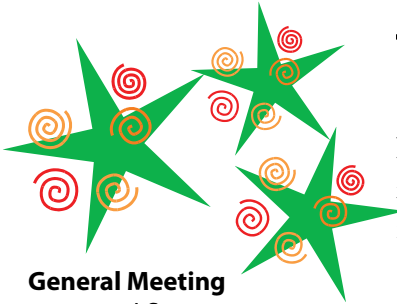


The Central Oregon Flyfisher

Vol. 31, Number 12, December 2008



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RANDOM CAST

This "Random Cast" is my final one, as my term as COF president has come to a close. I hope you have enjoyed them at least a little over the past year. I look forward to reading words of wisdom and insight in this space from Dennis Rockwell starting next month.

Last month your board of directors met for the annual "retreat" — an all-day meeting where we reviewed the past year and made plans for next year. The consensus was that the club had another good year.

We accomplished our goals for adult and youth education, helped important conservation projects, had entertaining and informative monthly meetings, got in better touch with our membership, maintained and improved an excellent newsletter, generated sufficient funds to pay for everything the club did and got out and went fishing together. Thanks to all of you, we have a healthy and vibrant club, which is something we can all be proud of.

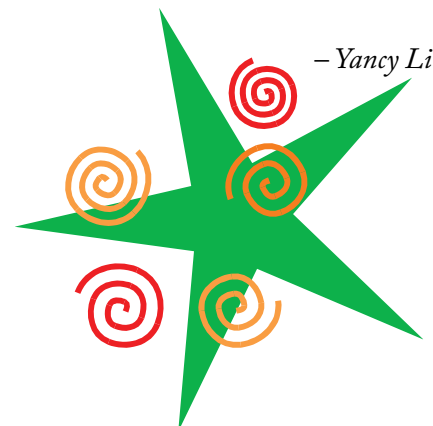
We established goals to work toward in 2009. The most important goal centers on membership. Through comments made at meetings, it became apparent that we need to focus on enhancing the COF membership experience. Some suggestions under consideration are: improving outings by providing lunches or having guides available, bringing in more speakers from out of the area for our monthly meetings and providing members with badges and fishing information.

Membership levels were also a topic of in-depth discussion at the retreat. As the rapid growth in Bend has cooled, along with the overall economy, COF membership has also dipped. The club remains healthy with over 200 members, but lower membership levels will affect our budget. We are adjusting expenditures to match the budget. Board members are also looking into ways to increase membership, such as promoting more of our events to the public.

As always, COF is only as strong as our members make it. Take the time to volunteer and get involved.

Happy Holidays!

— Yancy Lind



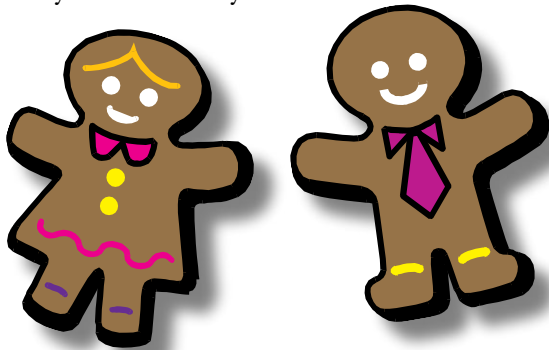
GENERAL MEETING

Annual fly-tying evening

December 17 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

The December meeting is the time to see some of COF's own great fly tiers in action. It's an opportunity to see how to tie some of the *secret* or more difficult patterns. Tiers will include Bill Seitz, Wes Wada, Jerry Criss, Jeff Perin (The Fly Fishers Place, Sisters, OR) and Bill Myers.

Bring a pencil and paper so you can take notes, and bring a batch of your favorite holiday cookies to share and munch on as you watch everyone tie.



EDUCATION

Winter fly-tying classes

January 6 | 6:00 to 9:00 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

The winter fly-tying series of classes will begin January 6, 2009. All of the classes will be held at the Bend Senior Center. Classes are designed for intermediate to advanced tiers.

