

# The Central Oregon Flyfisher

Vol. 32, Number 8, August 2009



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## RANDOM CAST

Fly fishing can be many things to many people. To some, it's all about catching supper. For others, it's about catching and carefully releasing all the fish they catch. Some spend most of their time fishing sub-surface (nymphing). Some fly fishers will fish only dry flies. Some of us like to explore new waters every chance we get; others prefer frequenting familiar waters and learning them well. Some travel the world in search of fish; others never stray far from home. Learning about entomology and matching the hatch as closely as possible is important to some. Others have a few flies that work well and stick to them. COF has some wonderful fly tiers. We have members who build beautiful rods. Some aspire to the perfect casting loop or the perfect presentation. Others care only about getting the fly in the water and hoping the "village idiot" will take the fly. Some fly fishers focus on the fish; others focus on the surrounding beauty and tranquility of the stream or lake. Some of us like to fish with others and share the experience. Some of us like to fish in solitude, lost in our own thoughts. Most of us, however, are some combination of the above. Our focus may change from season to season or year to year. It is all part of the sport of fly fishing, and it is all great.

I have the privilege of working part time at one of the fly shops in town. I never expected to work in a fly shop and wasn't really looking for a job when this one came up, but I am so glad that I have this opportunity. I have found that I enjoy talking to people who have never picked up a fly rod and helping them to make their first cast. That, to me, is fun. This revelation has brought a new focus to my fly fishing. I am not a great fly caster, but I am learning to be a better one. I am learning how to pass on the information to others. I find myself watching casting videos and reading books about casting. I even took a weekend course with an FFF Master Caster as a first step toward possibly achieving my certification as a FFF Certified Casting Instructor.

Since I took up this sport, many years ago, I have become rather evangelical about fly fishing. Some people avoid taking the first step toward fly fishing because they think fly casting is too complicated. It can be. The physics of fly casting are astounding. The reality is almost anyone can pick up a fly rod and learn to cast in a day—and then spend the rest of their lives perfecting their cast. Many fly fishers are self conscious about their casting ability. Me too. We have some wonderful casting venues in Bend. Thanks to the efforts of Dave Dunahay and others in the club, Bend Parks and Rec has recently completed a casting pond at the old Pine Nursery (accessed off Yeoman Road in northeast Bend) with plenty of room to work on fly-casting skills. The other great local resource is the one-of-a-kind Orvis "18 Hole" casting course that winds its way through the Old Mill District. So here is my Random Cast: how about having a casting night during the summer months, similar to fly tying nights during the winter months? Nothing formal, just get together on non-club meeting Wednesday nights at the casting pond at the old Pine Nursery, have some fun and help each other improve our casting abilities along the way. I'll be there on Wednesday nights about 6:30 p.m. How about you?

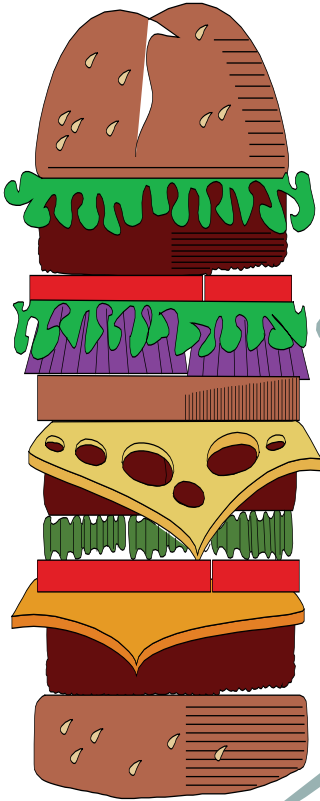
The other place I will be is the Central Oregon Flyfishers Annual Picnic (Tuesday, August 18 at Aspen Hall). Come and find a kindred spirit with whom to share our wonderful sport. Or just come to eat, drink and be merry. The important part is come to the picnic...and maybe bring your fly rod.

—Dennis Rockwell



## GENERAL MEETING

### AUGUST BARBEQUE



**Tuesday, August 18**

Serving starts at 6:30 p.m.  
Arrive early to help set up.

