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President's Message

Annual BBQ/Picnic

Our volunteer appreciation annual picnic will be held on Tuesday August 18 at Shevlin Park. Bring your best dishes to complement the tri-tips. Traditionally, we have awarded fly boxes to members who have volunteered 30 hours. Some of our youth fly fishers will be there. Come and see what an awesome job Karen Kreft has been doing with that program.

Lightning

These last couple of weeks have produced some fantastic lightening displays. Most fly fishers are aware of the dangers lightening poses for us in the outdoors, especially as we carry our nine-foot lightening rods in hand. Did you know lightening can strike a full ten miles ahead or behind a storm? Did you know that if you can hear thunder, you are in danger from lightening? Did you know hiding in rock outcroppings is not a good idea? Unfortunately, not everyone heeds these warnings. When a storm is brewing, it's time to go home. We have posted a link to the National Outdoor Leadership School's Backcountry Lightning Safety Guide on the COF website. It makes for some pretty scary reading.

~Lee Ann Ross



August Barbeque

Tuesday August 18 | Serving starts at 6:30 pm | Arrive early to help set up.

Mark your calendars for TUESDAY August 18. The COF Annual August Barbeque replaces the August general meeting. Bring the family and enjoy the evening at Aspen Hall in Shevlin Park. The kids might want to do some fishing in the pond or bring a rod and practice your casting skills. Enjoy a warm summer evening and share some fish stories.

Where: Aspen Hall is in Shevlin Park. From downtown drive west on Newport through all the traffic circles, Newport turns into Shevlin at Mt. Washington. Keep going another mile and a half, down the hill and cross Tumalo Creek at Shevlin Park. Aspen Hall is on the right, look for parking either on the Aspen Hall side or opposite.

What to Bring: Showcase your cooking skills! Bring a dish to share (side dish, dessert, salad or appetizer, no chips), plus adult beverages, in moderation. The club will supply eating utensils, soft drinks, our famous tri-tip, burgers, chips and condiments.

We need volunteers to set-up, cook and clean up afterwards. We'll have a sign up sheet at the July COF meeting or CALL Herb Blank (541-312-2568) if you can help out.

August Picnic Special Raffle. In addition to the monthly raffle, there will be a 52 card raffle drawing for a spey rod and reel complete with line and backing. Package has been donated by member Dick Christiansen. Beulah 13' 6", 8/9wt., 4 pc rod with case and Echo Ion 10/12 Reel. One card for \$10.00 or three cards for \$25.00. Bring cash or check.

OUTINGS CALENDAR 2015

MONTH	DAY	DESTINATION	LEADER
Aug	18	Aspen Hall-BBQ	Herb Blank
Sept/Oct	TBD	Lower "D" Steelhead-4 days	Robert Gentry

OUTINGS

Deschutes River Steelhead Trip

When? Late Sept/Oct | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be coming in late September/October. As soon as we have a good understanding of the water temperatures and flows and state of the steelhead migration up the Deschutes we will set a date. Plan to camp at the large camping area at Beavertail campground. To ensure space at the campground and have shuttle support for your boat, you must sign up in advance.

There is a \$25 per night camping fee for the group campground, and the cost will be shared among campers. Everyone is responsible for their own meals, although a group potluck on one of the nights will be in the works. If you will be floating the stretch down to Mack's Canyon, please plan to help car pool shuttle (14 miles round trip) each night. This is a great opportunity for folks with a boat or pontoon. If you want to fish off the road, there is great access!

For more information or to sign up, please contact Trip Leader Robert Gentry driftboater1@gmail.com or 541-233- 6111. *Note: Guide service may become available for this trip. Please contact trip leader if interested.*

EDUCATION

Casting practice at the Old Mill Casting Course



Finally, the weather cooperated and we were able to practice some casting. Next Cast Flyfishers joined COF members and moved around

the course to try the different casting holes.

The course is the only one in North America and is free to the public to use. Score cards are available at the Ticket Mill or Confluence Fly Shop. Each of the twelve different holes has a description and three levels of challenge for casting. Grab some friends and try it out!

EVENTS

Kokanee Karnival Fall Streamside Program

First Call For Volunteers

Kokanee Karnival will hold our Fall Streamside program on September 21 through 25, 2015. This year we will hold the Fall Streamside on Monday, Tuesday, Thursday and Friday. There will be no classes on Wednesday September 23. While September seems like a long way in the future, we need to start asking for volunteers to commit to help us. If you can volunteer please let us know. It helps us develop our volunteer schedule. Kokanee Karnival provides lunch for the volunteers.

