

# The Central Oregon Flyfisher

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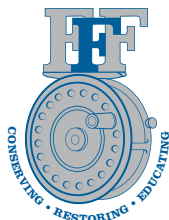
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## RANDOM CAST

**Youth fly fishing** - The COF youth fly-fishing program at the REALMS middle school is going well, and the kids are a lot of fun to work with. This program is an elective that the kids chose, so they are motivated. The casting session was a success; this week kids will move on to reading the water and fishing for phony fish at McKay park. Check out the details in the newsletter (See page 3.) and join us one Friday (1:15 to 2:40 p.m.) at REALMS on OB Riley Road. I want to thank Redington rods for their assistance in the purchase of 12 youth fly-fishing outfits. The rods are shorter and smaller than average and scaled down to fit the kids.

**Fishing** - Fishing has been hot this month. I have had great days on Three Creeks Lake and the Metolius, Crooked, Lower Deschutes, Umpqua, Rogue and Donner and Blitzen rivers. Don't think about bringing out the skis just yet. There is a lot of wonderful fall and winter fishing to come. Check out the upcoming class with Reed at Fin and Fire in Redmond. He'll cover the how, when, where, and why of winter fishing in Central Oregon.

**Fishing tip** - Have you seen this movie? You're fishing in a float tube or pontoon boat, and your line gets wrapped around the tip of the rod. You can't reach the tip. You try to balance the butt of the rod on the float tube while reaching for the tip. The rod and reel fall in the water.

Try taking the rod apart at the ferrule just above the reel, place the reel in your lap, pull out extra line, bring the rest of the rod toward you, reach to the tip, undo the tangle and then put the rod together again.

— Lee Ann Ross, President



Students in the COF youth fly-fishing program at REALMS practice casting using rods purchased through Redington.  
PHOTO: Lee Ann Ross

## GENERAL MEETING

Oct 19 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

## Winter steelhead success

John Larison is a river steward, teacher and year-round steelhead guide in Western Oregon, specializing in two-handed rods and winter steelhead on the swung fly. He is the author of the best-selling *The Complete Steelheader* and two fishing novels set in Oregon, *Northwest of Normal* and *Holding Lies*. He is also the northwest field editor for *Fly Fisherman* and writes the Spey Today blog for that magazine's website. John's presentation is called "Winter Steelhead Success" and will cover strategies for finding and hooking fish on Oregon's coastal rivers. At the presentation, he'll have signed books for sale and will offer guided trips at a discounted rate to club members.

## EDUCATION

### Winter fly fishing in Central Oregon

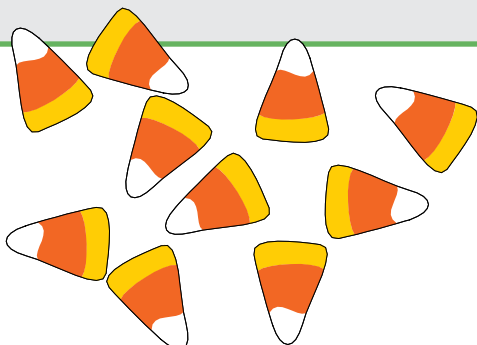
Wednesday | Nov 2 | 6:00 p.m. | Fin and Fire

Reed Teuscher, Fin and Fire fly shop in Redmond, will offer a class on the how, when, where and why of winter fishing in Central Oregon. During the colder months, there is still a ton of excellent fishing to be had. Learn all the details in this class, which will be held at the Fin and Fire (located in Redmond at 1604 South Highway 97, across from Safeway). Please RSVP to Reed (541-548-1503) so he'll have some idea of how many chairs to put out.

### Casting club

Meets the fourth Wednesday of every month from 6:00 to 8:00 p.m. at the pond in front of the Orvis store.

