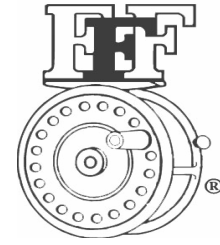


C The entral O regon F lyfisher



Phil Rowley



www.coflyfishers.org

An Active Member Club

Volume 30

Number 3

March 2007

GENERAL MEETING

(John Judy)

"Seasons of the Metolius"

March 21

6:30 - 8:30

Bend Senior Center
1600 SE Reed Market Rd

Next Outing

March 24 Metolius River

(John Judy)

2007 Update on Metolius
River Redband Trout

See pg. 2, 5 for details

Winter Seminar makes
big hit with club
members and guests !

&

Phil Rowley goes the
extra mile for fly tiers.

See pg 4 for details

NEW Up-Stream Events Calendar

See 8 for details

Random Casts

Thank You! Thank You! Thank You! It's Sunday morning; the day after a great party. The Banquet was a great success! I want to personally thank all those that helped to make this yearly event the fabulous night that it turned out to be. Here we go - this is risky and I will undoubtedly miss someone - but I feel the need to thank as many people as I can.

Thanks to Larry Godfrey for being the chairman of the Banquet Committee. A very special thanks goes to 'the regulars' Earl Rettig and Bob Griffin. Earl and Bob have been working on the banquet committee for the last umpteen years. If you noticed that the banquet was set up nicely and ran smoothly you need to thank them! The 'regulars' have mentioned that this will be their last year in this position. They leave big shoes to fill and I only hope that the program will run as smoothly in the future.

I thank Delores Marsh, Dick Olson, and Terri Grimm for putting together the packets you received at the entry door. The job of keeping track of who paid and printing up the programs was a monumental task.

Thanks to Dennis Rockwell we received a truckload of merchandise to raffle off and have in the silent auction. Dennis spent an unknown number of hours calling, writing, and visiting companies to acquire the goods that we all tried to get in his 'bucket raffle' and silent auction. Because of all his work, and the generosity of our members, I believe we set a record in gained proceeds.

I thank Laurie Olson for helping at the entrance table. Thanks to Vivian Rockwell for taking all the time to sell those raffle tickets. Thanks to all the individual members who donated items for the raffle and silent auction. A special thanks goes to all those that donated a box of flies for the raffle. I hope that people enjoyed the picture program. It took some time to do, but was really fun to put together.

Thanks go out to Judy Harbin, Bob Mullong, and all the others that helped set up the banquet and all those that stayed late to clean up. I'm running out of space. So to those I have missed - thank you too! We couldn't have done it without you!

Dave Semich

**"My biggest worry is that my wife (when I'm dead) will sell my fishing gear for what I said I paid for it."
Koos Brandt**

Wild Women of the Water Furled Leaders



Well, I have not had the opportunity to try my furled leader, but it sure was fun to make. I must admit that when I saw the crazy thread-wrap pattern around the pegs of the jig, I was sure the whole process was headed for disaster. But everything came together beautifully when I attached the weights and gave them a whirl. Delores and I are working to set up a jig-building session. If you are interested in building your own jig, contact Delores or me.

Stay tuned to your email for details about our March outing on the Crooked River. Bill Seitz will demonstrate his fabulous nymphing technique—guaranteed to catch more fish than you can imagine. You may use your furled leader or the standard variety.

At the next COF general meeting, take a few minutes to browse the club's library. There are many fine books available. If you're looking for an afternoon of easy reading, check out *Cast Again* by Jennifer Ollson. This book has a great collection of charming stories about her adventures as a fly-fishing guide.

- Terri Grimm

Metolius Outing March 24

On Saturday, March at 9:00AM, COF will meet at the Allen Springs Campground on the Metolius, just downstream of the fish hatchery. John Judy has graciously agreed to lead a short discussion on fishing followed by a discussion of how he fishes this tricky river. We may lead a caravan on a short tour of some of the favorite Metolius "holes".

One of the major attractions of the Metolius is the challenging rainbow and bull trout fishing. On the Metolius in the winter, we are limited to the stretch between Alingham Bridge and Bridge 99 in the winter but there is plenty of water to fish and no crowds.