There are 12 classes in the Comprehensive program this year comprised of 4th or 5th grade classes from the Bend LaPine and Redmond School Districts. Four classes will attend at Spring Creek and 10 will attend at Browns Creek or Sheep Bridge and the Fall River Hatchery. The majority of volunteers at Spring Creek and Browns Creek have always been COF members. Sunriver Anglers volunteers staff the Fall River Hatchery portion of the program.

Two classes a day attend both Browns Creek and the Fall River Hatchery over the four days of the Fall Streamside, eight total. Our selection of either Brown Creek or Sheep Bridge depends on the water level at Sheep Bridge. We will decide on the site by early September. One class will attend Browns Creek/Sheep Bridge in the morning and the other class will be at the hatchery. After lunch the classes switch. We have three stations at Browns Creek/Sheep

Bridge. The class is divided into three groups that rotate through the three stations. The students learn about the river habitat at the Comforts of Home station, entomology at the Natures Restaurant station and the Kokanee life cycle at the Incredible Journey station. The students learn about the need for hatcheries, raising trout, how hatcheries function and get to feed the trout at Fall River. We need a minimum of eight (8) volunteers each day at Browns Creek/Sheep Bridge to provide a leader and helper at each station, timekeeper and rover to help out where needed.

Four classes attend Spring Creek, a tributary of the Metolius River near Camp Sherman. Each day a class is divided into 4 or 5 groups with about 6 students in a group. An instructor spends the day with one group. The students put on waders that we supply and get into the creek where they learn about the stream habitat including testing water quality, collect and identify macroinvertebrates as a part of the entomology study, learn about the Kokanee life cycle and observe spawning Kokanee and tour an abandoned hatchery. We need a minimum of five (5) volunteers each day at Spring Creek. Teachers and parents serve as assistants. Spring Creek is a lot of fun for volunteers because they get to work with the

students and get to know them.

New volunteers are welcome and will be teamed with a volunteer with experience at Browns Creek/Sheep Bridge and Spring Creek. The programs we teach the students are not complicated and easy to learn. We have outlines of the Fall Streamside and the presentations at each Browns Creek/Sheep Bridge station and at Spring Creek on our website KokaneeKarnival.org.

To volunteer contact Frank Turek at waldo1ft@msn.com or 541-318-7507. You can also contact Jen Luke at Jennifer.a.luke@state.or.us or 541-388-6366.

Fly Fishing Festival Hosted by the Hook Fly Shop

September 19 and 20 | The Village at Sunriver

The Hook Fly Shop will hold its third annual fly fishing festival September 19 & 20. Saturday 10:00 am–6:00 pm and Sunday 10:00 am–3:00 pm at the Sunriver Mall. (sunriverflyfishingfestival.com). We are looking for volunteers to staff a COF table to chat with the public about our club and hopefully to recruit some new members. It's two fun filled days of making contact with like-minded fisher folks. If you would like to volunteer, please email Lee Ann Ross at rossleeann@yahoo.com. If you would like to tie flies while you are volunteering, bring your vise and teach a kid how to tie your favorite fly.



CONSERVATION

Williamson Outing

A small group of COF members were on the Williamson and Wood rivers July 16–19. The hex hatch was mostly over, but there were still fish to be had. Here are two of the 20”+ fish Lonnie Dunham landed. The photo with the poor lighting is of a 26” monster that



took about 5 minutes to bring to the net. For those interested, the Wood and Williamson are running



cool and are not subject to the 2 pm closure recently announced by ODFW.

ODFW Fishing Regulations

ODFW recently had a meeting in Bend to preview their suggested regulation changes for 2016. Regulations are being condensed, simplified, reduced, and generally made easier to understand. Following that meeting your board of directors authorized me to write the following letter to the Oregon Fish & Wildlife Commission:

To: Oregon Fish & Wildlife Commission
Cc: Central Oregon Flyfishers Board of Directors, ODFW Staff
Commissioners,

Central Oregon Flyfishers is an angling club located in Bend with approximately 300 member families residing throughout Central Oregon and the rest of the state. We are an active club with year-round meetings, outings, and conservation activities where we work closely with our local ODFW field biologists. We are particularly proud of our education programs:

- Kokanee Karnival is an award-winning year-long fisheries and angling education program for 4th and 5th graders in the Bend-La Pine School District that is run in partnership with the local ODFW STEP biologist.
- Next Cast Flyfishers is a program for teens designed to introduce them to the sport of fly fishing.
- Adult education courses span the gamut from introductory classes run in conjunction with the Bend Parks and Recreation Department to advanced casting and fly tying.

