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President's Message

Kokanee Karnival: September 25 through 29, Kokanee Karnival Streamside will be held at Sheep Bridge or Browns Creek, Fall River Hatchery and Spring Creek. Kids will observe spawning kokanee and learn about stream habitat, entomology, kokanee life cycle and fish hatcheries. This program is a great opportunity to see the kids in action and learn more about fish. If you are new to the club, this is great way to meet people. For more detail and to volunteer, see the article on page 2.



August Picnic: A huge thanks to all of you who helped make the August Picnic a huge success. We had over 80 attendees and almost everyone helped out. A special thanks to Charlie Schillinsky who cooked the tri tip and to Eric Steele who flipped the burgers. We had a real emergency when the barbecue regulator leaked and shot flames over the propane tank. Eric had the presence of mind to turn off the valve before the tank exploded and took Aspen Hall and all of us with it. Jill Bazemore did all the shopping and was rewarded by winning Charlie Schillinsky's custom rod raffle. Karen Kreft organized a kids' raffle as well. It's great to see everyone pitch in.



PHOTO: R. TODD CARY

Stressed Fish: Hopefully the dog days of summer are slowly ending and we might begin to see some cooler water temperatures in our lakes and rivers. Remember that with some lake temps exceeding 70°, fish are really stressed and very vulnerable. If you are lucky enough to catch one, especially on Crane, be sure to give it an exceptionally long time to fully revive before you release it. While it might swim away and look fine, if it hasn't been fully revived it may well turn belly up out of sight.

~Lee Ann Ross



An Active
Member Club

Please come and enjoy “The Secret Life of Rivers” presented by Dr. Jerry Freilich an aquatic ecologist who spent 25 years working for the National Park Service in six parks nationwide. For the last 13 years he was Research Coordinator at Olympic National Park and recently retired to Bend. Jerry’s PhD work was a study of salmonflies at Grand Teton National Park. 🐟 Jerry’s presentation will show us how Rivers are like eyeglasses. They appear transparent and utterly simple, yet the subtle curves of lenses are anything but simple. Likewise, a river seems like a pipe where water enters the top, runs down a channel, and empties into the sea. What could be simpler? Actually, the ecology of rivers is complex, concealed; eye opening and will likely surprise you. This program by Dr. Jerry Freilich will explain how rivers work. How many organisms actually make up the riverine ecosystem? Where do they get their energy? And how many of them have you actually heard of? With awareness of riverine ecology, you will understand why it is unrealistic to think of a river as pipe and why a river cannot be simply turned on and off like a garden hose without causing great harm to its delicate fabric of life. **Pre-Meeting:** 6:15, Dalton Miller-Jones will show tools and techniques to determine what fish are eating.

KOKANEE KARNIVAL

2017 Fall Streamside Program ➤ Second Call For Volunteers

Kokanee Karnival will hold our Fall Streamside program on September 25, 26, 28 & 29 2017. We do not hold the program on Wed. September 27. We are working on preparing the schedule of volunteers to help at both Spring Creek and Sheep Bridge. So far only 6 COF members have contacted me about volunteering we need help and need instructors and assistants at the sites. Fall Streamside is rapidly approaching



We published descriptions of the stations and programs at both Spring Creek and Sheep Bridge in the August COF newsletter. New volunteers are welcome and will be

OUTINGS CALENDAR 2017

MONTH	DAY	DESTINATION	LEADER
Sept/Oct	TBD	Owyhee River	Lee Ann Ross
Sept-Oct	29-1	Yakima River	Allen Caudle
October	TBD	Beavertail Steel Head	Robert Gentry
Oct/Nov	TBD	Eagle Lake	Charlie Schillinsky

To sign up for an outing, please contact the outings leader directly with a cc: to the outings coordinator at outings@coflyfishers.org. Email addresses and phone numbers are available on our website coflyfishers.org. Due to the nature of the water, some outings will have a limit on participation. Sign-ups will be taken on a first come, first served basis.

teamed with a volunteer with experience at Sheep Bridge and Spring Creek. The programs we teach the students are not complicated and easy to learn. We can provide an outline of the program used at each Sheep Bridge station and at Spring Creek.

