

The Central Oregon Flyfisher

Vol. 34, Number 8, August 2011

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RANDOM CAST

Get to know our Sunriver Angler colleagues: COF and Sunriver Anglers will have a joint outing at Diamond Lake September 26 to 29. I have attended several SRA outings, and they are always fun. I encourage you to attend this one. More details will be in the September newsletter.

Annual BBQ/picnic: Our volunteer appreciation annual picnic will be held on **TUESDAY** August 16 at Shevlin Park. Bring your best dishes to complement the tri-tips.

ORCFF representative: Kathy Schroeder has volunteered to be the club's representative to the Oregon Council of the FFF. At her first meeting, she secured the club \$1,200 in grants for youth fly fishing and the Wild Women. Well done.

Donations: The Wild Women would like to build a small stock of used waders and boots that we can loan to women as they try the sport. Once they are hooked, they'll buy their own gear. If you have any equipment you'd be willing to donate, please contact Kristen Lambson.

Crooked River: The Crooked River issue hasn't gone away, and we can still use your help in keeping the issue in front of our senators. Representative Walden's bill on the Crooked River has been introduced to the House, and some hearings have been held. Please see the COF website to get up to speed with the position being taken by the various stakeholders. The biggest issue for fisher folk is that the bill does not provide any water release specifically for fish, and it gives the irrigators the right of first fill. Please call or write Senators Wyden and Merkley (See page 5 for contact information.) and let them know that the fish need water too. They do pay attention to contact by their constituents.

— Lee Ann Ross, President



Crane Prairie outing, July 2011. PHOTO: Rick DeMars



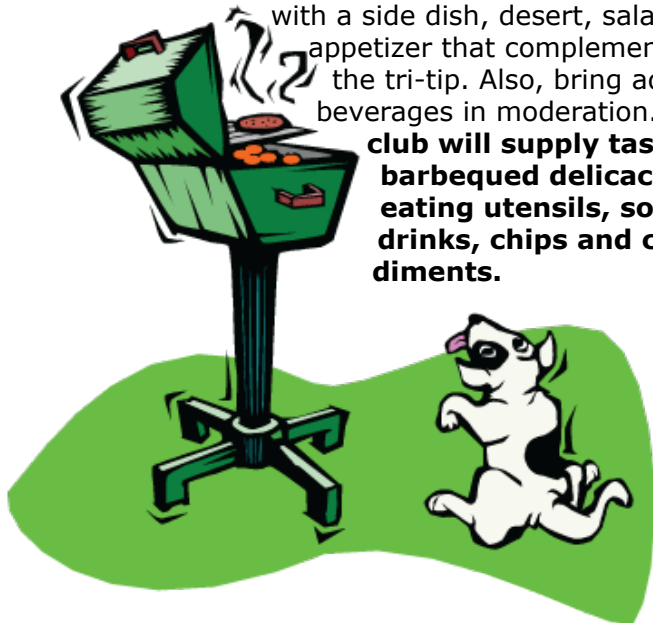
B-B-Q and volunteer appreciation

Tuesday, August 16 • Aspen Hall in Shevlin Park
Serving starts at 6:30. • Arrive early to help set up.

Remember, COF will hold the annual Barbeque and volunteer appreciation picnic in August. This event replaces the usual Wednesday monthly meeting. Bring the family and enjoy the evening; the kids might want to do some fishing in the pond. There will be no program, just a warm summer evening to enjoy.

Directions: Drive west on Newport Ave. through all the traffic circles. Newport turns into Shevlin at Mt. Washington Drive. Keep going at least another mile until you get to Shevlin Park. Aspen Hall is on the right; look for parking on the Aspen Hall side or opposite.

What to Bring: Show off your cooking skills with a side dish, desert, salad or appetizer that complements the tri-tip. Also, bring adult beverages in moderation. **The club will supply tasty barbequed delicacies, eating utensils, soft drinks, chips and condiments.**



Contact Herb Blank (541-312-2568) to help set up, serve and clean up.