The COF Annual August BBQ replaces the usual Wednesday, general meeting. Bring the family and enjoy the evening. The kids might want to do some fishing in the pond. Or bring your rod and practice your casting skills. There will be no program, just a warm summer evening to enjoy.

**Where:** Aspen Hall in Shevlin Park. From downtown Bend, drive west on Newport Avenue through all the traffic circles. Newport turns into Shevlin at Mt. Washington. Keep going another mile and a half; go down the hill and cross Tumalo Creek.

The entrance to Shevlin Park is immediately after crossing the creek. Aspen Hall is on the right; look for parking on both sides of the road.

**What to Bring:** Showcase your cooking skills! Bring a dish to share (side dish, dessert, salad or appetizer), plus adult beverages, in moderation. The club will supply eating utensils, soft drinks, burgers, hot dogs, chips and condiments.

We need volunteers to set up, cook and clean up afterward. Call Herb Blank (312-2568) if you can help.

Outings 2009			
Month	Day	Leader	Destination
Aug	7-9	Don Schnack	Willamette River
Sep	22	Mark Reisinger	Lava lakes
Sep	25-27	Scott Robertson	Diamond Lake
Oct	8-11	Larry Godfrey	Lower Deschutes (steel-head)
Nov	21	Bill Seitz	Crooked R. cleanup & outing

## OUTINGS

Check the schedule for more great outings in August. Want to lead a trip? Have questions or comments? Please contact me.

- Yancy Lind, Outings Coordinator  
yancy\_lind@ml.com or 788-5514

### Willamette River

Aug 7 to 9

Float the Willamette River in search of trout, August 7 to 9. We will make the easy, one-day, five to six-mile float from the town of Oakridge to the Black Canyon Campground at least once.

Oakridge, located on the middle fork of the Willamette River, is a 96-mile drive from Bend. Everyone needs to make their own camping arrangements. This outing is spread over a three-day period. The availability of campsites may change each day.

The middle fork of the Willamette River is about one-half the size of the McKenzie, but the gradient is much less. There are mostly Class II rapids, with lots of riffles and slow water. The float is five to six miles and will take most of a day. If you choose not to float, there is only average access on the south side of the river adjacent to Highway 58, mostly at turnouts and at the campgrounds.

The put-in is on the east end of the town of Oakridge on Highway 58 at Green Waters Park. The park is city-owned, with good parking and rest rooms. The take-out is at Black Canyon Campground, five to six miles by river, or about 12 ½ miles via Highway 58.

Black Canyon Campground has 72 nice sites that will accommodate RVs up to 22 feet in length. You cannot make reservations. Arriving early could be advantageous, especially if other groups plan to use the campground. The campground has water and toilets, and firewood is available. The area is very pretty; nature trails are available. Sites are \$12 to \$20 per night and \$6 for an extra vehicle.

If you have a larger rig, call Casey's Campground at Westfir to make reservations (541-782-1906). Westfir is about 5 miles from Oakridge and about 5 miles upstream from Black Canyon Campground. Casey's has full hook-ups