To volunteer for the program contact Frank Turek at waldo1ft@msn.com or 541-318-7507. You can also contact Jen Luke at Jennifer.a.luke@state.or.us or 541-388-6366.

~Frank Turek

CONSERVATION

Update

Deschutes Basin Habitat Conservation Plan

In the Deschutes Basin, steelhead, bull trout, and the Oregon spotted frog are listed as threatened species under the Endangered Species Act. Chinook and sockeye have a high likelihood of being added to the list. When human activities negatively impact these species an “incidental take permit (ITP)” must be obtained *Continued on page 3*

Conservation continued from page 2

to continue those activities. An ITP is issued after a “habitat conservation plan” has been developed which will mitigate the impacts of the covered activities.

Eight Central Oregon irrigation districts along with the City of Prineville (the Applicants) are working with the US Fish & Wildlife Service to develop a HCP for the entire Deschutes Basin that will result in the issuance of an ITP allowing them to continue withdrawing water from various waterways in the Basin, not just the upper Deschutes. The development of the HCP began over 10 years ago and has cost taxpayers \$3.6M thus far not including USFWS and other agency staff time and expenses.

After years of collaboration between the Applicants and the USFWS they are now asking for public input to “scope” the HCP. They want to know what the public believes should be covered in the HCP. Scoping comments are due by September 22. It is anticipated that a draft HCP will be made available to the public sometime in 2018 at which time there will be another comment period. A final HCP will be issued in 2019 that will most likely lead to an ITP.

USFW has set up a web site where members of the public can get more information on the HCP, provide comment, and track the process: <https://www.fws.gov/Oregonfwo/articles.cfm?id=149489716>

Even though it has been under development for over 10 years, a draft HCP has not been made available for review so it is difficult to know *Continued on page 5*

EDUCATION

Update

We have had a very busy summer giving COF members an opportunity to participate in the many outings and their informational aspects like how and where to fish East Lake, the Middle Deschutes River and the Williamson River. Unfortunately some of our outings had to be cancelled due to our WARM summer waters. Outings and classes are a great opportunity to try other people’s rods, boats or gear to help you get familiar and have more fun fishing. Another great source of specific information is to look at the old COF newsletters where trip leaders have given specifics on how to fish certain locations like the Crooked River.

To lead an outing or class, all it takes is for your willingness to share with other club members a favorite place and some of the tricks you have learned to be successful. Please contact Jill Bazemore our outings Director or myself or Dalton Miller-Jones if you have an idea for an outing, education piece, class or sharing a tool you have developed to make fishing easier.

Two Handed Casting Class

Thanks to Reed Tuescher from Fin and Fire for offering this opportunity for club members. We had 7 folks participate with a broad spectrum of experience; beginners to those needing a tune-up to advanced. I think everyone had a successful morning on the river with Reed.

Another option to gain skills for all aspects of fly fishing is to hire one of Central Oregon’s great guides to work with you individually. Contact one of our COF sponsoring fly shops advertised in our newsletter.

How To Rig Up Your Fishing Boat Class

NEW CLASS September 15th 5:30-7:30, Bend Parks and Rec Headquarters, 799 SW Columbia, Riverbend community room.

Due to popular request, we will be holding a new version of how to set up your boat to fish out of it session! We hope to talk all types of gear including showing samples of a kayak, inflatable boat, hard bottom boat and drift boat to show how to set up and what gear is very helpful for fly fishing. How many of you have bought the wrong item including boat and wished you knew in advance the “best” type for how you want to use a boat and fish. This could be the class for you! Lee Ann Ross and Gary Davis will be bringing some of their gear to show folks, but there is plenty of room for you to bring your gear to show others in this informal show and tell arena. Please email me at debbiejhn54@gmail.com to let me know you are bringing gear. Thanks for sharing your skills and lessons learned with others.

Please Contact Debbie Norton or Dalton Miller-Jones at education@coflyfishers.org if you have ideas for education classes this fall.

