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RANDOM CAST

So far, I have had only modest success in my efforts to convert my wife and kids into avid anglers. They enjoy fly fishing, but on a much more limited basis than I do. August was a slow fishing month for me, but one with good family time.

I did get away for three days of steelhead fishing on the Deschutes. As always, it was tiring with a lot of casting for a small number of fish. But, what fish! Having the good luck to get one of these chrome bullets to take your fly when they are fresh from the ocean makes it all more than worthwhile. Plus, I got to fall in love again with my Spey rod. (My wife is not too jealous.)

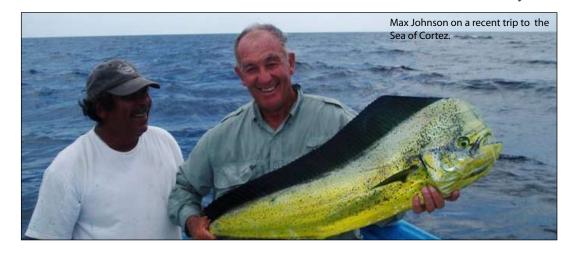
The August picnic was a great success — good food and good company. Herb Blank headed up the picnic committee this year, with help from Bob Griffin, Marilyn Forestell and many others. Thanks to all who helped out.

The special meeting last month regarding excess funds was well attended and generated a number of email comments prior to the meeting. No final decisions were made on the specifics of any additional spending, but a pretty clear consensus was arrived at in terms of priorities. The majority of club members who expressed an opinion want new expenditures for club activities that improve the experience of membership. A wide range of suggestions were made. A secondary priority that had strong support was conservation-oriented projects. Thanks for your feedback. The club's board will continue to move forward on this topic.

It may seem early, but we are planning for the transition to next year's board of directors. At the October meeting, a vote will be taken for the 2009 board of directors. We want all new directors in place for our annual board "retreat" in early November. (The retreat is an all-day meeting where we review the past year and lay plans for the next.) While the board will nominate a slate of candidates for next year's board, any member may run for any office if they desire.

COF is an excellent organization, one that has received awards for a variety of accomplishments. This standard can only be upheld through the efforts of dedicated volunteers. If you want to get more involved in the club or explore the idea of joining the board, please contact me.

- Yancy Lind



GENERAL MEETING

September meeting

September 17 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Gorge Guide Service

My name is Greg Darling, and I am an angler. I started fishing over 30 years ago in the rivers and reservoirs of the Midwest, as well as the Great Lakes and Canadian waters. I have fished for sunfish, crappie, bass, walleye, pike, carp, striper, steelhead, salmon and trout. I have participated in tournaments for bass, walleye and carp. I am attracted to anything related to fishing. I want to share my passion for fishing by teaching and sharing with other anglers.

After vacationing in the Pacific Northwest and fishing the local waters (so many new and interesting waters to explore!), my wife and I relocated to the Columbia River Gorge, and Gorge Guide Service was born. Gorge Guide Service aims to advance the technique of fly-rod fishing for bass and introduce this great sport to others.

This is the short story of how Gorge Guide Service became your premier source for Columbia River smallmouth bass fishing. I look forward to sharing more of my story with you.

EDUCATION

The art of float tubing

Oct 4 | 10:00 a.m. | Lost Lake | \$20 | Bill Meyers

Learn how to fish from a float tube (or any other floating device of your choice). Meet at Lost Lake (located just on the west side of the Santiam Pass) at 10:00. Bring your fishing gear, waders, floating device and lunch. We will meet in one of the first campsites on the right as you pull into Lost Lake. Lost Lake is a small lake with great fall fishing. Class will be held from 10:00 a.m. to 4:00 p.m. Bill Myers will go over how to use your float tube, lake fishing strategies and what flies to use and why. He will also help each person individually on the water.

Contact Lee Ann Ross (<u>rossleeann@yahoo.com</u> or 312-2568).

OUTINGS

2008 Outings

2000 Outings				
September 10	Diamond Lake			
September 15 to 17	Middle Fork of the Willamette (Don Schnack)			
October 9 to 12	Deschutes Steelhead Trip (Larry Godfrey)			
October 25	Grande Ronde River			
November 15	Crooked River			

Diamond Lake

Sep 10 | 8 a.m. | Meet at the North End boat ramp on the northeast side of the lake, just south of Diamond Lake Resort.