OUTINGS

➔ To lead an outing, contact **Yancy Lind, Outings Coordinator** (yancy_lind@ml.com or 541-788-5514).

Williamson and Wood rivers

August 11-14 | Yancy Lind (yancy_lind@ml.com)

This year will be the fourth year that I have lead a trip to the Williamson. I've fished the river over a dozen times since that first trip, and I am starting to understand it just a little. Unfortunately, the cold spring and high-water conditions

OUTINGS 2011			
Month	Date	Leader	Destination
Aug	11-14	Yancy Lind	Lower Williamson & Wood rivers
	13	Richard Yates	Malheur Carp Fishing - cancelled due to high water
Sep	6-11	Phil Hager	Cascade Lakes - cancelled
	26-29	Lee Ann Ross	Diamond Lake (with Sunriver Anglers)
Oct	3	Frank Turek	Hosmer Lake
	9-12	Eric Steele	Lower Deschutes Steelhead, Beavertail campground
Nov	19	Bill Seitz	Crooked River Cleanup

that have plagued us locally also exist on the Williamson. The Williamson has dropped quite a bit in the last month, but as of July 19 it remains 50% above normal for this time of year. I have talked to a local guide and he says the river is clearing and starting to fish. The Wood, however, remains very high and may remain unfishable even next month.

The Williamson is well known as a trophy trout river with only wild fish, some over 10 pounds. These fish were steelhead before being landlocked by the dam in Klamath Falls. The Wood River also has migratory populations of these trout along with resident browns.

Last year, Dan Pebbles and I netted 15 fished over 18 inches in one day while fishing from my drift boat. I've also fished hard all day and landed only a couple.

We will stay at the Water Wheel Campground again because it is a good location. There are some places to rent nearby if you don't want to camp.

This trip requires a drift or pontoon boat, or something similar. It is an easy river to float with a few small rapids. An electric motor is helpful; there are some long, slow-moving sections on the Williamson.

I plan to leave Bend Thursday morning, August 11, and return Sunday afternoon, August 14. It's about a two-hour drive from Bend. Let me know if you are interested, and I'll give you more information. If you've been on this trip before, there are no changes from last year, with one exception: I'd like to arrange at least one group dinner. Pot luck anyone?

- Yancy Lind, yancy_lind@ml.com, 541-788-5514

Deschutes River steelhead trip

Oct 9 to 12 | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be Sunday, October 9 through Wednesday, October 12. Plan to camp at the large camping area at Beavertail campground. To ensure space at the campground and have shuttle support for your boat, you must sign up in advance. There is a \$25 per night camping fee for the group campground, and the cost will be shared among campers. Everyone

continued on page 3

is responsible for their own meals. Those who will be floating down to Mack's Canyon will need to help with the car pool shuttle (14 miles round trip) each night. Monday through Wednesday (Oct 10 to 12), The Fly Fisher's Place has graciously offered to provide guided trips for participants at a reduced rate of \$375 for two COF member fly fisher's per boat. There are currently two guides available each day. COF members who are interested must contact Eric Steele directly for the additional important details and to reserve a COF-sponsored slot. All messages are date and time stamped – first come first served starting Aug 2. There will be a waiting list.

Questions and suggestions are encouraged; contact trip leader Eric Steele (steelefly2@msn.com or cell 541-420-8108 or home 541-549-2072).

EDUCATION

Casting club

Meets the fourth Wednesday of every month from 6:00 to 8:00 p.m. at the pond in front of the Orvis store.

Beginning spey casting

August 22 | 9:00 a.m. | \$10 | Farewell Bend Park | Instructor: Damien Nurre

Damien Nurre from Deep Canyon Outfitters will teach spey casting using a progressive method of learning. Damien will have five rod/reel combos available, or bring your rod. Five students per class. Damien has offered to donate the \$10 fee to COF youth education programs. Let's see how many sessions we can fill. First session is at 9:00 am.

Meet 9:00 a.m., Monday, August 22 at Farewell Bend Park at the picnic gazebo on the Deschutes River. The Park is located just EAST of the Healy Bridge. Parking can be difficult, so car pool if possible.