~ Debbie Norton

NEXT CAST FLYFISHERS

Update

Fly fishing has been great this summer and our Next Cast members have been hitting the local waters. They have also traveled across the country to catch Northern Pike in Minnesota and Cutthroat Trout in Idaho and Wyoming. It has been a good season!

Recently, our members were mentors to new anglers at the COF BBQ. We invited our advanced Next Cast members to attend the BBQ and help any new anglers with rigging, casting, and fishing in Shevlin Pond. All of the young anglers participated in a raffle and

went home with some fly fishing swag!

The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We offer fly fishing instruction through classroom activities, fly fishing summer camps, ongoing COF events, and individually through mentorship and teaching.

Providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.

Please contact me directly if you have questions.

~Karen Kreft, nextcast@coflyfishers.org,
503-409-0148

SOCIAL MEDIA

Update



KEEP *it* REEL

KEEP it REEL and make sure you're following COF on Facebook and LinkedIn!

- LIKE us on Facebook here: <https://www.facebook.com/CentralOregonFlyfishersClub>
- FOLLOW us on LinkedIn here: <https://www.linkedin.com/company-beta/6419050/>

Want to really get involved? Snap a couple of pictures during your next fishing outing and send them my way via email so that I can share them on the COF social media channels!

Until next time, Best!

~Molly Vernarecci, COF Social Media Coordinator, socialmedia@coflyfishers.org



Joe helping Umbi casting.



Joe and Umbi fishing.



Raffle helpers and winners Josephine and Elijah.



Joe happy with his raffle winnings.

PHOTOS: R.TODD CARY

CLASSIFIED ADS

For Sale: Dave Scaddon Renegade 8' pontoon boat. Lightly used, good condition includes anchor system. Asking \$550. Contact Cliff Price, (541) 410-0670 or csp955@yahoo.com

For Sale: Used Wachter net. \$25.00. Old Master series C&R model net with soft mesh bag, not sure about the wood, suspect walnut. Finish worn off, but the wood is in excellent condition! Dimensions: overall length—21.5", opening is 16" x 7". There's a lot of good Karma in this net! Tim Quinton, cgtimq@gmail.com, 509-392-3516

For Sale: Two Scientific Anglers System 2 Large Arbor Spools—\$100 for the pair. Used, but in like-new condition. Spools are for the SA LA 8-9-10 reel. These spools retail for over twice as much as I'm asking. They aren't made anymore, so get 'em now if you need them for your reel! Tim Quinton, cgtimq@gmail.com, 509-392-3516

For Sale: Two TFO BVK 10 ft, 4pc, 6 wt rods. \$150 each or both, \$300! This is half price. casrods47@gmail.com, 541-213-6121

Members: Got a fishing related item to sell? Ads run one month then can be resubmitted if not sold to classifieds@coflyfishers.org.

MEMBERSHIP

Welcome New Member

Estelle Derry
Tim Derry
Connie Johnson
Jim Johnson
Matt Johnson
Mike Lince
Mike Mccandless
John Nuffer
Philip Grandidier

~Sue Coyle, membership@coflyfishers.org

Conservation continued from page 3

what "scoping" we should ask for. Based on a recent public meeting, however, I have concerns.

In my opinion, the HCP must require the irrigators to restore flows in the upper Deschutes (minimum 300 cfs) and middle Deschutes (minimum 250 cfs) but water quality is also important. I have been told that the HCP will require flows but only consider temperature as a factor in water quality. Other factors like pH, dissolved oxygen, and total dissolved gases are also critically important. This is especially true in the Crooked River and lower Deschutes where pH levels are often above state standards, DO has to be created by spilling from dams, and high levels of TDG has led to gas bubble disease.

Water quality in the Crooked River and lower Deschutes is negatively impacted by agricultural run-off. In my opinion, the HCP should consider the negative impacts of agricultural runoff on water quality in the Deschutes Basin and require reductions in containments as a requirement for issuance of the ITP.

