawing. You may purchase raffle tickets in advance using the registration form (six tickets for \$5).

Menu

Entrée: Your choice of chicken OR grilled top sirloin OR seasonal vegetarian ravioli.

All entrees include salad, rolls with butter, chef's selection fresh vegetable medley, chef's pairing of potato or rice, dessert, coffee and tea.

**No host bar will be available.
Please note that you may not bring your own wine.**



BEFORE March 12 - \$45 per person & automatic entry in the early bird drawing

March 12 to April 7 - \$50 per person (no dinner sales after April 7)

Questions?

Contact Peter Martin at 541-388-8956 or pcmartin@bendbroadband.com

Please register online at coflyfishers.org.

Pay via PayPal, credit card or check.

No Internet access?
See registration form on the other side.

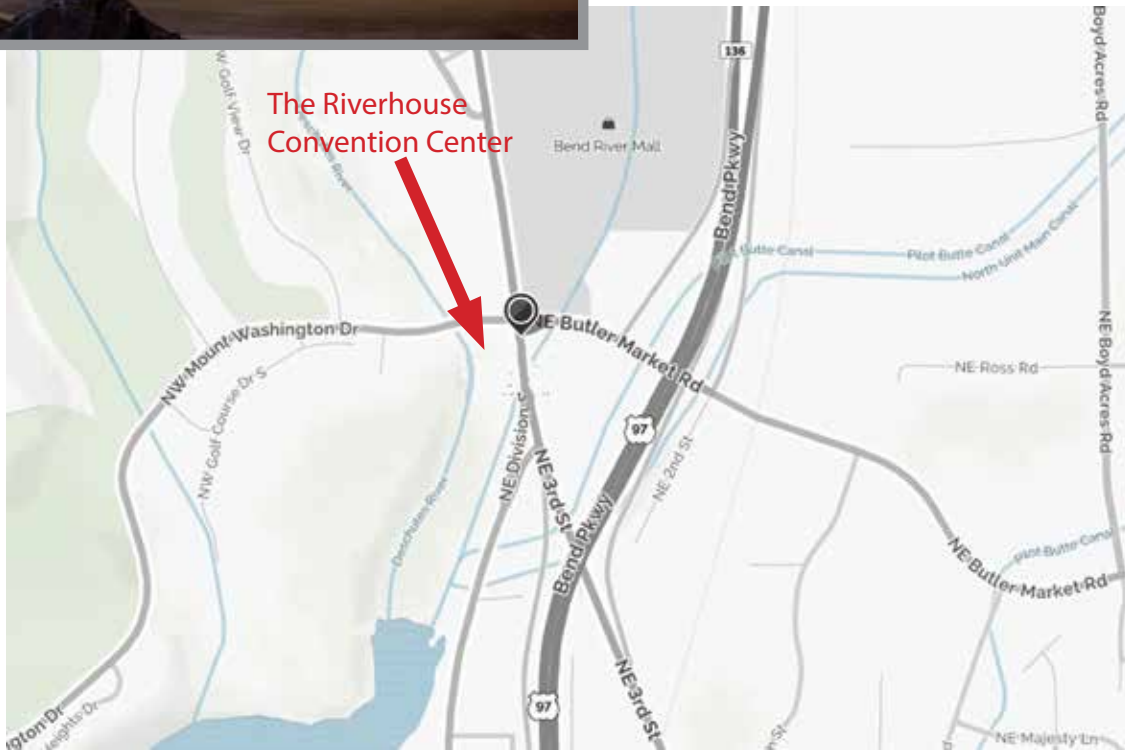




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PLEASE REGISTER ONLINE at coflyfishers.org. Payment via PayPal, credit card or check.

For those with no Internet access, mail completed form (indicate dinner choice and raffle ticket amounts) and your check (\$45/person **BEFORE Mar 12** • \$50/person **Mar 12 to Apr 7**) to COF BANQUET, P.O. Box 1126, Bend, OR 97709.

PRINT CLEARLY

Name _____ Steak ___ Chicken ___ Veg. Ravioli ___

Spouse/Guest(s) _____ Steak ___ Chicken ___ Veg. Ravioli ___

Guest(s) _____ Steak ___ Chicken ___ Veg. Ravioli ___

Raffle Ticket Total Enclosed (\$5 increments • \$5 = six tickets) = \$ _____

Email _____

Telephone _____

Amount enclosed (circle one): \$45 or \$50/person **BEFORE March 12** - \$45 per person & Automatic entry in the early bird drawing **March 12 to April 7** - \$50 per person (no dinner sales after April 7)

APRIL 2019 UPSTREAM EVENTS

DATE	ACTIVITY	LOCATION	CONTACT
April 3-6	Owyhee River Outing	Owyhee River	Lee Ann Ross
April 10	Currents Restaurant at the Riverhouse		
April 13	2019 COF Annual Banquet & Fundraiser	Riverhouse Convention Center	
April 20	Crooked River Clean Up at 10:00am		Pete at pcmartin@bendbroadband.com
April 24	Beginners Casting Class at 5:30pm		register at coflyfishers.org

In the Future

DATE	ACTIVITY	LOCATION	CONTACT
May 8	Advanced Casting Class at 5:30pm		register at coflyfishers.org
June 17-19	Next Cast 3-Day Fly Fish Camp	Shevlin Pond/Aspen Hall	nextcast@coflyfishers.org
August 20	COF BBQ	Aspen Hall	hblank@yahoo.com



Central Oregon Flyfishers
PO Box 1126
Bend, Oregon 97709