I have been authorized by the COF Board of Directors to write to you in support of the proposed angling regulation changes, designed primarily to reduce complexity and increase angler participation. ODFW representatives previewed potential changes at a meeting in Bend on June 29 that was attended by a number of community members. At that meeting I heard many supportive comments without a single criticism.

Those supportive comments were in regard to the overall concept as well as specific changes proposed for our local waters, including:

- Catch & release for wild trout on lakes.
- Allow the use of an electric motor while actively fishing on Hosmer Lake.
- No bait on the Crooked River.
- Open the entire Metolius River to angling year round.
- Opening the lower Deschutes to fishing year round (with the understanding that The Tribes retain control of their bank).

Central Oregon Flyfishers strongly supports all of these proposals. Wild, native fish need to be protected, especially in places where planted fish are readily available for harvest. ODFW staff cannot recall the reason why the use of electric motors is currently banned while actively fishing on Hosmer Lake. Nor can they recall the reason why part of the Metolius is currently closed during the winter. Newly reintroduced steelhead in the Crooked River need protection, especially from anglers using bait. Opening the entire lower Deschutes to fishing year round will allow anglers much more opportunity to harvest hatchery steelhead, providing angler incentive and reducing the potential for spawning with wild fish.

We support the good work being done on this topic by ODFW and hope that you will approve their recommended changes.

~Yancy Lind, Conservation Chair, conservation@coflyfishers.org

MEMBERSHIP

Please come to the COF picnic on Tuesday, August 18 and bring a potluck item to share. Wear your COF name tag and enter a ticket in the name tag raffle container. To join COF, go to <http://www.coflyfishers.org> and click JOIN. To view the current roster, go to <https://coflyfishers.wildapricot.org> and sign in.

Welcome New Members

Logan Bittner (youth)
Spencer Coe
Kate Elliott
Ashton King (youth)
Rick McDonald

~ Tim Schindele,
membership@coflyfishers.org

COF BOARD MEMBERS

~ Lee Ann Ross, *President*

~ Vacant, *Vice President*

~ Renee Schindele, *Treasurer*

~ Cliff Price, *Secretary*

~ Tim Schindele, *Programs*

~ Peter Martin, *Banquet*

~ Eric Steele, *Outings*

~ Karen Kreft, *Next Cast Flyfishers*

~ Kari Schoessler, *Wild Women of the Water*

~ Tim Schindele, *Membership*

~ Roger Vlach, *Raffle*

~ Steve Stevens, *Education*

~ Frank Turek, *Kokanee Karnival*

~ Yancy Lind, *Conservation*

Membership application available at: coflyfishers.org

CONTACTS

~ Advertising: Mike Shadrach, 541-678-5717

~ Social Media: Molly Vernarecci,
socialmedia@coflyfishers.org

~ Librarian: Kathleen Schroeder

~ Historian: Delores Marsh

~ Newsletter: Darius Whitten,
cof@whittendesign.com



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[linkedin.com/company/central-oregon-flyfishers](https://www.linkedin.com/company/central-oregon-flyfishers)

KEEP *it* REEL



SOCIAL MEDIA

Update

KEEP it REEL this summer and make sure you're checking in on the COF Facebook Page! Click here for the link <https://www.facebook.com/CentralOregonFlyfishersClub>. We're also active on LinkedIn so if you're on that social media channel, hit us with that "Follow" button.

Here is a link to get you started: <https://www.linkedin.com/company/central-oregon-flyfishers>.

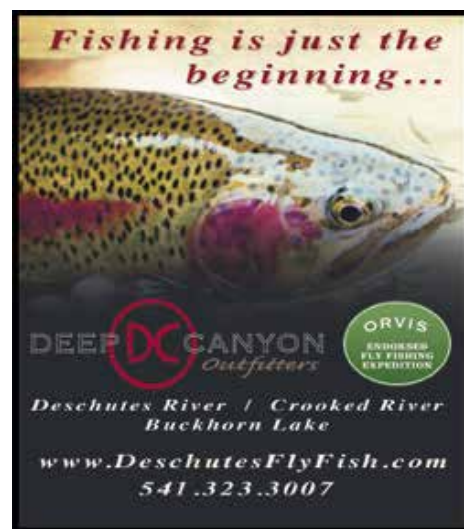
We really appreciate the support from our sponsors. If you are a COF sponsor and have an upcoming event you'd like promoted on our Facebook Page, please email me and let me know. We have a large following on social media and would love to reciprocate the

support.

As always, send your fly fishing photos or fishing updates my way! It's a great way to show the community just how active and involved we really are.