Classes will begin promptly at 6:00 p.m. and end at 9:00 p.m. Bring your own tools and thread. All other materials will be supplied. There is no fee for the class. The class is open to COF club members **only**. Several different instructors will teach the classes throughout the series.

Prior to each class, I will send an e-mail message with information about the pattern, along with the thread type, size and color you will need.

If you want to join this fun class or have already signed up, please send me an e-mail (steelefly@msn.com) so I can set up the e-mail list.

The first class will include two parts:

1. Brainstorm and discuss which flies everyone thinks will be the most productive, educational and fun to tie.
2. Tie a very cool adult stonefly pattern that is realistic and floats with a low profile. This fly comes from Paul Willock's (Great Britain) book. The fly has

realistic properties and is designed for fishing; it is not for display. Bring orange, brown and black 6/0 tying thread.

If you have any questions, feel free to send e-mail or call me (541-420-5532). See you in January.

— Sherry Steele

Winter seminar

February 18 & 19 | Aspen Hall, Bend

The COF Winter Seminar will be held Wednesday and Thursday, February 18 and 19 at Aspen Hall. Our speaker will be Jason Borger, a writer, media designer and fly-fishing educator. Borger published his first fly-fishing article at age 13; he began working on fly-fishing videos when he was 16. He was the shadow caster in the movie *A River Runs Through It*. He is the author of the book *Jason Borger's Nature of Fly Casting* and is a member of the Board of Governors for the Federation of Fly Fishers' Fly Casting Instructor Certification Program. Mark your calendars and get ready for this very special event.

— Lee Ann Ross

rossleeann@yahoo.com or 312-2568

OUTINGS

Fishmasters needed

Just when you thought I was gone, I'm back as the Outings Coordinator for 2009. My thanks to Bob Evermore for his efforts in 2008.

During the past year, I have read newsletters from clubs throughout Oregon and beyond. There are good ideas out there for outings, so let's learn from other clubs. We're going to try something different in 2009.

Next year, a volunteer *Fishmaster* (please suggest other titles) will be in charge of every outing. We will have outings only when a Fishmaster is available, and the Fishmaster will select the outing location.

If the Fishmaster is already an expert on the water, he or she may lead a brief clinic on how to fish the water. For the non-expert Fishmaster who wants to learn about the water, he or she may arrange for an expert to provide some guidance. COF may be able to pay for a guide to give us some pointers.

Obviously, Fishmasters are an essential element to the success of this approach. I want to lead a few trips (return to the Williamson, lower Deschutes float trip, bushwhacking trip to one of my "secret" spots for people who like to hike to remote waters). There are dozens of other ideas: overnight trips to Diamond Lake or the Steens, coastal rivers, plus the standard day trips we know so well (Cascade

continued on page 3

Lakes, Chickahominy, Fall River, Crooked River, upper Deschutes, etc.).

I need volunteer Fishmasters! Let me know ASAP if you are interested in being a Fishmaster or would like to participate in the planning meeting. The meeting will be held in December so I can put together a full schedule for 2009 and publish the schedule in the January newsletter. Contact me at 788-5514 or yancy_lind@ml.com.

– Yancy Lind

New Year's Day outing

Start the year right and go fishing! While lacking a Fishmaster, the club's traditional New Year's Day outing to the Crooked River is still on. As usual, meet at Jake's Diner (just off Highway 20 west of Costco) at 9 a.m. We'll have a leisurely breakfast. Maybe we'll go fishing afterward, or maybe not (if the river is blown out as it has been in the past). Of course, Dave Semich will probably go fishing regardless of water levels. (I have foolishly gone with him in the past when the river was near flood stage.) Be sure to have your 2009 fishing license.