I also believe the HCP should require the Bureau of Reclamation, Ochoco Irrigation

District, and the City of Prineville to provide water releases from Bowman Dam into the Crooked River for the "maximum biological benefit of fish" as called for in the Federal Crooked River Jobs and Security Act of 2014 (the "Crooked River Bill"). Beyond this, in periods of drought, the HCP should require additional flows in the Crooked River so as to not endanger threatened species listed under the Endangered Species Act. (Note that the HCP will have a term of 20-40 years, a period that extends well after the expiration of the "experimental" designation for reintroduced anadromous fish in the Crooked.)

~Yancy Lind, Conservation Chair,
conservation@coflyfishers.org



TYER'S CORNER



This month's Tyer's Corner fly is the Morrish Deep October Caddis.

Karen and I were along the river recently and happened to see a large number of caddis cases attached to a rock partially submerged in the water. It looked as though someone had collected all of them and left the cases in a pile. Upon closer inspection, the caddis cases were attached to the rocks.

I pried one off and found the opening closed. What did that mean? I tore into one of the cases and found an October Caddis in its final stage of transforming from a larva into a pupa preparing to swim to the surface and fly away as an

adult. If you'd like to see the pictures of the real bugs, check out my RiverKeeper Flies website (www.johnkref.com).

You'll see October Caddis adults begin to hatch in September, although the Metolius has them multiple months of the year.

The Morrish Deep October Caddis is a great pattern to use by itself or attach a smaller nymph which will get it to the bottom because of the tungsten bead.

Tie up a few of these flies and give them a try in local water.

Enjoy...go fish!

Materials:

Hook: Dai Riki 710 or TMC 5263, #8-6

Thread: Black

Bead: Black Tungsten 4.0 mm

Weight: 10-15 wraps of .030 lead

Rib: Amber V rib, medium

Body: Hareline Dubbin' Orange

Wingcase: Pearl Krystal Flash-8 strands

Wings: Hen

Legs: Partridge

Antennae: Pheasant tail fibers

Collar: Hareline Dubbin', Rust Orange

Head: Spirit River UV2 Caddis/Nymph Black Dubbing

Tying Instructions:

1. Crimp barb of hook and slide bead onto hook.
2. Wrap 10-15 turns of lead and slide up to bead.
3. Begin thread behind lead to help secure and keep from sliding. Place additional thread wraps over thread to bead and back to hook point.
4. Attach V rib securely.
5. Dub a thick body and cover hook to collar area.
6. Wind rib forward with 5 or 6 wraps and secure at 2/3 mark.
7. Attach 8 strands of Krystal Flash, extending over body. Trim about 1/2 body length.
8. Tie in short wings on either side of body.
9. Select and prepare one Hungarian Partridge feather and tie in. You'll be able to get 1 or 2 turns of hackle. Tie off and trim excess.
10. Select 2 pheasant tail fibers for antennae and tie in on top of body. Length should be to end of body.
11. Dub collar and head.
12. Whip finish and trim thread.

~John Kref, RiverKeeper Flies, johnkref.com



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LIBRARY

The COF supports a library of current fly fishing books available to members for checkout at club meetings. When checking out a book, sign it out by entering the title and your name in the notebook which is on the table by the library shelf. When you return the book, write the date you returned it in the notebook on the same line where you signed it out. This will be obvious when you see the notebook. Please return books promptly, since other members may be waiting for its return.

Jeff Perrin, at Fly Fisher's Place in Sisters, helps us with book orders and saves us considerable expense. This is a lot of trouble for Jeff, so we really appreciate his help. Thank you, Jeff.

Thanks also to the many club members who have given book donations, and have passed on magazines for me to give away at meetings.

If you would like to see which books are on our shelf (unless, of course they're checked out), you can find a list in the member area at the COF website. (Log in as a member first.)