Check the regulations - this is catch and release, barbless hooks only. Be sure to bring waders (no hip boots here!) and a wading staff. Come equipped for both nymph fishing and dry flies (mostly small blue wing olive and PMD's), but remember that nymphing in this fast water requires weight. Since this is fly fishing only water, you cannot add lead split shot to your leader, hook or line (see the regulations).

You need some nymphs that are selected more for weight than fish catching ability as your point fly, and small nymphs such as blue wing olive size pheasant tails (18, 20) and a green drake nymph or two as your dropper fly. A Copper John tied with a tungsten bead makes a great, fast sinking fly that actually catches fish! Tie some with various size beads and you can cover a lot of swift water conditions.

A stonefly nymph with two or more cone heads in the body and lots of lead substitute wire also works, but has a bigger, slower sinking profile.

Bring a seven or eight weight with a floating line (a steelhead rig is perfect) if you want to try bull trout, but remember that they are just finishing their spawn and you might want to wait a little longer.

Bring a five or even six weight to toss some heavy nymphs for the rainbow trout. The new super strong fluorocarbon tippet works great because you never know when you might connect to a bull trout while nymphing for rainbows! And don't forget to bring your lunch!

If you have any questions, please call Lee Ann Ross at 312-2568.

Rods, Reels, Lines, Leaders, Etc. March 13

The next class will be oriented towards people newer to fly fishing, or those who are starting to branch out a little beyond the basics. Fly fishing equipment may look simple to begin with, but quickly becomes complex – even for those of us who have been at it for a while.

There are a large number of rod and reel types, lines, leader set ups, tippet choices, etc. There are also a wide range of knots used in different applications and situations. (I use 4 different knots for attaching flies to tippets depending on the situation, not to mention separate knots for leader construction, line attachment, etc.)

Get a solid introduction to fly fishing equipment by attending this class put on by club members Earl Rettig and Gordon Chandler. March 13 at 6 pm in the Craft Room at the Senior Center. Cost is only \$5. A maximum of 18 people may attend this class, so don't delay.

To register, email me at yancy_lind@ml.com or call me at 312-6821.

Next up on the education calendar is Beginning Fly Casting on April 14 at 10 am. Peter Bowers of the Patient Angler will teach this class. \$10. Bring your own rod.

Also in April, on the 24th, Jeff Perrin of the Sisters Fly Shop will teach a class on Solving Casting Problems/Advanced Casting. This class is \$15, is limited to 10 people, and will be held from 5:30 to 7:30 pm. Bring your own rod.

April is a busy month, and on the 28th John Judy will teach a class on Single Handed Spey Casting for Trout. This class will run from 9 am – 3 pm and will be held on the Crooked River. Class size is limited to 8 and the fee is \$25. Bring your own rod. Note that April 28 is the opening day for many of the Cascade Lakes, just a reminder for those of you so inclined.

To register for any of the classes in April just let me know (see above for contact info).

-- Yancy

Sun River Anglers Donates \$3000.00



Dave Semich Pres. Marv Yoshinaka, and past Pres. Ron Angell

The Sunriver Anglers Club has donated \$3000 to the COF to help keep the Kokanee Karnival going for another year. They have donated in the past and we thank them again for their generosity to this kids program. Their club also helps promote the KK by taking care of the Hatchery Tour part of the Fall Stream Side classes.

2007 Who's Who & Who Does What

Officers:

President	Dave Semich
Vice President	Yancy Lind - Education
Treasurer	Bob Cooper
Secretary	Joel Bailie

Board Members:

Don Schnack - Programs	Bob Griffin-Historian
Dennis Rockwell – Raffle	Emil Seidel
Larry Godfrey -Banquet	Carl Cavallo
Dick Olson – Membership	Herb Blank
Bill Seitz-Conservation	
Lee Ann Ross – Outings	
Mark Reisinger – Koknee Karnival	
Deloris Marsh – Wild Women of the Water	

Other Volunteers :

Newsletter Editor – Sherry Steele
Newsletter Distribution –Scott & Sarah Robertson

Fantastic Seminar

2007 Winter Seminar: “Mostly Stillwater” with Jack Dennis and Phil Rowley

Stillwater fly fishing was the emphasis of this year's Winter Seminar held on **February 20 and 21**. Phil is an authority on lake fishing. His presentations proved it. The 2-day program was outstanding. Phil gave us a steady diet of in depth information on fishing lakes and Jack took us through several destination fishing trips.