Talk to you soon! Best,

~ Molly Vernarecci, COF Social Media
Coordinator, socialmedia@coflyfishers.org



IFFF RENDEZVOUS NEWS

9-Hole Casting Course Tournament

NOW! It's time to sign up and get on a team for the casting contest!

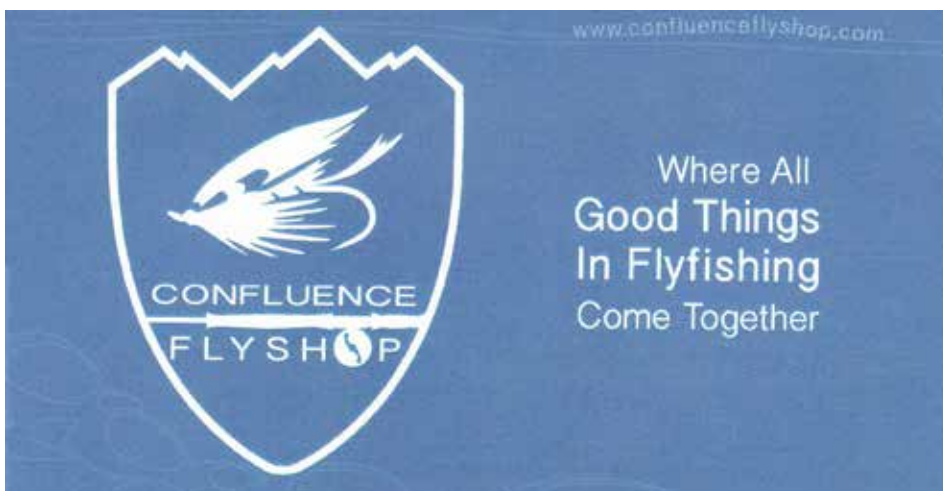
Join us on the only casting course in North America for a 9-Hole Casting challenge! The course, located in the Old Mill District in Bend, is similar to a golf course with each 'hole' at different distances, a variety of targets, types of casts, i.e. roll cast vs distance cast, and other obstacles to provide a challenge! Just as in golf, each foursome will move from hole to hole, recording the number of 'strokes'—or casts of each team member needed to hit the target!

Participants at all levels are encouraged to play! No fear, this is all for the fun of fly casting! And who knows you may play your best round ever and win it all! You can put together a foursome or sign up as a single and join a team. Don't wait to sign up, the teams are filling up fast!

The tournament will be Thursday, August 13 with tee times beginning at 7:30 am.

Sign up with your IFFF registration for the Fair (\$20), or go here: <http://www.fedflyfishers.org/ProductDetail2/tabid/570/rvdsfpid/9-hole-fly-casting-course-tournament-322/rvdsfcid/events-at-the-iff-fair-23/Default.aspx> for a single sign up (\$25).

~Karen Kreft, 503-409-0148, dancingtrout@gmail.com



The International Federation of Fly Fishers 50th Anniversary Fair

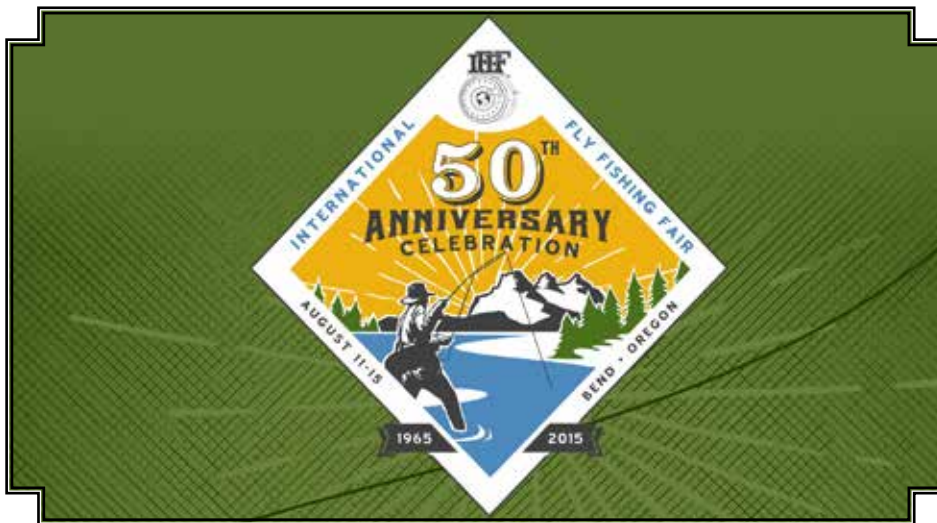
The International Federation of Fly Fishers will hold its annual Fly Fishing Fair in Bend Oregon and will be celebrating "All Things Fly Fishing" August 13th–15th 2015. This event will be the largest gathering of fly fishers from all across the United States and the around the world. The show is open to the public so everyone will have the opportunity to join in the fun and learning experiences.