COF is always looking for new and interesting ideas for classes. If you would like to have a class on a fishing-related topic, please send an email to [education@coflyfishers.org](mailto:education@coflyfishers.org) (cc [president@coflyfishers.org](mailto:president@coflyfishers.org)). Arranging classes is easy. Thinking of ideas for classes is difficult. We are looking for new ideas.



## OUTINGS 2011

Month	Date	Leader	Destination
Oct	3	Frank Turek	Hosmer Lake
	9-12	Eric Steele	Lower Deschutes Steelhead, Beavertail campground
Nov	19	Bill Seitz	Crooked River Cleanup

## OUTINGS

### Hosmer Lake

Oct 3 | Meet at 9 a.m. at Hosmer boat ramp. | Frank Turek ([waldo1ft@msn.com](mailto:waldo1ft@msn.com))

See the September newsletter for details about this outing and directions to Hosmer Lake.

#### What to bring:

- Boat or floating device; there is no shoreline fishing at Hosmer.
- Personal flotation device (PFD) with a signal device
- Forest pass (The pay station may be closed by October.)

Please let me know if you plan to attend this outing ([waldo1ft@msn.com](mailto:waldo1ft@msn.com)).

– Frank Turek

### Deschutes River steelhead trip

Oct 9 to 12 | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be Sunday, October 9 through Wednesday, October 12. Plan to camp at the large camping area at Beavertail campground. To ensure space at the campground and have shuttle support for your boat, you must sign up in advance. There is a \$25 per night camping fee for the group campground, and the cost will be shared among campers. Everyone is responsible for their own meals. Those who will be floating down to Mack's Canyon will need to help with the car pool shuttle (14 miles round trip) each night. Monday through Wednesday (Oct 10 to 12), The Fly Fisher's Place has graciously offered to provide guided trips for participants at a reduced rate of \$375 for two COF member fly fisher's per boat. There are currently two guides available each day. COF members who are interested must contact Eric Steele directly for the additional important details and to reserve a COF-sponsored slot. All messages are date and time stamped – first come first served starting Aug 2. There will be a waiting list.

Questions and suggestions are encouraged; contact trip leader Eric Steele ([steelefly2@msn.com](mailto:steelefly2@msn.com) or cell 541-420-8108 or home 541-549-2072).



## VOLUNTEER OPPORTUNITIES

### Youth fly fishing

The COF youth fly-fishing program is underway. COF is working with Dante Biancucci, a teacher at REALMS (Rimrock Expeditionary Learning Middle School), in Bend to conduct a fly-fishing elective course for 12 REALMS students. The course will have 12 sessions, each held on Friday from 1:15 to 2:40 p.m.:

- Sep 16 – Introduction to fly fishing and yarn casting
- Sep 23 – Casting on the school grounds
- Sep 30 – Casting on the Deschutes River at McKay Park
- Oct 7 – Rods, lines and rigging
- Oct 21 – Matching the hatch (field trip to the Deschutes River to sample aquatic macroinvertebrates and discuss fly selection)
- Oct 28 – Conservation and fishery biology (A guest lecturer from Upper Deschutes River Watershed Basin Council will talk about fishery habitat restoration and steelhead reintroduction; ODFW biologist to discuss trout and whitefish biology.)
- Nov 4 – Fishing field trip to the Crooked River (weather and flows permitting)
- Nov 18 – Fly fishing and the Internet (Students will learn to use the Internet to learn about all aspects of fly fishing and conservation.)
- Dec 2, 9 and 16 – Fly tying (Students will get instruction on the basics and learn how to tie a wooly bugger, Adams dry fly and Gold Bead Hare's Ear nymph.)



Thanks to Redington, COF was able to purchase 12 youth rods at a discount for the youth fly-fishing program. PHOTO: Lee Ann Ross

Bob Griffin bravely taught the first session on his own. John and Karen Kreft, Dennis Rockwell, Brad Emery and Lee Ann Ross got the kids casting in the second session. Bill Seitz is back from hunting and will lead the rest of the sessions, but he would love to have as much assistance as possible. If you are interested in helping, please contact Bill ([conservation@coflyfishers.org](mailto:conservation@coflyfishers.org)). The school is located on 63175 OB Riley Road in Bend.

