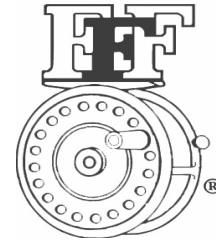


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Island Lake BC - Jackie Cooper



www.coflyfishers.org

An Active Member Club

Volume 30

Number 8

August 2007

**NO
GENERAL
MEETING**

**BBQ Thursday
Aug. 16th, 6:30PM**

Aspen Hall in Shevlin
Park

Next Outings

East Lake

WWW
Three Creek Lake

See Details pg. 4, 5

**Education
Schedule**

Steelhead Class

Spey Casting

See Details pg 2, 3

**Up-Stream
Events Calendar**

**BC
Pictures**

See Details
pg 7,8,10

Random Cast

Remember that we do not have a regular monthly meeting in August - do not go to the Senior Center this month! We will be having our annual BBQ at Aspen Hall in Shevlin Park on the 16th in place of our monthly meeting. Take note that the BBQ is on a THURSDAY instead of our regular Wednesday get together. There will be no guest speaker just plenty of good food and company. The club furnishes the soft drinks, burgers and hot dogs; you just need to bring a side dish or a desert to share. If you would like to help at the BBQ, and didn't get a chance to tell Herb Blank at the last meeting, give him a call.

Kokanee Karnival has had a change occur recently. Mark Reisinger has been the COF director of KK for many years. He had stated a few months ago to the Board of Directors of COF that he would like to take a breath and step down from that position. Dave Dunahay had voiced an interest in taking over that position and by a Board vote is now the COF Kokanee Karnival director. Thanks goes out to Mark for all the great work he has done for KK, for without him it would not be the tremendous program that it is today. Mark has not totally left KK and is now the organizer of the volunteers for the 'Stream Side' portion that will be taking place in late September. If you are even a little interested in Kokanee Karnival, give him a call to get some more information about the program.

August is the 'doldrums' time of the year in Central Oregon. The lakes seem to slow down a bit in activity. Even the Deschutes River seems to slow down some. But wait - I just bought a Spey rod! By the middle of July (as I write this) there were over 2000 steelhead that have come over Bonneville Dam. Hey - things are looking up. I think I'll go out and practice my Double Spey right now! Dave Semich

A good game fish is too valuable to be caught only once. The fish you release is your gift to another angler. --- Lee Wolf

August Barbeque

Don't forget the August Barbeque. The **THURSDAY** barbeque will replace the usual Wednesday monthly meeting. Bring the family and enjoy the evening, the kids might want to do some fishing in the pond. There will be no program, just a warm summer evening to enjoy.

When: Thursday August 16. Serving starts at 6:30. Get there early to get set up.

Where: Aspen Hall in Shevlin Park.
Directions: Drive west on Newport through all the traffic circles, Newport turns into Shevlin at Mt. Washington. Keep going at least another mile until you get to Shevlin Park. Aspen Hall is on the right, look for parking either on the Aspen Hall side or opposite.

What to Bring: Show off your cooking skills with a dish to share, a side dish, desert, salad or appetizer. Also bring adult beverages, in moderation. The club will supply eating utensils, soft drinks, burgers, hot dogs, chips and condiments.

Thanks to all the volunteers for signing up to help. You will receive a call with details on how to help out. Anyone else who would like to help, call Herb at 312-2568 or just plan to stay late and help clean up.

Education Schedule

August Classes

July marked the first month this year that the club did not have a class (sorry about that), but we'll make it up in August and September.

August will have 3 classes, the steelhead class I've written about the last 2 months and the Spey class we've also been advertising for a while. New to the line up is an aquatics insect class.

John Anderson has agreed to repeat his popular **Aquatics Insects** class (or macro invertebrates as he calls it). I always learn a ton from John

about trout food sources when he presents and have seen the positive results in my fishing.