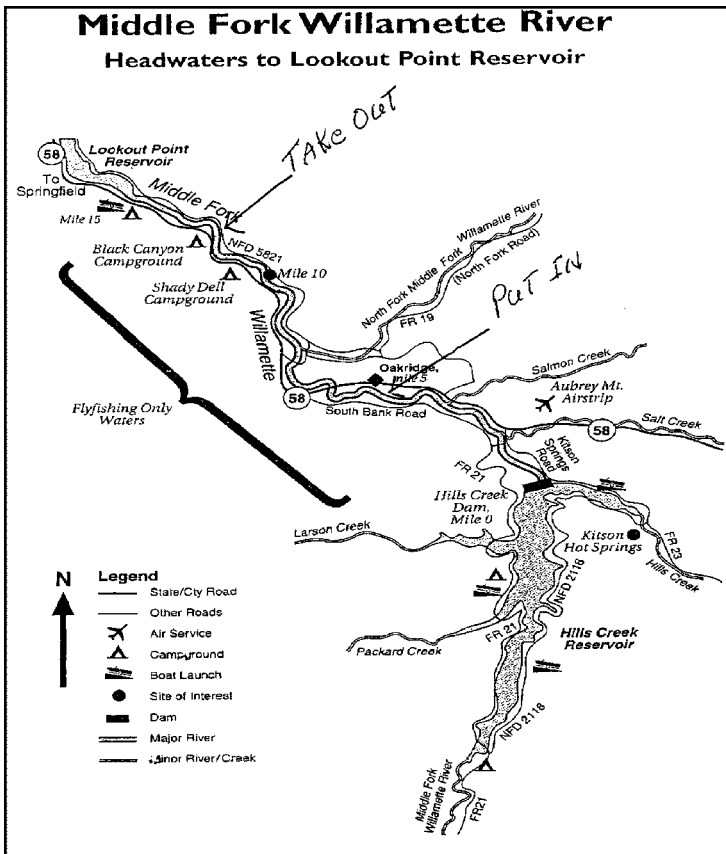
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Crescent Cutoff Road approximately 12 miles to Highway 58, then west on Highway 58 to Oakridge (another 38 miles). The Black Canyon Campground is another 12 1/2 miles past Oakridge.

– Don Schnack (541-389-4440).

### Lava lakes (changed from Cascades lakes)

For a variety of reasons, the Cascades lakes outing scheduled for September 8 to 12 has been changed to a one-day outing to Lava and Little Lava lakes on Tuesday, September 22. I apologize to those of you who signed up for the original trip. I realize there is a trip to Diamond Lake the following weekend, but I wanted to move this one later in the month to improve our chances for some great fishing.

In addition to the fishing, it will also be a great day for eating! To fuel up for the day, we'll meet at the Black Bear Restaurant (1465 NE 3rd St., Bend) for breakfast. We'll prepare a nice BBQ lunch, including burgers and dogs at about 1:00 p.m. when the afternoon doldrums slow the fishing.

I'm working on having a fly shop representative attend for some period of time in the morning to provide insight into fishing these two wonderful lakes. More on that will follow.

The two lakes are excellent for almost any kind of watercraft from float tubes to boats. All of Little Lava can be covered in a float tube or pontoon boat, but if you want to reach the far shores of Big Lava you'll need a boat.

Bring an assortment of nymphs and chironomids, and be prepared with lines from floating to sinking. For nymphing, I always use an intermediate line and have had pretty good success in fifteen feet of water.

available. If you have a large rig and can't get a spot at Casey's, call Don Schnack (541-389-4440); he'll try to help you with other camping suggestions.

See the hatch chart to plan which flies you'll need. Soft hackles, elk hair caddis and caddis emergers should work well.

**Directions to Green Waters Park:** Drive south from Bend on Highway 97 to Crescent (about 46 miles). Go west on

*continued on page 4*

MIDDLE FORK WILLAMETTE RIVER MAJOR HATCHES														
Insect	J	F	M	A	M	J	J	A	S	O	N	D	Time	Flies
Baetis													10-4	Blue-winged Olive Parachute, Sparkle Dun Blue-winged Olive, Hi-Vis Baetis, Small Adams, PT Nymph #16-22
Winter Stone <i>Capnia</i>													10-4	Black Elk Hair Caddis #16-20
Large Dark Stone (like a <i>Squalia</i> but brown)													10-4	Gold Stimulator #8-12; Peacock Caddis #10; Spent Stone Brown #10
March Brown													11-3	Flick March Brown, American March Brown, AK's March Brown #10-16
Mahogany Dun													2-5	Sparkle Dun #16-20; Mahogany Brown #16-20
Cinnamon Caddis and and various other													All day	Elk Hair Caddis, CDC Elk Hair, Spent Partridge Caddis #8-18
Little Yellow Stone													5-10 pm	Henry's Fork Yellow Sally #14-18; Yellow Elk Hair Caddis #16-18; Yellow Stimulator #16
October Caddis													Best on overcast days	Large Orange Elk Hair Caddis or Stimulator #4-8

Hatch Chart Prepared by Chris Daughters

More details will follow in the September newsletter. I need to make plans for lunch, so if you plan to attend, please contact me to sign up.