An advertisement for 'The Fly Fisher's Place' in Central Oregon. The background is a photograph of a man in a red cap and a fishing vest, holding a small fish. A golden retriever is in the foreground, looking at the fish. The text on the advertisement includes:

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## Board of Directors election

Serving on the Board of Directors is a service to the Club and a fun, rewarding and satisfying experience.

There are currently 15 Board positions. Ten of these positions will be open for election at the November meeting. Of these ten positions, four are for officers (president, vice president, secretary, treasurer) and six are for directors. The nominating committee is seeking candidates for vice president and three directors. (The remaining officer and director positions will be filled by current Board members who will run for reelection.) Officers serve a one-year term. Directors serve a two-year term.

Directors appoint committee chairs, who handle many club operations. Committee chairs are usually members of the Board. New Board members will appoint committee chairs for education, programs and outings.

If you are interested in serving on the Board or as a committee chair, contact Lee Ann Ross (president@coflyfishers.org or 541-312-2568), Eric Steele (vicepresident@coflyfishers.org or 541-549-2072) or Bill Raleigh (secretary@coflyfishers.org or 541-389-5904). If you think you don't have enough local knowledge for a position, don't worry, other Board members will be more than willing to help.

## Outings Coordinator needed

After serving as the Outings Coordinator for three years, it is time for me to step aside. We need a volunteer to step in, join the board and organize this important club function. It is a fun activity and a great way to fish with other club members, and it is not particularly time consuming. I will be happy to work with the new coordinator to make the transition a smooth one, or outings could be taken in an entirely new direction. You don't have to lead all the outings yourself or be the world's best angler. All that's required are some simple organizational skills and the desire to have fun. If you have any interest in this position please contact Eric Steele, incoming COF president (steelefly2@msn.com). I hope you have enjoyed the outings over the past three years.

— Yancy Lind

## WILD WOMEN OF THE WATER

### Fall events

The Wild Women of the Water will have a fabulous fall trip to the Metolius River. Watch your email for all the details.

We will also celebrate the end of summer fishing with a fun get together at one of our local taverns. Again, watch your email to learn more about events this October.

If you have questions or would like to hear more about the Wild Women of the Water, please contact Kristin Lambson at [wildwomen@coflyfishers.org](mailto:wildwomen@coflyfishers.org).



Wild Women at Three Creeks Lake, Sep 2011. PHOTO: Kristin Lambson

## OTHER NEWS

### Rods and reels needed for veterans

Project Healing Waters could use rods and reels that will be placed into the hands of a deserving veteran who wants to learn about fly fishing. If you have unused rods and reels sitting in the garage, please consider donating them to Central

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Wild Women of the Water at East Lake, August 2011. PHOTO: Kristin Lambson

Oregon Project Healing Waters. Contact Brad Emery (541-536-5799 or [bdemery1@aol.com](mailto:bdemery1@aol.com)). Or bring your gear to the next COF general meeting.

### CONNECT to show at McMenamins

On Thursday, October 20, the Upper Deschutes Watershed Council will be working with The Freshwater Trust to present the film CONNECT at McMenamins Old Saint Francis School. Proceeds will help support our place-based education projects in Central Oregon. Tickets and more information are available at <http://www.thefreshwatertrust.org/connect>.

– Kolleen Yake, Education Director, Upper Deschutes Watershed Council

### Upper Columbia River rainbows

One of the silent auction items at the 2011 COF banquet was a half-price trip to Black Bear Lodge on the Upper Columbia River in Washington near the Canadian border. Jack Mitchell of The Evening Hatch in Goldendale, WA donated the trip to COF. Although I had previously enjoyed fishing the HUGE Lower Columbia a few times for smallmouth bass and salmon, the Columbia I fished didn't look like idyllic fly-fishing water.