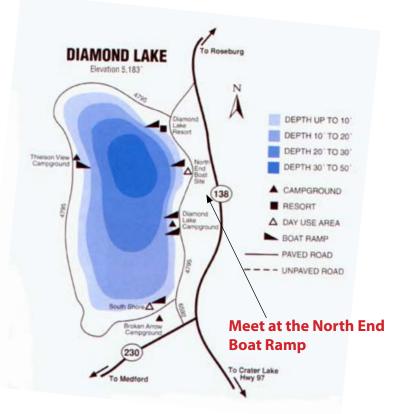
Diamond Lake was treated with rotenone to rid it of the tui chub population that was wreaking havoc with the natural balance of this fishery. Recent data shows that the lake is yielding many 14- to 17-inch trout, with fish over 20 inches being caught on occasion. Trout that were introduced immediately after the tui chub eradication are now exceeding four pounds.

The Oregon Department of Fish and Wildlife has adopted an aggressive stocking schedule for the lake. In 2008, 270,000 trout were planted in the lake.

In September, expect fish to hang at 20 to 25 feet, waiting for ascending insect larvae. Hatches can occur at any moment, so be prepared!

This outing is scheduled for one day. If you prefer to stay for a day or two, there are three large campsites located around the lake and a resort at the northeast corner of the lake. To reserve one of 174 campsites, call 877-444-6777 or go to www.recreation.gov. There are 226 campsites that are available on a first-come, first-served basis. To make a reservation at the resort, call 800-733-7593 or visit www.diamondlake.net.

Directions: Diamond Lake is located 90 miles southwest of Bend. Take U.S. Highway 97 and turn right onto State Highway 138 toward Roseburg. Turn left onto State Highway 230 and right onto Forest Road 6592 to reach the south shore. Follow the signs to your preferred campground or the resort.



Middle Fork of the Willamette River

Sep 15 to 17 | Meet at Green Waters Park (City Park)

We're going to give this outing one more try and hope the weather is more cooperative this time. Please make camping arrangements as soon as possible to ensure you will have a place to stay. Don Schnack was kind enough to do all of the planning for this outing so be sure to let him know how much you appreciate his effort.

Oakridge, located on the middle fork of the Willamette River, is a 96-mile drive from Bend. Everyone needs to make their own camping arrangements. This outing is spread over a three–day period. The availability of campsites may change each day.

The middle fork of the Willamette River is about one-half the size of the McKenzie, but the gradient is much less. There are mostly Class II rapids, with lots of riffles and slow water. The float is five to six miles and will take most of a day. If you choose not to float, there is only average access on the south side of the river adjacent to Highway 58, mostly at turnouts and at the campgrounds.

The put-in is on the east end of the town of Oakridge on Highway 58 at Green Waters Park. The park is cityowned, with good parking and restrooms. The take-out is at Black Canyon Campground, five to six miles by river, or about 12 ½ miles via Highway 58.

Black Canyon Campground has 72 nice sites that will accommodate RVs up to 22 feet in length. You cannot make reservations. Arriving early could be advantageous, especially if other groups plan to use the campground. The campground has water and toilets, and firewood is available. The area is very pretty; nature trails are available. Sites are \$12 to \$20 per night and \$6 for an extra vehicle.

If you have a larger rig, call Casey's Campground at Westfir to make reservations (541-782-1906). Westfir is about 5 miles from Oakridge and about 5 miles upstream from Black Canyon Campground. Casey's has full hookups available. If you have a large rig and can't get a spot at Casey's, call Don Schnack (541-389-4440); he'll try to help you with other camping suggestions.

See the hatch chart to plan which flies you'll need. Don reports that he has done well on soft hackles, elk hair caddis and caddis emergers. *Editor's Note: For a hatch chart, see the May 2008 newsletter.*

If you have any additional questions about this outing, please call Don (541-389-4440).

Directions to Green Waters Park: Drive south from Bend on Highway 97 to Crescent (about 46 miles). Go west on Crescent Cutoff Road approximately 12 miles to Highway 58, then west on Highway 58 to Oakridge (another 38 miles). The Black Canyon Campground is another 12 ½ miles past Oakridge.