– Mark Reisinger  
389-4124 or mreisinger@bendcable.com

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## WILD WOMEN OF THE WATER

Delores and I are taking a break due to family commitments. In the meantime, participate in COF activities! The upcoming BBQ is an excellent time to reconnect with old friends and meet new ones. There are some great outings coming up in August and September. And don't forget Kokanee Karnival! KK needs your help more than ever this year. (See details later in the newsletter.) Have a great summer. We hope to have our next outing in October.

– Terri Grimm

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## EDUCATION

### Aquatic macroinvertebrates for fly fishers (Bugs that fish eat)

Aug 29 | 9 a.m. to noon | \$15 | Limited to 10 students. | Meet at John Anderson's residence.

COF member (and retired Berkeley entomologist) John Anderson will teach this class. The class will focus on the biology, life cycles and identification/recognition of the immature stages of preserved specimens. Illustrations, hand lenses and microscopes will assist participants in distinguishing macroinvertebrates such as scuds, aquatic sow bugs, mayflies, stoneflies, caddisflies, midges and a few other insects. Bring a sack lunch and plan to car pool to a river in the afternoon for on-site collection and examination of aquatic macroinvertebrates.

**Directions:** Meet at John's residence (61040 Minaret Circle in Sunrise Village) from 9:00 a.m. to 12:00 p.m. on August 29. Take SW Century Drive (the road to Mt. Bachelor). Turn left on Mammoth Drive. Proceed on Mammoth until you reach the gate to Sunrise Village; it will open automatically. Continue on Mammoth until you turn left on Minaret Circle.

To sign up, contact John Anderson (jranderson@bend-broadband.com or 385-8693).

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## VOLUNTEER OPPORTUNITIES

### Fishing day for the disabled at East Lake

Aug 15 | 10:00 a.m. to 1:00 p.m. | East Lake, Hot Springs Campground boat ramp

## Salmon Watch!

Get outdoors and teach kids about native fish and their home waters during a one-day streamside field trip. Volunteer training will be held in Bend September 12, 8:00 a.m. to 12:00 p.m. Salmon Watch will be held during the first two weeks in October. For more information, contact Kolleen Yake.

– Kolleen Yake  
kolleen@thefreshwatertrust.org or 541-382-6103 X33  
www.thefreshwatertrust.org

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## OTHER NEWS

### Northwest steelheaders event

Aug 13 | 5:30 -8:30 p.m. | Deschutes Brewery, Mountain Room (901 SW Simpson Ave., Bend)

RSVP: Sharon Schaub (503-653-4176 or sschaub@anws.org)

You're invited to attend a social function to form a new Central Oregon chapter of the Northwest Steelheaders. There will be a brief presentation about forming a new chapter to protect Oregon's lands and waters for coldwater fish. Door prize will be a one-day fishing trip on Idaho's Clearwater River. Heavy appetizers with hosted Deschutes Brewery microbrews will be available. This event sponsored by National Wildlife Federation.

### River Rendezvous

Sep 25-27 | Deschutes River | Hosted by The Patient Angler.

More detail in the September newsletter.

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## CONSERVATION

### Crooked River FLOY tagging 2009

In June 2008, ODFW FLOY-tagged hundreds of fish to explore the possibility of using FLOY tags to involve anglers with data collection on the Crooked River. Over the last year, we have received over 40 reports of recaptured FLOY tags, allowing us to use data collected by anglers to examine: movement patterns of FLOY-tagged fish and population estimates based on angling capture rates. Due to the success of the FLOY tagging and angler participation, we decided to FLOY tag fish again in June 2009 during the ODFW drift boat electroshocking survey. We FLOY-tagged a total of about 1000 individuals (redband trout and mountain whitefish), so once again we are asking anglers to report FLOY tagged fish.