John will teach the class on August 18. It will begin at 9 am at his house where he will go over insect samples. Bring a sack lunch and drive to a river in the afternoon to collect insects and do a little fishing. The cost is \$10 and limited to 10 people.

I ran a long article on the **Steelhead Class** the last two issues, so if you want the full description look at a back issue. The short version is that you can fish steelhead pretty much year-round in Oregon, and the action starts in Central Oregon right about now. In preparation for that, Peter Bowers of the Patient Angler will teach a class that covers a gamut of steelhead fishing topics: equipment, techniques, rivers, timing, etc. The class will be held on August 21 in the Senior Center from 6-8 pm. The cost is \$15.

Lee Ann Ross has arranged for John Judy will teach classes on two-handed **Spey casting** on August 29 and 30. You don't have to Spey cast to catch steelhead, but there are some real advantages to it in many situations. I first learned to Spey cast for steelhead using a 2-handed rod but have adapted it to many one-handed trout situations as well. Spey casting should be in your repertoire.

Each class is open to eight students. Meet across from Farewell Bend Park, on the north bank of the river in the area where all the rafters park and launch their boats. The classes will run from 9:30 to about 3:30 so bring your lunch and a folding chair. If you have a Spey rod or can borrow one, bring it. If not, John will have some available for testing. Wild Women of the Water, sign up for either date. The cost is \$25.

Contact me for the Aquatics Insects or Steelhead classes. Contact Carl Cavallo (fishincarl@yahoo.com) for the Spey casting class.

-- Yancy Lind: yancy_lind@ml.com, 312-6821

September Classes

Those of us who have been at the club's Winter Seminars the past two years have heard a lot about European Nymphing. There are various styles, Polish, Czech, Spanish, and now French. While they have a similar style, as a group they are quite different from the way most of us learned to fly fish.

European nymphing is the most common technique in competition fly fishing in Europe and was developed to catch European Grayling, whose strike is very hard to detect. This technique also works very well for trout in freestone and tail water rivers when water clarity and depth allow you to get close to the fish.

Deceptively simple in concept, my personal experience is that it is much harder to master than it looks. (The French nymphing technique that Jack Dennis described last winter has totally eluded me so far.) That being said, even with limited mastery I have used these techniques to dramatically increase my catch rate on rivers like the Deschutes when I was just interested in catching lots of fish.

The club is very fortunate to have Scott Robertson agree to teach a class on these techniques. Scott is a club member and one of the best competitive fly fishermen in the nation. As a member of the USA Fly Fishing Team, Scott has mastered these techniques and will share them with 10 club members on Sept. 8. The half-day class will cost \$20 and will be held on the Crooked River. Contact me to sign up.

Scott Robertson moved to Bend in 2003 to start a career geared around fly fishing. He currently guides for Sunriver Fly Shop and works in the fishing department at Sportsmen's Warehouse. Scott started competition fly fishing in 1996 and is currently a member of Fly Fishing Team USA, recently winning a silver medal in an international competition. Being on Fly Fishing Team USA has allowed Scott to fish in New Zealand, Tasmania, and Sweden and numerous

well known rivers and lakes in the United States with some of the best fly fishermen in the world. An avid fly tier, he ties flies for Sunriver Fly Shop and placed 7th in the Fly Fishing Team USA tying contest put on by Fly Tyer Magazine

Last June, Damien Nurre taught a very well received class on fishing the lower Deschutes for trout. After a great talk on flies and techniques we all headed down to the water. Using some of his tips, I landed many fish that afternoon standing very near people (not club members) who were getting skunked.

Following up on that, Damien has offered to teach a class on a subject that I know many of us have been frustrated with: **back eddy fishing**. Looking at those big swirling eddies, you know that fish are in there, but it seems impossible to properly present a fly.

Damien is the head guide at Fly and Field and spends most of his time on the lower Deschutes. He has some casting and rigging techniques as well as fly patterns that can be used to effectively fish these difficult waters. Damien says that September is an especially good time to be fishing back eddies on the Deschutes.