COF invited to join Rogue Fly Fishers for a Central Oregon waters outing

September 5 to 7 | campground across from Twin Lakes Resort

Phil Hager, COF past president, invites members of COF to join the Rogue Fly Fishers and Southern Oregon Fly Fishers on their Central Oregon waters outing. Anglers will fish different waters each day. Some anglers will arrive before September 5 and stay after September 7. For more information, contact Phil Hager (flyfishingphil@ffpc-rods. com or 541-778-0963).

Deschutes steelhead trip

Oct 9 to 12 | Beavertail Campground (about 20 miles below Maupin)

For the 2008 annual steelhead trip, everyone will need to bring their own food for all meals; we won't have organized meals. We will still get together in the evenings to swap stories. If you plan to boat the river on any boat, including a pontoon boat, you'll need a boater's permit. To obtain a permit, go to www.boaterpass.com. If you plan to attend, contact Larry Godfrey (382-5860 or lgodfrey@bendbroadband.com).

WILD WOMEN OF THE WATER

Delores and I will be on vacation during September. Stay tuned to your email for details about our October outing. During September, attend one of the COF outings or help with the Team USA qualifying competitions. And save at least one day at the end of September to volunteer for Kokanee Karnival!

– Terri Grimm





Kokanee Karnival

VOLUNTEERS - WE WANT YOU!

Streamside and Hatchery Field Trip

September 22 to 26 | Browns Creek (Wickiup Reservoir) and the Metolius River | 9:00 a.m. to 2:00 p.m. | Lunch will be provided at Browns Creek.

Kokanee Karnival is a yearlong youth education program sponsored by the Central OR Flyfishers, Sunriver Anglers, Wolftree Inc., ODFW-STEP, USFS and Central OR Llama Association.

The Kokanee Karnival program starts off with an exciting field trip where 4th and 5th graders observe spawning kokanee and visit their local fish hatchery. Due to increased demand, we are accommodating 14 classes this year, and that means we are relying on volunteers more than ever!

We need volunteers to assist or instruct at the learning stations. Stations are fun and straightforward. Topics include: salmon life cycle, habitat, water quality and food chain-aquatic insects. Scripts are provided. New volunteers are encouraged to observe and assist before jumping into instruction.

If you are interested in volunteering, please contact: Mark Reisinger (markreisinger@bendcable. com or 389-4124).

Fish Eggs To Fry

late October (date TBA)

Every year, Kokanee Karnival sponsors troutegg incubators to elementary classrooms in Central Oregon. Students raise rainbow trout or Chinook salmon eggs to the fry stage and release them into local streams or ponds. It is a wonderful educational experience for students, and they will learn many important facts about fish and their habitat during the process. As part of the Upper Deschutes salmon reintroduction, some classes will raise Chinook salmon eggs and release the fry into the Metolius River.

We need volunteers to contact teachers and deliver eggs in late October. (We don't have an exact date yet, because it depends on when the eggs will be ready.) Some volunteers may want to give a brief presentation; associated materials will be provided. There are 15 participating classes.

Please contact Jen Luke at ODFW (<u>Jennifer. luke@state.or.us</u> or 541-388-6363).



Students use aquaviewers at Brown's Creek to see what's happening below the surface.

OTHER NEWS

2007-2008 Kokanee Karnival and angler education summary

Once again, the Kokanee Karnival has had another successful year filled with activities. The following elementary schools participated last year:

Comprehensive Level

Lava Ridge Elementary - Ryan Shaffer - 28 students Tom McCall Elementary School - Jessica McMahon - 24 students Terrebonne Community School - Dianne Rangaard - 30 students

Juniper Elementary - Bob Bolle - 19 students
Central Christian School - Samantha Bronson - 20 students
Tumalo Elementary - Shelly Hilgers - 28 students
Jewell Elementary - Jeremy Hought - 27 students
Three Rivers School - Julie Russell - 24 students
John Tuck Elementary - Kelly Hicks - 30 students
Bear Creek Elementary - Mimi Graves - 25 students
Tom McCall Elementary - Rayna Nordstrom - 25 students
Tom McCall Elementary - Heather Renz - 28 students

Elective Level

High Lakes Elementary - Karen Schlaich - 26 students Lava Ridge Elementary - Jennifer Ketner - 27 students Lava Ridge Elementary - Lisa Bangert - 28 students Pine Ridge Elementary - Kris Omlid - 15 students John Tuck Elementary - Jamie Hartford - 21 students Madras Elementary - Alan Wheeler - 25 students 450 TOTAL Students!