– Yancy Lind

CONSERVATION

2009 conservation activities

Want to help? I would like to put together a Central Oregon Flyfishers (COF) Conservation Committee in 2009. If you would like to be on the committee, give me a call (330-8186) or send e-mail (wseitz@bendbroadband.com). In 2009, committee members will keep track of the following ongoing activities:

- Upper Deschutes Basin Habitat Conservation Plan - COF is a stakeholder in an effort by the major Central Oregon irrigators and the City of Prineville to address

the reintroduction of steelhead and Chinook salmon in the Upper Deschutes River Basin.

- Prineville Reservoir unallocated water planning process - COF is a stakeholder.
- Oregon Department of Fish and Wildlife (ODFW) 25-year Recreational Angling Enhancement Plan - Participate on a sportfishing leaders group to help the ODFW develop the plan.
- Third Annual Crooked River Cleanup in November 2009

In addition to the activities listed above, the ODFW has provided COF with a list of proposed activities that will require volunteer efforts in 2009:

- Chinook fry releases (February 2009), steelhead fry releases (May and June-July 2009)
- Crooked River redband and whitefish research project
- redd surveys (bull trout, Crane Prairie Reservoir and Metolius River)
- Hosmer Lake voluntary creel surveys (summer)
- Deschutes River population sampling (Wickiup Reservoir to Bend, Bend to Lower Bridge) (June 2009)
- Metolius River bull trout predation study (March - October)

The U.S. Forest Service has also asked for our help in June and July on a joint effort with ODFW for habitat enhancement and fish sampling on Deep Creek in the Crooked River drainage.

I'm sure there will be more projects identified when the natural resource agencies formulate their 2009 field activities. As you can see, the club will have some interesting conservation activities in 2009. There will be projects for all levels of ability and interest.

– Bill Seitz, Conservation Chair



Crooked River cleanup crew 2009. Photo: Delores Marsh

WILD WOMEN OF THE WATER

By now you have received information about our annual holiday get-together. Hope to see you on Tuesday evening! Thanks to everyone who came out for the Crooked River cleanup. Remember, the next outing will be the COF outing on New Year's Day.

– Terri Grimm



Burgmaster Dave Dunahay prepares lunch (upper). Volunteers gather for lunch after collecting trash on the Crooked River (lower). Photos: Delores Marsh

OTHER NEWS

Angler education training

January 24 | Bend | For more information, contact Capt. Caddis (a.k.a. Bob the Fish Guy, capt@bendnet.com or 389-4372)

Angler education training is the beginning of a lifetime of outdoor enjoyment. Angling is many things. It is an old tradition handed down to us over generations. It is a family activity, something everyone — young or old — can enjoy. It is a skill that is admired and one to be proud of. It is an activity that connects you to the natural world. It is fun and restful.

Here is an opportunity for you to hand down your knowledge and experience. Enroll now and become a certified Oregon Angler Education Instructor.

- No pay.
- No benefits.
- Just that tingling feeling of a job well done

– Capt, capt@bendnet.com or 389-4372

Check out www.kokaneekarnival.org

Northwest Fly Tyers & Fly Fishing Expo 2009

March 13 & 14, 2009 | Albany, OR

This Expo is the main fund raiser for the Federation of Flyfishers Oregon Council and an outstanding educational opportunity for all fly-fishing enthusiasts. The Expo Web site (www.nwflytyerexpo.com) has information about classes, demonstrations and vendors who will attend.

- largest fly-tier exhibition in the west, with 70 fly tiers exhibiting at one time (over 150 different tiers)
- 50 exhibitors (guides, manufacturers, fly shops)
- educational seminars and classes – Sign up through the Web site now.
- many classes available – 10 tying classes, 12 casting classes, 18 casting-doctor classes (one-on-one private class), 22 fly-fishing techniques classes
- 14 FREE destination theatre presentations
- 2 indoor fly-casting pools
- casting tournament lead by Brian O'Keefe
- raffle and silent auctions daily
- Saturday night banquet and auction

VOLUNTEER OPPORTUNITIES

The annual Metolius redband redd counts will begin soon, and volunteer surveyors are needed to help count redds. This year, counts will focus on the main spawning section in the Metolius from the headwaters to Spring Creek. Counts will take place every other Wednesday. The spawning season runs from December to May. (See the schedule on page 7.)