At the time, I didn't realize just how fortunate I was to win this trip. Much farther upstream, the Columbia becomes a smaller (but still big) river with very clear water and breathtaking scenery. With a good boat and an experienced guide, the fly fishing is excellent.

Alan Stout and I stayed at the lodge three nights and fished Sep 7 and 8. What a great trip! The new lodge is beau-

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tiful, with an expansive deck overlooking the Columbia River and the surrounding mountains. Wish I could say we relaxed on the lodge deck, taking in the fantastic sunset view before dinner, but the fishing was so good that we fished until dark both nights. We each landed a couple dozen healthy rainbows up to 21 inches, all fighters, about half caught on dry flies and half on streamers. We had a fine guide who worked his tail off positioning us for drift after drift through gorgeous runs, and he prepared meals as well.

It's great that our club gets so much support from fly fishing shops, both local and throughout the Northwest. I love the opportunity to bid on such trips, which not only helps raise funds for our club, but often grants some terrific fly fishing. See you at the 2012 COF Banquet!

– Dick Olson



Alan Stout with a wild rainbow caught on the Upper Columbia River. PHOTO: Alan Stout

## CONSERVATION

### Climate change and the future of trout in the Western United States

It has been a while since I discussed climate change and impacts on trout populations. A new study shows that because of climate change, trout will lose half their habitat in the West over the next 70 years, and their populations will fall drastically. Scientists from University of Washington, Colorado State University, Trout Unlimited, the U.S. Forest Service and U.S. Geological Survey examined data from

nearly 10,000 sites across about 400,000 square miles of the West and came to startling conclusions, including:

- Native cutthroat populations could drop by as much as 58 percent.
- Introduced brook trout could decline by 77 percent.
- Rainbow trout populations could fall by 35 percent.
- Brown trout could see a 48 percent population loss.

The peer-reviewed study, published in the *Proceedings of the National Academy of Sciences* (<http://www.pnas.org/content/108/34/14175.full.pdf>), looked beyond temperature increases to also examine the role of flooding and interactions between species.

Study authors noted, however, that some losses might be avoided with habitat protections and by restoring cold-water drainages, many of which are on public land.

–Bill Seitz, *Conservation chair*

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ORVIS, 320 SW Powerhouse Drive, Bend, Oregon 97702



## TYERS CORNER

The Lights Out nymph is a version of Aaron Jasper's Black Out. This fly is a guide fly – it catches fish (lots of fish) and is easy to tie. Several months ago, *Fly Tyer* magazine published an article by Aaron Jasper on the use of hot spots on flies. As many of you know, I am a big fan of the use of hot spots on nymphs. A majority of my patterns have been modified with wing cases of Mirage Opal. Jasper's patterns called for florescent orange and pink beads and collars. I tied some of his patterns and had moderate success. However, one pattern called the Black Out held promise. I took the pattern to the Madison River this summer and had good success with the Black Out. When I returned to the Crooked in late July, I tried the Black Out again, but with some changes. The "new" fly warrants a new name – the Lights Out. This fly catches fish. Since late July, my fishing partners and I have caught hundreds (yes, hundreds) of redbands and whitefish with this pattern. My modifications incorporate a relatively new material called Flouro-Fiber (Patient Angler will order it for you) and black UV Ice Dub. The original pattern called for a wood duck tail. After 20 plus fish, the wood duck didn't last, so I substituted 10 to 12 fibers of tan Flouro-Fiber and two strands of olive brown/root beer Krystal Flash. The body calls for black dubbing, and I substituted black UV Ice Dub. I use white and gray Flouro-Fiber for wings and black for legs on mayfly and midge patterns. It is cool material! The black UV Ice Dub looks great in the water, and fish seem to love it. Caution: tie more than one because once your fishing buds see how successful you are with this fly, they will want one (or two).