This class is only \$10 will be held from 8 to 10 am on September 13. Contact me to sign up. Meet at Mecca Flats campground. (On the river just downstream from where the road crosses the Deschutes and heads into the Warm Springs reservation.)

-- Yancy Lind: yancy_lind@ml.com, 312-6821

Welcome New Members

Linda Bonatto
Greg Gulbrandsen
Mark & Patricia Moseley
Frank & Sandra Turek
John & Bonnie Wytsma
Jay Fix & Deborah Guelinas
Norman & Connie Steiner

Wild Women of the Water??



“Jeff Grimm relaxes in his kayak at Hosmer.”

We had awesome June and July outings to Hosmer and East Lake—fishing-wise, weather-wise, and otherwise. Marla Nelson and Lindsay Ray tried out their kayaks for the first time and discovered that it really helps to have two anchors and a rod holder.

I’m sure glad I purchased a kayak (Santee Sport by Hurricane, 35 pounds) instead of a pontoon boat. It’s fast, stable, lightweight, and fun. If you don’t want to fish, you can just paddle and tour the water with the kayak. There’s no assembly required or inflating/deflating pontoons. I’ve had my kayak to Hosmer, East, Little Cultus, and Little Lava lakes, plus stretches of the Deschutes and Wood rivers so far. If you’re thinking about an upgrade from a float tube, try several models of kayaks. My non-fishing husband asked me if I want a fish-finder for my kayak. I think he wants the fish-finder, but won’t admit it. If he puts the fish-finder on his kayak, he can paddle around and scout out the good fishing spots for me!

The July 24 edition of The Bulletin ran a story about the Casting for Recovery program. Unfortunately, the story did not mention Vivian Rockwell, who was instrumental in organizing the fundraiser at Edmunds Wells. We want to thank Vivian for all the effort she put into the fundraiser.

-Terri

AUGUST EAST LAKE OUTING

East Lake Campground Boat Ramp, 8:30
August 11. Bring Lunch + Forest Pass

What does East Lake have to offer the fly fisher? How about Browns, Rainbows, Atlantics, Kokanee and even a few Brook trout? East Lake can be a challenge or it can be a very productive day of fishing, depending on the flies you choose and style in which you fish. Let’s start with locations around the lake that have been very productive.

As you drive along the lake there are several campgrounds and boat ramps. 3561 is the East Lake Campground gravel ramp, and the first one you come to. 3570 is the Hot Springs ramp, 3567 is the Resort ramp, and 3564 is the Cinder Butte Campground ramp.

The two “hottest” areas are usually just below Hot Spring and between the resort camp and Cinder Butte. From the Hot Springs ramp, you travel out about 75-150 feet and fish towards the hot springs algae growth area. This is usually a good area for both Brown and Rainbows. The area between the Resort and Cinder Butte is usually most productive about 100-150 feet out from shore, and about 750 feet north of the Resort, by fishing over the wood debris that rests on the bottom. This area can produce Brown, Rainbow, Atlantic and Kokanee.

As you look at East Lake Campground continue left (west) towards the rounded point and you’ll find what is called the “white slide”. The white slide is pumice slide area, and can also be very productive from the small dock area to the slide.

East Lake continued:

This is, primarily, Brown and Rainbow above and around the bottom wood debris. Looking at Cinder Butte campground, follow the shoreline above it to the left, and you'll come to the "rock wall" zone of the lake. When you get to the rock wall, watch for a portion where it resembles sagging frosting on a cake and you've hit the hot spot, depending on conditions. Here you'll find a short shallow zone that becomes a sharp drop off into deeper water. Setting up 30 to 40 feet out from the wall and casting in works well. (This area is worked best by casting in against the rock and doing a slow recovery with dry flies.) You can continue west along the shore and find Browns, Rainbows and an occasional Brook, until you hit the ridge and see algae growth.