Surveyors meet at the Sisters Ranger District at 9:00 a.m., unless other plans have been made with the lead biologist for that day. Bring warm clothes, small backpack, polarized glasses, chest waders, lunch, water and a wading staff. Surveyors usually return to Sisters around 2 p.m.

Nate Dachtler, Ted Wise and Corey Quesada (PGE) will be the lead biologists for the surveys. If you would like to help, please contact Ted Wise or Nate Dachtler and let them know which date(s) you can help.

We greatly appreciate your help with this project.

– Nate Dachtler



Fish Eggs To Fry

A big thanks to Larry and Mary Thornburg, Mark Reisinger and Sandy Dunahay for delivering trout eggs to classrooms this fall.

Thirteen classrooms in Redmond and Bend received trout eggs and raised them to the fry stage. Most of the fry survived and are being released into local fishing ponds.

This project gives students an opportunity to learn about the early life stages of a trout and understand what salmonid eggs and young fish need to survive.

Students will be raising steelhead in February as part of the reintroduction above Billy Chinook and fry are to be released in the Ochoco and Whychus creeks.

— *Jen Luke*



Larry Thornburg talks to a Redmond class about the trout life cycle.

Kids knee deep in science

This year's Kokanee Karnival Streamside and Hatchery field trips were a tremendous success. Although there were some logistical challenges with bussing, every class was able to participate in this year's field trips. Last year's pilot program, which more actively and directly involved students in the learning process, was fully adopted this year. Students waded tirelessly in Spring Creek and the Deschutes River through Cline Falls State Park while collecting bugs and testing water quality.

Students enjoyed an intriguing tour of the Fall River Hatchery and saw countless kokanee inch toward their ancestral spawning grounds in Brown's Creek. About 350 students from 10 different schools participated. There were some bumps in dealing with our expansion to 14 teachers. Even with students falling in the river on a crisp fall morning, there were countless smiles and memories that will outlast even the best days in a classroom.

A big, big thanks to everyone who helped and participated in this year's Kokanee Karnival!

— *Blake Lowrey and Ashley Burry-Trice*
Wolfree Program Managers



Central Oregon Flyfishers member Bob Griffin teaches three fifth-grade students about aquatic invertebrates living in Spring Creek.

Editor's note: One of the main purposes of COF's annual banquet is to raise funds for the Kokanee Karnival Program. Your attendance at the banquet and participation in the raffles, silent auction and live auction help raise money to support this outstanding educational program. For more information about the annual banquet, see page 8.

Renew Your Membership

Early membership renewal for 2009

Take advantage of the early renewal savings. Return your signed form with a dues check before January 1 and save \$6.00. Choose e-mail delivery for the newsletter to help us reduce costs.

TYERS CORNER

OK, so it's a little cold out; don't put away the rods yet. There are still some good places to fish even in the winter. Just ask Lee Ann, Herb and Delores. They met up with me on the wonderful Fall River. There are fish in this river, and when the BWO hatch is on, it can be a challenging piece of water. If you want to take a nice ride, try the Ana. The water should be higher now; next month I'll report on exact conditions. Remember that the water and air are sometimes the same temperature, which can lead to becoming chilled with no way to warm up. For the ride home, I put on an extra pair of sweat pants and some really warm socks.

Scott Howell's presentation included photos of some of the prettiest steelhead you could imagine. (His technical problems were unfortunate.) Scott is one of the originators of the Intruder Style steelhead flies, along with Ed Ward out of Washington.