Cost: \$10.00. Payable to COF. Write "8/22/2011 Spey Casting" in the memo field. Mail check to Gary Meyer, P.O. Box 1396, Bend, OR 97709 (education@coflyfishers.org or 514-633-0934).

VOLUNTEER OPPORTUNITIES

Whychus Creek macroinvertebrate monitoring

August 20

The Upper Deschutes Watershed Council, in partnership with the Xerces Society for Invertebrate Conservation, will sample aquatic macroinvertebrates on Whychus Creek. We are seeking volunteers to participate in our 2011 macroinvertebrate sampling on August 20. For more information please download our flyer at <http://www.restorethedeschutes.org>.

Please rsvp to Lauren Mork (lmork@restorethedeschutes.org or 541-382-6103 x39).

ODFW high lakes trout survey

August 23-26 | Salmon – Trout Enhancement Volunteer Project

For more information about this survey, see the July newsletter.

Contact: Jennifer Luke, STEP Biologist (541-633-1113), to sign up for this trip.

Bend casting games

Sep 10 | Orvis casting course

The Bend Casting Club is organizing the annual Bend Casting Games on the Orvis casting course at the Old Mill. The games are a fundraiser for the Deschutes Chapter of Trout Unlimited. The games, which will be held September 10, are not a competition. They are a fun activity; keeping score is optional. There will be no big cash prizes this year.

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All proceeds will go toward Trout Unlimited's conservation efforts throughout the Deschutes basin, including restoring redband trout habitat in the North Fork of the Crooked River, advocacy and outreach efforts regarding the ongoing legislation with the re-licensing of Bowman Dam in Prineville, and work we will be doing in the Metolius River with the U.S. Forest Service. This year, participation is all about casting with friends, having some BBQ, and learning new fly-casting technique! For more information, visit the Deschutes TU website (www.deschutestu.org), which includes an online sign-up page. Or visit the Bend Casting Club on Facebook (www.facebook.com/BendCastingClub).

Trout Unlimited national meeting coming to Bend

Visit Bend, Deschutes TU, and the Oregon Council of TU will host the 2011 annual meeting of Trout Unlimited from September 14 to 18. During this week of programs and meetings, there will be a full day of fishing for participants from around the country. Trout Unlimited is seeking volunteers to host participants on the Upper/Middle/Lower Deschutes River, Metolius River, Fall River, and Crooked River. A volunteer's only responsibility is to pick up and drop off participants at their hotels. Volunteers will NOT "guide" participants; volunteers just take participants to favorite local spots. A stipend is available from TU for gas expenses. Participants are advised in advance about gear to bring (flies/rods/waders) and fishing conditions. If you are interested in hosting a participant, please contact Damien Nurre at Deep Canyon Outfitters (damien@deschutesflyfish.com). If you are interested in attending the annual meeting or finding out more about the fishing day, please visit the TU National website (www.tu.org/am2011).

Central Oregon Project Healing Waters

On behalf of the veterans we are helping in Deschutes County, COPHW would like to thank the Central Oregon Flyfishers Board of Directors for their recent donation. This donation will help COPHW to reach our goals of getting more veterans out to fly fish and teaching veterans how to tie flies, with the help of volunteer mentors.

Our trip to Lake In The Dunes and casting practice at the Orvis casting course in the Old Mill have been a success.

We are planning another outing in September, and we will need volunteer help. If you are interested in learning more about COPHW (<http://cophw.org/>) or would like to become a mentor, please contact Brad Emery (bdemery1@aol.com).

WILD WOMEN OF THE WATER

East Lake

Get your lake gear ready for our August outing to East Lake. The lake has been fishing well and should continue to pay off for our outing August 21. Please watch your emails for all the details.


The Wild Women have been enjoying several outings to our local lakes and rivers. We would like to thank Frank Turek for leading our outing to the Fall River in July. We found that it is not as tough as first thought.