Headquarters will be in the Riverhouse Hotel with other venues taking place through the area. The Exhibit Hall is open August 13–15 from 9 am to 5 pm, where vendors will display the latest products they have to offer to the fly fishing enthusiast; see tying and casting demonstrations, take free 15 minute casting lessons, hour long seminars and more. Other opportunities include a Women's two day University, a 2-Day Fly Fishing Experience, and a Youth Camp. Workshops will be available from August 11–15. For a full schedule of events and how to sign up, go to <http://www.fedflyfishers.org> and click on the Fly Fishing Fair tab.

"It's hard to believe we're 50 years old" said Philip Greenlee President/CEO. "The International Federation of Fly Fishers was founded in 1965 in Eugene Oregon with our return to Oregon we come back to our roots"

Today the IFFF has grown to 17 councils, approximately 225 clubs and thousands of individual members. Our goal is to support fisheries conservation and educational programs for all fish in all waters. Anywhere fly fishers have an interest; the IFFF can and does play a role.

~Gene Kaczmarek, IFFF, Flyingties@aol.com



IFFF 50th Anniversary Homestay Program

BEND, OR | RIVERHOUSE CONVENTION CENTER | AUGUST 11-15, 2015

In 2015, IFFF will celebrate its 50th Anniversary, a landmark event that celebrates both the history and the future of the federation. The celebration will take place in Bend, OR, the ideal time to welcome global affiliates to our U.S. home and to showcase our international credentials.

We are looking for members of local fly fishing clubs who would be willing to host our global members by participating in the IFFF's Homestay Program. The IFFF meeting will be held in Bend from August 11 to 15, 2015 at the Riverhouse.

The Homestay program will involve hosting an IFFF member from a foreign country during the week of the IFFF's International Fly Fishing Fair, probably from August 10 to 16. In exchange, the host member would be able to stay as a guest in the foreign visitor's home for a week. Participation in the program would also include taking the foreign guest fishing on a local

stream or lake during the week and providing transportation from the host's house to IFFF events. Presently, the IFFF is expecting about 18 people from foreign countries including Japan, England, Norway and Australia.

This would be a great chance to host a fellow angler, meet some interesting people, improve international (fishing) relations and get a chance to travel to a foreign country to fish.

For more info: Marv Yoshinaka
541-728-7496, mpyosh@chamberscable.com

~Eric Steele

Women's Fly Fishing University

We've got two days of learning and fishing on Oregon's best fly fishing water! This class is open to women at all levels and will provide both technical information and hands-on fishing with the opportunity for some big fish!

We will teach the basics to get you started; offer some areas of instruction to increase your independence and confidence; and, introduce you to some fishing techniques specific to these types of water. There should be something for everyone!

Our instructors include professional guides, certified casting instructors, fisheries professionals and experienced fly fishers. Each of these ladies share in the passion of fly fishing and want to offer that to our university students!

We're in the fly fishing capital! Let's go fishing!

The Women's Fly Fishing University is August 11 & 12.

Register here: <http://www.fedflyfishers.org/FlyFishingFair/tabid/298/Default.aspx> (FFF member fee \$250—Non-member fee \$270).

~Karen Kreft, 503-409-0148,
dancingtrout@gmail.com

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IFFF RENDEZVOUS NEWS

Deschutes Land Trust Hike

Friday August 14, 8:00 am

Join the Deschutes Land Trust on a tour of one of their protected lands along Whychus Creek, near Sisters. Learn about the Land Trust's conservation and restoration efforts to help prepare for the reintroduction of salmon and steelhead. See how Whychus Creek is being revitalized and understand its historic importance for salmon and steelhead runs of the Deschutes River Basin.



Whychus Creek is home to native salmon and steelhead.



Nearly two miles of Whychus Creek runs through the Deschutes Land Trust's Whychus Canyon Preserve.

PHOTO: JAY MATHER

PHOTO: GARY MILLER

The IFFF Foundation supported the restoration efforts through a \$5,000 grant. See how your support of the IFFF provides conservation and education opportunities in our own communities.

Anyone is welcome to register and join this hike. The hiking route will be adjusted to the participants and weather. It can be very hot and dry. Please wear closed-toe hiking/walking shoes and bring plenty of water.

Visit <http://www.fedflyfishers.org> and select registration from the fly fishing fair tab. Cost of the hike is \$20 members; \$25 non-members. The hike is scheduled for Friday August 14, 8:00 am. Details will be provided to registered participants.