Another area that can be productive is the shallow water just around the point to the west of the white slide. Hit this on your way in to the west cove zone. The west cove produces quite a few in the 10 – 16 inch range and can be a very relaxing area when the wind is blowing.

Here are a few suggestions for flies:

For wets try; Celibaetis nymph size 14-16, Hare's ear, with & without gold rib 14-18, Bead head Prince Nymph 10-16, Olive Caddis nymph/emergent 14-18, Carey's Special 10-14 (this can work real well with a little red in it), and Olive Damsel Nymph 12-16. For dries try; Elk Hair Caddis in dark orange, black and yellow 14-18, PMD's in 18-20, Mayflies in 16-18, Midges, dark, 20-22, and Griffith's Gnats 18-22.

Call for Kokanee Karnival Volunteers

We are almost half way through our Central Oregon summer which means it's time to plan for our first Kokanee Karnival activities for the coming 2007/08 school year. The Fall Streamside and Hatchery programs at Brown's Creek and Fall River Hatchery are scheduled for September 24-28. In addition, we are planning a pilot program with two additional comprehensive classrooms this year which will be held on the Metolius River on October 1 & 2.

Twelve 4th and 5th grade classrooms will participate (2 each day), and we need your help. We will be contacting those of you who have volunteered previously so please be thinking about your availability and willingness to provide your support for this outstanding program. If you've not participated before I urge you to do so because it's one of the most rewarding ways to give something back, and it's a ton of fun. Observers are always welcome and you won't be pushed in front of a class until you are ready. We are always in need of warm bodies for various support tasks so come on out.

Please contact Mark Reisinger at 389-4124 if you are interested or if you have other questions.

Malheur National Wildlife Refuge - It's Not Just For the Birds

The Malheur National Wildlife Refuge (MNWR), located in the southeastern corner of Oregon and adjacent to Steens Mountain, is well-known for its diversity of bird species. With over 320 species of birds that migrate through the area each spring and fall, the Refuge attracts birdwatchers from around the world.

Bird watching isn't the only reason to visit the Refuge. The Wild and Scenic Donner and Blitzen River (the Blitzen) runs through the Refuge and empties into Malheur Lake. The Blitzen's hardy, desert-adapted rainbow trout, fantastic scenery, and rugged terrain are the stuff of fishing adventures. Bridge Creek, which flows through the Refuge and empties into the Blitzen, also has native redband rainbows.

The Malheur Wildlife Associates (MWA) is a non-profit group that is dedicated to assisting the Refuge in its efforts to conserve, enhance and restore the natural beauty and features of the area. The MWA have been instrumental in installing interpretive panels, organizing volunteers to assist with restoration efforts along the Blitzen River, maintaining clone beds, picking up litter along an adopted section of Highway 205, and creating a new trail to the Crane Pond Overlook. Future projects, which are in the planning stages, include restoring habitat along Bridge and Mud creeks, both of which have been impacted by wildfires within the last few years. This project and others should enhance fishing opportunities on and near the Refuge.

The Refuge is also planning a project in late September to combat Russian olive, an invasive shrub species that is negatively impacting riparian areas and the wildlife that depend on them. More details about this project will be available soon.

If you would like to be involved in the invasive species project or efforts to restore habitat along Bridge or Mud creeks and help the resident redband trout, the MWA wants to hear from you. To learn more about the Malheur Wildlife Associates, visit their Web site at www.malheurfriends.org. For more information

about how you can help with future projects that affect fishing conditions on and near the Refuge, contact *Alice Elshoff*, 541-495-2322, calice@highdesertair.com.