In winter 2008, angler education instructors distributed *Responsible Angler* workbooks, the 2008 Oregon Sport Fishing Regulations, an introductory page, angling regulations acitivity, and a Fishing is Fun booklet to participating schools. Each student, guided by their classroom teachers, spent 14 to 16 hours during the remaining school year (April to June) to complete their assignments.

A "Fish Crew" gave a two-hour presentation in each classroom, covering angling regulations, knot tying, dilemmas, ethics and safety.

Twelve schools were selected to participate in the KK Angling Clinic at Shevlin Park. Students played Hooks and Ladders (an activity that focuses on the life cycle of kokanee salmon) and rotated through four stations (Fishing Methods, Casting, Knot Tying and Fish Biology). In the afternoon, students fished at Shevlin Pond.

Two classes from Lava Ridge that enrolled in the Elective Level organized their own fishing day.

Jeri Welbourn, Mark Reisinger, Bob Griffin, Vivian Rockwell, Dave Semich, Betsy Brauer, Rod Juranek, Gene McMullen, Sandy Dunahay, Andy Smith and Bob Mullong volunteered a total of 224.25 hours and drove a total of 1,802.4 miles. These totals do not include the hours and miles donated for the Angling Clinic! Now that's a real "FINS UP"!

The program is growing. With the aid of more Certified Instructors, the number of classes will increase during the 2008 – 2009 school year. FINS UP!

- Bob the Fish Guy

Editor's note: The 2008 – 2009 KK program kicks off with the Streamside and Hatchery experience September 22 to 26. See page 4 for details.

VOLUNTEER OPPORTUNITIES

Crooked River fish tracking and tagging

Oct 4 to 5 and Oct 11 to 12 | Crooked River

Shivonne Nesbit needs your help with tracking and tagging fish in the Crooked River. Volunteers are invited to camp for the weekend or come out for just the day. Nesbit plans to capture and tag 30 to 40 fish. For more information, contact Shivonne Nesbit (541–805–5320 or shivonne.nesbit@oregonstate.edu).

Editor's note: According to Nesbit, the dates for tracking and tagging have changed to October because the tags won't be ready in September.

Team USA qualifying competitions

Sep 27 & 28 | East & Paulina lakes | Crooked & Middle Deschutes rivers

The Team USA fly-fishing team represents our country in international competitions. The popular Czech, Polish or European-style nymphing are a result of these competitions. COF member Scott Robertson is a past member of Team USA. Anglers qualify for the team by participating in a series of competitions held around the country. Sunriver Anglers has asked for our help in organizing and hosting one of these qualifying competitions in September.

We need your help for these competitions to run smoothly. If you are interested in participating in this fun event, or if you can loan us a boat, wind sock or anchor, contact Yancy Lind (yancy_lind@ml.com).

- Yancy Lind

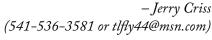
FOR SALE

Hobie Outback kayak. \$1200. The kayak for fishing with the pedal drive that makes it so easy to get around. All rigged and ready for fishing – anchor pulleys and anchors, rod holders, cart, paddle and Hobie cooler. Contact Lee Ann (rossleeann@yahoo.com or 312-2568).

TYERS CORNER

Every time I mention the weather in this column, it does just the opposite for the next few weeks, so I'm not going to talk about the weather. This month's fly was designed for the Yellowstone area. With some color modifications, this pattern could be used anywhere that caddis abound—just use light tans, creamy yellows and pale oranges. I recommend using microfibetts for the antenna; they are very durable, and you can use the cut butts. The antenna do not have to be tapered, but it might help in the slower pools. Have fun and let me know if there is a pattern that you would like to see. GOOD LUCK and happy hunting.