~Karen Kreft, 503-409-0148,
dancingtrout@gmail.com

NEXT CAST FLYFISHERS

Update

The Next Cast Flyfishers program provides opportunities and coordinates activities for young fly anglers in the area. We are able to help provide fly fishing instruction through classroom activities, our fly fishing summer camp, ongoing COF events, and individually through mentorship and teaching.

We hope that by providing these opportunities, young anglers will be exposed to fly fishing and increase their interest and level of involvement.

Youth fly fishing activities at the International Federation of Fly Fishers 50th Anniversary August 11-15, 2015 in Bend OR.

The IFFF will hold their 50th anniversary fair in Bend this summer. The fair will feature classes for instruction in a variety of fly fishing topics, displays and demonstrations, and other events. There will also be a youth fly fishing 2-day workshop and daily youth activities at the fair. To register for the youth camp (either one day \$15 or both days \$25) go to <http://www.fedflyfishers.org> and select "STORE" or go here: <http://www.fedflyfishers.org/ProductDetail2/tabid/570/rvdsfpid/youth-fly-fishing-camp-2015-320/rvdsfpid/events-at-the-iff-fair-23/Default.aspx>

COF BBQ, August 18th

Next Cast Flyfishers and your families are invited to the COF Annual BBQ at Aspen Hall. The COF will provide BBQ meat and drinks. We ask all participants to provide a side dish, salad, or dessert.

Prior to the dinner, we will fish in Shevlin Pond. Following dinner there will be raffle drawings!!

Please let me know if you plan to attend so I can get bring enough fly rods, and get you any updates and other details!

~Karen Kreft, nextcast@coflyfishers.org, 503-409-0148



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TYER'S CORNER

Sheep Creek Special

AAAHHH! Summer is here and the warm weather has awakened the Central Oregon waters. With the light snow pack of the winter gone early fishing has been good and with the summer hatches on the way fishing should be good all summer. No telling what fall will bring we will just have to wait and see. Now with that said, there is a down side, the waters will warm quicker than usual, and that means careful release of your fish will be even more important. Pay attention and make sure the fish are ready to go once landed and even give up picture taking to keep the fish in better shape for releasing, this is especially important with the larger fish. If lake fishing, it might mean taking the fish for a ride in order to get enough water through the gill system, for their survival.

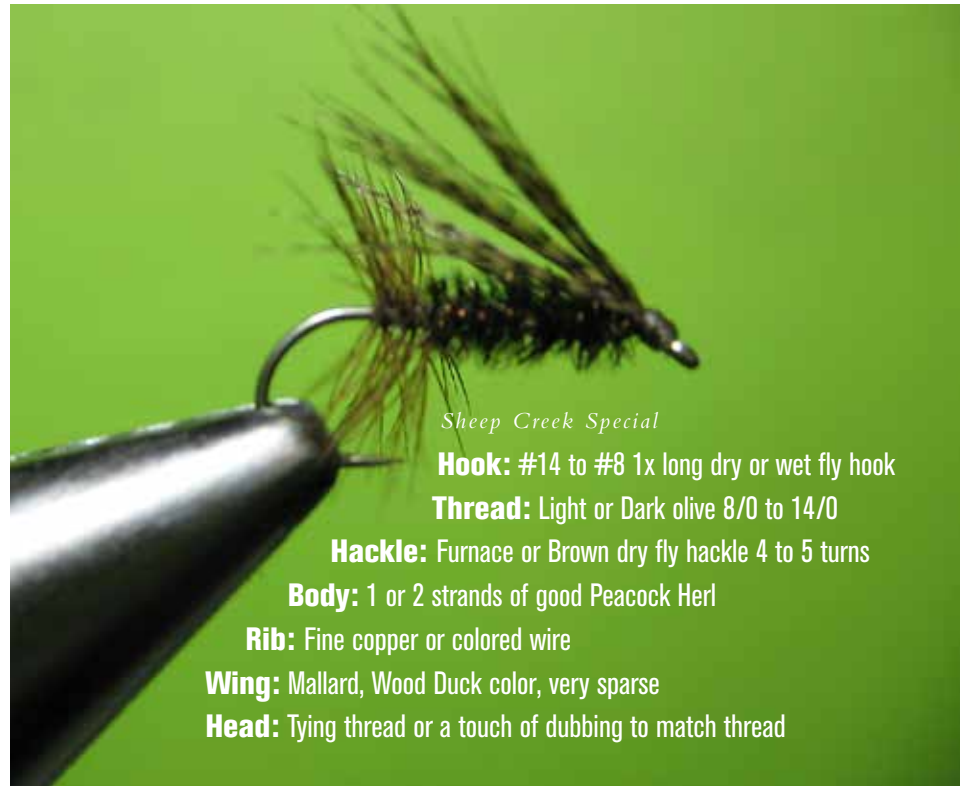
The fly this month was introduced by George Briggs of Jerome, Id. for Sheep Creek, Res. And it comes back to Tyer's Corner again for good reason. It works on all the waters here and has produced some of my biggest fish, especially on Crane Prairie. It works during caddis, damsel and calibaetis hatches, fished on a **FLOATING LINE** with leaders 16ft to 22ft in length, (**more about long leaders and their construction in the next paragraph**). It works at Lava, when snails were floating around. It also has worked on the Deschutes River just below the Lava lakes. It is built on any 1x long dry or wet fly hook size #8 to #14, I fished #12's and #14's all season. The hackle can be 2x the gap but I had better luck with shorter hackle just gap in length, like the one in the picture. You use various retrieves with the different bugs. Start with very short pulls with