– Bill Seitz, *Conservation Chair*

### Lights Out (formerly known as Jasper's Black Out)



Hook: standard nymph, 1XL, #16

Bead: 2 mm black brass

Thread: 8/0 (70 denier), black

Tail: wood duck flank fibers (I substitute tan Flouro-Fiber and root beer Krystal Flash.)

Rib: small, hot orange uni-wire

Body: black dubbing (I substitute black UV Ice Dub.)

Collar: flame orange thread

1. Pinch barb and place the bead on the hook.
2. Start the thread and advance thread to the rear of the hook.
3. Tie in the tail. Use 10 to 12 tan Flouro-Fibers and then the Krystal flash.
4. Attach the rib.
5. Dub the body. (Use black UV Ice Dub.)
6. Whip finish the black thread and make a hot spot collar with the flame orange thread and whip finish.

#### Is Your Email Address Up to Date?

Recently, we have received quite a few bounce-back messages whenever we send email to all members. Don't miss out on important COF news. If your email address has changed, please send your new address to [membership@coflyfishers.org](mailto:membership@coflyfishers.org).

#### Report Volunteer Hours

ODFW and other groups use the number of volunteer hours to help them get grants for our area. So it's important to report your hours. To report hours, contact Eric Steele ([vicepresident@coflyfishers.org](mailto:vicepresident@coflyfishers.org)).

#### Welcome new members

Kevin Adams

Peter Gustavson

Laurie Adams

Dave Torrance

Dick Demars

Raven Wing

## Central Oregon Flyfishers Upstream Events 2011

Date	Time	Activity	Location	Contact
<b>OCTOBER</b>				
Oct 3	9:00 am	<b>OUTING</b>	Hosmer Lake	Frank Turek (waldo1ft@msn.com)
Oct 6	6:30 pm	<b>monthly board mtg.</b>	Environmental Center	Lee Ann Ross ( <a href="mailto:president@coflyfishers.org">president@coflyfishers.org</a> )
Oct 5	6:30 pm	<b>general meeting</b>	Bend Senior Center	
Oct 7	1:15 pm	<b>youth class</b>	REALMS	Bill Seitz (conservation@coflyfishers.org)
Oct 9-12		<b>OUTING</b>	Beavertail Campground	Eric Steele (steelefly2@msn.com)
Oct 14	1:15 pm	<b>youth class</b>	REALMS	Bill Seitz (conservation@coflyfishers.org)
Oct 21	1:15 pm	<b>youth class</b>	REALMS	Bill Seitz (conservation@coflyfishers.org)
Oct 28	1:15 pm	<b>youth class</b>	RALMS	Bill Seitz (conservation@coflyfishers.org)
<b>IN THE FUTURE</b>				
Nov 2, Winter fly-fishing class at Fin and Fire, Reed Teuscher (541-548-1503)				
Nov 4, 18, Youth fly-fishing class at REALMS, Bill Seitz (conservation@coflyfishers.org)				
<b>NON-CLUB ACTIVITIES &amp; FYI</b>				
Oct 20, CONNECT to show at McMenamins Old Saint Francis School. Tickets and more information: <a href="http://www.thefreshwatertrust.org/connect">http://www.thefreshwatertrust.org/connect</a> .				

2011 COF Board Members: Lee Ann Ross PRESIDENT Eric Steele VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY John Anderson Programs Howard Olson Banquet, Fund raising Yancy Lind Outings Dick Olson Past President Gary Meyer Membership Bill Seitz Conservation Kathy Schroeder Education Frank Turek Kokanee Karnival Kristin Lambson Wild Women of the Water, Banquet fund raising

**Membership application available from: <http://www.coflyfishers.org>**

For advertising information, call Mike Shadrach at 541-678-5717.



**Central Oregon Flyfishers**

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NEWSLETTER - Terri Grimm *Editor & Designer*