Phil's book *Fly Patterns* and his DVD are great. Recently Phil became one of the co-hosts of the *New Fly Fisher*, a television show focused on educating fly fishers. Phil's website, www.flycraftangling.com is dedicated to fly-fishing and fly tying education.

Fly Tying with Phil Rowley **Feb22nd was the best of the best!**



The fly tying meeting, Thursday night February 22nd was hosted by Phil Rowley which put the icing on the cake for all us fly tiers. A very special thanks goes to Phil for going the extra mile. He did an outstanding job on sharing his talents for tying very effective fly patterns. About 30 people attended, along with the “guy's from Sun River. He was more than happy to let me tape the entire presentation. I hope to create a DVD to add to our library. We gave him a time line to finish by 8:30PM and he tied right up to the very last whip finish!

Visit his web site to see all the other tips and information his organization has to offer.

<http://www.flycraftangling.com/>

-Sherry

www.coflyfishers.org

John Judy serves up the program “Seasons of the Metolius” at the next General Membership Meeting **March 21,2007**



John Judy is a well known writer and guide; a leader in the fly fishing community. He comes from a second generation fly fishing family and has been in the forefront of the development of many new and innovative fly fishing techniques. His book [*Slack Line Strategies*](#) is considered by many to be the definitive primer on presentation skills.

He has recently become a member of the prestigious Scott Fly Rod Pro. As a staff member he not only represents the company on stream he also offers in put and advice to product development and testing.

John's guide company [*John Judy Flyfishing*](#) is one of the oldest and best established outfitters on the Deschutes River. The company fishes for both native trout and steelhead -- specializing in presentation skills for trout and Spey casting for steelhead. A trip with John and his staff offers not only great fishing but a chance to be on the very cutting edge of current fly fishing technology.

In addition to his skills on the river John has also worked tirelessly to promote better fisheries management. He and a few friends successfully launched a campaign that resulted in the formation of Oregon Trout, this state's leading wild fish advocacy group. He also spent close to twenty years encouraging Fish and Wildlife to institute a very successful program on the Metolius River that ended stocking and brought back the native fish population (including the threatened and endangered Bull Trout). Quality of fishing on the Metolius and throughout Oregon has been greatly improved as a result of John's efforts.

The program I am planning to do is called “Seasons of the Metolius” it is based roughly on a book I have written of the same name. It is a look not only at a single season but at all the season that I have known the river.

2007 Trip to British Columbia June 21-30th

Many of you already know about the annual trip that Central Oregon Flyfishers makes to British Columbia, but perhaps some of you aren't aware of this event. Every year a group of COF members travels to south central BC for 8 days of fishing on some of the best trout lakes in North America.

This year the trip takes place on the following dates:
June 21 – Travel day from Bend to campsite.
June 22 through June 29 – Fishing on various lakes.
June 30 – Travel day from camp back to Bend.

It is about a 13 hour drive from Bend to our campsite so the trip can be made in one day. Some folks prefer not to spend so many hours at a time driving so they break the travel days up. Adjust your calendar accordingly. Four wheel drive vehicles are an advantage when trying to access some of the more remote lakes that we fish, but a regular two wheel drive vehicle will still get you into a great many lakes. The road into the lake we camp at is very good and any car or RV can get there easily.

Folks wishing to go on this trip would be well advised to get a passport, or get your passport renewed. Although a passport will not be required to cross the border by land until next year, it would still be a good idea and might make the crossing easier. The time required to get a passport is significant so if you are thinking of going, and don't have a current passport, it would be a good idea to start the process now.