a pause every three or four pulls. Sometimes the takes feel like you are having a tug-a-war with the fish, just make your next pull a little slower and longer and hang on, the take will get your heart pumping. (**TIP: keep a little line free so that you can give the fish line on its first move and be ready to bow your rod on the first jump, this will save some break offs when first hooked**).

Long Leaders: I have been lucky over the last few years to be mentored by a great fisherman from California, who has been fishing the big fish lakes here for over 30 years, and whose knowledge and techniques work. The leaders are a big part of what has brought me success, like a 9lb+ rainbow in 2013. The 10ft. to 12ft. tapered section of the leaders are built of either mono or fluorocarbon, with 8lb. to 4lb. tippets of mono or fluorocarbon 6ft. to 10ft. The important part of the system is to use the same manufacture for the tapered sections; this makes for proper tapering. You will need to start with 30in. sections of 30lb., 25lb.,

20lb., 15lb., 10lb., and with 8lb., when attached together with blood knots will make the sections about 2ft. long, and a total tapered section of 10ft to 12ft. With the tapered mono section you can add either a mono or fluorocarbon tippet, the length depends on water depth, conditions and what bug you are trying to imitate. For dries or emergers the tapered mono to mono tippet works great, and sometimes adding just a 1ft piece of fluorocarbon tippet to the mono to mono leader will allow the emerger to just hang below the surface film, a very good presentation when you know emergers are being taken there. For the nymphs use the tapered mono to fluorocarbon tippet so that you get a more vertical rise of the bug on the retrieve. When using the tapered fluorocarbon section you are looking for a more horizontal retrieve of the bug at the chosen depth and you use only fluorocarbon tippets with this tapered section. If you have question about these leaders contact me and I will try and answer your

Continued on page 10



Sheep Creek Special

Hook: #14 to #8 1x long dry or wet fly hook

Thread: Light or Dark olive 8/0 to 14/0

Hackle: Furnace or Brown dry fly hackle 4 to 5 turns

Body: 1 or 2 strands of good Peacock Herl

Rib: Fine copper or colored wire

Wing: Mallard, Wood Duck color, very sparse

Head: Tying thread or a touch of dubbing to match thread

questions.

Lock in your thread at the hook point wrapping back to above the barb and tye in the hackle, make 4 to 5 turns of hackle and for added strength take a couple of wraps of tying thread through the hackle before tying off and discarding the rest of the hackle. Tye in the ribbing material at the hackle tye off point and prepare the Peacock Herl, and tye it in by the tip and wind it forward to just behind the eye of the hook. Note: (you can rib with wire or a section of the tying thread if you want to add strength to the body), or (you can wind the wire or thread around the herl). I have tried both and it did not affect the fly's performance. For the wing, use a good mallard feather and take a 3/8 to 1/2 inch slip from one side, and carefully fold each edge under to make a wing just over 1/8 inch wide. Tye that in after cutting it to the proper length, Note: (The wing is made just long enough to just reach the back side of the hackle). Now tye the wing in and finish with a neat head of thread or make a head of dubbing.

“Good Luck and Good Hunting”

~Jerry Criss, 541-536-3581,
tffly44@msn.com

East Lake Chironomid

Tying Instructions:

1. Wrap the clear mono thread onto the hook.
2. Tie in the D rib, stretch to reduce bulk and wrap the thread back to mid-bend.
3. Wrap the D rib forward leaving gaps between the wraps and tie off behind the eye.
4. Wrap the black 8/0 onto the hook and build a head/thorax.
5. Wrap the flashabou around the



East Lake Chironomid

Hook: Alec Jackson Chironomid
Thread: small mono
Body: light olive D rib, UV resin
Head: black 8/0
Cheeks: red holographic 1/64 flashabou

thread and tie in at the midpoint, underneath the thorax and wrap back on the flashabou to the rear of the thorax (adjust the flashabou as you wrap back to each end is on opposite sides of the shank).