If you would like to be involved in the effort to restore habitat along Bridge Creek and help the resident redband rainbows, the MWA wants to hear from you. To learn more about the Malheur Wildlife Associates, visit their Web site at www.malheurfriends.org

Bamboo Rod Fair – Thank You Volunteers

I would like to thank those who volunteered at The Metolius River Fly-fishing and Bamboo Rod Fair: Bob Griffin, Capt. Caddis, LeeAnn Ross, Max Johnson, Terri Grimm, Jim Moore, Don Schnack and Earl Rettig. Unfortunately, I was unable to attend. I understand that I missed some great casting instruction, lectures, fly-tying demos, various vendor displays and chance to get the scoop on things that are happening in the fly-fishing world in Oregon.
- Delores

2007 Who's Who & Who Does What

Officers:

President	Dave Semich
Vice President	Yancy Lind - Education
Treasurer	Bob Cooper
Secretary	Joel Bailie

Board Members:

Don Schnack - Programs
Bob Griffin - Historian
Dennis Rockwell – Raffle
Larry Godfrey - Banquet
Dick Olson – Membership
Bill Seitz - Conservation
Lee Ann Ross – Outings
Mark Reisinger – Kokanee Karnival
Deloris Marsh – Wild Women of the Water
Emil Seidel
Carl Cavallo
Herb Blank

Other Volunteers: Newsletter – Sherry Steele

Here is a scoop on a drift boat for sale that, COF folks might want to know about.

2007 Fishcraft Guide Model Drift boat

\$4000 Reply to: sale-381704518@craigslist.org
17' x 54" aluminum driftboat with galvanized steel King trailer. This boat is totally customized. Extra large dry boxes, padded bench-style adjustable front passenger seating (seats up to 3), raised diamond plated floorboard, spray-in truck bed liner on other high-wear areas, powder coated interior, side anchor arm to accommodate a motor, removable stern seating (for 1), adjustable rowers foot brace and seat positioning, vertical rod holder that carries 6 rods, custom designed native American-style salmon stencil on both sides of bow (grey color), boat painted black. Two areas of chine damage but this is cosmetic. The boat is completely checked out and is ok'd for fun by the manufacturer (Fishcraft in Redmond). This boat is beautiful and ready to fish. The owner is stepping up to a 20 footer. If you do chose to repair the chine (which is not functionally or structurally necessary), Fishcraft quoted \$500

Kamloops BC



**“I have all the right stuff”
Just add fish and stir!**

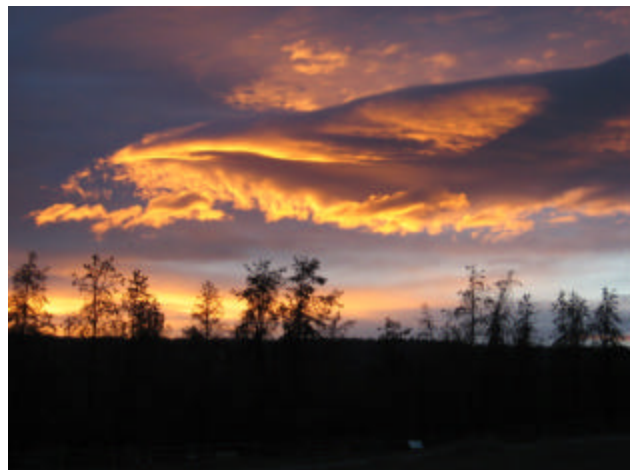
Well, I was looking for articles about our COF trip to BC and got pictures but no articles. So... here's my spin on it. Eric and I blew in with the wind carrying what we thought was the right stuff and immediately found out we didn't have it all, see the real deal who had it all in the picture above. I have to say that Gordon Chandler did a fantastic job leading the show. Listening to the fishing talk and trying to soak it

all in, I was on brain overload after the first day. Everyday we had a great breakfast then almost everyone disappeared to the lakes. By the time the dinner bell rang, the stories started flying. This was indeed the best part for me. Fish, lakes, bugs, wind, rain and beautiful sunsets were all part of the act. There were so many funny stories I couldn't possibly put it all together in this article. You will just have to go next year to find out.