This is a camping trip so you will need either an RV of some sort or a tent. Some people who prefer not to camp have chosen to stay at Tunkwa Lake Resort which is about 10 minutes by car from our campsite. The Resort has cabins that can be reserved. If you are planning on staying in one of the cabins rather than camping with the group it would be a good idea to make your reservation in advance so that you can get the dates you want. The website for the resort is

<http://www.tunkwalakeresort.com/>

and the mailing address and phone are:

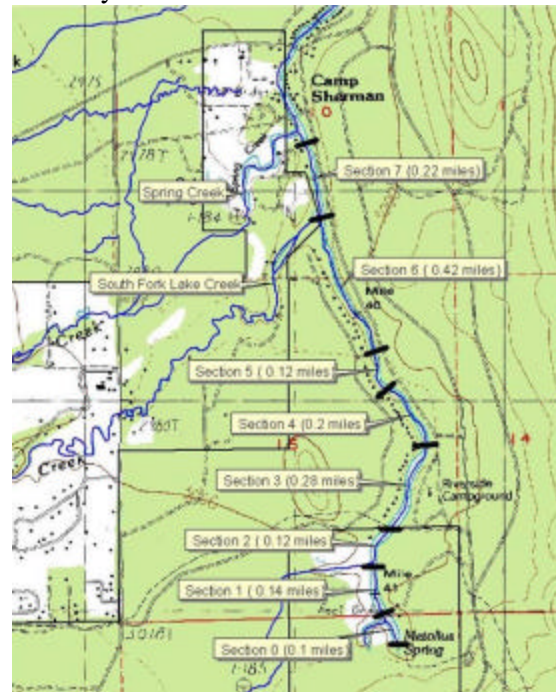
Tunkwa Lake Resort
P.O. Box 196
Logan Lake, BC
Canada V0K 1W0
Telephone: (250) 523-9697

For more information you can go to

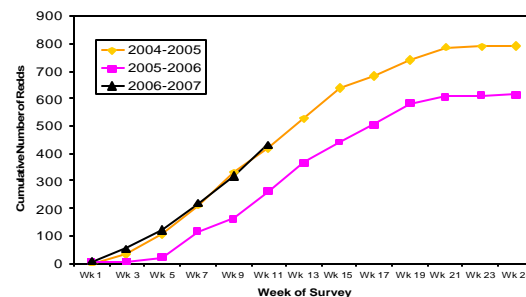
<http://www.coflyfishers.org/bc/> and read the webpage for the trip (which should be mostly up to date but it may change as we get farther along in the planning process). To get on the email list for the trip please contact Gordon Chandler using the following email address: gchandler52-bc@yahoo.com. If you don't use email you can call 788-3508, but I would GREATLY prefer an email if at all possible. All folks that have gone on this outing within the last year of three will be receiving an email from me soon.

2007 Update on Metolius River Redband Trout (*ONCORHYNCHUS MYKISS*) SPAWNING SURVEYS IN THE UPPER METOLIUS RIVER, OREGON

Nate Dachtler, Sisters Ranger District Fishery Biologist has sent us this information and to thank our club for all the volunteers that have helped out in the past and in this years on-going surveys. This is an outstanding effort to keep track of this wonderful river. I always find a picture being worth a thousand words, so take a look at where the forest service is with this on-going effort. Kudos to you all.
– Sherry



This season (2006-2007) the Metolius River from the headwaters to Spring Creek is being surveyed.



Cumulative redd count by week in sections 0 through 7 for survey years 2005, 2006, and the first half of the 2007 spawning season

For more information contact: Nate Dachtler Sisters Ranger District 541-549-7725

**Clubs, Clubs and more Clubs plus Organizations,
Businesses & Destinations**

Dave Semich gave me a stack of club newsletters that have a great deal of information in them. These clubs mail their newsletter to us as they are published. I thought it would be good to share this with our club members. I have listed the name of the club, where they are based and the web address. As you fish other areas in our great state you may find it useful to visit their web site before you go. I also want to list our local shops that have supported our club and used their time and to teach us this wonderful sport.

Send me more links to add to the list and your comments on weather we want to keep this list going.