– *Shivonne Nesbit*

#### If you catch a FLOY-tagged fish

Please report the following information:

1. FLOY tag number (5-digit number) if readable, otherwise please report the tag without number
2. Species captured
3. Location of capture
4. Approximate size of fish

**Please report FLOY tag information to:**

**Shivonne Nesbit**

Shivonne.nesbit@oregonstate.edu 541-805-530

**OR**

**Mike Harrington**, ODFW Prineville Fish Biologist

Michael.R.Harrington@state.or.us 541-447-5111



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## TYERS CORNER

I take responsibility for the HOT WEATHER. I asked for summer, and now the heat is on. According to reports I have received, fishing has been slow on most of the lakes. The late-morning full moon plus the change in the weather are the likely culprits. As the waters warm, fish will go deeper to cool off; take that into consideration when fishing your favorite water. The Upper Deschutes out of the Lava lakes is fishing well—lots of little fish, with an occasional 12-incher. Any good floating dry works well.

This month's fly is a new one for me and stems from a kayak trip I took on Hosmer a couple of weeks ago—no

rod, just a good paddle. There was a blue damsel hatch, and the fish in the channel were taking them on the surface. I searched pattern books and old notes for information about how and why certain patterns worked. I checked out the plastic winged versions and found they spun my leader too much for my liking. I played around and mixed the pieces from proven patterns and came up with a pattern that will float well but can be pulled under easily if desired. This fly is experimental, so let me know if the "Blue Thing" works. GOOD LUCK. Happy hunting.

—Jerry Criss (541-536-3581 or [tlfly44@msn.com](mailto:tlfly44@msn.com))

### TLF Blue Thing



Hook: TMC 206BL #14 to #10

Thread: blue or black

Eyes: black plastic eyes or melted mono eyes

Extended Tail: braided mono cord, dyed and then striped with black marking pen

Body: blue, fine, dry-fly dubbing

Shellback: blue floss (Or use blue deer.)

Wing: two CDC feathers in white or cream (Tie in back to back.)

Hackle: good grizzly dry fly material

Tie in the eyes; remember to leave space behind the eye for the finished head. Bring the thread back and tie in the mono cord extended tail as you proceed to the hook bend. The length of the tail should be about 1¼" long. Stop just as the hook starts to bend. Tie in a short piece of floss and then dub the body forward, stopping behind the eyes; leave enough space for the wing and hackle. Bring the floss over the top of the dubbing and tie it down, keeping it on top of the body. Tie in the wings; make sure the two CDC feathers are back to back. The wing length should extend to about the middle of the extended body. Once the wing is secure, it is time to tie in the hackle. Four wraps should be good enough. Take the thread in front of the eyes and finish with a nice head.

**Notes:** When tying in multiple whole feathers as laid back wings on a dry fly, tie the feathers back to back. This technique gives the fly some balancing points, which helps to keep the fly upright. The two photos show the fly with and without hackle. Fish the fly without hackle as a floating fly, and then pull it under (easy because there is no hackle). The CDC alone will float this fly. Try trimming the bottom of the hackle to get the fly lower in the surface.

Try bringing the floss forward after the wing and hackle have been tied, and then split them both. Tie the floss in front of the eyes.

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## CLASSIFIED

**FOR SALE:** 9-foot hardshell kayak. Two kick boats (\$100 each). Assortment of fly-fishing and spin-fishing gear for salt and fresh water: rods, reels, Scientific Anglers Mastery fly lines (still in box), men's and women's waders, and many more items. Some gear never used. **Nothing over \$200!**

For details about these items and others that are for sale, call Steve Sheldon (593-1546).