-Sherry

More BC Pictures





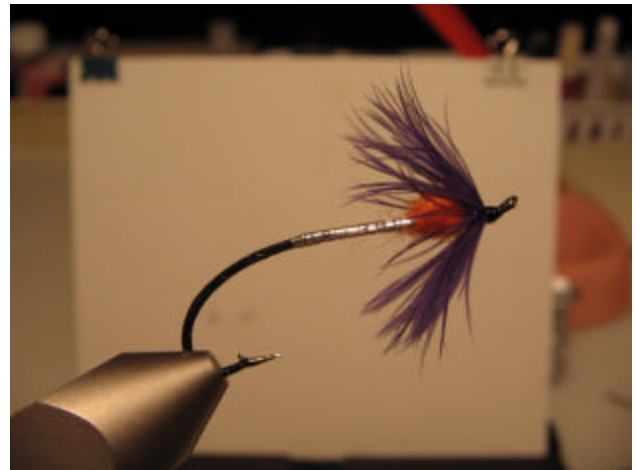
THE TYERS CORNER

Welcome to the “Tyers Corner”. I am asking other tiers’ in the club to send me some of their favorite flies so that they can be shared with others in the Club. Its time to start thinking about the Mighty Steelhead, so those of you with the magic pattern please send me one and the recipe so that I can put it in next months column.

The pattern this month is what would be classified as a low water steelhead pattern, “Deschutes River Special”. It comes from the vise of Larry Nicholas out of Central Washington. Larry is one of the premier Spey Fly Tiers in the country. I have been lucky enough to have tied next to him for a number of years at the Fly Fishing Shows and some of the Conclaves. His flies are some of the most beautifully tied today and anytime in the future you see his name listed, do yourself a favor and watch him. He helped me with getting the Dee Wings right on my Spey Flies, not an easy task, but his process makes it simple. Larry showed me the pattern in Feb. 07 and I have been saving it for this time of the year. He fishes it with great success on the Lower Deschutes and it is one of his favorite first patterns to use.

I just purchased a new book that would be an asset to any library: “Mayflies Top to Bottom”, by Shane Stalcup. It contains the complete hatch of most of the Mayflies we see in the Northwest and I am excited to get some tied and try them out. I will feature those that I find do their job here in the next few months.

For those of you who like Little Cultus please go! The brookies are hitting hard. Catskills tied dark or an Adam tied a little darker than normal should do the trick. Also, East Lake shores are fishing well -- just be patient and watch for cruising fish along the shore no more than 10 feet from the bank.



Pattern: “Deschutes River Special”

Hook: Salmon Fly hook in #6 of #4 use the ones with the nice flowing shank

Thread: Use 8/0 black

Body: Flat silver tinsel or mylar

Thorax: Hot orange or fire orange dubbing

Hackle: Purple soft hackle

Head: Black tied small

Tying the fly:

This will be one of the easiest flies to tie. Start by attaching your thread near the point where the end of the wire for the hook eye is pointing to the hook bend. Attach the tinsel and wind it back 2/3 of the way then bring the tinsel back to the starting point and tie it off with some good tight wraps. Tying tip: when wrapping tinsel down and back, stop and make one straight wrap before bringing the tinsel forward. That will stop the annoying hump at the rear. This little trick will work on a silk body as well. Now make a nice full thorax about the size of a pea. Select a good soft hackle feather, tie it in by the tip and start wrapping making sure the hackle barbs are pointing to the rear, stoke the feather continuously and do not allow any barbs to get caught facing forward. Whip a nice neat head. You should have no problem leaving enough room for a head on this fly.

I am leaving for a 10 day trip in the mid August, to Idaho, Wyoming, and Montana; I will have good fish stories and flies to share when I get back. Again if you have any questions or comments, contact me at tfly44@msn.com. Happy hunting everyone, Jerry

Central Oregon Flyfishers Up-Stream Events 2007 Send Updates to Sherry Steele

Date	Time	Club Activities/Meetings	Loaction	Contact
August 16th	6:30PM	Annual BBQ on Thursday August 16th, replaces the General membership meeting	Aspen Hall	Herb Blank
September 6, 2007	6:30PM	Board Meeting (1st Thurs of the mo.)	Env Cntr Bend	Dave Semich
September 19, 2007	6:30PM	Gen Mem Meeting (3rd Wed of the Month.)	Bend Sr. Cntr.	