-Sherry

Rogue Flyfishers Medford OR

<http://rogueflyfishers.org/>

Rainland Fly Casters, Astoria, OR,

<http://www.rainlandflycasters.homestead.com/>

Lower Umpqua Flycasters Reedsport, OR

<http://borg.uci.net/~lufc/>

Santiam Flycasters, Salem, OR

<http://www.santiamflycasters.com/>

Reel Recovery Needham, MA

<http://www.reelrecovery.org/>

The Patient Angler (Peter Bowers) Bend, OR

<http://www.patientangler.com/>

The Fly Fishers Place (Jeff Perin) Sisters, OR

<http://www.flyfishersplace.com/>

Fly Craft Angling (Phil Rowley)

<http://www.flycraftangling.com/>

Jack Dennis Sports (Jack Dennis)

<http://www.jackdennis.com/>

Fly of the month

Well one would think it is spring but as my brother says it's only a sucker hole to lure you outside and then the real weather will show itself. Well there must be something to that because, as I pack for my trip to Cal. for the Fly Fishing Show there is snow falling.

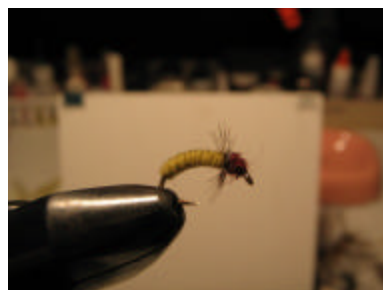
I have caught some nice fish on the Fall in the last couple of weeks and I fished a new place which I will report on next time, after I fish and study it a little more, but from my first time there it appears that it could be a lot of fun once the weather gets a little warmer and the hatches get regular.

The fly for this month is a very simple "Green Rock Worm" that I have been using for a while. You can add a bead head if you want and you can change the hackle color if you wish, do not change the claret colored head, and don't use a dubbing with too much sparkle.

With the show schedule heating up, look for some new patterns from this column. If there is a fly you would like to see in this column please email me.

"Sportsman Expo", in Redmond, at the Fair Grounds, March 1,2,3,4. I will be tying there all 4 days in the Tying Theater Area.

"Northwest Fly Tyers Expo" Albany, Oregon, March 9,10



Pattern: "TLF Green Rock Worm"

Hook: #16 - #12, scud or shrimp hook.

Thread: Olive 8/0 or 6/0.

Body: Light Olive (Dubbed tight), for sizes #16 and smaller, #14 and larger use olive micro chenille

Hackle: Grizzly hackle (Dry) for #16 fly, 2 wraps only.

Head: Claret dubbing, with very little or no sparkle.

Tying the fly: Keep the dubbed body tight like a chenille and tie with wrap against a wrap to indicate segmentation. You can get away with a larger than required hackle feather that is trimmed to size, if you do not have hackle small enough. Keep the head of claret dubbing in proportion with the rest of the fly. If use a bead make it black, and still use a little claret dubbing just behind the bead.

If you have any questions or suggestions please, Email at --- tlfly44@msn.com

Good hunting, Jerry Criss

Central Oregon Sportsman's Show

March 1,2,3,4th

It use to be, grab your gear and let's go fishin'. Now, just grab your kids (12 and under) and bring them to the 2007 Central Oregon Sportsmen's Show.

A family favorite, the FREE Kids Trout Pond, sponsored by Baxter's Auto Parts, will again be stocked with keepers and even a few that mom and dad would be proud to bring home. All the gear is provided and the **Central Oregon Flyfishers will be on hand to help assist the kids in reeling in the Big One.**

So, bring your cameras and warm up the stove because it's time to fish.