If anyone has a request for a new book that might fit in our library, please let me know. I'm at most of the general meetings; or you can send me an email: Kathleen.s.schroeder@gmail.com

New Books In The Library:

- Trout from Small Streams, by Dave Hughes, 2014
- Fly Fishing for Trout: The Next Level, by Tom Rosenbauer, 2016
- The Little Red Book of Fly Fishing, by Charlie Meyers and Kirk Deeter, 2010
- The Orvis Fly Fishing Guide,

Revised, May, 2017

- Trout Tips, Edited by Kirk Deeter (TU), 2017
- The Orvis Guide to Hatch Strategies: Successful Fly Fishing for Trout without Always Matching the Hatch, May 30, 2017
- The Bug Book: A Fly Fisher's Guide to Trout Stream Insects, by Paul Weamer, September 1, 2016
- Tying Nymphs: Essential Flies and Techniques for the Top Patterns, by Charlie Craven, January 1, 2016
- Fly Fisherman 40 Foundation Fly Patterns, by Charlie Craven, DVD
- Tenkara, by Daniel Gallardo (donated by Daniel Gallardo)
- Classic Steelhead Flies, by John Shewey (donated by John Shewey)

One of our books has a review this month, written by Kari Schoessler

Book Review for The Little Red Book of Fly Fishing: If you are a golfer, have you read The Little Red Book of Golfing, by Harvey Pinnock? It is plainspoken advice, minus the swing physics and complicated theories. It's a sensible, no-nonsense book. Kirk Deeter and Charlie Meyers have tried to follow

that same simple template for fly fishing. They opened their personal notebooks and took out the best tidbits of advice that they could find. This book is a collection of straight forward advice from two very avid fly fishers, intended to help you catch fish on the fly. The book is divided into five sections: 1. The Cast, 2. Presentation, 3. Reading Water, 4. Bugs, 5. Miscellaneous. There are 250 short but sweet tips. Read one a day or whatever you feel like. Some you may already do, some may be a new revelation. However you approach this book, it is a wonderful read.

~Kathleen Schroeder, Librarian

OTHER NEWS

September Raffle

The fly rod for the September Rod Raffle will be a 8 1/2 foot, 4 piece, 3 weight medium action rod.

~Charlie Schillinsky

Fly Shop Strong

Check out this short film from (Tim) Rajeff Sports and ECHO Fly Fishing on Vimeo (<https://vimeo.com/225311416>). As a Central Oregon Flyfisher you will recognize the voices and faces *Continued on page 8*

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OTHER NEWS

Fly Shop Strong continued from page 7

from some of the Central Oregon fly shops that support COF.

Rajeff Sports reminds us local fly shops, not the big box stores, are at the heart and soul of fly fishing. The video is well filmed and neatly edited.

Shop local and support other local fly shops on your fishing trips.

~Pete Martin

USFS Girls In The Outdoors

Once again, the Wild Women and Next Cast Flyfishers joined forces to lead a fly fishing outing for local high school girls. This is the fourth year that the USFS has held a four day overnight camp in the National Forest to encourage high school girls

to pursue careers in natural resources. The camp is hosted and taught by local professional women.

As part of their recreation, we meet them on the Upper Deschutes to fly fish and collect some aquatic insects. It is a quick introduction to fly fishing, but they catch on quickly and get a few fish to rise to their flies! Once we put on waders, we march into the cold water and kick net for a variety of insects. Like other outings the big stoneflies win the day!

Several of the girls (and a couple of counselors) plan to follow up and check out other Wild Women activities! We hope to see them again.

Thank you to COF members Kari Schoessler, Tina Perin, Lee Ann Ross, Delores Marsh, Debbie Norton, Jill Bazemore, and Karen Kreft for helping with this outing!