Club Classes

August 18,2007	9AM	Aquatics Insects, John Anderson	John's House	Yancy Lind
August 21,2007	6PM-8PM	Class-Steelhead Fishing the Deschutes (Peter Bowers)	Bend Sr. Cntr.	Yancy Lind
Aug 29 & 30 2007	9:30AM-3:30PM	Class-Spey Casting for Steelhead (John Judy) (\$25.00)	Across from Farewell Bend Park, North bank of the river	Carl Cavallo
Sept 8,2007		Class-European Nymphing (Scott Robertson)	Crooked River	Yancy Lind
Sept 13,2007	8-10AM	Back Eddy Fishing, Damien Nurre	Mecca Flats	Yancy Lind

Club Outings/Fundraisers/Volunteers

Aug 11,2007	8:30AM	East Lake	Boat Ramp	Lee Ann Ross
Sept 24-28, 2007		Kokanee Karnival - Brown's Creek & Fall River Hatchery		Mark Reisinger
Oct 1-2, 2007		Kokanee Karnival - Metolius River		Mark Reisinger
October 4-7 2007		Outing-Lower Deschutes Steelhead	Neal Buxton and Larry Godfrey	

Wild Women of the Water

Aug 7,2007	9AM	Three Creek Lake	Boat Ramp	Deloris Marsh
September,2007		Delores and Terri will be out of town for 1-3 weeks in early September. The Kokanee Karnival Streamside Experience occurs during the final week of September. Let us know if you would like to volunteer to arrange and host an outing in early September.		Deloris Marsh
October, 2007		Date to be announced. Possibly Gold Lake or the Crooked River with Bill Seitz. Cast for Recovery will be held at Rock Creek Ranch Oct 19-21. Let us know if you can volunteer to help.		Deloris Marsh
November, 2007		Annual potluck and get-together. Let us know if you would like to host the potluck.		Deloris Marsh

Non-Club Activities & FYI's

Sept 21-23 2007	11AM	Fly Fishing for Women at Sugar Creek Ranch	Callahan, CA Mary Ann Dozer 541-760-6057	
Oct 19-20,2007		Festival of Fly Fly Fishing, www.nccff.org	Redding, CA	
Mar 7-8, 2008	10AM	North West Tyers & Fly Fishing Expo-2008	Albany, OR	Sherry Steele

Contacts for Up Stream Events, Outings, Classes

COF Dave Semich (President)
Yancy Lind (VP, Education Chair)
Carl Cavallo
Neal Buxton
Larry Godfrey
Deloris Marsh (WWW)
Terri Grimm (WWW)
Gordon Chandler
Lee Ann Ross (Outings Chair)
Sherry Steele (fly -tying + Newsletter)
Vivian Rockwell

Others The Fly fishers Place (Jeff Perin) 541-549-3474
The Patient Angler (Peter Bowers) 541-389-6208
Fly & Field (Scott Cook) 541-318-1616
Fly Fishing for Women at Sugar Creek Ranch, Mary Ann Dozer

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steelefly@msn.com
vivianrockwell@hotmail.com
<http://www.flyfishersplace.com/>
<http://www.patientangler.com/>
<http://www.flyandfield.com/>
541-760-6057

Ladies... I met Mary Ann at the FFF council meeting last month. I am excited about going to this; Does anyone want to think about going? Call Me.... Sherry 541-549-2072



SUGAR CREEK RANCH

Announcing a new fly fishing clinic Just for women
Fly Fishing For Women
(A class for women-only - taught by Mary Ann Dozer)
learn proven techniques for Stillwater fly fishing with hands-on experience casting to large cruising trout.