This style has a stinger hook, and the main shaft is done with a Waddington, which resembles a bobby-pin with two heads. The Waddington's are made by Partridge; sometimes they can be difficult to find. If you look on-line you will find a source. I make mine from sprung, stainless steel dental wire. The main hackles are from an ostrich plume. Split the main shaft and soak the halves in water to make them easier to wrap. There are many Web sites with good instructions and pictures that show how to tie this style of fly. Just search for *intruder flies* or *Scott Howell steelhead flies*. This fly is not easy to tie. Tying in the stinger hook takes a little time. Warning: the stinger hook can get you when tying this fly, so be mindful of it.

Good luck and happy hunting!

—Jerry Criss
(541-536-3581 or tlfly44@msn.com)

TIP: I use the dubbing loop to make hackles a certain size when I do not have hackles that are small enough for what I am tying.

Intruder: Black, Red and Orange



| | |
|-----------------|---|
| Hook: | # 4 and larger Gamakatsu octopus or drop/point tied trailing on a Waddington |
| Thread: | 6/0 black |
| Tail: | two fiery orange and yellow strung hackles |
| Tag: | red polar bear or red seal fur |
| Tag hackle: | same fiery orange and yellow strung hackle as the tail |
| Body: | rear two-thirds black polar bear or seal fur; front one-third orange polar bear or seal fur |
| Rib: | oval tinsel, silver |
| Body hackle: | orange ostrich herl (I used Arctic fox tail made into a hair hackle.) |
| Collar #1: | black ostrich herl (I used Arctic fox tail made into a hair hackle.) |
| Collar # 2: | black ostrich herl (Make into a hackle by using a dubbing loop.) |
| Head: | the tying thread |
| Lead/Lead eyes: | optional |

Tie the stinger hook to the Waddington using toothy leader or mono-covered SS wire.

Tie in the two hackles for the tails. (Their length should go past the stinger hook.) Then dub and wrap the tag, making a ¼ inch ball. Now wind in the tag hackle. Attach the tinsel rib, dub the black body material and wind forward. Bring the rib forward in even wraps and cut off the excess. Make the orange Arctic fox hair hackle and let it hang. Dub the orange body material and wind it forward, stopping well behind the eye of the Waddington. Now wind the orange Arctic fox hair hackle forward and tie off. Make the black Arctic fox hair hackle and wrap it in. At this point, things get a little tricky. I used the dubbing loop method to make up the ostrich hackle, because the stems on the plumes I have were too large, and the dubbing loop eliminates the bulk of the stem.



Central Oregon Flyfishers Up-Stream Events 2008

| Date | Time | Activity | Location | Contact |
|--------------------------------------|---|--|---|---|
| DECEMBER | | | | |
| Dec 3 | | Metolius redd counts | Sisters | Nate Dachtler (549-7725 or ndachtler@fs.fed.us) |
| Dec 4 | 6:30 pm | monthly Board meeting | Environmental Center, Bend | Yancy Lind (yancy_lind@ml.com) |
| Dec 10 | 6:00 pm | Wild Women | | Terri Grimm (tgrimm@sonatainc.com) |
| Dec 17 | 6:30 pm | general meeting | Bend Senior Center | |
| IN THE FUTURE | | | | |
| Jan 1 | 9:00 am | OUTING | Meet at Jake's Diner. Go fishing, depending on weather. | |
| Jan 6 | 6:00 pm | winter fly tying | Bend Senior Center | Sherry Steele (steelefly@msn.com) |
| Jan 24 | | Angler education training | | Capt (capt@bendnet.com or 389-4372) |
| Feb 18 & 19 | TBA | winter seminar | Aspen Hall | Lee Ann Ross (rossleeann@yahoo.com) |
| Mar 28 | TBA | annual banquet/fund-raiser for KK | Bend Senior Center | Eric Steele (549-2072 or steelefly2@msn.com) |
| Non-Club Activities & FYI | | | | |
| Mar 13, 14 | Fly-tyers expo in Albany, OR. Contact Sherry Steele (steelefly@msn.com). | | | |