~Karen Kreft

USFS Girls In The Outdoors



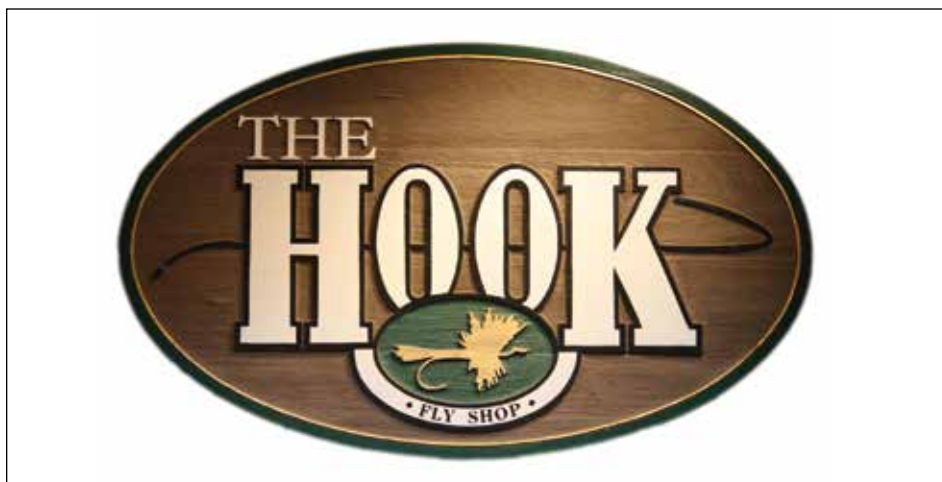
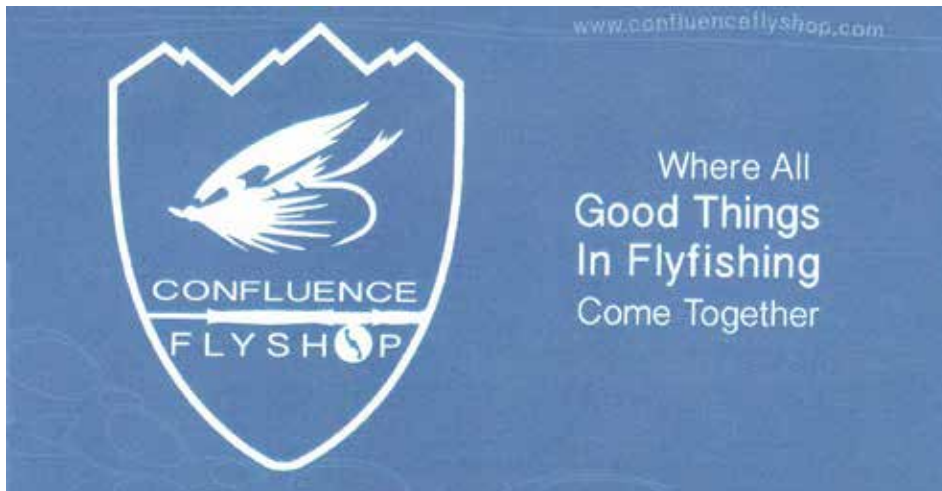
Wearing waders to play in the water was as much fun as fly fishing!



High school girls use kick nets to collect aquatic insects on the Upper Deschutes.



Local high school girls learn to fly fish on the Upper Deschutes.



WILD WOMEN OF THE WATER

The Wild Women of the Water love to share their joy for fishing at the COF BBQ!



COF BOARD MEMBERS

- ~ Lee Ann Ross, *President*
president@coflyfishers.org
- ~ Allen Caudle, *Vice President*
vicepresident@coflyfishers.org
- ~ Renee Schindele, *Treasurer*
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- ~ Jill Bazemore, *Outings*
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- ~ Karen Kreft, *Next Cast Flyfishers*
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- ~ Kari Schoessler, *Wild Women of the Water*
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- ~ Susan Coyle, *Membership*
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- ~ Yancy Lind, *Conservation*
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- ~ Tom Wideman, *Banquet*
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- ~ Allen Caudle, *Director*
rdm_fishpond@coflyfishers.org
- ~ Dalton Miller-Jones, *Director*
education2@coflyfishers.org

Membership application at: coflyfishers.org

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- ~ Raffle: Roger Vlach
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UPSTREAM EVENTS September 2017 *(Also see Outings Calendar on page 2)*

DATE	TIME	ACTIVITY	LOCATION	CONTACT
7th	6:30 PM	COF Board Meeting	Environmental Center	-
20th	6:15 PM	Pre-Meeting Education: "What Fish Eat?"	Bend Senior Center	Dalton Miller-Jones
20th	7:00 PM	General Meeting Program: Secret Lives of Rivers by Dr. Jerry Freilich	Bend Senior Center	-

In the Future

-



Central Oregon Flyfishers
PO Box 1126
Bend, Oregon 97709