Please contact Kristin Lambson (wildwomen@coflyfishers.org or 623-570-6446) if you have any questions about the Wild Women of the Water.



Wild Women enjoyed an overnight trip to Lost Lake. PHOTO: Kristin Lambson

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Thank you Frank Turek for a great outing on the Fall River. PHOTO: Kristin Lambson



OTHER NEWS

COF accepts donations all year long

Please remember that COF is always happy to accept donations of fishing gear, new or used, all year long. We have several programs that are gaining momentum, such as our youth program and Wild Women of the Water, as well as old favorites like Kokanee Karnival and fly tying. Your donations of tools, gear, and materials can help these activities progress to the next level. Remember that any donations to the club are tax deductible. It is a win-win for you and COF. Please contact Kristin Lambson (623-570-6446 or donations@coflyfishers.org) if you would like to donate items to the club.

COF Fly of the Month CD

Fish Central Oregon waters with confidence knowing that you have the flies made especially for our waters. A compact disc (CD), with pictures and tying instructions for more than 75 COF flies of the month, is now available for only \$5. Contact Lee Ann Ross (rossleeann@yahoo.com).

CONGRESSIONAL CONTACTS

Senator Jeff Merkley

Online letters to: <http://merkley.senate.gov/contact/>

Central Oregon Office: The Honorable Jeff Merkley, 131 NW Hawthorne Ave., Suite 208, Bend, OR, 97701. Phone: 541-318-1298

Washington D.C. Office: The Honorable Jeff Merkley, 107 Russell Senate Office Building, Washington, D.C., 20510. Phone: 202-224-3753 Fax: 202-228-3997

Senator Ron Wyden

Online letters to: <http://wyden.senate.gov/>

Central Oregon Office: The Honorable Ron Wyden, The Jamison Building, 131 NW Hawthorne Ave.; Suite 107, Bend, OR 97701. Phone: 541-330-9142

Washington D.C. Office: The Honorable Ron Wyden, 223 Dirksen Senate Office Building, Washington, DC 20510-3703. Phone: 202-224-5244 Fax: 202-228-2717

Congressman Greg Walden (Second District of Oregon)

Online letters to: <http://walden.house.gov/>

Central Oregon Office: The Honorable Greg Walden, 1051 NW Bond St., Suite 400, Bend, OR 97701. Phone: 541-389-4408 Fax: 541-389-4452

Washington D.C. Office: The Honorable Greg Walden, 2182 Rayburn House Office Building, Washington, DC 20515. Phone: 202-225-6730 Fax: 202-225-5774

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CONSERVATION

Fly fishing and good behavior

For the last two weeks, I have been fishing on the Madison River below Quake Lake in Montana and the Harriman Ranch section of the Henry's Fork of the Snake River in Idaho. These world-famous areas attract a lot of fly fisherpersons from all over the world. For the most part, all have been courteous and respected the space of others. However, I've observed a few anglers that have been less so. Last year I wrote an article about angling and the Golden Rule. I edited the article for the handout package for the club's Youth Fly Fishing Day. So, for the new members and review by the "old" members, I am including the revised article in this month's newsletter.

Fly fishing and the Golden Rule: A primer on the ethics and etiquette of our sport

When and how do fly fishers new to the sport develop a sense for the ethics and etiquette of fly fishing? As an example, I was 10 years old when I started fly fishing. I grew up in central Illinois in the 50s and 60s when hardly anyone in the area knew what fly fishing was all about. No one in my family fly fished; we were a family of "worm dunkers." It was hard to find flies in the local sporting goods stores. It wasn't until many years later that I realized that fly fishing was steeped in tradition and had established ethics and etiquette. I had no one in my family or peers to provide the background of ethics and etiquette that the sport was founded upon. I'm sure many of us started out in a similar fashion.