The White Miller





A recent arrival in Yellowstone country, the White Miller caddis was practically non-existent in rivers around Yellowstone about four years ago. The past three or four years have seen a huge influx of these insects in late August and September on the upper Madison, Firehole, Gallatin and other smaller rivers in the area. When first you see the adults fluttering all around you right above the surface of the river, you think it must be some type of a white aquatic moth. You have to get out the insect net and capture one before you realize that it is a caddis. The body is very slender but fairly long, and the wings are white, not a shiny white, but as if they were dusted with white talcum powder. Their daily fluttering egg-laying behavior is obviously very attractive, with the fish on them for the better part of the day. I have never felt the need for a pupa pattern because

the adult is so much fun fished dry on top! This is a pretty basic pattern, and I am sure better ones will evolve if the insects remain such an important fall hatch. But for now, it sure catches a lot of fish on top, particularly along tall banks where the water is sheltered from the wind.

Thread white, fine
Hook Tiemco 102Y #15
Butt chartreuse green superfine dubbing
dark olive superfine dubbing

Wing white polypropylene yarn

Hackle white or grizzly dry fly hackle

Antenna bear fur fiber or microfibetts

The hook is a little odd; it's a very fine, black, dry fly hook that really nails the correct body size. I am sure that others you have may work. Dub the body slender for a caddis, and use a short butt of the chartreuse dubbing for the egg mass that many of them carry. If the polypro yarn is fuzzy enough, you can tie it in straight back, otherwise tie it in across and pull it back into a "V" with a few turns. The wing should look semi-spent, not spread out fully like a spinner. Hackle about the front 10 to 15% purely for flotation. The antennae are very long and fine, and you need something pretty tough and flexible to survive a few fish. The first one I saw had moose antenna, but I found them to be too fragile. The prototypes I saw also had Z-lon wings, but it is too shiny. The white polypro yarn captures the flat, powdery look of the wings, and it floats to boot!

– Harry Harbin

CONSERVATION

Catch and release

I thought it might be a good idea to review aspects of how all of us can be good practitioners of Catch & Release (C&R). In spite of our best intentions to release cold water fish, it appears that up to 10% die from the experience. Fish fought too long, mishandled, caught in water that is too warm and thus low in oxygen, caught on the wrong types and sizes of hooks, or with hooks baited with live baits, the percentage can be higher. Sometimes a released fish will even swim away or be carried away by the current, only to die minutes to days later. Keep in mind that there are certain areas of the water that are better for releasing a trout to give it the best opportunity for recuperation.

Good release areas

- moderate current-speed riffle or run edge that is 10 to 15 inches deep
- highly aerated pocket water
- gradually sloping shoreline of pools or still waters that are not laden with mats of vegetation or silt

Even in prime areas, let the trout determine if it is revived enough to swim away.

Poor release areas

- very swift and turbulent rapids and riffles
- back waters that may be too warm, over-laden with vegetation and thick with silt
- very deep areas of pools or still waters

continued on page 8

Central Oregon Flyfishers Up-Stream Events 2008

Date	Time	Activity	Location	Contact
SEPTEMBER				
Sep 4	6:30 pm	monthly Board meeting	Environmental Center, Bend	Yancy Lind (yancy_lind@ml.com)
Sep 10		OUTING	Diamond Lake	Bob Evermore (bob@poesociety.com)
Sep 15-17		OUTING	Middle Fork of the Willamette	Don Schnack (541-389-4440)
Sep 17	6:30 pm	general meeting	Bend Senior Center	
Sep 22-26		Kokanee Karnival	Brown's Creek & Fall River Hatchery	Mark Reisinger (markreisinger@bend- cable.com or 389-4124)
Sep 27-28		Team USA qualifying competitions	East & Paulina lakes, Deschutes River	Yancy Lind (yancy_lind@ml.com)
IN THE FUTURE				
Oct 4	10:00 am	CLASS - Float tubing	Lost Lake	Lee Ann Ross (rossleeann@yahoo.com)
Oct 4-5 & 11-12		fish tagging	Crooked River	Shivonne Nesbit (shivonne.nesbit@oregonstate.edu)
Oct 9-12		OUTING	Deschutes Steelhead Trip	Larry Godfrey (382-5850 or lgodfrey@ bendbroadband.com)
Oct 25		OUTING	Grande Ronde River	
Non-Club Activi	ities & FYI			
Sep 5-7	Rogue Fly Fishers CO outing			Phil Hager (flyfishingphil@ffpc-rods.com)
Sep 20-21	Fly fishing Western lakes, John Smeraglio & Rick Hafele			Deschutes Canyon Fly Shop (1-866-647-4721 or at john@flyfishingdeschutes.com)