Central Oregon Flyfishers Up-Stream Events 2007 Send Updates to Sherry Steele

Date	Time	Club Activities/Meetings	Location	Contact
March 1, 2007	6:30PM	Board Meeting (1st Thurs of the mo.)	Env cntr Bend	Dave Semich
March 1-4-2007	Call	Activity-Kids Fishing Pond Sportsman's Show	Redmond, Or	Bill Raleigh
March 21, 2007	6:30PM	Gen Mem Meeting (John Judy)	Bend Sr. Cntr.	
April 18, 2007	6:30PM	Gen Mem Meeting (3rd Wed of the Month.)	Bend Sr. Cntr.	
		Club Classes		
March 1, 2007	6:30PM	Class-Fly Tying	Bend Sr. Cntr.	Sherry Steele
March 3-29 2007	6:30PM	Class-Fly Tying (every thurs night)	Bend Sr. Cntr.	Sherry Steele
March 13, 2007	6:00PM	Class-Rods, Reels, Lines,	Bend Sr. Cntr.	Yancy Lind
March 20, 2007	2:00PM	Class-Fly Tying (Fly Fishers Place)	Sisters	Sherry Steele
April 14, 2007	10:00AM	Class-BegFly Casting, \$10 (Peter Bowers)	TBD	Yancy Lind
April 24, 2007	TBD	Class-Solving Casting Problems/Adv Casting (Jeff Perin)	TBD	Yancy Lind
April 28, 2007	9AM	Class-Single Handed Spey Casting for Trout (John Judy)	Crooked River	Yancy Lind
June		Class-Fishing the Lower Deschutes for Trout		Yancy Lind
July		Class-European Nymphing	TBD	Yancy Lind
July		Class-Fishing Local Lakes	TBD	Yancy Lind
August 1, 2007		Class-Spey Casting for Steelhead	TBD	Yancy Lind
August		Class-Steelhead Fishing the Deschutes	TBD	Yancy Lind

Club Outings

March 24, 2007	9:00AM	Outing-Metolius River (John Judy)	Allen Springs Campground	Lee Ann Ross
April 21, 2007		Outing-Haystack Reservoir	TBD	Lee Ann Ross
May 5, 2007		Outing-Davis Lake	TBD	Lee Ann Ross
May 26, 2007		Outing-Hosmer Lake	TBD	Lee Ann Ross
June 16, 2007		Outing-Deschutes Stone Fly	TBD	Lee Ann Ross
June 21-30 2007		Outing-Trip to British Columbia Leighton Lake	TBD	Grodon Chandler
July		Outing-Klamath Lake (pending)	TBD	Lee Ann Ross
October 4-7 2007		Outing-Lower Deschutes Steelhead	Larry Godfrey and Neal Buxton	

Non Club Activities & classes

March 9,10 2007	8:00AM	NW Fly Tyers & Fly Fishing Expo Linn Expo Center	Albany, Or	Dwight Klemin 503-390-8997
3 Mar 3-May23 2007	8:45AM	Metolius Count Redds	Sisters FS-Pk	Ted Wise or Nate Dachtler
24-Mar-07	9AM-4PM	Trout Unlimited - Tree Planting	Maupin,OR	Rich Burk
24-Mar-07	5PM-9PM	Fly Fishing the Deschutes River & Other Western Rivers	Maupin,OR	Rick Hafele & John Smeraglio
24-Mar-07	9AM-4PM	Fly Fishing the Deschutes River & Other Western Rivers	Maupin,OR	Rick Hafele & John Smeraglio
April 28, 2007		TROUT SEASON OPENS! (some lakes, rivers)		
May 5,6 2007		Sandy River Spey Clave	Sandy River	
May 26, 2007		TROUT SEASON OPENS! (most streams & rivers)		
July 31-Aug 4, 2007		FFF National Conclave	Livingston, MT	

Contacts for Up Stream Events, Outings, Classes etc.

COF	Dave Semich (President) Yancy Lind (VP, Education Chair) Neal Buxton Larry Godfrey Grodon Chandler Bill Raleigh Lee Ann Ross (Outings Chair) Sherry Steele (fly-tying + Newsletter)	flyfishdave@webformixair.com yancy_lind@ml.com NealAB@aol.com lgodfrey@bendbroadband.com gchandler52-bc@yahoo.com braleigh@bendbroadband.com rossleeann@yahoo.com steelefly@msn.com
Others	Ted Wise Nate Dachtler FFF National Conclave Dwight Klemin 503-390-8997 Rick Hafele & John Smeraglio 1-866-647-4721 Deschutes Canyon Fly Shop Rich Burk 541-330-6205	ted.g.wise@state.or.us ndachtler@fs.fed.us http://fedflyfishers.org http://www.nwflytyerseexpo.com/ john@flyfishingdeschutes.com richardmburk@aol.com

Welcome New Members

Bob & Nancy Smith. Bend
 Penny & Hal Nakamura Bend
 Kevin & Susan McCoy Bend
 Fred Pelkey & Gail Taque Bend
 Gail Witte Bend
 Ed Boreo Redmond
 David McAfee Bend
 Greg Robertson Bend