It seems that not a day goes by that I don't hear about some horror story from a fly fisherperson about some recent conflicts with other fisherpersons (many fly fishing) on the popular lakes, rivers, and streams of Central Oregon. Last year, I witnessed several incidents on the Madison River in Montana. During the spring and summer months, our favorite "fishing holes" become crowded. When crowded conditions occur, there is always a chance that tempers will flair and that common courtesies go out the window. After some discussion with these unhappy folks, one common thread seems to surface – most fly fisherpersons new to the sport do not have a complete understanding of the ethics and etiquette of our sport. Like me in my early years, many did not have mentors to educate them. More on that later.

When I read the many books and articles on fly fishing, some general and some specific to a type of fishing or a species such as steelhead, usually ethics and etiquette are the last subjects covered – almost as an afterthought. However, one book I often refer to is Scott Richmond's *Fishing Oregon's Deschutes River*. Up front, Scott addresses ethics and etiquette. He offers sound advice in two areas involving behavior on and around the river: Follow the Golden Rule – Do unto others as you would have them do unto you – where "others" include

the entire ecosystem. The next advice is to "Be Patient." Most confrontations between anglers or boaters arise from ignorance. He offers a few specific guidelines for all to follow:

1. Communicate with other river and lake users. Positive and courteous communications go a long way.
2. Ask first. If someone is fishing near an area you want to fish, ask if you will disturb them.
3. Don't be a hole hog. Don't monopolize the water for long periods, move on and give someone else a shot.
4. Don't wade below an angler swinging flies. Usually someone fishing a steelhead run with a traditional wet-fly swing is probably working their way downstream. Don't wade in the river below them or near them on the upstream side. If you are not sure, ask. If you enter downstream, you should stay at least 200 yards from an upstream angler.
5. Don't wade close to an angler nymph fishing with an indicator. They could be working up or downstream, so ask before wading above or below them.
6. When floating, give bank anglers room. If possible, give wade fishermen a wide berth, staying at least 30 feet

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- away from where they're fishing (not standing).
7. Don't pull your boat or raft into a back eddy until you are sure no one is fishing it.
 8. Clear out of launching/landing sites quickly.
 9. Don't block the river when drifting the river in a large group with several boats.
 10. Give room when passing through rapids, leaving at least 50 yards between you and the craft in front of you.
 11. Follow the "Rules of the Road" when drifting. Down-river-bound traffic has the right-of-way, and boats should bear right when passing.
 12. Don't target or harass spawning fish.
 13. Don't abuse the riparian zone—the thin strip of vegetation along the river.
 14. Dispose of human waste properly.
 15. Don't litter.
 16. Leave an area looking better than you found it.
 17. Keep dogs and other pets under control.
 18. Know the rules. Understand the fishing regulations and follow them.
 19. Manners are contagious!

I would add two additional guidelines: A guideline that urges anglers to show respect for the fish and a guideline for the spacing of boats/float tubes/pontoon boats in lakes. (Do not get closer than two casting distances to the other boats.)

As fly fishers, we need to set a good example for others to follow. I urge those anglers new to the sport to ask "old timers" about the ethics and etiquette of fly fishing. On the flip side, experienced fly fishers should be willing to share their beliefs about the ethics and etiquette of the sport with new fly fishers. Our collective willingness to follow the ethics and etiquette that I have discussed in this article will help us ensure that fly fishing continues to thrive and be enjoyable for us and future generations. A strong foundation of ethics and etiquette will be increasingly necessary as the number of anglers increases while populations of wild fish, such as steelhead, redbands, and mountain whitefish, and their habitats decrease. As individuals we are responsible for our actions on the waters of Central Oregon and elsewhere. Let's practice the Golden Rule, show patience, and provide the leadership and mentorship for your fellow fly fishers

—Bill Seitz, *Conservation chair*



Call for Volunteers

Fall Streamside

September 19 through 23
8:30 a.m. to 2:00 p.m.

Fourteen classes will participate in the Kokanee Karnival Comprehensive Program, which begins with the fall Streamside field trip. Two classes per day will attend Sheep Bridge and the Fall River Hatchery during the week. One class will attend Sheep Bridge in the morning and the other class will be at the hatchery. After lunch the classes switch. There are three stations at Sheep Bridge: students learn about river habitat at the Comforts of Home station, entomology at the Nature's Restaurant station, and the kokanee life cycle at the Incredible Journey station. Students learn about the need for hatcheries, raising trout, and how hatcheries function, and students get to feed the trout at the Fall River Hatchery.