Jerry & Nancy Brouhard Patrick & Darcy Davidson Bill & Caroline McKee John & Betty Ford

Bill & Tina Hinchliff Bill & Ann Lincoln Steve & Molly Michel Chris Olsen Howard & Mary Palmer Michael & Peggy Whitney



Oregon Watershed Enhancement Board 10th Biennial Conference Watersheds November 5 - 7, 2008 Climate Change and Eugene Hilton and Conference Center

Workshops on:

- climate change impact to watersheds
- community engagement
- effective natural resource organizations
- restoration project management
- invasive species

Special half-day offering for citizen board members.

More information available from:

http://oregon.gov/OWEB/biennialconference_08.shtml

A Celebration of Oregon Rivers Sixth Annual Auction & Dinner Benefiting

WaterWatch of Oregon

Saturday, October 25, 2008, 5:30 PM

Ambridge Event Center, Portland (on the Max Line)

Tickets \$75

Reservations & Information: Online: www.waterwatch.org Phone: (503) 295-4039 ext. 4 Email: info@waterwatch.org

Reserve your seats early, space is limited!

2008 COF Board Members: Yancy Lind President Dennis Rockwell Vice President, Raffle Susan Telford Treasurer Earl Rettig Secretary Dave Magaret Programs Bob Griffin Historian Emil Seidel Larry Godfrey Banquet Dave Semich Past President Dick Olson Membership Bill Seitz Conservation Lee Ann Ross Education **Bob Evermore** Outings **Dave Dunahay** Kokanee Karnival **Delores Marsh** Wild Women of the Water

A dozen C&R do's and don'ts

- For the highest release survival, use small, barbless hooks, and use a hemostat or quick-release tool to extract the hooks.
- A C&R net can significantly shorten the time it takes to land a fish, and it does the least harm to a fish as you hold it for hook removal and recovery. If you don't use one, seriously consider getting one.
- Keep the fish's head in the water as you remove the hook to ensure it can breathe if the extraction takes more than a second or two.
- Don't throw or dump your fish back into the water.
 Wait until it voluntarily swims out of the net or your
 hands. Watch a released fish for at least a minute to
 make sure it does not roll onto its side or back. If that
 happens, recover it and continue to revive it until it
 displays enough strength to swim upright out of your
 hand.
- If the hook is deeply embedded in the fish's throat, cut the fly off and after recovery let it go with the fly.
- Don't fish water in which the temperatures are above a fish's comfort zone. Water that is too warm does not contain enough oxygen and fish quickly stress to exhaustion. The uppermost limit for trout survival is 70

- degrees Fahrenheit. If you don't have a stream thermometer, seriously consider getting one.
- Never handle a C&R fish with dry hands or fabric-material gloves. Both remove protective slime and allow fatal fungus infections to occur after releasing.
- If you wish to measure, weigh or photograph a trophy
 fish out of water, keep the fish under water and have an
 assistant ready the equipment; keep the fish out of the
 water only a few seconds at a time.
- To land a fish before it becomes fatally exhausted, keep to its side or behind it instead of reeling it in from an upstream position. As soon as it surfaces on its side, capture it with a C&R net.
- Avoid catching trout that are actively spawning or have just spawned. Females caught while spawning often abort their eggs.
- Avoid fishing with flies that tend to hook a fish deeply.
 For example: egg patterns, large-gaped hooks, San Juan worms, large-hook wooly buggers, double-hook articulated flies, pellet flies, etc.
- For a touchless release, try giving the fish slack line.

 The more we understand how best to utilize C&R, the more we can enjoy quality and wild fisheries.

- Bill Seitz

Membership application available from: http://www.coflyfishers.org
Mail all newsworthy items to cof@sonatainc.com by the 22nd of the month.