| Metolius River Redband Redd Count Schedule 2008-2009 | | | | |
|---|-----|-----------------------|---------------|---|
| MO | DAY | REACH | AGENCY | LEAD SURVEYOR |
| DEC | 3 | Metolius *sec 00-7 | ODFW/USFS/PGE | TED WISE 388-6363 |
| DEC | 17 | Metolius *sec 00-7 | PGE | Cory Quesada 325-5348 |
| DEC | 31 | Metolius *sec 00-7 | USFS | Nate Dachtler 549-7725 |
| JAN | 14 | Metolius *sec 00-7 | ODFW | TED WISE 388-6363 |
| JAN | 28 | Metolius *sec 00-7 | PGE | Cory Quesada 325-5348 |
| FEB | 11 | Metolius *sec 00-7 | USFS | Nate Dachtler 549-7725 |
| FEB | 25 | Metolius *sec 00-7 | ODFW | TED WISE 388-6363 |
| MAR | 11 | Metolius *sec 00-7 | PGE | Cory Quesada 325-5348 |
| MAR | 25 | Metolius *sec 00-7 | USFS | Nate Dachtler 549-7725 |
| APR | 8 | Metolius *sec 00-7 | ODFW | TED WISE 388-6363 |
| APR | 22 | Metolius *sec 00-7 | PGE | Cory Quesada 325-5348 |
| MAY | 6 | Metolius *sec 00-7 | USFS | Nate Dachtler 549-7725 |
| MAY | 20 | Metolius Rock Pick up | ODFW/USFS/PGE | TED WISE 388-6363 TED.G.WISE@STATE.OR.US |

If you would like to help with redd counts, please contact Ted Wise or Nate Dachtler and let them know which date(s) you can help.

CLASSIFIEDS

FOR SALE – 6-foot Alpine Bucks Bags Pontoon Boat. Good shape. Upgraded (longer) oars and a brand new transport wheel. Also includes line-stripping apron. \$300.00. Roger Vlach (410-1312).

Welcome
New Members
Bert Blake
Cal Elshoff
Doug Vakoc



Steve and Frank go fishing after collecting trash on the Crooked River. Photo: Delores Marsh

2008 COF Board Members: Yancy Lind *PRESIDENT* Dennis Rockwell *VICE PRESIDENT, Raffle* Susan Telford *TREASURER* Earl Rettig *SECRETARY* Dave Magaret *Programs*
Bob Griffin *Historian* Emil Seidel *Larry Godfrey Banquet* Dave Semich *Past President* Dick Olson *Membership* Bill Seitz *Conservation* Lee Ann Ross *Education*
Bob Evermore *Outings* Dave Dunahay *Kokanee Carnival* Delores Marsh *Wild Women of the Water*

Annual COF Banquet

March 28, 2009, Bend Senior Center

For more information, contact
Eric Steele (549-2072 or steelefly2@msn.com).

Do you have ideas for improving the banquet? We have assembled a great banquet committee for 2009, and we are asking for your suggestions to improve the banquet. Our theme this year is *Kokanee Karnival*. If you have an idea that you would like us to consider concerning food, fun, prizes, raffle items, program/entertainment, timing of events or anything else that may entice more members to participate, please contact Eric Steele or one of the banquet committee members.

Chairman – Eric Steele (549-2072 or steelefly2@msn.com)

Cleanup – Larry Godfrey (382-5860 or lgodfrey@bendbroadband.com)

Decorations/Food Services/Set Up – Delores Marsh (382-7595 or ladyd@bendcable.com)

Donations/Raffle/Auction – Frank Turek (318-7507 or waldo1ft@msn.com)

Membership/Print Material – Craig Dennis (548-1689 or denniscb@bendnet.com)

Program – David Margaret (693-4058 or dmag@ykw.net)



Seasons Greetings

Membership application available from: <http://www.coflyfishers.org>

Mail all newsworthy items to cof@sonatainc.com by the 22nd of the month.



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active
member club



www.coflyfishers.org