Four classes will attend Spring Creek, a tributary of the Metolius River near Camp Sherman, on Monday through Thursday. Each day, one class will be divided into four or five groups and learn about stream habitat, entomology, and kokanee life cycle. Students will also tour an abandoned hatchery. At Spring Creek, students will don waders and get into the water.

Sheep Bridge - Eight volunteers are needed each day. We can use volunteers with experience and new volunteers. New volunteers will be teamed with an experienced volunteer.

Spring Creek - Five volunteers are needed each day. Due to the nature of this program site, we need volunteers with experience. New volunteers are welcome and will be teamed with an experienced volunteer.

To volunteer or for more information, contact:

- Frank Turek (541-381-7507 or waldo1ft@msn.com)

OR

- Jen Luke (Jennifer.a.luke@state.or.us or 541 633-1113)

TYERS CORNER

This is a long time favorite lake-fishing fly of mine. Last year, I caught the largest trout that I ever expect to catch using this fly in a local lake. Since I didn't take it out of the water I can only estimate its size...somewhere between 29 and 32 inches. I use a couple of different retrieves to fish it. Most of the time I use it with an intermediate line and just let it sink using a count down and then a slow finger twist retrieve back. It also works well wind drifting. It is a cheap, durable and effective fly.

– Mike Telford

Micro Leech



Hook: 200R, #12 or 14

Body: 010 lead – Wrap lead on the front one-half of the shank.)
black goat hair and black flashabou in a 50% mix – Cut flashabou into 1/8-inch lengths. Blend together flashabou and goat hair in a coffee grinder. I use a dubbing loop to keep the material under control and for durability.)

Tail: black marabou tips about the length of the hook shank

Rib: ultra wire, red

Bead: black nickel, 7/64 or 1/8

Is Your Email Address Up to Date?

Recently, we have received quite a few bounce-back messages whenever we send email to all members. Don't miss out on important COF news. If your email address has changed, please send your new address to membership@coflyfishers.org.

Report Volunteer Hours

ODFW and other groups use the number of volunteer hours to help them get grants for our area. So it's important to report your hours. To report hours, contact Eric Steele (vicepresident@coflyfishers.org).



Crane Prairie outing, July 2011. PHOTO: Rick DeMars



Central Oregon Flyfishers Upstream Events 2011

Date	Time	Activity	Location	Contact
AUGUST				
Aug 4	6:30 pm	monthly board mtg.	Environmental Center	Lee Ann Ross (president@coflyfishers.org)
Aug 11-14		OUTING	Williamson River	Yancy Lind (yancy_lind@ml.com)
Aug 16	6:30 pm	annual BBQ	Shevlin Park	Herb Blank (hblank@yahoo.com)
Aug 22	9:00 am	CLASS - Beginning Spey Casting	Farewell Bend Park	Gary Meyer (education@coflyfishers.org)
Aug 21		Wild Women of the Water	East Lake	Kristin Lambson (wildwomen@coflyfishers.org)

IN THE FUTURE

Sep 19-23, Kokanee Karnival Streamside, Frank Turek (waldo1ft@msn.com) or Jen Luke (Jennifer.a.luke@state.or.us)

NON-CLUB ACTIVITIES & FYI

Aug 20, Wychus Creek macroinvertebrate sampling, Lauren Mork (lmork@restorethedeschutes.org or 541-382-6103 x39)

Aug 23-26, ODFW high lakes trout survey, Jennifer Luke, STEP Biologist (541-633-1113)

Aug 24, Bend Casting club, meet at Orvis store

Sep 10, Bend casting games, Deschutes Trout Unlimited (www.deschutestu.org)

Sep 14-18, Trout Unlimited national meeting, Damien Nurre (damien@deschutesflyfish.com)

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NEWSLETTER - Terri Grimm *Editor & Designer*