6. Pull the flashabou forward on each side and tie off behind the eye.
7. Use a bodkin to distribute the UV resin evenly and set with the

UV light.

This style can be tied in many colors and is fast, easy to tie, and very durable. The silver hook and UV resin gives this fly a translucency that is hard to duplicate with other materials and it is my go to fly at East Lake. Size 16 seems to be the most effective.

~Mike Telford

Fly & Field
OUTFITTERS

NEW Website - www.flyandfield.com

- Up to date fishing reports
- Real-time river & weather conditions

Guided Fly-Fishing Adventures

- Deschutes, Crooked and Fall rivers
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WILD WOMEN OF THE WATER

Lots of fun for the Wild Women of the Water at Fin & Fire in Redmond! They have a great selection of women's clothes. At our last Fly Shop Hop, many were tried on...and bought! Shops are starting to take notice of women and stock more women specific items. Make sure you ask about women's items (clothing and equipment), the next time that you are in your favorite fishing shop.

We are right in the middle of fishing season. Do you want other women to fish with? Are you on our women's registry? If not, please let me know and I will add you. When you are included in the registry, you can simply group email and see if anyone can join you. You have the emails and the control. Set up your own fishing adventure!

There are lots of fishing blogs and newsletters out there. Here are a few that some of us have found interesting:

- **Dun Magazine** (*women specific*)
www.dunthemagazine.com



- **Riverkeeper Flies** (*local info from John Kreft in Sisters*)
www.johnkreft.com
- **Midcurrent** (*good general information*) www.midcurrent.com
- **Gink & Gasoline** (*general articles from a few fun and dedicated fishing dudes*)
www.ginkandgasoline.com

Do you have a favorite blog or website? Let me know and I'll pass it along to our Wild Women members.

~Kari Schoessler,
wildwomen@coflyfishers.org

OTHER NEWS

ODFW Issues Fishing Closure Regulations

Due to the hot weather, beginning Saturday, July 18, 2015 until further notice, all water bodies defined as 'streams' in the 2015 Oregon Sport Fishing Regulations will be closed to angling for trout, salmon, steelhead, and sturgeon from 2:00 p.m. daily until one hour before sunrise the following day. In the Central Zone, angling hours in the following water bodies remain unchanged from the 2015 Oregon Sport Fishing Regulations: (a) Hood River and tributaries, and White River and tributaries. (b) Deschutes River upstream from Macks Canyon, Metolius River, Fall River, Crooked River upstream to Bowman Dam, and Tumalo Creek.

With the hot weather, there are a few things anglers can do to reduce the stress on the fish we catch. 1) Fish in the cooler hours of the day. 2) Measure the water temperature. If it's too hot, don't fish. 3). Use barbless hooks. 4). Put your 3wt away. Use a heavier rod. 5). Use heavier tippet to bring the fish in faster. Don't "play" the fish. Bring it in as FAST as you can. 6). Leave the fish in the water. Fish do not breathe out of water. 7). Make sure the fish is fully revived before releasing it. A guide I talked to said that he had a fish on Crane that took 40 minutes to revive. Leave the fish in the net until it is fully revived. Take your time.

Book Announcement



The book: Fly Fishing Oregon's Crooked River will be available for purchase at the COF picnic on August 18th.

For people who have purchased this book, or wish to do so prior to August 18th, please call or email John Anderson to arrange an earlier pick up date. Books will be available from August 3rd onward. Contact John at 541-385-8693 or jranderson@bendbroadband.com.

UPSTREAM EVENTS August 2015

DATE	TIME	ACTIVITY	LOCATION	CONTACT
6th	5:00 PM	Next Cast Committee Meeting	Environmental Center	Karen Kreft
6th	6:30 PM	COF Directors Meeting	Environmental Center	Cliff Price
11th–15th	-	IFFF 50th Anniversary Fair	RiverHouse Convention Center	Sherry Steele
18th	6:00 PM	Annual BBQ	Aspen Hall, Shevlin Park	Herb Blank

In the Future

Umpqua Valley Fall Festival, September 12th in Glide, Oregon; Umpqua Valley Fly Fishers; Contact: Tresa01@intergate.com

Fly Fishing Festival, September 19th–20th, The Village at Sunriver; Hook Fly Shop; Contact: rossleeann@yahoo.com



Central Oregon Flyfishers
PO Box 1126
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