## Central Oregon Flyfishers Up-Stream Events 2009

Date	Time	Activity	Location	Contact
<b>AUGUST</b>				
Aug 6		monthly board mtg.	Environmental Center	Dennis Rockwell (rockwell@bendcable.com)
Aug 7-9		<b>OUTING</b>	Willamette River	Don Schnack (389-4440)
Aug 18	6:30 pm	<b>COF BBQ!</b>	Aspen Hall	Herb Blank (312-2568)
Aug 29	8:00 am	<b>Aquatic Macroinvertebrate Class</b>	John Anderson's residence	John Anderson (jranderson@bendbroadband.com or 385-8693)
<b>IN THE FUTURE</b>				
Sep 22		<b>OUTING</b> - Lava lakes	Mark Reisinger (mreisinger@bendcable.com or 389-4124)	
Sep 25-27		<b>OUTING</b> - Diamond Lake		
Sep 28-Oct 2		<b>Kokanee Karnival</b>	Mark Reisinger (mreisinger@bendcable.com or 389-4124)	
<b>Non-Club Activities &amp; FYI</b>				
Aug 13		NW steelheaders event. Deschutes Brewery. RSVP: Sharon Schaub (503-653-4176 or ssschaub@anws.org)		
Sep 25-27		River Rendezvous. Contact Peter Bowers at The Patient Angler (541-389-6208).		
Oct 5-16		Salmon Watch. Kolleen Yake (kolleen@thefreshwatertrust.org or 541-382-6103 X33).		



# Calling All Volunteers

Kokanee Karnival has received a record number of applications for the comprehensive program this year. The first activity of the year, Streamside Experience, will be held Monday, September 28 through Friday, October 2 at Brown's Creek (and the Fall River Hatchery) and Spring Creek. There will be sessions at Brown's Creek for five consecutive days, and there will be four concurrent sessions at Spring Creek. A total of 14 classrooms will participate.

At Spring Creek, students don waders to collect aquatic insects and take water samples. The kids love the activities at both sites and are very eager to learn. Although KK is two months away, we need to plan NOW to ensure that enough volunteers will be available.

New members, don't be shy. Old members, get involved. KK is a great program for volunteers, teachers, and kids! Volunteer training is available. We need your help – even if you can spare only half a day.

**To volunteer or for further information, please contact Mark Reisinger (389-4124 or mreisinger@bendcable.com).**



Students use aquaviewers (top) and inspect insect samples at the Nature's Restaurant station (bottom). Brown's Creek, 2008. Photos: Delores Marsh

Thank you so much for letting us come to your amazing sanctuary. I loved learning to fly fish and just walking around looking for rocks. There was a moment where I went and sat outside by the back door and the sky was half day and half night and I want to just thank you for that moment.

Ryan

Thank you for letting us go there. I had a great time. My favorite part was fly fishing and swimming. I learned that anyone can be your friend. P.S. See you next year.

Daniel

Thank you notes from a youngsters who attended a Boys & Girls Club outing at the Edmund Wells Wildlife Sanctuary. Volunteers from COF assisted with fly fishing.

## Welcome New Members

Matt Hazan • Bill Lincoln • Sterling Dillingham

COF currently has 234 members. If your name, address, email or phone number changes, please notify the Membership chair (membership@coflyfishers.org).

### Report your volunteer hours!

Your volunteer hours help COF to acquire funding and grants for additional projects. Please report your volunteer hours to Delores Marsh. Be sure to include your name, name of the event, month, number of hours and number of miles.

To report your volunteer hours, click **here** or send email to ladyd@bendcable.com.

**2009 COF Board Members:** Dennis Rockwell PRESIDENT Dick Olson VICE PRESIDENT Susan Telford TREASURER Earl Rettig SECRETARY Dave Magaret Programs Eric Steele Banquet, Fund raising Yancy Lind Past President/Outings Craig Dennis Membership Bill Seitz Conservation Lee Ann Ross Education Dave Dunahay Kokanee Carnival  
Delores Marsh Wild Women of the Water/Membership

**Membership application available from: <http://www.coflyfishers.org>**

For advertising information, call Mike Shadrach at 541-678-5717.



**Central Oregon Flyfishers**

PO Box 1126 Bend, Oregon 97709



An active member club

For advertising information, call Mike Shadrach (541-678-5717).

**NEWSLETTER** - Terri Grimm *Editor & Designer*, Scott & Sarah Robertson *Distribution*